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Abstract: The influence of water brownification (an increase in water color) on floating-leaved macrophytes appears to be an important issue in predicting the consequences of climate change in freshwater ecosystems. To fill the gap in the knowledge in this area, we performed a laboratory experiment aiming to test the impact of humic acid (HA) on *Lemna minor* sampled from an oxbow lake. Plants were exposed over seven days to four different additions of pure HA (resulting in DOC concentrations between 5.0 ± 0.1 mg dm⁻³ and 36.5 ± 0.4 mg dm⁻³). Changes in duckweed total fresh biomass, leaf area and the root length were measured, as well as the concentrations of total phosphorus, phosphates and nitrates in the water. The study did not find any significant decrease in either the biomass or leaf area of *L. minor* under conditions of enhanced HA content. However, we found that a moderate increase in HA in water promoted the growth of duckweed roots, thus, increasing the biomass but not the leaf area. In contrast, a large increase in HA in the water suppressed the growth of roots in *L. minor*, which was also in coincidence with less nutrient depletion in the water.

Keywords: duckweeds; macrophytes; humic acids; DOC; freshwater lake; climate change



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1. Introduction

Both observed and projected climatic changes seem to be the most important processes which will affect Earth's ecosystems in the nearest future as they are comparable in magnitude to the largest global changes of the past 65 million years [1]. Although some biological effects of climate change—such as shifts in species range—are acknowledged [2], long-term ecological effects of a more complex nature are also expected [3,4]. However, some effects of these changes will have a more discrete nature. For example, long-term changes in precipitation frequency and intensity have been reported worldwide since the beginning of the 21st century [5–8]. It is recognized that precipitation is a major factor affecting the content of dissolved organic carbon (DOC) in freshwaters, including a colored fraction of it (CDOC) [9–12]. Thus, changes in precipitation patterns may result in a phenomenon which can be commonly named "water browning" or "water brownification", as the main part of CDOC consists of brown and yellow humic substances [13]. Although changes in water color in freshwaters may be linked to various factors [14–17], a lot of reports have shown considerable CDOC increase (water browning) in the freshwaters of Northern and Central Europe [18–21].

It has been broadly demonstrated that CDOC in freshwaters, especially in lakes, plays various considerable roles, influencing a wide range of processes which include, among others, changes in: underwater light climate, pH, contaminant toxicity and nutrient availability (review in [22]). Recent developments in this topic have shown the complex and multifactorial nature of these effects (summarized in [17]). Looking for a more ecosystem-oriented approach, the browning of lakes may generally lead to regime shifts from clear-water, autotrophic, benthic-dominated ecosystems to brown-water, heterotrophic, pelagic-dominated ecosystems. These processes are driven by the synergistic

effect of allochthonous DOC promoting heterotrophs as an energy source at the base of planktonic food web and suppressing autotrophs via light extinction and intensified nutrient competition [17,23–25]. Enhanced light extinction results in the worsening of underwater light conditions, which, first of all, reduces the abundance of submersed macrophytes [26], which, in consequence, may result in further lake ecosystem deterioration. The effect on floating-leaved macrophytes—such as nympheids and duckweeds—is less probable, as they are not dependent on light penetrating the water column.

It is known, however, that the most favorable conditions for duckweed growth occur at high phosphorus and nitrogen loadings and increasing temperature [27–30]—two factors related to the impact of climate change on freshwater ecosystems. Duckweeds are able to achieve very fast vegetative reproduction [31,32], which may result in their massive development in small water reservoirs, such as oxbow lakes, temperate ponds, ditches and mid-field water holes [33–35]. The creation of floating dense mats by duckweeds causes negative consequences for small ecosystems; the suppression of underwater primary producers (phytoplankton, submersed macrophytes) leads to the development of anoxic conditions and deterioration in the fish and macroinvertebrate communities [36]. What is most important is that this phenomenon may be persistent, and it is suggested that duckweed's massive development is a self-stabilizing state [37].

Thus, the influence of water brownification on free-floating macrophytes appears to be an important issue in predicting consequences in freshwater ecosystem functioning under the conditions of a changing climate. What is interesting is that, to date, the problem has received scant attention in the research literature. Some data can be found in a study concerning the impact of humic acid on the toxicity of herbicides, where *Lemna minor* was used as a test organism [38]. To fill this knowledge gap, we performed this study and aimed to answer the basic question—whether water brownification impacts in any way duckweed population in small freshwater lakes. To verify this, we performed a laboratory experiment in which we tested the impact of pure humic acid on *Lemna minor* plants sampled from a small oxbow lake.

