

Article



Putrescine Depletion in *Leishmania donovani* **Parasites Causes Immediate Proliferation Arrest Followed by an Apoptosis-like Cell Death**

Julia Johnston ^(D), Jonathan Taylor ^(D), Surbhi Nahata [†], Angelica Gatica-Gomez, Yvette L. Anderson [‡], Sophia Kiger, Thong Pham, Kayhan Karimi, Jasmin-Faith Lacar, Nicola S. Carter ^(D) and Sigrid C. Roberts *^(D)

School of Pharmacy, Pacific University, Hillsboro, OR 97123, USA; juliajohnston@pacificu.edu (J.J.); taylorjo@pacificu.edu (J.T.); snahata@uvm.edu (S.N.); gati3896@pacificu.edu (A.G.-G.); yvette.l.anderson@gsk.com (Y.L.A.); sophiakiger@pacificu.edu (S.K.); pham3316@pacificu.edu (T.P.); kari9098@pacificu.edu (K.K.); laca4839@pacificu.edu (J.-F.L.); cartern@pacificu.edu (N.S.C.)

- [†] Current address: College of Mathematics and Engineering (CEMS), University of Vermont, Burlington, VT 05405, USA.
- [‡] Current address: GSK, Durham, NC 27701, USA.

Abstract: The polyamine pathway in Leishmania parasites has emerged as a promising target for therapeutic intervention, yet the functions of polyamines in parasites remain largely unexplored. Ornithine decarboxylase (ODC) and spermidine synthase (SPDSYN) catalyze the sequential conversion of ornithine to putrescine and spermidine. We previously found that Leishmania donovani Aodc and Aspdsyn mutants exhibit markedly reduced growth in vitro and diminished infectivity in mice, with the effect being most pronounced in putrescine-depleted Δodc mutants. Here, we report that, in polyamine-free media, Δodc mutants arrested proliferation and replication, while $\Delta spdsyn$ mutants showed a slow growth and replication phenotype. Starved Δodc parasites also exhibited a marked reduction in metabolism, which was not observed in the starved Δ *spdsyn* cells. In contrast, both mutants displayed mitochondrial membrane hyperpolarization. Hallmarks of apoptosis, specifically DNA fragmentation and membrane modifications, were observed in Δodc mutants incubated in polyamine-free media. These results show that putrescine depletion had an immediate detrimental effect on cell growth, replication, and mitochondrial metabolism and caused an apoptosis-like death phenotype. Our findings establish ODC as the most promising therapeutic target within the polyamine biosynthetic pathway for treating leishmaniasis.

Keywords: *Leishmania*; polyamines; apoptosis; replication; mitochondria; starvation; ornithine decarboxylase; spermidine synthase

1. Introduction

Leishmaniasis, a neglected tropical disease, with over one billion people at risk for infection living in endemic areas in nearly 90 countries across Africa, South-East Asia, the Middle East, Europe, and Central and South America. Annually, approximately 1 million new cases and 70,000 deaths are reported [1–4]. The risk of infection significantly increases in impoverished communities, and recent outbreaks have been fueled by factors such as human migration, civil unrest, and war [1,5–8]. Additionally, environmental issues like deforestation, urbanization associated with poor sanitary conditions, overcrowding or lack



Academic Editor: Fabrizio Bruschi

Received: 19 December 2024 Revised: 16 January 2025 Accepted: 27 January 2025 Published: 2 February 2025

Citation: Johnston, J.; Taylor, J.; Nahata, S.; Gatica-Gomez, A.; Anderson, Y.L.; Kiger, S.; Pham, T.; Karimi, K.; Lacar, J.-F.; Carter, N.S.; et al. Putrescine Depletion in *Leishmania donovani* Parasites Causes Immediate Proliferation Arrest Followed by an Apoptosis-like Cell Death. *Pathogens* **2025**, *14*, 137. https://doi.org/10.3390/ pathogens14020137

Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/ licenses/by/4.0/).

^{*} Correspondence: sroberts@pacificu.edu

of infrastructure, and climate change have contributed to the rising incidence of cases. Moreover, leishmaniasis is now considered to be endemic in the United States [1,3,8–13].

Leishmania parasites have a dimorphic life cycle, existing as flagellated promastigotes in sand flies and non-flagellated amastigotes in mammals, primarily residing in macrophages [2,4,10]. Leishmaniasis in humans, caused by over 20 different species of *Leishmania*, manifests mainly as cutaneous and visceral forms. Cutaneous leishmaniasis (CL) leads to ulcerative skin lesions, with estimates ranging from 600,000 to 1 million new cases each year [3]. In contrast, visceral leishmaniasis (VL), caused by *L. donovani* and *L. infantum*, is predominantly fatal if untreated and is the second leading cause of mortality among parasitic diseases. An estimated 50,000–90,000 new infections occur annually, although underreporting remains significant [3]. VL affects internal organs and presents symptoms such as fever and weight loss [2,3,7,10].

Currently, no vaccines exist to prevent leishmaniasis in humans, and treatment options are limited, often with severe side effects and growing drug resistance complicating care [2,10,14–19]. Furthermore, the persistence of *Leishmania* parasites post-treatment has spurred ongoing research into the mechanisms behind their resilience [20–23]. Together, the lack of ideal treatment options, the absence of a vaccine, and the increasing incidence and spread of the disease underscore the urgent need to identify new therapeutic targets.

Notably, polyamine biosynthesis has already been clinically validated as a treatment target in the related pathogen *Trypanosoma brucei gambiense* [24–27]. These ubiquitous and essential cations play a critical role in various cellular processes, including growth, differentiation, and macromolecular synthesis [28–32]. A key inhibitor in this pathway, D,L- α -difluoromethylornithine (DFMO, eflornithine) effectively targets ornithine decarboxylase (ODC), the enzyme responsible for synthesizing the polyamine putrescine. DFMO has demonstrated remarkable success in treating African sleeping sickness caused by *Trypanosoma brucei gambiense* [24,25,27]. DFMO is also active against *Leishmania* in vitro and in murine and hamster infectivity models, and recent studies have highlighted the importance of the polyamine biosynthetic pathway as a potential therapeutic target in *Leishmania* [27,28,33–36].

The polyamine biosynthetic pathway in *Leishmania* consists of four enzymes: arginase (ARG), ornithine decarboxylase (ODC), spermidine synthase (SPDSYN), and S-adenosylmethionine decarboxylase (ADOMETDC) (Figure 1). ARG converts the essential amino acid arginine to ornithine, which is directly channeled into polyamine biosynthesis. ODC then converts ornithine to putrescine, and SPDSYN produces spermidine, a vital metabolite involved in the hypusination and activation of eukaryotic translation initiation factor 5A (eIF5A) in both the parasite and host [37–39]. Unique to trypanosomatids, spermidine conjugates with glutathione to form trypanothione, which is essential for redox balance and oxidative stress defense [40,41]. Trypanothione synthetase/amidase (TRYS) catalyzes its synthesis and hydrolysis [42]. Unlike humans, *Leishmania* neither produces spermine nor has a polyamine back-conversion pathway [43].

We previously generated gene deletion mutants for ODC (Δodc) and SPDSYN ($\Delta spdsyn$) in *L. donovani* using targeted gene replacement strategies [43–46]. Characterization of these mutants revealed that both enzymes are essential for polyamine biosynthesis, as the conditionally lethal null mutants depend on supplementation with putrescine or spermidine for growth. The Δodc mutants exhibit profoundly reduced infectivity compared to wild-type parasites, while the $\Delta spdsyn$ mutants show a less pronounced yet substantial decrease in infectivity [44,45]. The inability of Δodc mutants to establish infections suggests that putrescine is unavailable to intracellular parasites, a hypothesis supported by the rapid conversion of arginine to spermine in macrophages [47] and the typically low levels of putrescine in differentiated mammalian cells [48,49]. Our findings, combined with evidence that DFMO reduces infectivity in mice and hamsters [50–52], validate ODC as a potential therapeutic target in *Leishmania*. Notably, the structure of the leishmanial ODC features a unique N-terminal extension not found in the human enzyme [53], and both computer modeling and inhibitor studies demonstrate that the enzyme is a druggable target [53–59].



Figure 1. Polyamine biosynthetic pathway in *Leishmania* parasites. The polyamine biosynthetic pathway in *Leishmania* is depicted with gray arrows. This pathway illustrates the sequential conversion of arginine to ornithine, putrescine, and spermidine, catalyzed by arginase (ARG), ornithine decarboxylase (ODC), and spermidine synthase (SPDSYN), respectively. S-adenosylmethionine decarboxylase (ADOMETDC) generates decarboxylated S-adenosylmethionine, which serves as the aminopropyl donor for spermidine synthesis. The two polyamines produced in *Leishmania*, putrescine and spermidine, are shown in uppercase. Unique to trypanosomatids is the reversible formation of trypanothione, catalyzed by the bidirectional enzyme trypanothione synthetase/amidase (TRYS) in *Leishmania*. The modification and activation of eukaryotic translation initiation factor 5A (eIF5A) by deoxyhypusine synthase (DHS) and deoxyhypusine hydroxylase (DOHH) occur in both *Leishmania* parasites and the human host. White arrows indicate the spermine synthase (SPMSYN) reaction and the simplified back-conversion pathway that is present in the mammalian host but absent in *Leishmania*.

Although most research has focused on the promastigote stage, polyamines are clearly essential for the amastigote stage of *Leishmania*. Both ODC and SPDSYN are expressed in amastigotes [44,60], and gene deletion mutants exhibit significantly reduced infectivity [44,45]. Additionally, inhibitors targeting polyamine pathway enzymes are effective against intracellular amastigotes both in vitro and in rodent infectivity models [28].

Alterations in polyamine metabolism have been observed in *Leishmania* strains that are resistant to standard anti-leishmanial drugs, likely through their impact on trypanothione biosynthesis, a key component of the parasite's antioxidant defense [61–63]. Gene amplification or increased ODC expression has been observed in antimony-resistant strains [61,64–66], while elevated arginine, ornithine, and spermidine levels are associated with miltefosine resistance [67,68]. In contrast, reduced putrescine levels occur in pentamidine-resistant strains [69,70]. Combining anti-leishmanial drugs with polyamine pathway inhibitors has the potential to restore drug sensitivity or prevent resistance development [28].

Notable differences between the growth phenotypes of the Δodc and $\Delta spdsyn$ mutants were also observed in vitro [71]. In the Δodc mutants, putrescine depletion leads to cell rounding, immediate cessation of proliferation, and loss of viability, whereas putrescinerich $\Delta spdsyn$ mutants display an intermediate proliferation phenotype and can persist in a quiescent-like state from five to six weeks before cell death occurs. Contrary to the long-standing belief that putrescine's sole function is as precursor for spermidine synthesis [43] (Jiang et al., 1999), these findings suggest that it is also crucial for parasite growth and infectivity. However, the functions of putrescine remain largely unexplored, highlighting the need for further investigation into its role in cellular processes. The Δodc and $\Delta spdsyn$ mutants serve as ideal tools due to their distinct intracellular polyamine dynamics. Specifically, putrescine levels deplete rapidly in Δodc mutants incubated in polyamine-free media, while they accumulate in $\Delta spdsyn$ mutants under the same conditions [71]. In contrast, spermidine levels remain low but stable in both cell lines [71].

