

Supplementary Material 1: Metrics and formulas

Following are the statistical formulas to evaluate the metrics:

1. Standard deviation rate of change (SDR): The rate of change of the SD is calculated as

$$SDR = \frac{[BG(T_I) - BG(T_{I-1})]}{(T_I - T_{I-1})}$$

where,

SDR = Standard Deviation Rate of Change, BG = blood glucose levels, T_I =Timestamp at I^{th} blood glucose level, T_{I-1} =Timestamp at the $(I-1)^{\text{th}}$ blood glucose level

2. Interquartile Range (IQR): The Interquartile range was calculated using the following equation:

$$IQR = \text{Third quartile}(Q3) - \text{first quartile}(Q1)$$

where,

$Q3$ =third quartile, $Q1$ =first quartile

3. Standard deviation (SD): The SD was calculated as,

$$SD = \sqrt{\frac{\sum_{tn=tn_1}^{tn_N} (BG_{tni} - \overline{BG_{tn}})^2}{N - 1}}$$

where,

SD = Standard Deviation, BG_{tn1} = individual BG observation,

$\overline{BG_{tn}}$ = Mean of BG observations

4. Mean of daily differences (MODD): A higher MODD indicated an irregular lifestyle. MODD is calculated as,

$$MODD = \frac{\sum_{tn=tn_1}^{tn_P} |BG_{tn} - BG_{tn-1440}|}{P}$$

where,

$MODD$ = Mean of daily differences, tn =timestamp, tn_1, tn_P =timestamp at 1st cgm reading and last reading, BG_{tn} =individual cgm readings, BG_{1440} = mean of cgm readings for 24 hours, N =number of cgm readings

5. Continuous Overall Net Glycemic Action (CONGA): CONGA was calculated as,

$$CONGA = \sqrt{\frac{\sum_{tn=tn_1}^{tn_P} (D_{tn} - \overline{D})^2}{P - 1}}$$

where,

CONGA = Continuous Overall Net Glycemic Action, $D_{tn} = BG_{tn} - BG_{tn-M}$, $\bar{D} = \frac{\sum_{tn=tn_1}^{tn_p} SD_{tn}}{P}$, D_{tn} =difference between BG taken at time t and BG taken n h earlier-, \bar{D} =average of these (D_{tn}) differences, $BG_{tn} - BG_{tn-M}$, P= number of available BG observations in 24 h (1440min) apart, $M=n \times 60$

6. Mean amplitude of glycemic excursions (MAGE): MAGE is calculated as,

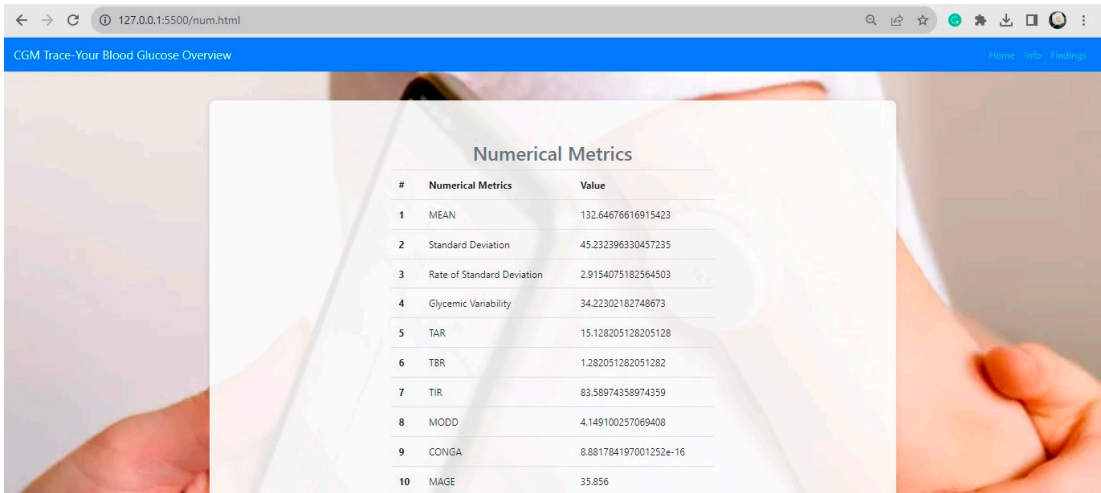
$$MAGE = \frac{\sum \alpha}{Y} \text{ if } \alpha > SD$$

