

Supplementary Material

The Specificity of Motor Learning Tasks Determines the Kind of Skating Skill Development in Older School-Age Children

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Table S1. The test results in study measurement.

Test	Pre (mean± SD)	Post 1 (mean± SD)	Post 2 (mean± SD)
1. Agility without a puck (s)	16.33 ± 0.40	16.25 ± 0.28	15.94 ± 0.43
2. Agility with a puck (s)	18.02 ± 0.98	17.61 ± 0.89	17.27 ± 0.87
3. Straight 30 m sprint without a puck (s)	6.39 ± 0.35	6.14 ± 0.18	5.98 ± 0.19
4. Straight 30 m sprint with a puck (s)	6.39 ± 0.34	6.46 ± 0.26	6.11 ± 0.18
5. Backward skating for 30 m without a puck (s)	7.77 ± 0.83	7.83 ± 0.59	7.63 ± 0.52
6. Straight 4 m sprint speed without a puck (s)	1.93 ± 0.11	1.70 ± 0.12	1.68 ± 0.12
7. Straight 4 m sprint speed with a puck (s)	2.02 ± 0.10	1.69 ± 0.11	1.71 ± 0.10
8. Backward 4 m sprint speed without a puck (s)	2.37 ± 0.13	2.01 ± 0.13	2.03 ± 0.13



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