

Article

Implementation of FeSO4·**H2O as an Eco-Friendly Coagulant for the Elimination of Organic Pollutants from Tertiary Palm Oil Mill Effluent: Process Optimization, Kinetics, and Thermodynamics Studies**

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Abstract: The biologically treated palm oil mill effluent (POME) urges further treatment to minimize the residual pollutant concentration for safe discharge in the nearest watercourse. In the present study, the post-treatment of biologically treated POME was conducted using ferrous sulfate monohydrate (FeSO₄·H₂O) as a coagulant. The influence of the FeSO₄·H₂O coagulation of POME was determined on the elimination of biochemical oxygen demand (BOD), suspended solids (SS), and chemical oxygen demand (COD) with varying flocculation time (min), slow mixing speed (rpm), coagulant doses (g/L) and pH. The FeSO₄·H₂O coagulation-flocculation experimental conditions were designed following the central composite design (CCD) of experiments and optimized by employing response surface methodology (RSM) based on the optimal SS, COD, and BOD elimination from POME. The maximum BOD, SS, and COD elimination achieved were about 96%, 97%, and 98%, respectively, at the optimized experimental condition. The surface morphology and elemental composition analyses of raw FeSO₄ \cdot H₂O and sludge generated after coagulation revealed that the FeSO₄ \cdot H₂O effectively removed the colloidal and suspended particles from POME. The well-fitted kinetic model equation was the pseudo-second-order kinetic equation to describe the FeSO₄·H₂O coagulation-flocculation behavior. The thermodynamics properties analyses revealed that the FeSO₄·H₂O coagulation of POME was non-spontaneous and endothermic. The residual SS, COD, and BOD in treated POME were determined to be 28.27 \pm 5 mg/L, 147 \pm 3 mg/L, and 6.36 \pm 0.5 mg/L, respectively, lower the recommended discharged limits as reported by the Department of Environment (DoE), Malaysia.

Keywords: coagulation–flocculation; FeSO⁴ ·H2O; palm oil mill effluent; response surface methodology; sustainability; post-treatment

1. Introduction

There is an increasing concern about discharging POME into the aquatic environment on account of posing severe environmental pollution. POME is a thick brownish liquid,

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engendered through the sterilization of oil palm fruits bunch (OPFB) in a palm oil mill [\[1](#page-17-0)[,2\]](#page-17-1). Generally, it requires over six tons of fresh water to produce one ton of palm oil [\[1,](#page-17-0)[3\]](#page-17-2). Studies reported that about 3 tons of POME are generated for the processing per ton of palm oil [\[3](#page-17-2)[,4\]](#page-17-3). Although POME is a non-toxic industrial effluent, it is considered hazardous industrial effluent for the environment because of contains high SS, COD, and BOD [\[2,](#page-17-1)[3\]](#page-17-2). In addition, POME is acidic and odorous; therefore, releasing untreated POME into a waterway may have detrimental effects on aquatic life $[2,4]$ $[2,4]$. The environmental agencies in palm oil-producing nations have enforced regulations to safely discharge POME into a water course [\[5](#page-17-4)[,6\]](#page-18-0). For instance, the DoE, Malaysia has established industrial effluent discharge limits under the Environment Quality Regulations 1977 [\[6\]](#page-18-0). The regulation aims to diminish the residual pollutant concentration in the treated POME and lower the stipulated discharge limits assigned by DoE, Malaysia, so that it conserves environmental pollution and preserves aquatic lives [\[7\]](#page-18-1).

The biological treatment process is the most common wastewater treatment process employed by the Malaysian palm oil industry [\[2,](#page-17-1)[8,](#page-18-2)[9\]](#page-18-3). The distinct advantages of the biological treatment process are that the process can handle a large volume of wastewater, easy to operate, is effective in removing organic pollutants, cost-effective and eco-friendly [\[4](#page-17-3)[,5](#page-17-4)[,8](#page-18-2)[,9\]](#page-18-3). Although the biological treatment process is considered promising for POME, the residual organic pollutants concentration in treated POME, in particular, the residual SS, BOD, and COD contractions, are upper than the release limits set by DOE, Malaysia [\[5](#page-17-4)[,8\]](#page-18-2). Therefore, the biologically treated POME requires trained personnel to operate and urges for the post-treatment to comply with the recommended release limits set by DoE, Malaysia, before discharging into a watercourse. Several innovative technologies have been implemented as POME polishing or post-treatment technologies to minimize residual pollutant concentration in the biologically treated POME. Some of these methods include membrane technology [\[10\]](#page-18-4), adsorption [\[11\]](#page-18-5), photo catalysis [\[12\]](#page-18-6), electrocoagulation [\[13\]](#page-18-7), electrocoagulation–peroxidation [\[14\]](#page-18-8) and coagulation–flocculation [\[15\]](#page-18-9). The coagulation– flocculation is considered as the most promising technology for the post-treatment of POME because of its numerous advantages, including simplicity in operation, low cost, effective in the elimination of colloidal and suspended organic particles [\[13](#page-18-7)[,15\]](#page-18-9). However, the coagulation–flocculation process is always conducted using commercially obtainable inorganic coagulants, such as aluminum salt or iron (III) salt and poly aluminum chloride (PAC) [\[12,](#page-18-6)[14,](#page-18-8)[15\]](#page-18-9). Although alum-based commercial coagulant and polymeric coagulant have been found effective in POME polishing, the sludge generated from this process is classified as schedule waste by DOE, Malaysia, requiring costly disposal [\[14,](#page-18-8)[16\]](#page-18-10). Thus, it urges determining alternative coagulants that can be utilized at equivalent coagulant efficiency with minimal treatment costs.