In this study, we investigated the effects of polyamine withdrawal on cell growth, metabolism, and death in *L. donovani* Δodc and $\Delta spdsyn$ mutant cell lines. Our findings demonstrate that Δodc mutants exhibited rapid arrest in proliferation and replication, alongside significant metabolism impairment, while $\Delta spdsyn$ mutants displayed a much more moderate phenotype. Both mutants showed hyperpolarization of the mitochondrial membrane, but only the Δodc mutants displayed hallmarks of apoptosis, specifically DNA fragmentation and membrane modifications. These results underscore the critical role of putrescine in cellular function and highlight ODC as a promising therapeutic target in the polyamine biosynthetic pathway for the treatment of leishmaniasis.

2. Materials and Methods

2.1. Materials

Dulbecco's Modified Eagle Medium and chicken serum were procured from Thermo Fisher Scientific (Waltham, MA, USA). Antibiotics, including hygromycin, neomycin, and puromycin, were obtained from InvivoGen (San Diego, CA, USA). Resazurin was purchased from VWR International (Radnor, PA, USA), putrescine, spermidine, and carbonyl cyanide m-chlorophenyl hydrazone (CCCP) were sourced from MilliporeSigma (Burlington, MA, USA), and 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethyl benzimidazolyl carbocyanine iodide (JC-1) was bought from Cayman Chemical (Ann Arbor, MI, USA). The BrdU Cell Proliferation ELISA Kit (colorimetric) was acquired from Abcam (Cambridge, UK) and the In Situ Cell Death Detection Kit, Fluorescein, was purchased from Roche (Basel, Switzerland). Propidium iodide (PI) was obtained from Cell Signaling Technology (Danvers, MA, USA), and FITC Annexin V was purchased from BioLegend (San Diego, CA, USA).

2.2. Cell Lines and Culture Conditions

Promastigote parasites were cultured at 27 °C in a completely defined Dulbecco's Modified Eagle Medium optimized for *Leishmania* promastigotes. In this medium, fetal bovine serum was substituted with chicken serum to prevent polyamine oxidase-mediated toxicity (DME-L CS) [46,71,72]. All genetically modified parasites originated from the wild-type (WT) LdBob strain of *L. donovani* [73], which was initially provided by Dr. Stephen M. Beverley (Washington University, St. Louis, MO). The Δodc and $\Delta spdsyn$ mutants were previously created using targeted gene replacement methods [44,45] and contain the hygromycin phosphotransferase and neomycin phosphotransferase drug resistance genes (Δodc) or the hygromycin phosphotransferase and puromycin acetyltransferase drug resistance genes ($\Delta spdsyn$). The Δodc cell line was routinely grown in the presence of 100 µM putrescine, 50 µg/mL hygromycin, 20 µg/mL neomycin, and the $\Delta spdsyn$ cell line

was cultured in 100 μ M spermidine, 50 μ g/mL hygromycin, 10 μ g/mL puromycin, unless otherwise specified.

2.3. Proliferation Assay

All three cell lines were washed three times in phosphate-buffered saline (PBS) to remove any residual polyamines. Centrifugation steps were carried out at 1452 relative centrifugal force (RCF) for 10 min at room temperature. For the initial proliferation curve comparing polyamine starvation among cell lines, wild-type cells were incubated in polyamine-free media lacking both drugs and polyamine supplementation. The Δodc mutants were incubated in either polyamine-free media or media supplemented with 100 µM putrescine, while $\Delta spdsyn$ mutants were grown in polyamine-free media or media supplemented with 100 µM spermidine. For the proliferation curve examining polyamine supplemented with 100 µM putrescine, or 500 µM spermidine, or a combination of 500 µM putrescine and 500 µM spermidine. All cell lines were seeded at a density of 5×10^5 cells/mL on day 0, and their growth was monitored over a period of 11 days. Cell counting was performed using a MacsQuant 10 flow cytometer (Miltenyi Biotec, Bergisch Gladbach, Germany).

2.4. Replication Assay

Bromodeoxyuridine incorporation was measured using a BrdU Cell Proliferation ELISA Kit (colorimetric) from Abcam. This assay was used to assess DNA replication in wild-type parasites and in mutant cell lines that were supplemented with polyamines or incubated in polyamine-free media.

Parasites were washed three times in PBS and resuspended at a density of 5×10^6 cells/mL in the following media conditions: wild-type, Δodc , and $\Delta spdsyn$ parasites in polyamine-free media; Δodc mutants in media supplemented with 100 µM putrescine; and $\Delta spdsyn$ mutants in media supplemented with 100 µM spermidine. After overnight incubation at 27 °C, 1×10^8 parasites were harvested, centrifuged, and seeded in triplicate at 1×10^6 cells/100 µL in 96-well plates with fresh media corresponding to their initial conditions. Centrifugation steps were carried out at 1452 RCF for 10 min at room temperature.

Cells were then treated according to the manufacturer's protocol. Briefly, 20 μ L of 1× BrdU was added to each well, except the wild-type negative control wells, followed by overnight incubation at 27 °C. Cells were fixed and incubated with an anti-BrdU monoclonal detector antibody, followed by Peroxidase Goat Anti-Mouse IgG Conjugate and TMB Peroxidase Substrate incubation. After adding the Stop Solution, absorbance was measured at 450 nm using a BioTek Synergy H1 Multimode Reader (Agilent, Santa Clara, CA, USA).

2.5. Metabolism Assay

Metabolic activity was determined by measuring the conversion of resazurin into the fluorescent compound resorufin.

Parasites were washed three times in PBS before incubation in the appropriate media. Centrifugation steps were carried out at 1452 RCF for 10 min at room temperature. Wild-type cells were incubated in polyamine-free media. The Δodc mutants were cultured either in polyamine-free media or media supplemented with 100 μ M putrescine, while the $\Delta spdsyn$ mutants were incubated in either polyamine-free media or media supplemented with 100 μ M putrescine. Wild-type parasites and mutant cells in supplemented media were seeded at a concentration of 5×10^5 cells/mL on day 0. To ensure sufficient cell material for the assay, Δodc mutants in polyamine-free media were seeded at a higher

concentration of 1×10^7 cells/mL, and $\Delta spdsyn$ mutants in polyamine-free media were seeded at 2×10^6 cells/mL.

Resazurin fluorescence and cell numbers were measured on days 3 and 4 of starvation, during the log phase of cell growth, when metabolic activity is expected to be optimal. Cells (1×10^7) were harvested, centrifuged at 1452 RCF for 10 min at room temperature, and resuspended in 1 mL of the same media. Cells were then counted in triplicate in a 96-well plate with 100 µL samples per well using the MACSQuant flow cytometer. Following this, 10 µL of 44 µM resazurin was added to each well, and plates were incubated at 27 °C for four hours. Resorufin fluorescence was measured at 554_{Ex} – 593_{Em} nm using the BioTek Synergy H1 Multimode Reader. Metabolic activity per cell was calculated by dividing the resorufin fluorescence by the number of cells in each sample.

2.6. Assessment of Mitochondrial Membrane Potential

The mitochondrial membrane potential ($\Delta \Psi m$) was assessed using the cationic dye JC-1. This dye aggregates within mitochondria with an intact mitochondrial membrane potential, emitting red fluorescence at 590 nm, whereas in cells with depolarized mitochondrial membranes, JC-1 remains cytosolic and monomeric, displaying green fluorescence at 530 nm.

Parasites were washed three times in PBS before incubation in the appropriate media. Centrifugation steps were carried out at 1452 RCF for 10 min at room temperature. Wild-type cells were incubated in polyamine-free media. The Δodc mutants were cultured either in polyamine-free media or media supplemented with 100 µM putrescine, while the $\Delta spdsyn$ mutants were incubated in either polyamine-free media or media supplemented with 100 µM supplemented with 100 µM spermidine. Wild-type parasites and mutant cells in supplemented media were seeded at a concentration of 3×10^5 cells/mL on day 0. To ensure sufficient cell material for the assay, Δodc mutants in polyamine-free media were seeded at a higher concentration of 5×10^6 cells/mL, and $\Delta spdsyn$ mutants in polyamine-free media were seeded at 1×10^6 cells/mL.

Samples were collected on days 3, 4, and 8, washed once with PBS supplemented with 158 μ g/mL glucose (PSG), and resuspended in 1 mL PSG. Centrifugation steps were carried out at 6021.1 RCF for 5 min at room temperature. As a control, wild-type cells were treated with the mitochondrial uncoupler CCCP at 75 μ M for 10 min at 27 °C. All samples were stained with 0.22 mM JC-1 (except an unstained wild-type control), incubated for one hour at 27 °C, centrifuged, and resuspended in 500 μ L PSG. Analysis was performed on the MACSQuant flow cytometer using an excitation laser at 488 nm, 30 mW. Emission signals were collected using the FITC B1 (525/50 nm) and PE B2 (585/40 nm) detectors to capture green and red fluorescence, respectively. Flow cytometer data were analyzed using FlowJoTM v10 (BD Life Sciences, Franklin Lakes, NJ, USA), and the 590:530 fluorescence ratio was calculated for each data point.

2.7. DNA Fragmentation Assay

DNA fragmentation was assessed using the In Situ Cell Death Detection Kit (Roche), which is based on the Terminal deoxynucleotidyl transferase (TdT) dUTP Nick End Labeling (TUNEL) method and detects free 3'-hydroxyl ends generated by endonuclease degradation.

Parasites were washed three times in PBS before incubation in the appropriate media. Centrifugation steps were carried out at 1452 RCF for 10 min at room temperature. Wild-type cells were incubated in polyamine-free media. The Δodc mutants were cultured either in polyamine-free media or media supplemented with 100 μ M putrescine, while the $\Delta spdsyn$ mutants were incubated in either polyamine-free media or media supplemented with 100 μ M spermidine. Wild-type parasites and mutant cells in supplemented media

were seeded at a concentration of 5×10^5 cells/mL on day 0. To ensure sufficient cell material for the assay, Δodc mutants in polyamine-free media were seeded at a higher concentration of 5×10^6 cells/mL, and $\Delta spdsyn$ mutants in polyamine-free media were seeded at 1×10^6 cells/mL.

Samples were collected on days 4, 7, and 10 and processed according to the manufacturer's instructions. Briefly, 1 mL cells were harvested and washed in PBS before being fixed in a 2% paraformaldehyde (PFA) solution in PBS for 60 min. Centrifugation steps were carried out at 6021.1 RCF for 5 min at room temperature. Following PFA removal, cells were permeabilized with the kit's permeabilization buffer, washed with PBS, and incubated with the TUNEL reaction mixture for 1 h at 37 °C. After incubation, the cells were washed again and analyzed using the MACSQuant flow cytometer. Single-channel trace files generated from the flow cytometer were overlaid and analyzed in FlowJoTM v10 using the "Compare population" function to determine Overton % positive cell populations. Stained populations were compared with a mixed stock of unlabeled control cells.

2.8. Membrane Modifications Assay

Membrane modifications were evaluated using FITC-Annexin V (Biolegend) and PI (Cell Signaling Technology) staining. Annexin V binds to phosphatidylserine exposed on the outer leaflet of the plasma membrane during early apoptosis, while PI penetrates cells with compromised membranes, marking late apoptotic or necrotic cells.