2. Material and Methods

Lemna minor plants were sampled in the middle of June from a small and shallow oxbow lake situated in the floodplain of the Bystrzyca River in Eastern Poland (Lublin Upland, European Plain, $51^{\circ}16'23''$ E; $22^{\circ}37'51''$ E). Then, the plants were flushed with tap water and, afterwards, stored for acclimatization for five days in the water sampled from the same oxbow lake but filtered through a planktonic net of mesh size 25 µm to remove planktonic organisms. During the acclimatization, the plants were illuminated with fluorescent lighting with a color temperature of 6500 K (daylight), which gave an irradiance of 45 µmol photons m⁻² s⁻¹ 12 h day⁻¹ with a day/night cycle of 16:8 (which corresponds to the length of the day in Central Poland in June). The culture was kept at 24 °C during the day and 22 °C during the night (which corresponds to temperatures occurring in June/July in the eastern part of Poland). The influence of humic acid (HA) on duckweed was tested in 20 glass cylinders with a capacity of ca. 0.5 L (internal diameter 8 cm) placed in the growing cabinet for eight days in the same conditions as during plant acclimatization.

The same amount of oxbow lake water (0.4 dm^{-3}) was poured into each tank after being filtrated through a plankton net (25 µm). Four cylinders served as controls (marked as c). The other 16 served as treatments with the addition of humic acid (Sigma Aldrich, USA) in four various amounts; thus, each experimental cylinder with HA addition had four replications (Figure S1). The substance was first dissolved in water by adding 1.5 g of pure HA powder to 300 mL of lake water (previously filtered by a GF/C fiber glass filter), then homogenizing in an ultrasound homogenizer (20 min at 200 W and 45 kHz) and filtered through a paper filter under vacuum thereafter. The obtained solution had a concentration of total organic carbon (TOC) of 330 mg dm⁻³. Various amounts of this solution were afterwards added to treatment cylinders: 10 mL, 35 mL, 80 mL and 170 mL (marked as h1, h2, h3 and h4, respectively). A similar number (mean 0.085 ± 0.002 g FW; for details, see Table 1) of healthylooking duckweed plants were placed into all cylinders. Before putting the plants into them, 50 specimens were randomly chosen and the length of their roots measured (mean 12.65 ± 1.74 mm). After putting the *Lemna* fronds into the tanks, each jar was photographed with the use of a digital camera against the background of a millimeter paper sheet, which was further used to measure the leaf surface area with the use of Easy Leaf Area software [39]. The same procedure was performed on the last day of the experiment. After this, all fronds were removed from the jars, and the length of the roots of ten randomly chosen specimens from each jar was measured. Then, they were dried on filter paper and weighed to obtain the fresh weight (mg FW).

Table 1. Biomass (g FW) of Lemna minor in control and treatments at the beginning of the experiment.

| Treatment | с | h1 | h2 | h3 | h4 |
|-----------|-------|-------|-------|-------|-------|
| mean | 0.086 | 0.086 | 0.086 | 0.085 | 0.085 |
| SD | 0.004 | 0.001 | 0.003 | 0.003 | 0.002 |

The physical and chemical water parameters conductivity and pH were measured using the YSI 556 MPS electrode. Total organic carbon (TOC) was determined using a PASTEL UV analyzer. Phosphorus compounds (TP and P-PO4) were measured using a spectrophotometer UV-1610 Schimadzu (with molybdate method after mineralization with a mixture of $K_2S_2O_8$ and H_2SO_4) [40]. Nitrate concentration was determined with the use of an FIA analyzer (photometric via reduction to nitrite and azo dye formation) (flow analysis method according to [41]).

The effect of water brownification (TOC concentration) on fresh biomass, leaf surface area and length of roots of *L. minor* was verified using analysis of variance (ANOVA). Post hoc Duncan's test was used to compare significant (p < 0.05) differences between means. Additionally, ANOVA was used to compare concentrations of TP, P-PO4 and N-NO3 between experimental treatments. The analysis was performed using STATISTICA 13.3 software.