where,

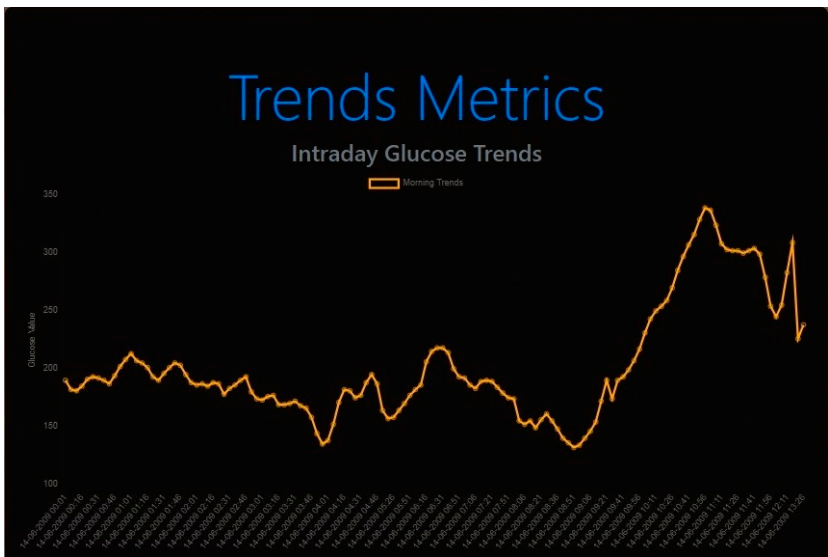
MAGE = Mean Amplitude of Glycemic Excursions, α =absolute difference between sequential glucose peaks and nadirs, Y =no. of valid observations, β =1 SD of the mean glucose level.

Web Interface

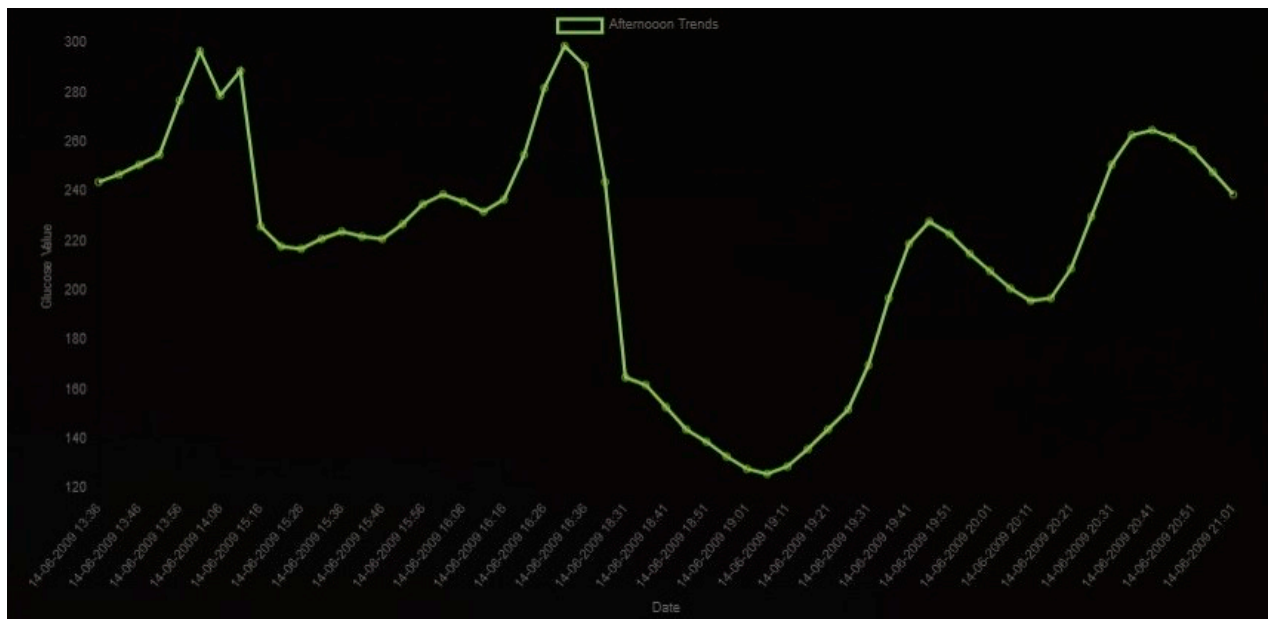
1(A)



