

**Supplemental File 1. Reference values of the hematochemical parameters reported.**

	Reference values
Hemoglobin (HGB)	
Male	13-18 g/dL
Female	12-16 g/dL
Hematocrit (HCT)	37-52%
Mean Corpuscular Volume (MCV)	80-99 fL
Mean Corpuscular HGB (MCH)	26-32 pg
Mean Corpuscular HGB Concentration (MCHC)	32-36 g/dL
Red Cell Distribution Width (RDW)	11-15%
Total Serum Iron	
Male	65-180 µg/dL
Female	30-170 µg/dL
Ferritin	15-150 ng/mL
Transferrin	204-360 mg/dL
Erythrocyte Sedimentation Rate (ESR) (1st. hour)	2-20 mm/h
C-Reactive Protein (CRP)	<5 mg/l
Vitamin B <sub>12</sub>	197-890 ng/L
Folic acid	3.89-26.8 mcg/L
Thyroid-Stimulating Hormone (TSH)	0.35-4.94 µU/mL
Anti-Nuclear Antibodies (ANA)	Negative