3. Results

The water sampled from the oxbow lake, which was used in the experiment at the beginning (D01), had moderate mineralization (EC = $364 \ \mu S \ cm^{-1}$), low TOC content ($4.0 \pm 0.1 \ mg \ dm^{-3}$) and slightly alkaline reaction (pH 8.7). After the addition of various amounts of HA solution to the experimental cylinders (h1–h4), TOC concentrations were increased to $5.0 \pm 0.1 \ mg \ dm^{-3}$, $8.8 \pm 0.3 \ mg \ dm^{-3}$, $21.6 \pm 0.4 \ mg \ dm^{-3}$ and $36.5 \pm 0.4 \ mg \ dm^{-3}$, respectively. Control treatments, in which water from the oxbow lake was poured, had a concentration of TOC as mentioned above. After seven days of the experiment, water mineralization, as well as pH, remained on a similar level (Table 2.). In the case of TOC concentration, an increase in the mean values was observed between the start and the end of the experiment. Differences in the final TOC concentration in the treatments within replications were rather low—except for two of them (h3 and h4, standard deviation 5.0 mg dm^{-3} and 9.8 mg dm^{-3}, respectively).

Table 2. Basic parameters of water at the beginning (D01) and at the end (D07) of the experiment.

| | D01 | D07 | | | | |
|---|-----------------------------|------------------|-------------|---------------|----------------|---------------|
| | | c | h1 | h2 | h3 | h4 |
| EC (μ S cm ⁻¹) | 364 | 371.5 ± 15.3 | 355 ± 7.6 | 358.7 ± 9.1 | 368.7 ± 25.6 | 357.5 ± 7.0 |
| pН | 8.7 | 8.8-8.9 | 8.8-8.9 | 8.7-8.8 | 8.6-8.7 | 8.5-8.6 |
| TOC (mg dm ^{-3}) | $4.0 \pm 0.1 36.5 \pm 0.4$ | 4.9 ± 0.1 | 6.7 ± 0.4 | 10.1 ± 0.3 | 22.9 ± 5.0 | 38.0 ± 9.8 |

Generally, we observed an increase in *Lemna* biomass during exposition in all treatments including the control ones. The starting biomass in all treatments and the control was very similar and ranged between 0.085 g and 0.086 g FW per jar (on average). At the end of experiment, in the control and treatments h1, h3 and h4, the increase in frond biomass was about 0.02 g per 7 days (0.018 \pm 0.022, 0.021 \pm 0.025, 0.021 \pm 0.013 and 0.019 \pm 0.022, respectively, Figure 1), suggesting that humic acid addition had no impact on Lemna biomass. In the h2 treatment (TOC concentration 21.6 ± 0.4 mg dm⁻³ at D0), the biomass increase was at least twice as great and amounted to 0.056 \pm 0.013 g per 7 days. Analysis of variance did not show significant differences between treatments at D07, although post hoc Duncan's test demonstrated that the mean biomass of *L. minor* in h2 varied significantly from that in all the other treatments (Figure 1). Humic acid addition also affected the increase in leaf area in all treatments (0.8–0.9 cm² per 7 days as compared to control jars) with the exception of h3, but the observed differences were not significant (ANOVA at p < 0.05) (Figure 2). A more explicit reaction to the HA addition after seven days of exposition was seen in the case of *Lemna* root lengths (Figure 3). We did not observe differences between that of h1 and control jars (22.5 \pm 3.6 mm and 21.6 \pm 7.9 mm, respectively). In the h2 treatment, the length of the roots increased (31.0 ± 2.2 mm), while, in the h3 and h4 treatments with the highest addition of HA, one could observe a decrease in this parameter (18.4 \pm 2.9 mm and 14.0 ± 2.3 mm). The differences were statistically significant (ANOVA, F = 57.05, p < 0.001).