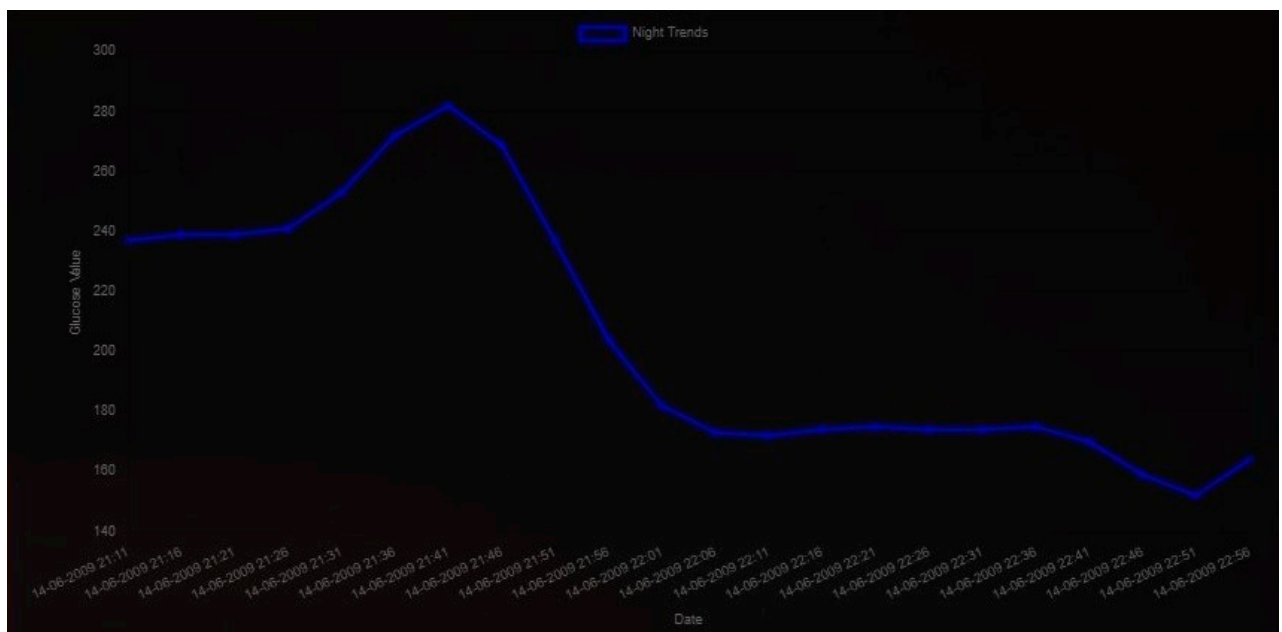
1(B)



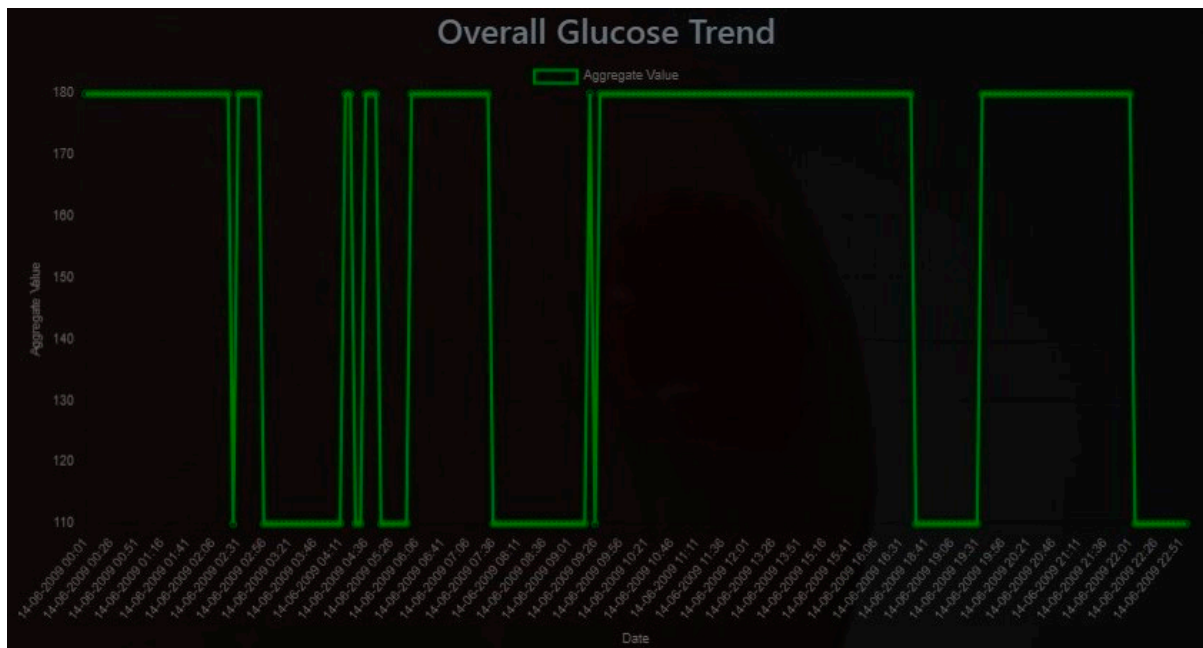
1(C)