Iron (II) sulfate monohydrate (FeSO₄·H₂O) is an industrial by-product of the titanium processing industry [\[15](#page-18-9)[,17](#page-18-11)[,18\]](#page-18-12). Generally, a massive amount of ferrous sulfate heptahydrate (FeSO₄·7H₂O) is produced throughout the manufacturing of TiO₂ from ilmenite or titanium slug using the sulfate process [\[17](#page-18-11)[,19\]](#page-18-13). Subsequently, FeSO₄·H₂O is produced from FeSO₄·7H₂O by heating the FeSO₄·7H₂O over 65 °C. The detailed chemical reaction for the production of $FeSO_4 \cdot H_2O$ is shown in Equation (1) to Equation (3).

$$
FeTiO3 + 2H2SO4 \rightarrow TiOSO4 + FeSO4 + 2H2O
$$
 (1)

$$
FeSO_4 + 7H_2O \rightarrow FeSO_4 \cdot 7H_2O \tag{2}
$$

$$
FeSO_4 \cdot 7H_2O \stackrel{\Delta}{\rightarrow} FeSO_4 \cdot H_2O + 6H_2O \tag{3}
$$

The FeSO₄ \cdot H₂O has been utilized as a coagulant for the elimination of hexavalent chromium [Cr(VI)] from industrial [\[19\]](#page-18-13) effluent and as a redox-active metabolite for treating iron deficiency in plants [\[20\]](#page-18-14). The further utilization of $FeSO₄·H₂O$ as a coagulant for treating industrial effluent, such as POME, would enrich the sustainable deployment of an industrial by-product. Additionally, it will determine an eco-friendly coagulant as a replacement for commercial coagulants for treating industrial effluent.

Several variables may potentially influence the FeSO₄·H₂O coagulation efficiency for the removal of COD, SS, and BOD from POME. In the conventional approach of coagulation–flocculation experiments, it was determined the influence of one variable at a time, where other variables remained constant [\[14](#page-18-8)[,21\]](#page-18-15). Therefore, some important aspects, such as interaction effects and quadratics effects of the variable are missing during the coagulation–flocculation process of POME, which contributes to the removal of COD, BOD, and SS from POME. The response surface methodology (RSM) is a combination of statistical mathematical techniques to determine the response of variables with considering the interaction and quadratics effects of the other variables [\[22,](#page-18-16)[23\]](#page-18-17). In addition, RSM is an effective tool to optimize the experimental conditions of a process with minimal experimental runs [\[23\]](#page-18-17). In the present study, the FeSO₄·H₂O waste was employed as a coagulant to eliminate SS, BOD, and COD from anaerobically treated POME. The emphasis was given to comply the residual contaminant concentrations in treated POME with the stringent discharge limits assigned by DoE, Malaysia. The effectiveness of the $FeSO₄·H₂O$ coagulation–flocculation was assessed with varying pH, coagulant doses, slow mixing speed, and flocculation time. The experimental conditions of the $FeSO₄·H₂O$ coagulation– flocculation were optimized using RSM to obtain maximum SS, COD, and BOD elimination from POME. The kinetics behavior and thermodynamics properties of $FeSO₄·H₂O$ waste as a coagulant were also determined for the elimination of SS, COD, and BOD from POME. Finally, the coagulation efficiency of FeSO₄·H₂O waste was determined by characterizing FeSO4·H2O waste and generated sludge usin*g* SEM, SEM-EDX, and FTIR. The results obtained in the present study will define an effective coagulant to replace the commercial coagulant for treating industrial effluents.

2. Materials and Methods

2.1. Experimental Procedure of Coagulation–Flocculation

The biologically treated tertiary POME was supplied by Sime Darby Plantation Sdn Bhd, Selangor, Malaysia. In the present study, the coagulation–flocculation experiments were conducted using jar test apparatus. The experiments were conducted following the standard methods of the coagulation–flocculation process of American Public Health Association (APHA) [\[18\]](#page-18-12). The influence of the FeSO₄·H₂O coagulation–flocculation was measured on SS, COD and BOD elimination from POME with varying coagulant doses $(1.0-2.0 \text{ g/L})$, pH $(4-6)$, flocculation time $(30-60 \text{ min})$ and slow mixing speed $(20-50 \text{ rpm})$ at fixed rapid mixing for 3 min (200 rpm) and sedimentation time of 1 h. The percentage SS, COD, and BOD elimination from POME was computed using Equation (4).

Removal (%) =
$$
\left(1 - \frac{C_t}{C_i}\right) \times 100
$$
 (4)

where C_i and C_t denote the concentrations of SS, COD, and BOD at the initial (before treatment) and at the time "*t*" (after treatment), respectively.

2.2. Design of Experiments

The coagulation–flocculation experimental conditions were optimized using RSM to obtain the maximum elimination of SS, COD, and BOD from POME. The coagulation– flocculation experiments were designed using a central composite design (CCD) of experiments at two levels and four independent variables for the elimination of $COD (Y_{COD})$, BOD (Y_{BOD}), and SS (Y_{SS}). The independent variables were pH (X_1), coagulant doses (X_2), slow mixing speed (X_3) , and flocculation time (X_4) . A total of 30 sets of experimental runs were obtained from CCD, including 16 cube points, 8 axial points, and 6 center points. The regression coefficients among the variables were also generated on the COD (Y_{COD}) , BOD (Y_{BOD}) , and SS (Y_{SS}) elimination. The low, intermediate, and high levels of each variable

are depicted in Table [1.](#page-3-0) The percentage SS, COD, and BOD elimination was determined with the second-order polynomial equation, as revealed in Equation (5).