Parasites were washed three times in PBS before incubation in the appropriate media. Centrifugation steps were carried out at 1452 RCF for 10 min at room temperature. Wild-type cells were incubated in polyamine-free media. The Δodc mutants were cultured either in polyamine-free media or media supplemented with 100 μ M putrescine, while the $\Delta spdsyn$ mutants were incubated in either polyamine-free media or media supplemented with 100 μ M putrescine. Samples were collected on days 3 or 4, 7, and 14. Approximately 600 μ L of cell culture was harvested and washed twice with 1 mL of PBS before being resuspended in 200 μ L of Annexin V binding buffer (10 mM HEPES, 150 mM NaCl, 2.5 mM CaCl₂ in H₂O) containing 5 μ L of 90 ug/mL Annexin V and 5 μ L of 10 mg/mL PI. Centrifugation steps were carried out at 6021.1 RCF for 5 min at room temperature. The cells were then incubated at room temperature for 30 min, during which they were protected from light and then analyzed using the MACSQuant flow cytometer. Appropriate single-stained and unstained controls were prepared and treated identically.

Scatterplots generated using flow cytometry data were analyzed using FlowJoTM v10 with quadrant gating applied according to the manufacturer's guidelines. Percentages of cells within each quadrant were exported to GraphPad Prism v10 (GraphPad Prism, Boston, MA, USA) for data analysis.

2.9. Data Visualization and Statistical Analysis

Data visualization and statistical analysis was conducted using GraphPad Prism v10. Error bars in the graphs represent standard deviations. Statistical analysis was conducted using ANOVA, and statistical comparisons between group means were considered significant at p < 0.05.

3. Results

3.1. Extended Polyamine Starvation Exposes Distinct Growth Patterns in Parasites

A prior study demonstrated that Δodc parasites do not proliferate in polyamine-free media, while $\Delta spdsyn$ parasites exhibit only slow growth under these conditions over a 7-day period [71]. In the current study, we extended these observations to 11 days of polyamine-free incubation to monitor the growth phenotype further and assess whether

 Δ *spdsyn* mutants eventually achieve cell numbers comparable to wild-type or polyaminesupplemented parasites.

During the first 7 days, all cell lines displayed growth trends consistent with previously published observations [71] (Figure 2A). The $\Delta spdsyn$ mutants incubated in polyamine-free media showed a maximum density of $\sim 4 \times 10^6$ cells/mL—notably higher than the Δodc mutants, but almost ten-fold lower than wild-type or supplemented cultures. After reaching this plateau, $\Delta spdsyn$ mutants sustained this low maximum cell number without further growth between days 4–11 (Figure 2B). In contrast, Δodc mutants in polyamine-free media showed no proliferation, maintaining a stable cell count around 3–5 × 10⁵ cells/mL throughout the 11-day experiment (Figure 2B).



Figure 2. Proliferation of wild-type and mutant parasites in response to polyamine availability. Parasite proliferation was monitored over 11 days using a flow cytometer. (**A**) Proliferation of wild-type (WT) cells in polyamine-free media (dark blue circles), Δodc mutants in media with 100 μ M putrescine (blue squares), $\Delta spdsyn$ mutants in media with 100 μ M spermidine (green triangles), as well as Δodc (light blue triangles) and $\Delta spdsyn$ mutants (dark green diamonds) in polyamine-free media. (**B**) Growth of the Δodc (light blue triangles) and $\Delta spdsyn$ (dark green diamonds) mutants grown in polyamine-free media is shown to allow for a better comparison of the cellular proliferation rate between the two mutants. (**C**) Growth of wild-type parasites in polyamine-free media (dark blue circles), in media supplemented with 500 μ M putrescine (blue squares), 500 μ M spermidine (light green triangles), or a combination of 500 μ M putrescine and 500 μ M spermidine (light green triangles). Three experiments were conducted in technical triplicate (*n* = 3) for each experimental design, as illustrated in panels (**A–C**). Consistent results were observed across all experiments, and one representative experiment from each design is shown. The two other experiments for each design are shown in Figure S1.

Both wild-type cells and mutants cultured in polyamine-supplemented media exhibited similar growth patterns through logarithmic and stationary phases (Figure 2A). By day 4 or 5, they peaked at approximately 3×10^7 cells/mL, followed by a gradual decline likely due to general nutrient depletion and overgrowth. However, in week two, notable differences emerged between the wild-type parasites and supplemented mutants (Figure 2A). Wild-type cell counts decreased continuously from a peak of approximately 2.5×10^7 cells/mL to below 1×10^7 cells/mL by day 11 (~60% loss in cell density). In

contrast, cell counts for the supplemented mutants dipped slightly, but stabilized around 2×10^7 cells/mL between days 7 to 11 (~20% loss in cell density).

Because previous research demonstrated higher intracellular polyamine levels in supplemented Δodc and $\Delta spdsyn$ mutants compared to wild-type parasites [71], we aimed to investigate whether polyamine supplementation could stabilize cell concentration and prolong survival, as observed in the supplemented mutants during week 2 (Figure 2A). To examine this, wild-type parasites were incubated in media enriched with 500 μ M putrescine, 500 μ M spermidine, or a combination of both (500 μ M putrescine plus 500 μ M spermidine). The growth patterns of wild-type parasites were similar regardless of the supplement conditions (Figure 2C) and did not show the distinct differences observed between wild-type parasites and supplemented mutants in Figure 2A.

To summarize, we show that $\Delta spdsyn$ mutants achieved higher cell densities than Δodc mutants, but plateaued at levels far below wild-type or supplemented cultures. Supplemented mutant cells maintained stable counts through week two, while wild-type cells declined, showing a distinct difference in growth dynamics.

3.2. Putrescine Is Essential for DNA Synthesis and Replication

To investigate whether polyamine depletion affects DNA replication and potentially contributes to the growth arrest of Δodc parasites, we measured BrdU incorporation as a marker of DNA synthesis. Wild-type and supplemented mutant cells exhibited proficient BrdU incorporation, with no significant differences between them (Figure 3). In contrast, Δodc mutants grown in polyamine-free media showed virtually no BrdU incorporation, which was comparable to the no-cell control and significantly less than that of Δodc mutants in 100 µM putrescine (p < 0.0001) (Figure 3). Although $\Delta spdsyn$ mutants in polyamine-free media displayed some BrdU incorporation, it was significantly less than that of mutants in 100 µM spermidine (p = 0.0242) (Figure 3). The lack of DNA synthesis in Δodc mutants and the limited DNA synthesis in $\Delta spdsyn$ mutants grown in polyamine-free media corresponded to their respective growth phenotypes, as illustrated in Figure 2A,B.



Figure 3. DNA synthesis in wild-type and mutant cell lines. DNA synthesis was assessed by measuring BrdU incorporation. The optical density, representative of BrdU incorporation levels, is displayed for wild-type cells (WT), Δodc mutants supplemented with 100 μ M putrescine, $\Delta spdsyn$ mutants supplemented with 100 μ M spermidine, and Δodc and $\Delta spdsyn$ mutants incubated in polyamine-free media. The experiment was performed twice in biological triplicate (n = 6). Statistical significance is represented as follows: * $p \leq 0.05$, and **** $p \leq 0.0001$.

3.3. Putrescine Depletion Reduces Metabolism

To investigate if polyamine deprivation reduces metabolic activity, the conversion of resazurin to the fluorescent compound resorufin via intracellular reductases was measured. Measurements were taken on days 3 and 4, when parasites underwent robust logarithmic growth (Figure 2A). No statistically significant differences were observed between wild-type cells and supplemented mutants (Figure 4). However, the results show a significant reduction in metabolism in the Δodc mutants incubated in polyamine-free media compared to those incubated in 100 µM putrescine (p = 0.0023 for day 3, p = 0.0019 for day 4) as well as to wild-type and $\Delta spdsyn$ parasites (Figure 4). In contrast, no significant difference in resazurin conversion was observed in $\Delta spdsyn$ mutants incubated in polyamine-free media compared to those grown in 100 µM spermidine (Figure 4). In summary, resazurin conversion showed that wild-type cells, supplemented Δodc mutants, and $\Delta spdsyn$ mutants (in both polyamine-free and -supplemented media) exhibited similar metabolic activity on days 3 and 4, while the metabolism was significantly reduced in Δodc mutants under polyamine deprivation.



Figure 4. Metabolic activity of wild-type and mutant cell lines. Fluorescence units per cell, reflecting the conversion of resazurin to resorufin as a measure of metabolic activity, are shown. Fluorescence was measured in wild-type parasites (WT), Δodc mutants incubated in either 100 µM putrescine-supplemented or polyamine-free media, and $\Delta spdsyn$ mutants incubated in either 100 µM spermidine-supplemented or polyamine-free media. The experiment was performed three times in technical triplicate (n = 9). Statistical significance is represented as follows: ns (not significant) and ** $p \leq 0.01$.

3.4. Polyamine Depletion Affects Mitochondrial Membrane Potential

To assess whether the mitochondrial potential is compromised in polyamine-starved mutant cell lines, we employed JC-1, a commonly used dye for evaluating mitochondrial membrane potentials. JC-1 selectively accumulates and aggregates in mitochondria, shifting its emission color from green to red as the membrane potential increases. A higher red-to-green fluorescence ratio (590:530) indicates a healthy or hyperpolarized mitochondrial membrane potential, whereas a lower ratio signifies depolarization.

We validated our method using CCCP, a known mitochondrial uncoupler. As expected, CCCP treatment caused a shift from red to green fluorescence, resulting in ~60% lower aggregate-to-monomer ratio in wild-type cells (Figure 5). Throughout the experiment, the aggregate-to-monomer ratios of the Δodc and $\Delta spdsyn$ mutants in media supplemented

with putrescine or spermidine, respectively, remained similar to that of wild-type parasites, with minor but insignificant variability observed (Figure 5).



Figure 5. Mitochondrial membrane potential in wild-type and mutant parasites as monitored by JC-1 aggregate-to-monomer ratios. Wild-type parasites (WT), *Δodc* mutants cultured in either 100 μ M putrescine-supplemented or polyamine-free media, and *Δspdsyn* mutants cultured in either 100 μ M spermidine-supplemented or polyamine-free media were analyzed after 3, 4, and 8 days. The 590:530 fluorescence ratio was calculated for each data point as the aggregate-to-monomer ratio. The wild-type aggregate-to-monomer ratio was set to 1 as a baseline, allowing for the ratios of other cell lines and conditions to be normalized relative to this reference. The experiment was performed four times (n = 4). Statistical significance is represented as follows: ns (not significant), * $p \le 0.05$, ** $p \le 0.001$, and **** $p \le 0.0001$.

In contrast, the Δodc parasites incubated in polyamine-free media showed an increased aggregate-to-monomer ratio compared to those supplemented with putrescine (Figure 5). Although the ratios were similar between the two groups on day 3, a significant difference appeared on day 4 (p = 0.0038) and became even more pronounced by day 8 ($p \le 0.0001$). A comparable increase in aggregate-to-monomer ratio was observed in $\Delta spdsyn$ mutants in polyamine-free media relative to those in spermidine-supplemented media across all sample days (p = 0.0020 on day 3, p = 0.0138 on day 4, and p = 0.0008 on day 8). The observed elevated aggregate-to-monomer ratio in polyamine-starved Δodc and $\Delta spdsyn$ mutants indicates hyperpolarized mitochondrial membranes.

Overall, these results suggest that both mutant cell lines exhibited altered mitochondrial membrane potential in polyamine-free conditions compared to wild-type and supplemented mutants.