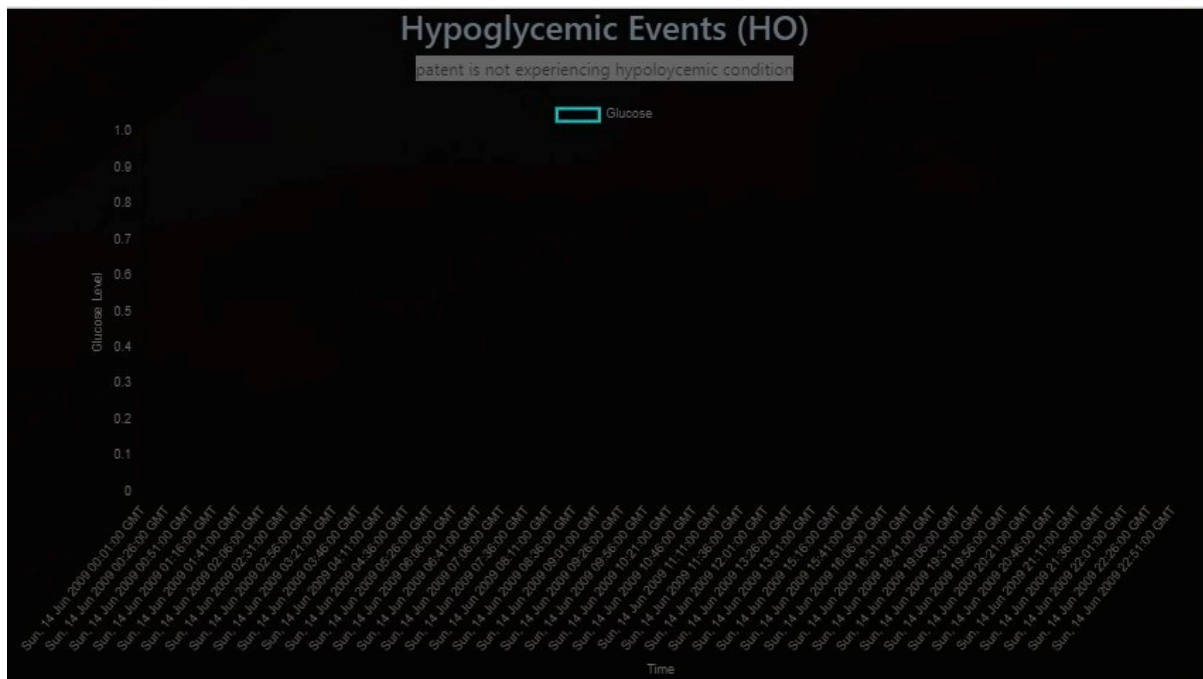
1(D)