$$
Y = B_o + \sum_{i=1}^{n} B_i X_i + \sum_{i \neq j}^{n} B_{ij} X_i X_j + \sum_{i=1}^{n} B_{ii} X_i^2
$$
 (5)

where *Y* refers to the estimated response for the Y_{COD} , Y_{BOD} , and Y_{SS} elimination from POME using FeSO₄</sub>. H₂O as a coagulant. B_0 , B_i , B_{ij} , and B_{ii} represent the regression coefficient, "*n*" is the number of coded variables, *XiX^j* represents independent variables. The Design Expert software was used to determine the goodness of fit of the experimental data with the predicted values obtained from the second-order polynomial equation. The significance of the independent variables for SS, COD, and BOD elimination from POME was predicted using the analysis of variance (ANOVA) analyses at a 95% (*p* < 0.05) confidence level. The adjusted coefficient of determination ($R^2_{\;\; \rm adj}$) and coefficient of determination $(R²)$ was employed to determine the accuracy of the regression model. Three-dimensional response surface plots were utilized to present the interaction effects between the independent variables.

Table 1. The coded and uncoded level of the independent variables for S.S., COD, and BOD removal from POME using $FeSO_4·H_2O$ as a coagulant.

| | Units | Symbol | Coded Levels | | | |
|----------------------------|-------|-----------------|---------------------|---------------------|----------------|--|
| Independent Factors | | | Low (-1) | Intermediate (0) | High $(+1)$ | |
| pΗ | | \mathcal{X}_1 | | \mathcal{D} | 6 | |
| Coagulant dosage | g/L | x_2 | 1.0 | 1.5 | 2.0 | |
| Slow mixing speed | rpm | x_3 | 20 | 35 | 50 | |
| Flocculation time | min | x_4 | 30 | 45 | 60 | |

2.3. Kinetics and Thermodynamics Modeling

The kinetics and thermodynamics studies for SS, COD, and BOD elimination from the tertiary POME is crucial to determine the pollutant uptake rate, adsorption behavior, and thermodynamics behavior of the $FeSO₄·H₂O$ as a coagulant. The kinetics and thermodynamics studies of the $FeSO₄·H₂O$ coagulation for SS, COD, and BOD elimination from POME were carried with varying temperatures from 30–80 ◦C at a constant pH of 4.7, FeSO₄.H₂O doses of 1.82 g/L, the rapid mixing time of 3 min, flocculation time of 60 min and slow mixing speed of 30 rpm. The kinetics behavior of $FeSO₄·H₂O$ coagulation efficiency was employed by implementing the pseudo-1st-order and pseudo-2nd-order kinetics model equation, as depicted in Equations (6) and (7), respectively [\[24\]](#page-18-18).

$$
\ln(q_e - q_t) = \ln q_e - k_1 t \tag{6}
$$

$$
\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_e} \tag{7}
$$

where, *qt* and *qe* signify the elimination efficiency of SS, BOD, and COD from POME using FeSO₄·H₂O as a coagulant at time "*t*" and equilibrium. In addition, k_1 and k_2 refer to the coagulation rate constant for the pseudo-1st-order and pseudo-2nd-order kinetics models, respectively. The thermodynamic properties, such as changes in enthalpy (∆*H^o*), changes in entropy (∆*S o*), and the changes in Gibbs free energy, were determined using Equation (8) to Equation (10) [\[25\]](#page-18-19).

$$
\Delta G^o = -RT \ln K_o \tag{8}
$$

$$
\Delta G^o = -\Delta H^o - T\Delta S^o \tag{9}
$$

$$
\ln K_o = \frac{\Delta S^o}{R} - \frac{\Delta H^o}{RT}
$$
\n(10)

where *T* denotes the kelvin temperature, *R* denotes the ideal gas constant (8.314 J/K. mole). The *K^o* was determined from the ratio between *q^e* and *Ce*. In addition, ∆*S ^o* and ∆*H^o* values were evaluated from the intercept and slope of the plot 1*/T* vs. *lnKo*.

2.4. Characterization

The pH of POME in treated and untreated POME was determined using a pH meter (Mettler Toledo F20). Concentrate sulfuric acid (1M) and sodium hydroxide (1M) solutions were employed to amend the desired pH of the solutions. The BOD (mg/L) concentration was determined using the HACH respirometric method of 10,099. Ten milliliters of untreated or treated POME were taken into the BOD track sample bottle and filled with deionized water. Consequently, BOD nutrient buffer pillow and lithium hydroxide powder pillow were taken into the BOD reagent bottle and stirred prior to incubating in a BOD track incubator at 20 ◦C for 5 days. The COD concentration was conducted using a HACH DR 2800 spectrometer. Two milliliters of homogenized POME and two milliliters of deionized water were taken into high range (HR) COD digestion vials (range 20 to 1500 mg/L) for sample and blank test, respectively. Then, the COD digestion vials were taken into the COD reactor and heated at 150 °C for 2 h. Later, the COD digestion vials were cooled to 120 °C and the COD (mg/L) was measured using a DRB 200 reactor. The SS concentration in untreated and treated POME was evaluated by employing the photometric method (HACH method 8006). A sample cell contains 10 mL of blended untreated and treated POME was taken in the sample cell holder and the SS concentration in untreated and treated POME were determined using a spectrophotometer (HACH DR 2800).

The chemical compositions in $FeSO_4 \cdot H_2O$ waste and sludge generated after coagulation of POME (FeSO4·H2O sludge) were analyzed using Fourier transform infrared spectroscopy (FTIR) at a wavenumber of 600–4000 1/cm, scanning speed of 20 mm/s and 32 scans. The morphological changes in FeSO4·H2O and FeSO4·H2O sludge were determined using SEM image analyses at an accelerating voltage of 5 kV . The elemental compositions in FeSO₄·H₂O and FeSO4·H2O sludge were determined using SEM-EDX analyses.