After seven days of exposition, the concentration of basic nutrients in the water below the floating plant cover was also measured. The concentration of total phosphorus (Figure 4) decreased from 0.23 ± 0.037 mg dm⁻³ (D01) to 0.13 ± 0.06 – 0.16 ± 0.05 mg dm⁻³ (D07) in the control and the treatments, but these differences were not significant (ANOVA at p < 0.05). A decrease in the concentration after seven days of exposition was generally observed in phosphates; however, one could observe a more diversified response to the HA addition (Figure 5). Analysis of variance showed significant differences (F = 9.85, p < 0.001) which appeared among three groups of experimental jars: c/h2, h1/h3 and h4. The most visible decrease in P-PO4 concentration was observed in the control as well as in the h2 treatments (from 0.19 ± 0.009 mg dm⁻³ at the start to 0.10 ± 0.02 – 0.11 ± 0.02 mg dm⁻³). The second group (h1 and h3 treatments) showed a smaller level of decrease (to the range of 0.12 ± 0.01 – 0.14 ± 0.02 mg dm⁻³), while, in h4 (the most HA rich), the concentration of phosphates did not change significantly over the course of the experiment $(0.19 \pm 0.01 \text{ mg dm}^{-3} \text{ at the end})$. The trend in N-NO₃ concentration was somewhat similar (Figure 6). Nitrates content was almost unchanged in the h3 and h4 treatments, while an almost twofold decrease was observed in the c, h1 and h2 treatments (from $0.135 \pm 0.02 \text{ mg dm}^{-3}$ at D01 to the range of $0.011 \pm 0.01-0.022 \pm 0.004 \text{ mg dm}^{-3}$ at D07). The difference between the first-mentioned group (h3/h4) and the other three treatments (c/h1/h2) was strongly statistically significant (ANOVA, F = 13.01, *p* < 0.001).





0.05





Figure 5. Change in P-PO₄ concentration between D01 and D07 (means with the same letters did not differ significantly; post hoc Duncan's test at p < 0.05).



Figure 6. Change in N-NO₃ concentration between D01 and D07 (means with the same letters did not differ significantly; post hoc Duncan's test at p < 0.05).

4. Discussion

Freshwater brownification (increase in water color) is a phenomenon not yet sufficiently understood, but it is usually linked with climate change. The increase in temperature, enhanced biodegradation of soil organic matter and changes in precipitation (droughts and floods occurring more frequently) all lead to the increased production and export of dissolved organic matter from the catchments to surface waters [42]. The main part of dissolved organic matter (60–90%) consists of colorful humic acids [43,44]; thus, an increased load of these substances leads to the colorization of freshwaters. One of the consequences is the deterioration of underwater light climate, which is expected to affect submersed macrophytes [26]. However, this effect is not applied to floating-leaved macrophytes (such as duckweeds) as they are not limited by light penetrating the water column. Thus, in this study, we posed the question as to whether water brownification affects the growth parameters of small duckweed from the genus *Lemna* in any other way.

Boavida and Wetzel [45] assessed the average DOC content of freshwaters worldwide to be 6.5 mg dm⁻³. More recent studies from the northern hemisphere (over 7500 studied lakes) reported that the median DOC concentration was 5.71 mg dm⁻³, ranging from 0.1 mg dm⁻³ to 332 mg dm⁻³, while the mean concentration was 7.58 ± 0.19 mg dm⁻³. However, in 87% of studied lakes, the DOC was between 1 and 20 mg dm⁻³. Lakes between 20 and 40 mg dm⁻³ were few (4.2%), and only 0.4% of the lakes had DOC concentrations above 40 mg dm⁻³ [46]. Thus, it can be stated that the concentration of dissolved organic matter in our experimental cylinders was environmentally relevant (especially in the h1, h2 and h3 treatments where DOC concentrations at D01 were 5.0 ± 0.1 mg dm⁻³, 8.8 ± 0.3 mg dm⁻³ and 21.6 ± 0.4 mg dm⁻³, respectively). Nevertheless, the fourth treatment, with the highest concentration (D01: 36.5 ± 0.4 mg dm⁻³) was also kept in the natural range.

In compliance with expectations, the study did not find any significant decrease in either the biomass or leaf area of *L. minor* under conditions of enhanced HA content. It is in agreement with the report dealing with the impact of humic acid on the toxicity of herbicides, where *Lemna minor* was used as a test organism [38]. Any changes in both duckweed fresh biomass and number of fronds after HA addition were noted in that study,

but they used very low concentrations of HA in the experiment (2 mg dm⁻³). However, our results show a few other interesting findings. First, humic acid addition increased the biomass of *L. minor* at moderate concentrations ($8.8 \pm 0.3 - 10.1 \pm 0.3 \text{ mg DOC dm}^{-3}$). Second, there was no reaction concerning the leaf area of *Lemna*. Third, a significant increase in root length was noted with the use of moderate DOC concentration (the same as mentioned above). Moreover, some inhibiting effects in the growth of roots were seen in the case of the highest HA addition (36.5 ± 0.4 – $38.0 \pm 9.8 \text{ mg dm}^{-3}$). The same was also observed in the changes of phosphates and nitrates contents in the water. The highest HA addition did not cause the depletion of these nutrients as was shown in the other treatments.