3.5. Putrescine Depletion Triggers DNA Fragmentation

Because mitochondrial dysfunction can be a sign of apoptosis, we investigated if DNA fragmentation, a hallmark of apoptosis, occurred in the polyamine-starved cell lines. A TUNEL assay was used to detect free hydroxyl ends produced during DNA degradation by endonucleases.

Wild-type cells showed no DNA degradation on day 4 or 7, but exhibited DNA degradation on day 10 when they experienced general nutrient deprivation (Figure 6). Some degradation was also observed by day 10 in the supplemented Δodc mutants but surprisingly minimal DNA degradation was seen in the supplemented $\Delta spdsyn$ parasites. Notably, on day 10, the percentage of DNA degradation in wild-type parasites was significantly higher compared to that of supplemented $\Delta spdsyn$ mutants (p = 0.003).



Figure 6. Percentage of cells with DNA fragmentation assessed by flow cytometry and TUNEL analysis. Wild-type parasites (WT), Δodc mutants cultured in either 100 µM putrescine-supplemented or polyamine-free media, and $\Delta spdsyn$ mutants cultured in either 100 µM spermidine-supplemented or polyamine-free media were analyzed. Each cell line was analyzed after 4, 7, and 10 days. The experiment was performed four times (n = 4). Statistical significance is represented as follows: ns (not significant) and **** $p \leq 0.0001$.

DNA fragmentation was markedly increased in Δodc mutants incubated in polyaminefree media throughout the entire incubation period (Figure 6). In comparison to Δodc mutants supplemented with polyamines, the difference was highly significant, with p < 0.0001observed on days 4, 7, and 10. In contrast, $\Delta spdsyn$ mutants exhibited only a slight statistically insignificant increase in DNA degradation compared to their counterparts incubated in spermidine-supplemented media.

To summarize, Δodc mutants incubated in polyamine-free media exhibited consistently high levels of DNA fragmentation throughout the experiment, strikingly exceeding those observed in their supplemented counterparts. Remarkably, the $\Delta spdsyn$ mutants supplemented with spermidine demonstrated minimal DNA fragmentation, even at day 10—a time point by which substantial DNA degradation was evident across all other cell lines and conditions.

3.6. Polyamine Deprivation Causes Membrane Modifications

We used Annexin V and PI staining in flow cytometry to differentiate live, apoptotic, necrotic, and late apoptotic/necrotic cells based on membrane integrity and phosphatidylserine (PS) exposure. Wild-type cells, Δodc mutants (with or without putrescine supplementation), and $\Delta spdsyn$ mutants (with or without spermidine supplementation) were incubated for 14 days, with samples analyzed on day 3 or 4, day 7, and day 14. On day 3 or 4, less than 2% of cells were Annexin V-positive and PI-negative, indicating minimal apoptosis (Figure 7, Table 1). By day 7, the percentage of apoptotic cells remained low (below 3%) in wild-type cells, putrescine-supplemented Δodc mutants, and $\Delta spdsyn$ mutants, regardless of spermidine supplementation. In contrast, Δodc mutants grown in polyamine-free media showed a significantly (p = 0.0064) higher rate of apoptosis at 6.62%, compared to 1.19% in putrescine-supplemented Δodc mutants. This difference was even more profound by day 14 (p < 0.0001), with Δodc mutants grown in polyamine-free media exhibiting 33.43% apoptotic cells, compared to a low percentage of 0.29% in supplemented Δodc mutants. A more modest but statistically significant (p = 0.0278) increase in apoptosis was observed in $\Delta spdsyn$ mutants incubated in polyamine-free media, 6.52%, compared to those with spermidine supplementation, where apoptosis remained at 0.58%.



Figure 7. Percent of apoptotic cells as assessed by Annexin V and propidium iodide (PI) staining. The percentage of parasites that stained positive for Annexin V (indicating early apoptosis) and negative for PI (indicating membrane integrity) is shown. Wild-type parasites (WT), Δodc mutants in either 100 μ M putrescine-supplemented or polyamine-free media, and $\Delta spdsyn$ mutants in either 100 μ M spermidine-supplemented or polyamine-free media were analyzed. Samples were collected on days 3 or 4, 7, and 14 of the experiment. The experiment was performed four times (n = 4). Statistical significance is represented as follows: ns (not significant), * $p \leq 0.05$, and **** $p \leq 0.0001$.

Analysis of Annexin V-negative PI-negative cells, indicating live parasites, revealed a notably high percentage of live cells, 72.73%, in $\Delta spdsyn$ mutants incubated in polyamine-free media at day 14 (Table 1). In contrast, wild-type cells and $\Delta spdsyn$ and Δodc mutants grown with polyamine supplementation showed less than 10% in live cells, with Δodc mutants incubated in polyamine-free media displaying 15.68% in PI-negative cells.

Collectively, flow cytometry analysis using Annexin V and PI staining showed that Δodc mutants incubated in polyamine-free media had significantly higher levels of apoptosis over time compared to mutants with polyamine supplementation. In addition, $\Delta spdsyn$ mutants in polyamine-free media displayed a much higher percentage of live cells at day 14 than wild-type cells and supplemented mutants.

Day	Cell Line	Apoptotic (AnnexinV+/PI–)	Live (AnnexinV–/PI–)	Late Apoptosis/Necrotic (AnnexinV+/PI+)	Necrotic (AnnexinV–/PI+)
Day 3–4	WT	0.25 ± 0.09	96.78 ± 1.85	1.56 ± 0.62	1.43 ± 1.31
	Δodc + put.	0.4 ± 0.16	97.48 ± 0.49	1.26 ± 0.64	0.9 ± 0.28
	Δodc	1.82 ± 1.87	88.28 ± 9.81	6.73 ± 7.61	3.19 ± 2.39
	$\Delta spdsyn + spd.$	0.26 ± 0.14	97.8 ± 0.64	1 ± 0.21	0.96 ± 0.59
	Δspdsyn	0.47 ± 0.23	96.13 ± 0.34	2.03 ± 0.73	1.38 ± 0.91
Day 7	WT	1.52 ± 1.08	77.1 ± 12.09	16.21 ± 10.54	5.19 ± 1.7
	$\Delta odc + put.$	1.19 ± 0.63	68.73 ± 16.09	19.34 ± 9.03	10.79 ± 7.84
	Δodc	6.62 ± 3.82	74.6 ± 6.03	13.13 ± 3.05	5.69 ± 1.84
	$\Delta spdsyn + spd.$	1.55 ± 1.28	68.13 ± 15.75	24.7 ± 12.79	5.67 ± 3.94
	Δspdsyn	2.64 ± 1.32	82.23 ± 8.03	9.88 ± 7.82	5.27 ± 2.39
Day 14	WT	0.26 ± 0.17	0.19 ± 0.23	87.23 ± 7.64	12.33 ± 7.57
	$\Delta odc + put.$	0.29 ± 0.2	4.39 ± 6.09	78.53 ± 13.96	16.75 ± 9.29
	Δodc	33.43 ± 3.42	15.68 ± 5.97	37.1 ± 11.8	13.75 ± 6.78
	$\Delta spdsyn + spd.$	0.58 ± 0.7	9.93 ± 13.91	79.3 ± 12.42	10.19 ± 2.51
	Δspdsyn	6.52 ± 2.18	72.73 ± 20.88	13.34 ± 13.06	7.45 ± 5.83

Table 1. Percentage of parent cell population in each gated quadrant of Annexin V/propidium iodide(PI) double staining.

Values are presented with standard deviation (n = 4). Bolded are the highest percentages within each cell line and condition on every sample day.

4. Discussion

Although recent studies have underscored the critical nature of polyamines in *Leishma-nia* parasites [28,36,44,74–76], their specific functions remain largely unexplored. Putrescine has emerged as a critical metabolite that has essential functions beyond its role as precursor for spermidine formation [71,77]. *L. donovani* polyamine pathway mutants provide valuable tools to investigate the roles of putrescine, since, under polyamine-free conditions, residual spermidine levels remain comparably low in both lines, while putrescine depletes rapidly in Δodc mutants and accumulates in $\Delta spdsyn$ mutants [71].

Our findings suggest that putrescine depletion has a direct impact on growth, replication, metabolism, and type of cell death. The depletion of putrescine in the Δodc mutants incubated in polyamine-free media led to an immediate cessation of proliferation and DNA replication upon polyamine withdrawal, while $\Delta spdsyn$ mutants grown in polyamine-free media presented a less severe growth and replication impairment (Figures 2 and 3). Notably, Δodc mutants exhibited a substantial metabolic decline, unlike the $\Delta spdsyn$ mutants (Figure 4), suggesting a more critical role for putrescine in cellular metabolism. Although both mutants showed a hyperpolarization of the mitochondrial membrane potential in polyamine-free media (Figure 5), only the Δodc cells exhibited a significant increase in the apoptosis-like indicators, DNA fragmentation and Annexin V staining (Figures 6 and 7).

Cell growth data over 11 days (Figure 2A) insinuate that the elevated polyamine levels present in the supplemented Δodc and $\Delta spdsyn$ mutants (Figure 8) [71] may provide protection and bolster cell survival during stress conditions. Our results show that in the second week of incubation, the supplemented Δodc and $\Delta spdsyn$ mutants had slightly higher cell numbers compared to wild-type parasites, suggesting greater resilience under nutrient-depleted conditions. This trend was further supported by the absence of PI staining (Table 1), which indicated that, by day 14, only 0.19% of wild-type cells remained viable, whereas 4.39% and 9.93% of the supplemented Δodc and $\Delta spdsyn$ mutants, respectively, were still alive. However, adding polyamines (either 500 µM putrescine, 500 µM spermidine, or both) to the media did not increase the cell numbers of wild-type parasites (Figure 2C). This might indicate that wild-type parasites, which can synthesize adequate polyamines for their growth and survival, do not readily import additional polyamines. While *Leishmania*

parasites possess polyamine transporters [78–81], and the polyamine pathway mutants rely on these transport systems for survival (Figure 2) [43–46,71], little is known about the regulation of polyamine transport. An alternative explanation for the enhanced resilience in the supplemented mutants could be other cellular or metabolic adaptations that occurred due to gene deletion events.



Figure 8. Model of cellular impairments due to putrescine depletion over time. Putrescine depletion in Δ*odc* mutants led to profound cellular health impairments. DNA replication and cell proliferation ceased immediately upon polyamine withdrawal. By day 3, mitochondrial dysfunction was evident, marked by a decrease in reductive capacity and mitochondrial membrane hyperpolarization. DNA fragmentation was observed on day 4, and membrane modifications began on day 7 and progressively worsened, ultimately leading to an apoptosis-like cell death. Created in BioRender. Johnston, J. (2024) https://BioRender.com/q18x404 (accessed on 17 December 2024).

Previous studies have shown that $\Delta spdsyn$ parasites can enter a quiescent-like state and survive for up to six weeks in polyamine-free media [71]. Our findings support these observations, as we found that a substantial proportion of $\Delta spdsyn$ parasites remained viable even after prolonged incubation in polyamine-free media, as indicated by lack of PI staining (Table 1). Specifically, after 14 days, 72.73% of the cells were alive, a much higher percentage than observed in wild-type parasites, spermidine-supplemented $\Delta spdsyn$ mutants, or in Δodc parasites, regardless of putrescine supplementation.

