

Table S1. Search strategy according to the focused question (PICO).

| Database | Search equation |
|-----------------|--|
| PubMed | ((("Back Pain"[Mesh]) OR "Low Back Pain"[Mesh]) OR "Neck Pain"[Mesh]) OR "Musculoskeletal Pain"[Mesh]) AND "back school" |
| Web of Science | TS= (("Back Pain" OR "Low Back Pain" OR "Neck Pain" OR "Musculoskeletal Pain") AND ("back school")) |
| Scopus | TITLE-ABS-KEY (("back pain" OR "low back pain" OR "neck pain" OR "musculoskeletal pain") AND ("back school")) |
| Medline | MH (("back pain" OR "low back pain" OR "neck pain" OR "musculoskeletal pain")) AND ("back school") |