Taking all findings together, we conclude that:

a. A moderate increase in natural-colored, dissolved organic compounds in water (in the form of HA) promotes the growth of duckweed roots, thus, increasing the biomass but not the leaf area;

b. A large increase in HA in water may suppress the growth of roots in *L. minor*, which is also in coincidence with less nutrient depletion in the water.

The mechanisms by which DOC may impact macrophyte communities in freshwaters (in addition to the deterioration of light conditions) are manifold, although far from being clearly understood [42,47]. Several studies showed indirect effects related to the modulations of the bioavailability of nutrients, including the binding of orthophosphates or inhibition of phosphatase activity in lake water [45,48]. The binding capacity of HA with heavy metals, such as copper or cadmium, is also favorable for plants—it protects macrophytes against bioaccumulation of this elements in their tissues, thus, preventing negative effects in the form of lowering chlorophyll content [49].

It was hypothesized that HA acts in rather an indirect way due to its large molecular mass being too big to penetrate bio-membranes [50]. However, some empirical studies have shown that HA may be taken up by plants [51]. Direct influence on some macrophytes was evidenced, especially on hornwort (*Ceratophyllum demersum*). The exposure of the species fronds revealed that fulvic acids directly interfere within photosynthetic oxygen production and electron transport [50]. Furthermore, the addition of different humic acids strongly increased the guaiacol peroxidase activity in *C. demersum* [52]. Humic acid uptake to plant cells can also cause the formation of reactive oxygen species, which, in consequence, may damage the cells, as was demonstrated in charophyte *Nitellopsis obtusa* after 24 h exposition under a very low concentration of DOC (1.1 mg dm⁻³) [53].

Our major finding, however, is an unexpected "positive" effect of moderate HA concentration: enhanced growth of *Lemna* roots. Duckweeds extend their root length in response to phosphate starvation [54], although there have also been contradictory reports [55]. Additionally, nitrate deficiency is supposed to promote roots elongation [56]. Decreased nutrient uptake by roots and their elongation might occur when rich epiphytic communities develop within the macrophyte rhisosphere [57]. Unexpected enhanced growth of plant roots was also observed after a seven-day exposition of *L. minor* on alumina nanoparticles. The proposed mechanism of action was "stress-induced morphogenic response" (SIMR), where a key role is played by reactive oxygen species and the phytohormone auxin [58]. A similar mechanism, but concerning humic acids, was proposed by Steinberg et al. [59], who suggested that mild HA stresses may be beneficial to specific plant organs due to the increased expression of anti-stress genes, resulting in multi-stress resistance (cited from [42]).

Modulations of nutrient bioavailability do not explain the enhanced root growth of *L. minor* under moderate HA addition. We observed phosphate and nitrate shortages in both the control and HA treatments. The inhibiting effect of the highest HA concentration on root growth is hard to clarify as well and may be conditioned by the complicated and unrecognized nature of DOC and freshwater interactions. The relationships between the DOC in freshwaters and its controlling variables are often nonlinear as these relationships potentially involve many interactions [60]. It can probably be seen in the nonlinear reactions of lake ecosystems or organisms to increased DOC loading. For example, a study by Alles

(1996) showed that DOC concentrations ranging from 0 to 2 mg dm⁻³ lowered the species diversity of diatoms. In medium concentrations (3–10 mg dm⁻³), this effect was reduced, but, in higher concentrations (above 10 mg dm⁻³), the effect appeared again [61].

Our results confirmed the need for further studies concerning DOC–freshwater interactions on the level of biota response to enhanced water brownification. Studies on DOC impact on duckweeds should focus on: a. a qualitative and quantitative analysis of epiphytic communities which usually develop on exposed roots; b. their role in nutrient bioavailability for plants; c. uptake of humic acids by plant tissues; and d. the role of humic acids in growth regulation.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/w14233826/s1, Figure S1: Experimental cylinders with *Lemna minor* after seven-day exposition (from left to right: control [c], h1, h2, h3 and h4 treatments).

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