The persistence or quiescence of *Leishmania* and related parasites has gained attention due to its links to treatment failure, relapse, and chronic disease [20–23,82–84]. Understanding quiescence mechanisms could lead to better treatment paradigms and reduced relapse rates. Both supplemented Δodc and $\Delta spdsyn$ mutants and $\Delta spdsyn$ mutants incubated in polyamine-free media exhibited persistence-like traits, characterized by stable cell numbers (Figure 2) and/or higher percentages of viable cells (Table 1). These traits were associated with significantly elevated putrescine levels, but variable spermidine pools [71]. Specifically, supplemented Δodc mutants show roughly twice the putrescine levels of wild-type cells, but similar spermidine levels. In contrast, supplemented $\Delta spdsyn$ mutants have about three times as much putrescine and twice as much spermidine as wild-type parasites. Meanwhile, $\Delta spdsyn$ parasites incubated in polyamine-free media display reduced spermidine levels, but their putrescine content is five times higher than that of wild-type parasites. Taken together, these findings suggest that elevated putrescine levels may play a role in promoting parasite persistence. In contrast, the Δodc mutants in polyamine-free media, which do not persist in culture, exhibit undetectable levels of putrescine.

16 of 23

The ability of mutant parasites to proliferate in polyamine-free media (Figure 2) closely aligned with their replication profile (Figure 3). The Δodc mutants were unable to synthesize DNA and showed no cell growth, while the $\Delta spdsyn$ mutants exhibited limited DNA replication and low levels of proliferation. These findings suggest that putrescine is important for DNA synthesis. Because DNA replication is required for cell division, this impairment alone could account for the growth deficit observed in the putrescine-depleted Δodc mutants (Figure 2).

To evaluate metabolic activity in the mutant cell lines, we used resazurin assays, which measure the reduction in resazurin to the fluorescent compound resorufin by cellular dehydrogenases in the presence of NADH or NADPH [85,86]. This reaction serves as an indirect indicator of mitochondrial health, as the majority of NADH is typically produced in mitochondria through energy-generating pathways such as the TCA cycle and oxidative phosphorylation [87,88]. The Δodc parasites cultured in polyamine-free media exhibited significantly reduced metabolic activity compared to wild-type parasites and supplemented Δodc mutants (Figure 4). In contrast, $\Delta spdsyn$ parasites showed metabolic activity comparable to wild-type parasites, regardless of polyamine supplementation (Figure 4). These findings suggest that reduced spermidine levels in $\Delta spdsyn$ mutants do not compromise cellular and mitochondrial metabolisms. However, maintaining intracellular levels of putrescine appears to be important for metabolic activity, overall cell health, and potentially mitochondrial function.

A critical role of putrescine in mitochondrial function and integrity in *Leishmania* parasites has previously been reported. The ODC inhibitor 1, 4-diamino-2-butanone reduces intracellular polyamine levels and causes structural and functional mitochondrial damage in both *Leishmania* and the related parasite *Trypanosoma cruzi* [58,89]. Notably, trypanosomatid parasites, like *Leishmania*, are especially vulnerable to mitochondrial dysfunction because they have only a single mitochondrion per cell, making this organelle critical for parasite survival and a potential target for therapeutic intervention [90,91].

To further investigate whether putrescine depletion in Δodc mutants impacts mitochondrial function, we assessed mitochondrial membrane potential using JC-1, a cationic membrane-permeable dye commonly employed for this purpose [92–95]. Both mutant cell lines exhibited an altered mitochondrial membrane potential under polyamine-free conditions compared to wild-type and supplemented mutants, with a higher aggregateto-monomer ratio indicative of hyperpolarization (Figure 5). While mitochondrial depolarization is often linked to dysfunction, as it disrupts ion gradients and ATP production, hyperpolarization can also signal stress and contribute to cell death. A recent publication reported that hypericin, whose main mechanism of action is the inhibition of SPDSYN, induces mitochondrial membrane hyperpolarization and cell death in *L. donovani* [76]. Mitochondrial hyperpolarization, induced by the inhibition of F0-F1 ATP synthase or complex *I*, has been shown to cause increased reactive oxygen species production and programmed cell death in *Leishmania* parasites [96–98].

Reduced metabolic activity was observed exclusively in putrescine-depleted Δodc mutants, but not in $\Delta spdsyn$ mutants, when both were incubated in polyamine-free media (Figure 4). In contrast, mitochondrial hyperpolarization was observed in both mutant cell lines under these conditions (Figure 5). This observation suggests that mitochondrial hyperpolarization is likely driven by the low spermidine levels shared by both mutants. Spermidine may play an important role in sustaining mitochondrial membrane potential through electron transport chain activity, while putrescine appears to be critical for maintaining cellular reducing power, potentially through its influence on NAD(P)H levels and/or NAD(P)H dehydrogenase activity.

In mammalian cells, spermidine has been shown to directly enhance mitochondrial health by improving mitochondrial respiration, membrane potential, and ATP production [99–102]. Additionally, spermidine-mediated hypusination of eIF5A plays a crucial role in maintaining mitochondrial function, as lower levels of hypusinated eIF5A are associated with reduced oxygen consumption and ATP generation [103–105]. While it is unknown to what extent these mechanisms occur in *Leishmania* parasites, the low spermidine levels in the mutant cell lines likely lead to reduced eIF5A hypusination, which may in turn

to mammalian cells. Because mitochondrial dysfunction can lead to an apoptosis-like phenotype [98,106–108], we examined other hallmarks of apoptosis. DNA fragmentation and membrane modifications, driven by endonuclease-mediated cleavage of chromosomal DNA and the externalization of phospholipids such as phosphatidylserine, are central features of apoptosis, and both of these mechanisms have been previously described in *Leishmania* parasites [109–112]. While phosphatidylserine itself has been reported to be absent in *Leishmania* parasites, similar phospholipids appear to perform an analogous role, as Annexin V staining—used to detect phosphatidylserine externalization—has been observed in numerous studies of these organisms [110–113].

contribute to the impairment of mitochondrial health and respiration in a similar manner

DNA fragmentation was detected within the first week of incubating Δodc mutants in polyamine-free media (Figure 6), followed by membrane modifications observed during the second week of putrescine starvation (Figure 7). These findings suggest that putrescine depletion induced an apoptosis-like death phenotype. While both Δodc and $\Delta spdsyn$ mutants incubated in polyamine-free media underwent mitochondrial hyperpolarization (Figure 5), the apoptosis phenotype was only observed in the Δodc mutants, perhaps indicating that the elevated putrescine levels in the $\Delta spdsyn$ mutants protected the cells from undergoing programmed cell death. Similarly, supplemented $\Delta spdsyn$ mutants demonstrated significantly lower levels of DNA fragmentation after 10 days of incubation compared to other cell lines and conditions (Figure 6). This protective effect may have been due to the elevated intracellular polyamine levels.

The concept of programmed cell death in single-cell protozoan parasites like Leishmania remains intriguing and controversial, given that a single-celled organism may not seem to require such a process [109,110,112,114]. Current hypotheses include the idea that apoptosis may benefit the population as a whole by avoiding hyperparasitism or the immune response in the host [109,110,114–116]. Although *Leishmania* lacks classic apoptotic proteins, and signaling pathways have not been identified, the parasite shows evidence of apoptosis-like characteristics, including mitochondrial dysfunction, DNA fragmentation, membrane modifications, cell shrinkage, and rounding [109–112,114]. This insinuates that apoptosis in *Leishmania* and other protozoan parasites may represent a rudimentary or primitive evolutionary precursor to the more complex forms of cell death observed in multicellular organisms [109,116,117]. Nonetheless, further research into Leishmania apoptosis holds promise for uncovering novel targets for drug development and therapeutic intervention [109,110]. The Δodc cell line, in particular, may serve as a valuable tool for exploring the molecular mechanisms underlying programmed cell death. Notably, most prior studies have focused on apoptosis induced by drugs, whereas gene deletion mutants like Δodc , which exhibit intrinsic apoptotic features, could provide a more precise and controlled model for understanding these processes.

The limitations of the studies presented here include uncertainty about whether the observed effects are directly linked to putrescine depletion or occur as a result of cellular stress induced by putrescine starvation. Additionally, there was some inherent variability across cell lines and conditions, particularly in the DNA fragmentation and membrane

18 of 23

modification assays. This variability may result from polyamine-starved parasites forming a heterogeneous population, with individual cells exhibiting distinct responses. Furthermore, these studies were conducted in the promastigote stage, highlighting the need for future research in the medically relevant amastigote stage.

5. Conclusions

Our findings, combined with previously published observations [71], provide a better understanding of the functions of putrescine. A key insight is that putrescine depletion triggers both early and late cellular changes (Figure 8). Early changes, observed within the first two days of starvation, include growth arrest, cessation of DNA replication, and morphological alterations, followed by reduced metabolism, mitochondrial dysfunction, and DNA fragmentation. By the second week of starvation, membrane modifications, another hallmark of an apoptosis-like cell death, emerged. Notably, these effects are specific to putrescine depletion and are not observed with general nutrient starvation. Together, these findings highlight the essential roles of putrescine in DNA replication, cellular proliferation, and metabolism. Moreover, they offer a plausible explanation for the more pronounced effects of the Δodc gene deletion on in vivo infectivity compared to deletions in other polyamine pathway enzymes [44,45,77]. In conclusion, our studies support the idea that the polyamine biosynthetic pathway in *Leishmania* is a promising therapeutic target, with ODC standing out as a key target for therapeutic development.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/pathogens14020137/s1, Figure S1: Proliferation of wild-type and mutant parasites in response to polyamine availability.

Author Contributions: Conceptualization, S.C.R. and N.S.C.; methodology, S.C.R., J.J., J.T., and S.N.; validation, S.C.R., J.J., and J.T.; formal analysis, S.C.R., J.J., and J.T.; investigation, J.J., J.T., S.N., A.G.-G., Y.L.A., S.K., T.P., K.K., and J.-F.L.; data curation, S.C.R., J.J., J.T., and S.N; writing—original draft preparation, S.C.R., J.J., and J.T.; writing—review and editing, S.C.R., J.J., J.T., and N.S.C.; visualization, S.C.R., J.J., and J.T.; supervision, S.C.R.; project administration, S.C.R.; funding acquisition, S.C.R. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the National Institute of Allergy and Infectious Diseases (NIAID) of the National Institutes of Health (NIH) under award number R15AI151980. A.G.-G. was funded by an American Society of Pharmacology and Experimental Therapeutics (ASPET) Summer Undergraduate Research Fellowship (SURF).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this study are available on request from the corresponding author due to the large volume or specialized format of the raw data, requiring specialized data sharing.

Acknowledgments: The authors used OpenAI's ChatGPT-4 to improve the readability and clarity of this manuscript. All final content and responsibility for the manuscript remain with the authors.

