

Supplementary materials

Table S1. Sociodemographic information of the interviewed mothers.

	Job	Workload	Monthly income	Degree	Children	Age
J	Research assistant	80%	7000 - 9999 CHF	Master	2 children - 4 years - 1 year	35
J's H	Research assistant	80%	5000 - 6999 CHF	Master		35
D	Equal opportunities officer	80%	7000 – 9999 CHF	PhD in history	2 children - 11 years - 6 years	37
D's H	self-employed musician and currently works in the hospitality industry	100%	< 5000 CHF and is not included in D's household income	Bachelor		41
K	Optician	40%	< 5000 CHF		2 children - 4 years - 2 years	35
K's H	HR specialist	100%	7000 – 9999 CHF	Trained optician		37
R	Historian and project manager	60%	< 5000 CHF		3 children - 11 years - 7 years - 4 years	38
R's H	Cultural management	80%	5000 - 6999 CHF	Business school		60
S	Doctor	50%	7000 - 9999 CHF		2 children - 10 years - 8 years	47
S's H	a lecturer at a university	80%-90%	7000 -9999 CHF			
M	Teacher at primary school	35%	< 5000 CHF	teaching diploma for secondary level	3 children - 8 years - 4 years - 2 years	31
M's H	Bicycle mechanic	80%	< 5000 CHF	Master's degree from the ETH		37
Y	Lawyer	60%	5000 - 6999 CHF		2 children - 7 years - 5 years	41
Y's H	product and marketing manager	80%	7000 - 9999 CHF			45
C	early childhood educator	40%	< 5000 CHF		1 child - 5 years	42
C's H	secondary school teacher	100%	7000 -9999 CHF			39