3. Results and Discussion

3.1. Regression Model of Response

The initial pH, COD, BOD, and SS concentrations in tertiary POME were 8.5 ± 1 , 3880 \pm 7 mg/L, 194 \pm 2 mg/L, and 933 \pm 4 mg/L, respectively. The coagulation–flocculation experimental conditions were designed using CCD to eliminate SS, COD, and BOD from POME using $FeSO_4·H_2O$ as a coagulant. It obtained 30 experimental runs, consisting of 16 factorial runs, 6 center points, and 6 axial points. The RSM was applied to optimize the coagulation–flocculation experimental conditions to obtain maximum SS, COD, and BOD elimination from POME using $FeSO_4 \cdot H_2O$ $FeSO_4 \cdot H_2O$ $FeSO_4 \cdot H_2O$ as a coagulant. Table 2 summarizes the CCD of experiments of the independent variables for SS, COD, and BOD elimination from POME. The valuation of the regression coefficients for the SS, COD, and BOD elimination is presented in Table [3.](#page-6-1) The least square method was employed to determine the interaction effect between the variables, regression coefficients of intercept, linear effects of the variables, and quadratic effects of the variables. The significant and insignificant levels of the variables were assessed at $\alpha = 0.05$. Results show that pH, coagulant doses, and flocculation time significantly affect the elimination of SS, COD, and BOD elimination from POME using FeSO4·H2O as a coagulant. The slow mixing speed had an insignificant effect on the COD and BOD removal, showing a significant effect on SS removal. The predicted values for the elimination of COD, BOD, and SS were calculated by employing the second-order polynomial equation, as depicted in Equation (11), Equation (12), and Equation (13), respectively.

$$
Y_{COD} = 95.926 - 4.661x_1 - 3.053x_2 - 0.666x_3 + 5.526x_4 - 11.443x_1^2 - 4.763x_2^2 - 3.736x_3^2 - 2.260x_4^2 + 0.534x_1x_2 + 0.249x_1x_3 - 1.41x_1x_4 + 0.239x_2x_3 + 0.05x_2x_4 - 0.48x_3x_4
$$
\n
$$
(11)
$$

$$
Y_{BOD} = 94.47 - 2.416x_1 + 5.799x_2 - 0.261x_3 + 3.327x_4 - 12.643x_1^2 - 6.34x_2^2 - 1.975x_3^2 - 2.889x_1x_2 - 0.409x_1x_3 + 1.474x_1x_4 + 1.534x_2x_3 + 0.724x_2x_4 - 0.066x_3x_4
$$
\n
$$
(12)
$$

*Y*_{ss} = 95.209 − 2.614*x*₁ +4.949*x*₂ −1.461*x*₃ +3.444*x*₄ −9.645*x*₁² −1.012*x*₂² −7.042*x*₃² −0.467*x*₄² −1.042*x*₁*x*₂ −0.198*x*1*x*³ +0.01*x*1*x*⁴ +0.37*x*2*x*³ −0.137*x*2*x*⁴ −0.895*x*3*x*⁴ (13)

> where *YCOD*, *YBOD,* and *YSS* are the responses for COD, BOD, and SS elimination from POME using FeSO₄·H₂O as a coagulant, respectively. The predicted values were compared with the experimental values for the elimination of SS, COD, and BOD from POME, which was found to be a good fit between the actual and predicted data (Table [2\)](#page-6-0). Table [4](#page-6-2) shows ANOVA analyses for SS, COD, and BOD elimination from POME. The term "lack of fit" indicates the aptness of the regression model to predict the response within levels of the variables studied. A significant lack of fit of a regression model reveals the inappropriate prediction of the response by the proposed regression model. The total deviation from the anticipated response is specified by the coefficient of determination (*R* 2). The ratio of the sum of squares attributable to the regression to the entire sum of squares is expressed by the R^2 measurement. The proximity of R^2 to the value of 1 serves as a measure of the adequacy of the regression model prediction. The level of influence of the independent variables in predicting the response is determined by the R^2 value. The R^2 and R^2_{adj} values for COD, BOD, and SS were found to be 0.9859, 0.9718, 0.9870, 0.974, and 0.9955, 0.991, respectively, illuminating the high correlation between anticipated data and experimental data for the elimination of SS, COD, and BOD from POME using $FeSO₄·H₂O$ as a coagulant. In addition, the ANOVA analysis showed that the lack of fit was insignificant, which implies that experimental data adequately fitted the proposed second-order polynomial equation to describe the SS, COD, and BOD elimination from POME using $FeSO_4·H_2O$ as a coagulant. The R^2 and R^2 (adj) values*,* as well as the insignificant lack of fit, imply the regression model's suitability for predicting the response within the level of the variable studies [\[26,](#page-18-20)[27\]](#page-18-21).

> **Table 2.** The central composite design of experiments for the removal of COD, BOD, and SS from POME using FeSO₄·H₂O as a coagulant.

Table 2. *Cont.*

Table 3. The regression coefficient for the removal of SS, BOD and COD from POME using FeSO₄ · H₂O as a coagulant.

Table 4. Analysis of variance (ANOVA) for the regression model for the removal of SS, BOD and COD from POME using $FeSO_4 \cdot H_2O$ as a coagulant.

 $R^2 = 0.9859$; R^2 _(adj) = 0.9718. $R^2 = 0.9870$; R^2 _(adj) = 0.9740. $R^2 = 0.9955$; R^2 _(adj) = 0.9910.