Conflicts of Interest: Author Yvette L. Anderson was a student at Pacific University when she contributed to the study, she is now employed by GSK. The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

References

- 1. Grifferty, G.; Shirley, H.; McGloin, J.; Kahn, J.; Orriols, A.; Wamai, R. Vulnerabilities to and the Socioeconomic and Psychosocial Impacts of the Leishmaniases: A Review. *Res. Rep. Trop. Med.* **2021**, *12*, 135–151. [CrossRef] [PubMed]
- Mathison, B.A.; Bradley, B.T. Review of the Clinical Presentation, Pathology, Diagnosis, and Treatment of Leishmaniasis. *Lab. Med.* 2023, 54, 363–371. [CrossRef]
- 3. World Health Organization. Leishmaniasis. Available online: https://www.who.int/news-room/fact-sheets/detail/ leishmaniasis (accessed on 15 December 2024).
- Torres-Guerrero, E.; Quintanilla-Cedillo, M.R.; Ruiz-Esmenjaud, J.; Arenas, R. Leishmaniasis: A review. F1000Research 2017, 6, 750. [CrossRef]
- 5. Alvar, J.; Yactayo, S.; Bern, C. Leishmaniasis and poverty. Trends Parasitol. 2006, 22, 552–557. [CrossRef]
- 6. Bamorovat, M.; Sharifi, I.; Khosravi, A.; Aflatoonian, M.R.; Agha Kuchak Afshari, S.; Salarkia, E.; Sharifi, F.; Aflatoonian, B.; Gharachorloo, F.; Khamesipour, A.; et al. Global Dilemma and Needs Assessment Toward Achieving Sustainable Development Goals in Controlling Leishmaniasis. J. Epidemiol. Glob. Health 2024, 14, 22–34. [CrossRef] [PubMed]
- 7. Burza, S.; Croft, S.L.; Boelaert, M. Leishmaniasis. Lancet 2018, 392, 951–970. [CrossRef]
- 8. Hotez, P.J. The rise of leishmaniasis in the twenty-first century. Trans. R. Soc. Trop. Med. Hyg. 2018, 112, 421–422. [CrossRef]
- 9. Curtin, J.M.; Aronson, N.E. Leishmaniasis in the United States: Emerging Issues in a Region of Low Endemicity. *Microorganisms* **2021**, *9*, 578. [CrossRef]
- 10. Mann, S.; Frasca, K.; Scherrer, S.; Henao-Martinez, A.F.; Newman, S.; Ramanan, P.; Suarez, J.A. A Review of Leishmaniasis: Current Knowledge and Future Directions. *Curr. Trop. Med. Rep.* **2021**, *8*, 121–132. [CrossRef] [PubMed]
- 11. McIlwee, B.E.; Weis, S.E.; Hosler, G.A. Incidence of Endemic Human Cutaneous Leishmaniasis in the United States. *JAMA Dermatol.* **2018**, *154*, 1032–1039. [CrossRef]
- 12. Montaner-Angoiti, E.; Llobat, L. Is leishmaniasis the new emerging zoonosis in the world? *Vet. Res. Commun.* **2023**, 47, 1777–1799. [CrossRef] [PubMed]
- 13. Nepal, B.; McCormick-Baw, C.; Patel, K.; Firmani, S.; Wetzel, D.M. Cutaneous Leishmania mexicana infections in the United States: Defining strains through endemic human pediatric cases in northern Texas. *mSphere* **2024**, *9*, e0081423. [CrossRef] [PubMed]
- 14. Ikeogu, N.M.; Akaluka, G.N.; Edechi, C.A.; Salako, E.S.; Onyilagha, C.; Barazandeh, A.F.; Uzonna, J.E. Leishmania Immunity: Advancing Immunotherapy and Vaccine Development. *Microorganisms* **2020**, *8*, 1201. [CrossRef]
- 15. Kumari, D.; Perveen, S.; Sharma, R.; Singh, K. Advancement in leishmaniasis diagnosis and therapeutics: An update. *Eur. J. Pharmacol.* **2021**, *910*, 174436. [CrossRef] [PubMed]
- Le Pape, P. Development of new antileishmanial drugs—Current knowledge and future prospects. J. Enzyme Inhib. Med. Chem. 2008, 23, 708–718. [CrossRef] [PubMed]
- 17. Pradhan, S.; Schwartz, R.A.; Patil, A.; Grabbe, S.; Goldust, M. Treatment options for leishmaniasis. *Clin. Exp. Dermatol.* 2022, 47, 516–521. [CrossRef]
- 18. Saini, I.; Joshi, J.; Kaur, S. Leishmania vaccine development: A comprehensive review. *Cell Immunol.* **2024**, 399–400, 104826. [CrossRef]
- 19. Sasidharan, S.; Saudagar, P. Leishmaniasis: Where are we and where are we heading? *Parasitol. Res.* **2021**, *120*, 1541–1554. [CrossRef] [PubMed]
- Barrett, M.P.; Kyle, D.E.; Sibley, L.D.; Radke, J.B.; Tarleton, R.L. Protozoan persister-like cells and drug treatment failure. *Nat. Rev. Microbiol.* 2019, 17, 607–620. [CrossRef] [PubMed]
- Jara, M.; Arevalo, J.; Llanos-Cuentas, A.; den Broeck, F.V.; Domagalska, M.A.; Dujardin, J.C. Unveiling drug-tolerant and persisterlike cells in Leishmania braziliensis lines derived from patients with cutaneous leishmaniasis. *Front. Cell. Infect. Microbiol.* 2023, 13, 1253033. [CrossRef]
- 22. Mandell, M.A.; Beverley, S.M. Continual renewal and replication of persistent Leishmania major parasites in concomitantly immune hosts. *Proc. Natl. Acad. Sci. USA* 2017, *114*, E801–E810. [CrossRef] [PubMed]
- Roy, K.; Ghosh, S.; Karmakar, S.; Mandal, P.; Hussain, A.; Dutta, A.; Pal, C. Inverse correlation between Leishmania-induced TLR1/2 and TGF-beta differentially regulates parasite persistence in bone marrow during the chronic phase of infection. *Cytokine* 2024, 185, 156811. [CrossRef] [PubMed]
- 24. Alvarez-Rodriguez, A.; Jin, B.K.; Radwanska, M.; Magez, S. Recent progress in diagnosis and treatment of Human African Trypanosomiasis has made the elimination of this disease a realistic target by 2030. *Front. Med.* **2022**, *9*, 1037094. [CrossRef] [PubMed]
- Hidalgo, J.; Ortiz, J.F.; Fabara, S.P.; Eissa-Garces, A.; Reddy, D.; Collins, K.D.; Tirupathi, R. Efficacy and Toxicity of Fexinidazole and Nifurtimox Plus Eflornithine in the Treatment of African Trypanosomiasis: A Systematic Review. *Cureus* 2021, 13, e16881. [CrossRef] [PubMed]

- 26. LoGiudice, N.; Le, L.; Abuan, I.; Leizorek, Y.; Roberts, S.C. Alpha-Difluoromethylornithine, an Irreversible Inhibitor of Polyamine Biosynthesis, as a Therapeutic Strategy against Hyperproliferative and Infectious Diseases. *Med. Sci.* **2018**, *6*, 12. [CrossRef] [PubMed]
- 27. Perez-Pertejo, Y.; Garcia-Estrada, C.; Martinez-Valladares, M.; Murugesan, S.; Reguera, R.M.; Balana-Fouce, R. Polyamine Metabolism for Drug Intervention in Trypanosomatids. *Pathogens* **2024**, *13*, 79. [CrossRef]
- 28. Carter, N.S.; Kawasaki, Y.; Nahata, S.S.; Elikaee, S.; Rajab, S.; Salam, L.; Alabdulal, M.Y.; Broessel, K.K.; Foroghi, F.; Abbas, A.; et al. Polyamine Metabolism in Leishmania Parasites: A Promising Therapeutic Target. *Med. Sci.* **2022**, *10*, 24. [CrossRef] [PubMed]
- 29. Nakanishi, S.; Cleveland, J.L. Polyamine Homeostasis in Development and Disease. Med. Sci. 2021, 9, 28. [CrossRef]
- 30. Sagar, N.A.; Tarafdar, S.; Agarwal, S.; Tarafdar, A.; Sharma, S. Polyamines: Functions, Metabolism, and Role in Human Disease Management. *Med. Sci.* **2021**, *9*, 44. [CrossRef]
- 31. Wallace, H.M. The polyamines: Past, present and future. Essays Biochem. 2009, 46, 1–10. [CrossRef] [PubMed]
- 32. Xuan, M.; Gu, X.; Li, J.; Huang, D.; Xue, C.; He, Y. Polyamines: Their significance for maintaining health and contributing to diseases. *Cell Commun. Signal.* **2023**, *21*, 348. [CrossRef] [PubMed]
- 33. Abirami, M.; Karan Kumar, B.; Faheem; Dey, S.; Johri, S.; Reguera, R.M.; Balana-Fouce, R.; Gowri Chandra Sekhar, K.V.; Sankaranarayanan, M. Molecular-level strategic goals and repressors in Leishmaniasis—Integrated data to accelerate target-based heterocyclic scaffolds. *Eur. J. Med. Chem.* **2023**, 257, 115471. [CrossRef]
- 34. Carter, N.S.; Stamper, B.D.; Elbarbry, F.; Nguyen, V.; Lopez, S.; Kawasaki, Y.; Poormohamadian, R.; Roberts, S.C. Natural Products That Target the Arginase in Leishmania Parasites Hold Therapeutic Promise. *Microorganisms* **2021**, *9*, 267. [CrossRef] [PubMed]
- Rodrigues, I.A.; Garcia, A.R.; Paz, M.M.; Grilo Junior, R.G.D.; Amaral, A.C.F.; Pinheiro, A.S. Polyamine and Trypanothione Pathways as Targets for Novel Antileishmanial Drugs. In *Antiprotozoal Drug Development and Delivery*; Vermelho, A.B., Supuran, C.T., Eds.; Springer International Publishing: Cham, Switzerland, 2022; pp. 143–180. [CrossRef]
- 36. Santiago-Silva, K.M.; Camargo, P.G.; Bispo, M.L.F. Promising Molecular Targets Related to Polyamine Biosynthesis in Drug Discovery against Leishmaniasis. *Med. Chem.* **2022**, *19*, 2–9. [CrossRef] [PubMed]
- 37. Chawla, B.; Jhingran, A.; Singh, S.; Tyagi, N.; Park, M.H.; Srinivasan, N.; Roberts, S.C.; Madhubala, R. Identification and characterization of a novel deoxyhypusine synthase in *Leishmania donovani*. J. Biol. Chem. **2010**, 285, 453–463. [CrossRef]
- Chawla, B.; Kumar, R.R.; Tyagi, N.; Subramanian, G.; Srinivasan, N.; Park, M.H.; Madhubala, R. A unique modification of the eukaryotic initiation factor 5A shows the presence of the complete hypusine pathway in *Leishmania donovani*. *PLoS ONE* 2012, 7, e33138. [CrossRef] [PubMed]
- 39. Park, M.H.; Lee, Y.B.; Joe, Y.A. Hypusine is essential for eukaryotic cell proliferation. Biol. Signals 1997, 6, 115–123. [CrossRef]
- 40. Fairlamb, A.H. Trypanothione metabolism and rational approaches to drug design. *Biochem. Soc. Trans.* **1990**, *18*, 717–720. [CrossRef] [PubMed]
- 41. Fairlamb, A.H.; Cerami, A. Metabolism and functions of trypanothione in the Kinetoplastida. *Annu. Rev. Microbiol.* **1992**, *46*, 695–729. [CrossRef]
- 42. Fyfe, P.K.; Oza, S.L.; Fairlamb, A.H.; Hunter, W.N. Leishmania trypanothione synthetase-amidase structure reveals a basis for regulation of conflicting synthetic and hydrolytic activities. *J. Biol. Chem.* **2008**, *283*, 17672–17680. [CrossRef]
- 43. Jiang, Y.; Roberts, S.C.; Jardim, A.; Carter, N.S.; Shih, S.; Ariyanayagam, M.; Fairlamb, A.H.; Ullman, B. Ornithine decarboxylase gene deletion mutants of *Leishmania donovani*. J. Biol. Chem. **1999**, 274, 3781–3788. [CrossRef] [PubMed]
- 44. Boitz, J.M.; Yates, P.A.; Kline, C.; Gaur, U.; Wilson, M.E.; Ullman, B.; Roberts, S.C. *Leishmania donovani* ornithine decarboxylase is indispensable for parasite survival in the mammalian host. *Infect. Immun.* **2009**, *77*, 756–763. [CrossRef]
- 45. Gilroy, C.; Olenyik, T.; Roberts, S.C.; Ullman, B. Spermidine synthase is required for virulence of *Leishmania donovani*. *Infect*. *Immun*. **2011**, *79*, 2764–2769. [CrossRef] [PubMed]
- 46. Roberts, S.C.; Jiang, Y.; Jardim, A.; Carter, N.S.; Heby, O.; Ullman, B. Genetic analysis of spermidine synthase from *Leishmania donovani*. *Mol. Biochem. Parasitol.* **2001**, *115*, 217–226. [CrossRef]
- Kropf, P.; Fuentes, J.M.; Fahnrich, E.; Arpa, L.; Herath, S.; Weber, V.; Soler, G.; Celada, A.; Modolell, M.; Muller, I. Arginase and polyamine synthesis are key factors in the regulation of experimental leishmaniasis in vivo. *FASEB J.* 2005, *19*, 1000–1002. [CrossRef] [PubMed]
- Igarashi, K.; Kashiwagi, K. Modulation of cellular function by polyamines. *Int. J. Biochem. Cell Biol.* 2010, 42, 39–51. [CrossRef]
 [PubMed]
- 49. Pegg, A.E. Mammalian polyamine metabolism and function. IUBMB Life 2009, 61, 880–894. [CrossRef] [PubMed]
- 50. Gradoni, L.; Iorio, M.A.; Gramiccia, M.; Orsini, S. In vivo effect of effornithine (DFMO) and some related compounds on Leishmania infantum preliminary communication. *Farmaco* **1989**, *44*, 1157–1166. [PubMed]
- 51. Mukhopadhyay, R.; Madhubala, R. Effect of a bis(benzyl)polyamine analogue, and DL-alpha-difluoromethylornithine on parasite suppression and cellular polyamine levels in golden hamster during *Leishmania donovani* infection. *Pharmacol. Res.* **1993**, *28*, 359–365. [CrossRef] [PubMed]