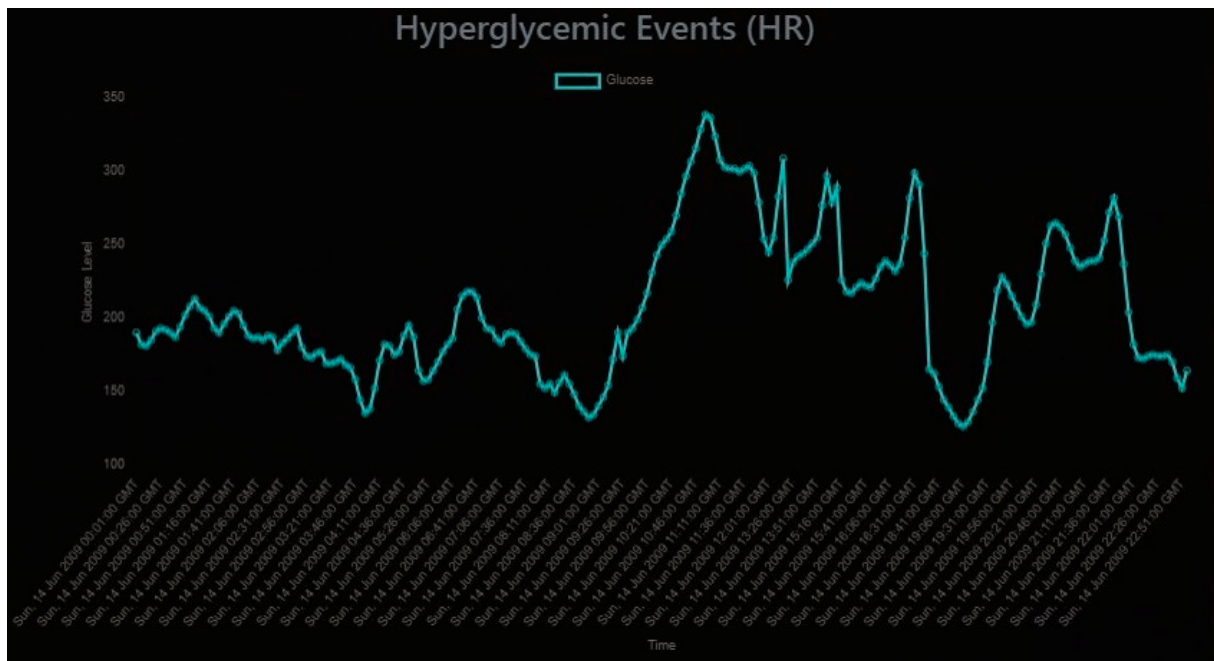
1(E)



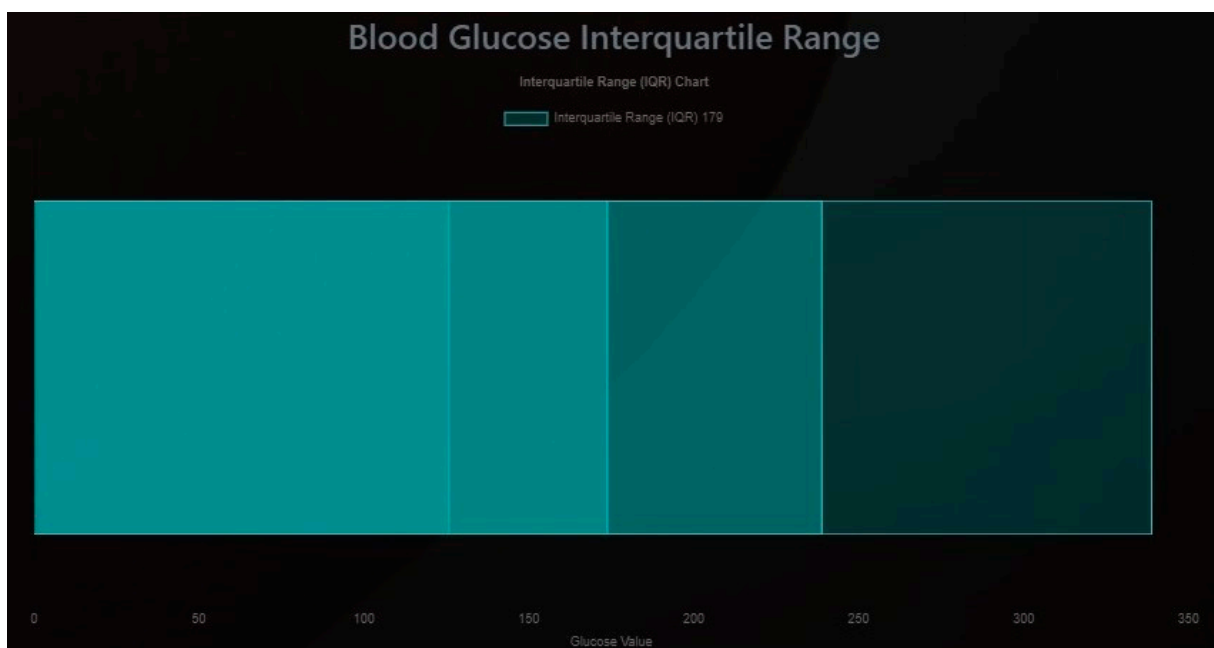
1(F)