The least squares methods used to create residual plots for evaluating the regression model's adequacy for COD, BOD, and SS elimination are shown in Figure [1.](#page-7-0) The standard plots of the residual plots and the link between the normal percentage probabilities and the studentized residual produced demonstrate that the residual distributions are adequately expressed by the normal distribution as given for the independent variables. The residual plots exhibit linear behavior, as a straight line is formed, indicating that the predictions of the suggested models are valid [\[24,](#page-18-18)[28\]](#page-18-22). The R^2 and R^2 (adj) values obtained in the present study suggest that the model suitably expressed the coagulation process for the SS, COD, and BOD elimination from POME using FeSO₄·H₂O as a coagulant.

Figure 1. Normal probability plot versus studentized residual of the second-order quadratic model (**a**) SS removal (**b**) BOD removal (**c**) COD elimination.

3.2. Response Surface Analyses

Figure [2](#page-9-0) shows the three-dimensional surface plots of the interaction effect between pH and FeSO4·H2O doses (Figure [2a](#page-9-0)), slow mixing speed and pH (Figure [2b](#page-9-0)), pH and flocculation time (Figure [2c](#page-9-0)), coagulant doses, and slow mixing speed (Figure [2d](#page-9-0)), coagulant doses and flocculation time (Figure [2e](#page-9-0)), and slow mixing speed and flocculation time (Figure [2f](#page-9-0)) for percentage elimination of COD from POME. It was observed that the interaction effect between flocculation time and pH was statistically significant to eliminate COD from POME. Conversely, the interaction effect between pH and $FeSO₄·H₂O$ doses (Figure [2a](#page-9-0)), pH and slow mixing speed (Figure [2b](#page-9-0)), FeSO₄·H₂O doses and slow mixing speed (Figure [2d](#page-9-0)), FeSO₄·H₂O doses and flocculation time (Figure [2e](#page-9-0)), and slow mixing speed and flocculation time (Figure [2f](#page-9-0)) were statistically insignificant for the elimination of COD in POME. It was found that the percentage of COD elimination increased when pH increased from 4 to 5 and decreased from 5 to 6 as the coagulant doses, flocculation speed, and flocculation time increased, respectively. The interaction between coagulant doses with slow mixing speed (Figure [2d](#page-9-0)) showed that the percentage of COD elimination increased when coagulant doses and slow mixing speed increased. The percentage of COD elimination started to become persistent when the slow mixing speed was above 30 rpm and slightly decreased until it reached 50 rpm. Figure [2e](#page-9-0) shows the interaction between coagulant doses and flocculation time, revealing that the COD elimination from POME enhanced with increasing FeSO₄·H₂O doses at a higher flocculation time until 1.8 g/L coagulant doses; consequently, the COD elimination was negligible with further increase in FeSO₄ \cdot H₂O doses. The interaction between slow mixing speed and flocculation time (Figure [2f](#page-9-0)) shows that the COD elimination percentage increased as the interactional factors increased. Over 90% elimination of COD in POME was achieved at pH 5, coagulant doses 1.5 g/L, slow mixing speed 35 rpm, and flocculation time 45 min.

Figure [3](#page-10-0) shows the three-dimensional surface plot on the interaction effect between pH and coagulant doses (Figure [3a](#page-10-0)), pH and slow mixing speed (Figure [3b](#page-10-0)), pH and floccu-lation time (Figure [3c](#page-10-0)), FeSO₄·H₂O doses, and slow mixing speed (Figure [3d](#page-10-0)), FeSO₄·H₂O doses and flocculation time (Figure [3e](#page-10-0)), and slow mixing speed and flocculation time (Figure [3f](#page-10-0)) for the BOD elimination from POME. It was perceived that the interaction effect between pH and FeSO₄·H₂O doses (Figure [3a](#page-10-0)), pH and flocculation time (Figure [3c](#page-10-0)), and $FeSO₄·H₂O$ doses and slow mixing speed (Figure [3d](#page-10-0)) was statistically significant for the BOD elimination from POME. The interaction effect between pH and slow mixing speed (Figure [3b](#page-10-0)), coagulant doses and flocculation time (Figure [3e](#page-10-0)), and slow mixing speed and flocculation time (Figure [3f](#page-10-0)) were insignificant for the elimination of COD in POME. The percentage of BOD removed (over 90%) with increasing pH from 4 to 5 and decreased after pH 5 with increasing coagulant doses, flocculation speed, and flocculation time. Figure [3d](#page-10-0) illustrates the interaction effect between slow mixing speed and coagulant doses. It shows that the percentage of BOD elimination increased as coagulant doses and slow mixing speed increased. The highest elimination of BOD was about 92% at pH 5 and flocculation time 45 min. Similarly, the interaction effect between flocculation time and coagulant doses (Figure [3e](#page-10-0)) reveals an increase in BOD elimination in POME as the coagulant doses and flocculation time increased. Nevertheless, as the interaction between slow mixing speed and flocculation time increased (Figure [4f](#page-11-0)), it showed negligible BOD removal. Approximately 96% BOD elimination was obtained at FeSO₄.H₂O doses of 2 g/L, pH 5, slow mixing speed of 35 rpm, and flocculation time of 60 min.

Figure 2. Interaction effects between independent variable for the COD elimination from POME using FeSO⁴ ·H2O as coagulant. (**a**) Between pH and coagulant doses, (**b**) between pH and flocculation speed, (**c**) between pH and flocculation time, (**d**) between coagulant doses and flocculation speed, (**e**) between coagulant doses and flocculation time, (**f**) between slow mixing speed and flocculation time.

Figure 3. Interaction effects between independent variable for the BOD elimination from POME using FeSO⁴ ·H2O as coagulant. (**a**) Between pH and coagulant doses, (**b**) between pH and flocculation speed, (**c**) between pH and flocculation time, (**d**) between coagulant doses and flocculation speed, (**e**) between coagulant doses and flocculation time, (**f**) between slow mixing speed and flocculation time.