- 52. Olenyik, T.; Gilroy, C.; Ullman, B. Oral putrescine restores virulence of ornithine decarboxylase-deficient *Leishmania donovani* in mice. *Mol. Biochem. Parasitol.* **2011**, *176*, 109–111. [CrossRef] [PubMed]
- 53. Das, M.; Kumar, R.; Dubey, V.K. Ornithine decarboxylase of *Leishmania donovani*: Biochemical properties and possible role of N-terminal extension. *Protein Pept. Lett.* 2015, *22*, 130–136. [CrossRef]
- 54. Grover, A.; Katiyar, S.P.; Jeyakanthan, J.; Dubey, V.K.; Sundar, D. Mechanistic insights into the dual inhibition strategy for checking Leishmaniasis. *J. Biomol. Struct. Dyn.* **2012**, *30*, 474–487. [CrossRef] [PubMed]
- 55. Hazra, S.; Ghosh, S.; Das Sarma, M.; Sharma, S.; Das, M.; Saudagar, P.; Prajapati, V.K.; Dubey, V.K.; Sundar, S.; Hazra, B. Evaluation of a diospyrin derivative as antileishmanial agent and potential modulator of ornithine decarboxylase of *Leishmania donovani*. *Exp. Parasitol.* **2013**, *135*, 407–413. [CrossRef] [PubMed]
- Pandey, R.K.; Prajapati, P.; Goyal, S.; Grover, A.; Prajapati, V.K. Molecular Modeling and Virtual Screening Approach to Discover Potential Antileishmanial Inhibitors Against Ornithine Decarboxylase. *Comb. Chem. High. Throughput Screen.* 2016, 19, 813–823. [CrossRef] [PubMed]
- 57. Sheikh, S.Y.; Ansari, W.A.; Hassan, F.; Faruqui, T.; Khan, M.F.; Akhter, Y.; Khan, A.R.; Siddiqui, M.A.; Al-Khedhairy, A.A.; Nasibullah, M. Drug repositioning to discover novel ornithine decarboxylase inhibitors against visceral leishmaniasis. *J. Mol. Recognit.* 2023, *36*, e3021. [CrossRef]
- Vannier-Santos, M.A.; Menezes, D.; Oliveira, M.F.; de Mello, F.G. The putrescine analogue 1,4-diamino-2-butanone affects polyamine synthesis, transport, ultrastructure and intracellular survival in Leishmania amazonensis. *Microbiology* 2008, 154, 3104–3111. [CrossRef] [PubMed]
- 59. Das, M.; Singh, S.; Dubey, V.K. Novel Inhibitors of Ornithine Decarboxylase of Leishmania Parasite (LdODC): The Parasite Resists LdODC Inhibition by Overexpression of Spermidine Synthase. *Chem. Biol. Drug Des.* **2016**, *87*, 352–360. [CrossRef] [PubMed]
- Pawar, H.; Sahasrabuddhe, N.A.; Renuse, S.; Keerthikumar, S.; Sharma, J.; Kumar, G.S.; Venugopal, A.; Sekhar, N.R.; Kelkar, D.S.; Nemade, H.; et al. A proteogenomic approach to map the proteome of an unsequenced pathogen—*Leishmania donovani*. *Proteomics* 2012, 12, 832–844. [CrossRef]
- Adaui, V.; Schnorbusch, K.; Zimic, M.; Gutierrez, A.; Decuypere, S.; Vanaerschot, M.; S, D.E.D.; Maes, I.; Llanos-Cuentas, A.; Chappuis, F.; et al. Comparison of gene expression patterns among Leishmania braziliensis clinical isolates showing a different in vitro susceptibility to pentavalent antimony. *Parasitology* 2011, *138*, 183–193. [CrossRef]
- 62. Equbal, A.; Suman, S.S.; Anwar, S.; Singh, K.P.; Zaidi, A.; Sardar, A.H.; Das, P.; Ali, V. Stage-dependent expression and up-regulation of trypanothione synthetase in amphotericin B resistant *Leishmania donovani*. *PLoS ONE* **2014**, *9*, e97600. [CrossRef]
- 63. Mittal, M.K.; Rai, S.; Ashutosh; Ravinder; Gupta, S.; Sundar, S.; Goyal, N. Characterization of natural antimony resistance in *Leishmania donovani* isolates. *Am. J. Trop. Med. Hyg.* **2007**, *76*, 681–688. [CrossRef] [PubMed]
- 64. Decuypere, S.; Rijal, S.; Yardley, V.; De Doncker, S.; Laurent, T.; Khanal, B.; Chappuis, F.; Dujardin, J.C. Gene expression analysis of the mechanism of natural Sb(V) resistance in *Leishmania donovani* isolates from Nepal. *Antimicrob. Agents Chemother.* **2005**, *49*, 4616–4621. [CrossRef] [PubMed]
- 65. Gomez Perez, V.; Garcia-Hernandez, R.; Corpas-Lopez, V.; Tomas, A.M.; Martin-Sanchez, J.; Castanys, S.; Gamarro, F. Decreased antimony uptake and overexpression of genes of thiol metabolism are associated with drug resistance in a canine isolate of Leishmania infantum. *Int. J. Parasitol. Drugs Drug Resist.* **2016**, *6*, 133–139. [CrossRef] [PubMed]
- 66. Wyllie, S.; Vickers, T.J.; Fairlamb, A.H. Roles of trypanothione S-transferase and tryparedoxin peroxidase in resistance to antimonials. *Antimicrob. Agents Chemother.* **2008**, *52*, 1359–1365. [CrossRef] [PubMed]
- 67. Canuto, G.A.; Castilho-Martins, E.A.; Tavares, M.F.; Rivas, L.; Barbas, C.; Lopez-Gonzalvez, A. Multi-analytical platform metabolomic approach to study miltefosine mechanism of action and resistance in Leishmania. *Anal. Bioanal. Chem.* **2014**, 406, 3459–3476. [CrossRef]
- 68. Kulshrestha, A.; Sharma, V.; Singh, R.; Salotra, P. Comparative transcript expression analysis of miltefosine-sensitive and miltefosine-resistant *Leishmania donovani*. *Parasitol*. *Res.* **2014**, *113*, 1171–1184. [CrossRef] [PubMed]
- 69. Basselin, M.; Badet-Denisot, M.A.; Lawrence, F.; Robert-Gero, M. Effects of pentamidine on polyamine level and biosynthesis in wild-type, pentamidine-treated, and pentamidine-resistant Leishmania. *Exp. Parasitol.* **1997**, *85*, 274–282. [CrossRef] [PubMed]
- Basselin, M.; Lawrence, F.; Robert-Gero, M. Altered transport properties of pentamidine-resistant *Leishmania donovani* and L. amazonensis promastigotes. *Parasitol. Res.* 1997, 83, 413–418. [CrossRef] [PubMed]
- 71. Perdeh, J.; Berioso, B.; Love, Q.; LoGiudice, N.; Le, T.L.; Harrelson, J.P.; Roberts, S.C. Critical functions of the polyamine putrescine for proliferation and viability of *Leishmania donovani* parasites. *Amino Acids* **2020**, *52*, 261–274. [CrossRef] [PubMed]
- 72. Iovannisci, D.M.; Ullman, B. High efficiency plating method for Leishmania promastigotes in semidefined or completely-defined medium. *J. Parasitol.* **1983**, *69*, 633–636. [CrossRef] [PubMed]
- 73. Goyard, S.; Segawa, H.; Gordon, J.; Showalter, M.; Duncan, R.; Turco, S.J.; Beverley, S.M. An in vitro system for developmental and genetic studies of *Leishmania donovani* phosphoglycans. *Mol. Biochem. Parasitol.* **2003**, *130*, 31–42. [CrossRef]
- 74. Muxel, S.M.; Aoki, J.I.; Fernandes, J.C.R.; Laranjeira-Silva, M.F.; Zampieri, R.A.; Acuna, S.M.; Muller, K.E.; Vanderlinde, R.H.; Floeter-Winter, L.M. Arginine and Polyamines Fate in Leishmania Infection. *Front. Microbiol.* **2017**, *8*, 2682. [CrossRef] [PubMed]