1(G)



1(H)



Supplementary Figure S1. Display of clinical metrics and respective graphs. (a) Display page of numerical metrics (b) Intraday Glucose Trends-morning (c) Intraday Glucose Trends- afternoon (d) Intraday Glucose Trends-midnight (e)Overall glucose trends (f) Hypoglycaemic trends (g)Hyperglycaemic trends (h) IQR graph

Table S1 CGM data analysis from ‘CGM Trace’ - Public dataset from JCHR-JAEB

| P | Metrics | | | | | | | | | | | |
|----|---------|-------|------|-----------|------------|------------------|-------------------|--------------|---------------|------|--------------|-------|
| | SDR | MG | SD | GV (%) | TIR (%) | TAR -I (%) | TAR- II (%) | TBR-I (%) | TBR-II (%) | MODD | CONGA | MAGE |
| 1 | 5.4 | 195 | 66.3 | 42.7 | 62.3 | 30.5 | 5.6 | 0 | 2.0 | 5.6 | $4.8e^{-16}$ | 52.2 |
| 2 | 5.3 | 183 | 118 | 64.7 | 52.6 | 12.7 | 26.0 | 5.2 | 2.3 | 5.0 | 0 | 76.4 |
| 3 | 5.1 | 184.6 | 71.5 | 38.7 | 45.0 | 32.8 | 19.7 | 19 | 0 | 6.8 | $8.8e^{-16}$ | 46.1 |
| 4 | 4.0 | 127.7 | 37.9 | 29.7 | 90.4 | 7.7 | 0 | 1.4 | 0.7 | 5.8 | $8.4e^{-16}$ | 21.6 |
| 5 | 3.2 | 168.9 | 66.8 | 39.4 | 70.7 | 20.0 | 8.3 | 0.7 | 0 | 7.4 | $8.2e^{-16}$ | 49.3 |
| 6 | 3.3 | 142.8 | 54.6 | 38.2 | 68.2 | 25.0 | 4.7 | 3.1 | 0 | 4.78 | 0 | 20.8 |
| 7 | 3.2 | 147.7 | 66.9 | 45.2 | 22.2 | 71.2 | 0 | 6.5 | 0 | 3.7 | $7.9e^{-16}$ | 36.8 |
| 8 | 4.0 | 130.8 | 46 | 35.1 | 80.2 | 10.0 | 3.9 | 3.6 | 2.6 | 5.6 | $7.8e^{-16}$ | 25 |
| 9 | 5.3 | 135.8 | 53.8 | 39.6 | 70.0 | 19.5 | 1.9 | 5.3 | 2.6 | 7.9 | 0 | 31.5 |
| 10 | 3.7 | 157 | 46.5 | 29.5 | 78.1 | 16.5 | 4.5 | 0 | 0 | 3.75 | 0 | 33.7 |
| 11 | 4.0 | 157.8 | 47.2 | 29.9 | 62.7 | 31.1 | 7.0 | 0 | 0 | 4.5 | $7.8e^{-16}$ | 44.9 |
| 12 | 6.2 | 128.7 | 39.5 | 29.5 | 89.8 | 5.7 | 0 | 4.5 | 1.4 | 5.4 | $9.8e^{-16}$ | 34 |
| 13 | 3.1 | 116.4 | 38.6 | 33.1 | 92.7 | 4.5 | 2.1 | 0.4 | 0 | 4.5 | $3.8e^{-16}$ | 27.2 |
| 14 | 2.7 | 120.4 | 49.4 | 40.9 | 77.8 | 7.3 | 2.9 | 4.4 | 7.9 | 3.6 | 0 | 24.8 |
| 15 | 2.5 | 170 | 70.6 | 31.5 | 39.4 | 62.2 | 17.5 | 20.1 | 0 | 3.1 | 0 | 93.1 |
| 16 | 5.4 | 121.9 | 43.7 | 35.8 | 68.4 | 18.5 | 0.4 | 10.7 | 1.6 | 3.4 | 0 | 30 |
| 17 | 5.5 | 176.2 | 50 | 28.3 | 58.6 | 33.5 | 7.1 | 1.2 | 0 | 6.3 | 0 | 26.6 |