Figure 4. Interaction effects between independent variable for the SS elimination from POME using FeSO⁴ ·H2O as coagulant. (**a**) Between pH and coagulant doses, (**b**) between pH and flocculation speed, (**c**) between pH and flocculation time, (**d**) between coagulant doses and flocculation speed, (**e**) between coagulant doses and flocculation time, (**f**) between slow mixing speed and flocculation time.

The three-dimensional surface plots in Figure [4](#page-11-0) show the interaction effect between pH and FeSO₄·H₂O doses (Figure [4a](#page-11-0)), pH and slow mixing speed (Figure [4b](#page-11-0)), pH and flocculation time (Figure [4c](#page-11-0)), coagulant doses, and slow mixing speed (Figure [4d](#page-11-0)), coagulant doses and flocculation time (Figure [4e](#page-11-0)), and slow mixing speed and flocculation time (Figure [4f](#page-11-0)) for percentage elimination of SS from POME. The interaction effect between FeSO4·H2O doses and pH (Figure [4a](#page-11-0)) and slow mixing speed and flocculation time (Figure [4f](#page-11-0)) were statistically significant for the elimination of SS from POME. The interaction between pH and slow mixing speed (Figure [4b](#page-11-0)), pH and flocculation time (Figure [4c](#page-11-0)), coagulant doses and slow mixing speed (Figure [4d](#page-11-0)), and coagulant doses and flocculation time (Figure [4e](#page-11-0)) were insignificant for the COD elimination from POME. As illustrated in Figure [4a](#page-11-0),c, the percentage of SS elimination was increased as the pH increased from 4 to 5 and declined as the coagulant doses and flocculation time increased after pH 5. From Figure [4a](#page-11-0),b, the highest SS elimination was obtained at about 99% and 98% at pH 4.7, coagulants dose 2 g/L, slow mixing speed at 35 rpm, flocculation time 45 min and pH 4.7, coagulant doses 1.5 g/L, slow mixing speed 35 rpm, flocculation time 60 min, respectively. The decrease in the SS elimination from POME might be due to the weaker interaction between pH and flocculation speed. Figure [4d](#page-11-0) represents the interaction effect between slow mixing speed and $FeSO₄·H₂O$ doses. The percentage of SS elimination was improved with an increasing slow mixing speed at higher coagulants doses until 35 rpm of flocculation speed; wherein, the percentage of SS elimination was negligible with the elevated slow mixing speed over 35 rpm. The maximum SS elimination of about 99% was obtained at $FeSO_4·H_2O$ doses 2 g/L, pH 5, slow mixing speed 35 rpm, and flocculation time 45 min. Figure [4e](#page-11-0) revealed that the SS elimination increased with increasing $FeSO₄·H₂O$ doses at higher flocculation time. Similarly, the SS elimination increased with increasing flocculation time at higher FeSO₄ \cdot H₂O doses. The optimal, about 98% of SS elimination, was obtained at the FeSO₄·H₂O doses of $2g/L$, flocculation time of 60 min, slow mixing speed of 35 rpm and pH 5. Figure [4f](#page-11-0) shows the interaction effect between slow mixing speed and flocculation time for the SS elimination from POME. It was perceived that the SS elimination increased with elevated slow mixing speed from 20 rpm to 30 rpm at a higher flocculation time. Nonetheless, the increase in SS elimination was negligible with flocculation time at a higher flocculation speed. Over 90% of SS elimination was obtained at pH 5, coagulant doses 1.5 g/L, slow mixing speed 35 rpm, and flocculation time 45 min.

Both pH and $FeSO_4·H_2O$ doses had played a significant role in removing COD, BOD, and SS from POME using $FeSO_4·H_2O$ as a coagulant. The utmost coagulation competence at pH 5 can be described as the uppermost solubility of the iron (III) hydroxide and the maximum charge density in the acidic solution; as a result, the colloidal and suspended particles were accumulated on the surface of the coagulant by the charge-neutralizing processes [\[28\]](#page-18-22). Above pH 5.0, the FeSO₄·H₂O coagulation effectiveness decreases because iron (III) hydroxide's slower solubility affects COD, BOD, and SS elimination [\[29,](#page-18-23)[30\]](#page-18-24). The increased FeSO₄ \cdot H₂O doses lead to an increase in coagulation efficiency with the higher amount of Fe(II) particles in the solution, which results in increased negatively charged organic particle neutralization and iron exchange with positively charged iron(II) particles to eliminate the pollutants [\[15](#page-18-9)[,31\]](#page-18-25). The reduction in coagulation effectiveness of FeSO₄·H₂O with increasing coagulant doses beyond 1.8 g/L might be explained by an increase in the surface zeta potential of suspended and colloidal particles [\[32](#page-19-0)[,33\]](#page-19-1).

3.3. Process Optimization and Validation

The design expert software (STAT EASE Inc., Minneapolis, U.S.) was utilized to optimize the FeSO4·H2O coagulation–flocculation process to eliminate SS, BOD, and COD from POME. Table [5](#page-13-0) shows the optimum experimental conditions for the SS, BOD, and COD elimination from POME using $FeSO₄·H₂O$ as a coagulant. It was found that the optimum coagulation–flocculation experimental conditions for the SS, BOD, and COD elimination from POME were pH 4.7, FeSO₄.H₂O doses of 1.82 g/L, slow mixing speed of 30 rpm, and flocculation time 60 min. The maximum COD, BOD, and SS elimination from POME obtained at the optimal experimental conditions of $FeSO₄·H₂O$ coagulation were 96.21%, 96.72%, and 96.97%, respectively. As can be seen in Table [5,](#page-13-0) the percentage of COD, BOD, and SS elimination was closer to the predicted responses, indicating that the second-order polynomial equation adequately determined the optimum experimental conditions of FeSO4·H2O coagulation for the SS, BOD, and COD elimination. Similarly, Ngteni et al. [\[29\]](#page-18-23) obtained over 95% of NH₃-N, 99% of SS, 97% of BOD, and 99% of COD elimination from secondary rubber processing wastewater (SRPW) using FeSO₄.7H₂O waste as a coagulant. Mohammad Illias et al. [\[24\]](#page-18-18) effectively eliminated NH₃-N and COD from rubber processing effluent by employing FeSO4·7H2O waste as an environmentally friendly coagulant. Thus, it can be postulated that $FeSO₄·H₂O$ could be implemented in the post-treatment POME for the safe discharge of the treated effluent in the watercourse.