- 75. Phillips, M.A. Polyamines in protozoan pathogens. J. Biol. Chem. 2018, 293, 18746–18756. [CrossRef] [PubMed]
- Sebastian, P.; Namdeo, M.; Devender, M.; Anand, A.; Kumar, K.; Veronica, J.; Maurya, R. Polyamine-Enriched Exosomes from Leishmania donovani Drive Host Macrophage Polarization via Immunometabolism Reprogramming. ACS Infect. Dis. 2024, 10, 4384–4399. [CrossRef]
- 77. Boitz, J.M.; Gilroy, C.A.; Olenyik, T.D.; Paradis, D.; Perdeh, J.; Dearman, K.; Davis, M.J.; Yates, P.A.; Li, Y.; Riscoe, M.K.; et al. Arginase Is Essential for Survival of *Leishmania donovani* Promastigotes but Not Intracellular Amastigotes. *Infect. Immun.* 2017, 85, e00554-16. [CrossRef]
- 78. Balana-Fouce, R.; Ordonez, D.; Alunda, J.M. Putrescine transport system in Leishmania infantum promastigotes. *Mol. Biochem. Parasitol.* **1989**, *35*, 43–50. [CrossRef]
- Basselin, M.; Coombs, G.H.; Barrett, M.P. Putrescine and spermidine transport in Leishmania. *Mol. Biochem. Parasitol.* 2000, 109, 37–46. [CrossRef]
- 80. Hasne, M.P.; Ullman, B. Genetic and biochemical analysis of protozoal polyamine transporters. *Methods Mol. Biol.* **2011**, 720, 309–326. [CrossRef] [PubMed]
- Kandpal, M.; Tekwani, B.L. Polyamine transport systems of *Leishmania donovani* promastigotes. *Life Sci.* 1997, 60, 1793–1801. [CrossRef]
- Dirkx, L.; Van Acker, S.I.; Nicolaes, Y.; Cunha, J.L.R.; Ahmad, R.; Hendrickx, R.; Caljon, B.; Imamura, H.; Ebo, D.G.; Jeffares, D.C.; et al. Long-term hematopoietic stem cells trigger quiescence in Leishmania parasites. *PLoS Pathog.* 2024, 20, e1012181. [CrossRef] [PubMed]
- 83. Lodi, L.; Voarino, M.; Stocco, S.; Ricci, S.; Azzari, C.; Galli, L.; Chiappini, E. Immune response to viscerotropic Leishmania: A comprehensive review. *Front. Immunol.* **2024**, *15*, 1402539. [CrossRef] [PubMed]
- Pessenda, G.; da Silva, J.S. Arginase and its mechanisms in Leishmania persistence. *Parasite Immunol.* 2020, 42, e12722. [CrossRef] [PubMed]
- 85. Corral, M.J.; Gonzalez, E.; Cuquerella, M.; Alunda, J.M. Improvement of 96-well microplate assay for estimation of cell growth and inhibition of Leishmania with Alamar Blue. *J. Microbiol. Methods* **2013**, *94*, 111–116. [CrossRef] [PubMed]
- Mikus, J.; Steverding, D. A simple colorimetric method to screen drug cytotoxicity against Leishmania using the dye Alamar Blue. *Parasitol. Int.* 2000, 48, 265–269. [CrossRef]
- 87. Li, W.; Sauve, A.A. NAD(+) content and its role in mitochondria. Methods Mol. Biol. 2015, 1241, 39-48. [CrossRef]
- Yang, Y.; Sauve, A.A. Assays for Determination of Cellular and Mitochondrial NAD(+) and NADH Content. *Methods Mol. Biol.* 2021, 2310, 271–285. [CrossRef] [PubMed]
- 89. Menezes, D.; Valentim, C.; Oliveira, M.F.; Vannier-Santos, M.A. Putrescine analogue cytotoxicity against Trypanosoma cruzi. *Parasitol. Res.* **2006**, *98*, 99–105. [CrossRef]
- 90. Menna-Barreto, R.F.S. Cell death pathways in pathogenic trypanosomatids: Lessons of (over)kill. *Cell Death Dis.* **2019**, *10*, 93. [CrossRef] [PubMed]
- 91. Pedra-Rezende, Y.; Bombaca, A.C.S.; Menna-Barreto, R.F.S. Is the mitochondrion a promising drug target in trypanosomatids? *Mem. Inst. Oswaldo Cruz* 2022, 117, e210379. [CrossRef]
- 92. Cossarizza, A.; Baccarani-Contri, M.; Kalashnikova, G.; Franceschi, C. A new method for the cytofluorimetric analysis of mitochondrial membrane potential using the J-aggregate forming lipophilic cation 5,5',6,6'-tetrachloro-1,1',3,3'tetraethylbenzimidazolcarbocyanine iodide (JC-1). *Biochem. Biophys. Res. Commun.* **1993**, *197*, 40–45. [CrossRef]
- Reers, M.; Smiley, S.T.; Mottola-Hartshorn, C.; Chen, A.; Lin, M.; Chen, L.B. Mitochondrial membrane potential monitored by JC-1 dye. *Methods Enzymol.* 1995, 260, 406–417. [CrossRef] [PubMed]
- 94. Reers, M.; Smith, T.W.; Chen, L.B. J-aggregate formation of a carbocyanine as a quantitative fluorescent indicator of membrane potential. *Biochemistry* **1991**, *30*, 4480–4486. [CrossRef] [PubMed]
- 95. Smiley, S.T.; Reers, M.; Mottola-Hartshorn, C.; Lin, M.; Chen, A.; Smith, T.W.; Steele, G.D., Jr.; Chen, L.B. Intracellular heterogeneity in mitochondrial membrane potentials revealed by a J-aggregate-forming lipophilic cation JC-1. *Proc. Natl. Acad. Sci. USA* **1991**, *88*, 3671–3675. [CrossRef]
- 96. Mehta, A.; Shaha, C. Apoptotic death in *Leishmania donovani* promastigotes in response to respiratory chain inhibition: Complex II inhibition results in increased pentamidine cytotoxicity. *J. Biol. Chem.* **2004**, *279*, 11798–11813. [CrossRef] [PubMed]
- 97. Roy, A.; Ganguly, A.; BoseDasgupta, S.; Das, B.B.; Pal, C.; Jaisankar, P.; Majumder, H.K. Mitochondria-dependent reactive oxygen species-mediated programmed cell death induced by 3,3'-diindolylmethane through inhibition of F0F1-ATP synthase in unicellular protozoan parasite *Leishmania donovani*. *Mol. Pharmacol.* **2008**, 74, 1292–1307. [CrossRef]
- Sen, N.; Das, B.B.; Ganguly, A.; Mukherjee, T.; Tripathi, G.; Bandyopadhyay, S.; Rakshit, S.; Sen, T.; Majumder, H.K. Camptothecin induced mitochondrial dysfunction leading to programmed cell death in unicellular hemoflagellate *Leishmania donovani*. *Cell Death Differ.* 2004, 11, 924–936. [CrossRef] [PubMed]

- Al-Habsi, M.; Chamoto, K.; Matsumoto, K.; Nomura, N.; Zhang, B.; Sugiura, Y.; Sonomura, K.; Maharani, A.; Nakajima, Y.; Wu, Y.; et al. Spermidine activates mitochondrial trifunctional protein and improves antitumor immunity in mice. *Science* 2022, 378, eabj3510. [CrossRef]
- 100. Fairley, L.H.; Lejri, I.; Grimm, A.; Eckert, A. Spermidine Rescues Bioenergetic and Mitophagy Deficits Induced by Disease-Associated Tau Protein. *Int. J. Mol. Sci.* 2023, 24, 5297. [CrossRef]
- 101. Schroeder, S.; Hofer, S.J.; Zimmermann, A.; Pechlaner, R.; Dammbrueck, C.; Pendl, T.; Marcello, G.M.; Pogatschnigg, V.; Bergmann, M.; Muller, M.; et al. Dietary spermidine improves cognitive function. *Cell Rep.* **2021**, *35*, 108985. [CrossRef]
- Zimmermann, A.; Hofer, S.J.; Madeo, F. Molecular targets of spermidine: Implications for cancer suppression. *Cell Stress* 2023, 7, 50–58. [CrossRef]
- 103. Barba-Aliaga, M.; Alepuz, P. Role of eIF5A in Mitochondrial Function. Int. J. Mol. Sci. 2022, 23, 1284. [CrossRef] [PubMed]
- 104. Liang, Y.; Piao, C.; Beuschel, C.B.; Toppe, D.; Kollipara, L.; Bogdanow, B.; Maglione, M.; Lutzkendorf, J.; See, J.C.K.; Huang, S.; et al. eIF5A hypusination, boosted by dietary spermidine, protects from premature brain aging and mitochondrial dysfunction. *Cell Rep.* 2021, 35, 108941. [CrossRef] [PubMed]
- 105. Pereira, K.D.; Tamborlin, L.; Meneguello, L.; de Proenca, A.R.; Almeida, I.C.; Lourenco, R.F.; Luchessi, A.D. Alternative Start Codon Connects eIF5A to Mitochondria. *J. Cell. Physiol.* **2016**, 231, 2682–2689. [CrossRef]
- 106. Abate, M.; Festa, A.; Falco, M.; Lombardi, A.; Luce, A.; Grimaldi, A.; Zappavigna, S.; Sperlongano, P.; Irace, C.; Caraglia, M.; et al. Mitochondria as playmakers of apoptosis, autophagy and senescence. *Semin. Cell Dev. Biol.* 2020, *98*, 139–153. [CrossRef]
- 107. Apostolova, N.; Blas-Garcia, A.; Esplugues, J.V. Mitochondria sentencing about cellular life and death: A matter of oxidative stress. *Curr. Pharm. Des.* **2011**, *17*, 4047–4060. [CrossRef] [PubMed]
- 108. Mukherjee, S.B.; Das, M.; Sudhandiran, G.; Shaha, C. Increase in cytosolic Ca2+ levels through the activation of non-selective cation channels induced by oxidative stress causes mitochondrial depolarization leading to apoptosis-like death in *Leishmania donovani* promastigotes. J. Biol. Chem. 2002, 277, 24717–24727. [CrossRef] [PubMed]
- 109. Basmaciyan, L.; Casanova, M. Cell death in Leishmania. Parasite 2019, 26, 71. [CrossRef] [PubMed]
- Gannavaram, S.; Debrabant, A. Programmed cell death in Leishmania: Biochemical evidence and role in parasite infectivity. Front. Cell. Infect. Microbiol. 2012, 2, 95. [CrossRef] [PubMed]
- 111. Jimenez-Ruiz, A.; Alzate, J.F.; Macleod, E.T.; Luder, C.G.; Fasel, N.; Hurd, H. Apoptotic markers in protozoan parasites. *Parasit. Vectors* **2010**, *3*, 104. [CrossRef]
- 112. Proto, W.R.; Coombs, G.H.; Mottram, J.C. Cell death in parasitic protozoa: Regulated or incidental? *Nat. Rev. Microbiol.* **2013**, *11*, 58–66. [CrossRef]
- Weingartner, A.; Kemmer, G.; Muller, F.D.; Zampieri, R.A.; Gonzaga dos Santos, M.; Schiller, J.; Pomorski, T.G. Leishmania promastigotes lack phosphatidylserine but bind annexin V upon permeabilization or miltefosine treatment. *PLoS ONE* 2012, 7, e42070. [CrossRef]
- Kaczanowski, S.; Sajid, M.; Reece, S.E. Evolution of apoptosis-like programmed cell death in unicellular protozoan parasites. *Parasit. Vectors* 2011, 4, 44. [CrossRef] [PubMed]
- 115. Cecilio, P.; Perez-Cabezas, B.; Santarem, N.; Maciel, J.; Rodrigues, V.; Cordeiro da Silva, A. Deception and manipulation: The arms of leishmania, a successful parasite. *Front. Immunol.* **2014**, *5*, 480. [CrossRef]
- 116. Reece, S.E.; Pollitt, L.C.; Colegrave, N.; Gardner, A. The meaning of death: Evolution and ecology of apoptosis in protozoan parasites. *PLoS Pathog.* **2011**, *7*, e1002320. [CrossRef]
- 117. Taylor-Brown, E.; Hurd, H. The first suicides: A legacy inherited by parasitic protozoans from prokaryote ancestors. *Parasit. Vectors* **2013**, *6*, 108. [CrossRef] [PubMed]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.