| 18 | 4.4 | 129.8 | 44 | 38.8 | 80.8 | 13.0 | 0 | 5.1 | 1.4 | 6.3 | $1.7e^{-16}$ | 13.6 |
| 19 | 3.6 | 147.1 | 53.9 | 36.6 | 77.8 | 12.3 | 9.4 | 0.9 | 0 | 5.9 | $5.8e^{-16}$ | 29.8 |
| 20 | 7 | 187.1 | 66.3 | 36.6 | 52.7 | 31.7 | 16.9 | 0 | 0 | 5.1 | $4.8e^{-16}$ | 29.8 |
| 21 | 2.7 | 158.4 | 39.9 | 25.1 | 74.7 | 25.0 | 0 | 0 | 0 | 5.1 | $7.8e^{-16}$ | 37.54 |
| 22 | 3.3 | 194.7 | 65.9 | 38.8 | 63.7 | 43.7 | 20.3 | 1.7 | 0.7 | 4.4 | $6.5e^{-16}$ | 48.6 |
| 23 | 7.3 | 163.6 | 74.8 | 45.6 | 55.4 | 24.7 | 12.0 | 5.6 | 1.7 | 8.5 | 0 | 52.4 |
| 24 | 3.1 | 203.9 | 50.7 | 24.7 | 35.9 | 53.9 | 26.1 | 0 | 2 | 3.9 | 0 | 41.7 |
| 25 | 3.7 | 227.5 | 86.1 | 34.8 | 30.1 | 25.4 | 42.6 | 1.3 | 1.1 | 5.5 | $7.9e^{-16}$ | 44.8 |
| 26 | 2.5 | 155.2 | 45.3 | 29.1 | 33.7 | 50.5 | 10.9 | 3.8 | 0.2 | 5.8 | $8.8e^{-16}$ | 51.3 |
| 27 | 2.5 | 210 | 51.8 | 24.6 | 27 | 51.2 | 20.8 | 0 | 0 | 3.2 | 0 | 60.7 |
| 28 | 5.9 | 176.2 | 48.4 | 27.4 | 54.6 | 35.4 | 8.8 | 0.9 | 0 | 7.6 | 0 | 11.8 |
| 29 | 6.2 | 151.6 | 65.3 | 33 | 49.3 | 26.0 | 24.3 | 0.2 | 0 | 4.1 | $8.6e^{-16}$ | 41.2 |
| 30 | 3.1 | 230.8 | 43.9 | 19.0 | 17.6 | 44.9 | 36.8 | 0 | 0 | 7.6 | $9.8e^{-16}$ | 54 |
| 31 | 6.3 | 167.2 | 50.0 | 29.8 | 66.1 | 25.8 | 8.0 | 0 | 0 | 8.5 | $7.7e^{-16}$ | 171.4 |
| 32 | 2.9 | 135 | 45.8 | 33.9 | 66.1 | 24 | 2.2 | 5.9 | 1.8 | 3.5 | $6.6e^{-16}$ | 40.22 |
| 33 | 1.9 | 159.3 | 42.9 | 26.9 | 78.1 | 15.9 | 5.8 | 0 | 0 | 2.9 | $4.4e^{-16}$ | 64 |
| 34 | 2.3 | 110.9 | 42.9 | 36 | 81.0 | 7.4 | 1.2 | 10 | 0.76 | 3.31 | $9.7e^{-16}$ | 33.9 |
| 35 | 5.4 | 138.9 | 56.2 | 30.4 | 76.1 | 12.6 | 4.7 | 6.4 | 0.9 | 5.2 | $6.5e^{-16}$ | 23 |
| 36 | 3 | 133.8 | 44.6 | 33.2 | 84.0 | 11.7 | 2.1 | 1.4 | 0 | 4.4 | 0 | 36 |
| 37 | 4.02 | 189.3 | 59.1 | 37.2 | 51.1 | 30.3 | 18.8 | 0 | 0 | 2.7 | $8.2e^{-16}$ | 34.6 |

Abbreviations: M, metrics; P, patient; SDR, standard deviation rate of change; SD, Standard deviation; MG, mean glucose; GV, glucose variability; TIR, time in range; TAR, time above range; TBR, time below range; MODD, mean of daily differences; CONGA, continuous overall net glycemic action; MAGE, mean amplitude of glycemic excursions