Table 5. Verification of optimum experimental condition for the removal of COD, BOD, and SS using FeSO⁴ ·H2O as a coagulant.

| Parameters | Optimized Condition | Removal $(\%)$ | | | | | | |
|-------------------------|------------------------|----------------|----------------|------------|----------------|-----------|----------------|--|
| | | COD | | BOD | | SS | | |
| | | Predicted | Actual | Predicted | Actual | Predicted | Actual | |
| pH | 4.7 | 97.73 | $96.21 + 2.34$ | 98.15 | $96.72 + 1.85$ | 97.58 | $96.97 + 2.18$ | |
| Coagulant dosage (g/L) | 1.82 | | | | | | | |
| Slow mixing speed (rpm) | 30 | | | | | | | |
| Flocculation time (min) | 60 | | | | | | | |

3.4. Kinetics and Thermodynamics Modeling

The coagulation–flocculation mechanisms and mass transport phenomena of the FeSO4·H2O were determined to eliminate SS, COD, and BOD from POME using pseudosecond-order kinetics and pseudo-first-order equations. Table [6](#page-14-0) shows the kinetics properties of FeSO4·H2Ocoagulation for the SS, COD, and BOD elimination from POME. It was found that the FeSO₄·H₂O coagulation competence (q_{exp}) to eliminate SS, COD, and BOD from POME increased with increasing coagulation temperature from ambient temperature (28 \pm 1 °C) to 70 °C, indicating that the inclusion temperature enhanced the coagulation adeptness of FeSO4·H2O to eliminate SS, COD, and BOD from POME. Similarly, Ngteni et al. [\[26\]](#page-18-20) reported that the rise in $FeSO₄·7H₂O$ coagulation temperature increased the NH3-N SS, BOD, and COD elimination because of increasing collision between coagulant particles and suspended organic particles [\[26\]](#page-18-20). The correlation coefficient (R²) values and differences between experimental coagulation efficiency values (*qexp*) and theoretical coagulation efficiency values (*qcal*) were evaluated to decide the well-described kinetics model equations for the SS, COD, and BOD elimination from POME. The *R* ² values obtained from the pseudo-second-order kinetics equation ($R^2 > 0.99$) were closer to unity than the pseudo-first-order kinetics equation ($R^2 \leq 0.99$). In addition, the q_e (exp) values were much closer to the obtained q_e (cal) values from the pseudo-second-order kinetics equation than the q_e (cal) values of the pseudo-first-order kinetics equation. Thus, it can be determined that the pseudo-second-order kinetics equation best described the kinetics model for the elimination of SS, COD, and BOD from POME using $FeSO₄·H₂O$ as a coagulant. Wherein the chemisorption would be the possible coagulation–adsorption mechanism for the elimination of SS, COD, and BOD from POME using $FeSO₄·H₂O$ as a coagulant [\[24\]](#page-18-18).

Table 6. Kinetics and thermodynamics modeling for the removal of COD, BOD, and SS from tertiary POME using FeSO₄·H₂O as a coagulant.

The thermodynamics properties, for example, the changes in Gibbs free energy (∆*G o*), *changes in entropy (*Δ*S^o), changes in enthalpy (ΔH^o) were determined for the SS, COD, and* BOD elimination from POME using $FeSO_4·H_2O$ as a coagulant, as shown in Table [6.](#page-14-0) The ΔG^o represents the spontaneity of the coagulation–flocculation process. It was found the ∆*G ^o* values enhanced with increasing temperature for the SS, COD, and BOD elimination from POME using $FeSO₄·H₂O$ as a coagulant, which indicates that the external energy source influences the coagulation–flocculation efficiency [\[34\]](#page-19-2). The Δ*G*^{*o*} values for the SS, COD, and BOD elimination were determined within the range of 8.675–8.709 kJ/mol, 8.622–8.648 kJ/mol, and 8.401–8.410 kJ/mol, respectively. The positive ∆*G ^o* values indicate that the coagulation–flocculation process for the SS, COD, and BOD elimination from POME was non-spontaneous. The ∆*H*^{*o*} values for the SS, COD, and BOD elimination were obtained to be 8.419 kJ/mol, 8.426 kJ/mol and 8.337 kJ/mol, respectively. The obtained positive ∆*H^o* values indicate that the FeSO4·H2O coagulation–flocculation process was endothermic for the SS, COD, and BOD elimination from POME. The negative ∆*S ^o* values for the SS (−7.034 kJ/mol), COD (−5.372 kJ/mol), and BOD (−1.758 kJ/mol) elimination indicate the decrease in entropy of the liquid–solid interface with increasing temperature during the coagulation–flocculation process for the elimination of SS, COD, and BOD from POME using $FeSO₄·H₂O$ as a coagulant.

