



Table S4. Data extraction summary table.

Author, date (Type of review)	Number of individual publications included in the umbrella review	Continents of destination	Continents of origin	Study design	Sum of the size of the included samples (range)	Review aim	SRH outcomes	Determinants / PROGRESS-PLUS	Female gender (%)	Age range or mean years	Overall results of the review	Overall limitations of the study	Overall recommendations of the study