3.5. Assessment Post-Treatment of POME Using FeSO4·*H2O as a Coagulant*

The FeSO₄ \cdot H₂O has a good coagulant efficiency because of the accompanying mechanism with the suspended and colloidal particles in the effluent [\[15,](#page-18-9)[31\]](#page-18-25). Generally, the $FeSO₄·H₂O$ is partially hydrolyzed in an aqueous solution; therefore, it reduces the repulsion force between the colloidal particles by lessening the double diffusion layer of adjoining colloidal particles [\[31\]](#page-18-25). Figure [5](#page-15-0) shows the SEM image of raw FeSO₄·H₂O

(Figure [5a](#page-15-0)) and the generated $FeSO₄·H₂O$ sludge after coagulation–flocculation of POME (Figure [5b](#page-15-0)). It was found that the surface of the raw $FeSO_4·H_2O$ exhibits voids, aligned, and well-diffused porous surfaces (Figure [5a](#page-15-0)). It was observed that the voids were absent on the surface of the iron sludge. This is because the voids were filled entirely due to the agglomeration of the suspended and colloidal organic particles with FeSO4·H2O during the coagulation–flocculation process of POME (Figure [5b](#page-15-0)). Figure [6](#page-16-0) shows the SEM-EDX spectra of raw FeSO₄·H₂O (Figure [6a](#page-16-0)) and sludge generated after coagulation-flocculation of POME using FeSO₄·H₂O as a coagulant (Figure [6b](#page-16-0)). The elemental composition analyses show the presence of Fe, S, O, and C in the SEM-EDX spectra of raw $FeSO₄·H₂O$ (Figure [6a](#page-16-0)). It was found that the SEM-EDX spectra show the presence of C, S, Fe, O, Si, S, and K in the sludge generated after the coagulation–flocculation of POME. These findings revealed that the $FeSO_4·H_2O$ effectively removed the suspended particles from POME during the coagulation–flocculation process. The FeSO₄·H₂O coagulation efficiency could be attributed to the $Fe²⁺$ and sulfonic groups, which combined the collided and suspended organic and inorganic particles and thereby removed the SS, COD, and BOD from POME [\[35](#page-19-3)[,36\]](#page-19-4).

Figure 5. Scanning electron microscope image of (a) raw FeSO₄·H₂O, and (b) sludge generated after coagulation.

Figure 6. Energy-dispersive X-ray spectra of (a) raw FeSO₄·H₂O, and (b) sludge generated after coagulation.

Numerous advanced technologies have been implemented as a POME polishing technology for the elimination of colloidal and suspended particles from POME, including membrane filtration [\[16\]](#page-18-10), Advance oxidation [\[37\]](#page-19-5), electrocoagulation–peroxidation [\[14\]](#page-18-8), and electrocoagulation [\[13\]](#page-18-7). The purpose of POME polishing technology is to minimize residual contaminants concentration and lower the prescribed industry effluent discharge limits set by the respective environmental agencies to conduct safe discharge of treated effluent [\[14](#page-18-8)[,16\]](#page-18-10). Although these technologies were found effective in removing colloidal and suspended organic particles, all these technologies require high capital investment and operation costs. Therefore, these technologies are not suitable for implementation in large-scale POME treatment [\[14\]](#page-18-8). The remaining SS, COD, and BOD concentrations in treated POME were determined to be 28.27 \pm 5 mg/L, 147 \pm 3 mg/L, and 6.36 \pm 0.5 mg/L, respectively, lower the stringent industry effluent discharge limits assigned by DOE, Malaysia.

Thus, the FeSO₄·H₂O could be implemented as a potential coagulant for the posttreatment of POME to eliminate colloidal and suspended particles from POME. The implementation of $FESO_4·H_2O$ as a coagulant in POME treatment would be beneficial for the palm oil industry in treating POME using an environmentally friendly coagulant

with lowing the treatment costs since $FeSO₄·H₂O$ is an industrial by-product. In addition, the presence of K, S, and Fe in the sludge reveals that the sludge generated after the coagulation–flocculation of POME could be utilized as a fertilizer for treating iron deficiency in plants [\[35\]](#page-19-3).

4. Conclusions

In the present study, the post-treatment of POME was conducted using $FeSO_4·H_2O$ as a coagulant. The FeSO₄·H₂O coagulation efficiency of POME was determined based on the elimination of SS, COD, and BOD with varying coagulant doses, pH, flocculation time, and flocculation speed. The second-order polynomial equation was well-fitted with experimental data. Additionally, pH, coagulant doses, and flocculation time significantly affected the elimination of SS, COD, and BOD from POME using $FeSO₄·H₂O$ as a coagulant. The maximum elimination of SS, COD, and BOD were about 97%, 98%, and 96%, respectively, were obtained at the optimized FeSO₄·H₂O coagulation experimental condition of pH 4.7, FeSO4·H2O doses of 1.82 g/L, flocculation time of 60 min and slow mixing speed of 30 rpm. The slow mixing speed had an insignificant effect on the COD and BOD removal, but it significantly affected SS elimination from POME. The pseudo-second-order kinetics equation was the best-described kinetics model, and the chemisorption would be the possible coagulation–adsorption mechanisms for the elimination of SS, COD, and BOD from POME using FeSO₄ \cdot H₂O as a coagulant. The thermodynamics studies showed that the FeSO₄ \cdot H₂O coagulation–flocculation of POME was endothermic and non-spontaneous. The residual SS, COD, and BOD concentrations in treated POME were 28.27 ± 5 mg/L, 147 ± 3 mg/L, and 6.36 ± 0.5 mg/L, respectively, lower than the assigned stringent industrial effluent discharge limits of DOE, Malaysia. Thus, the $FeSO_4·H_2O$ could be utilized as a potential coagulant for the post-treatment of POME to remove colloidal and suspended particles for safe discharge in a watercourse.

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