

TS=(Anodal Stimulation Transcranial Direct Current Stimulation)) OR TS=(Anodal Stimulation tDCS)) OR TS=(Anodal Stimulation tDCSs)) OR TS=(Stimulation tDCS, Anodal)) OR TS=(Stimulation tDCSs, Anodal)) OR TS=(tDCS, Anodal Stimulation)) OR TS=(tDCSs, Anodal Stimulation)) OR TS=(Repetitive Transcranial Electrical Stimulation) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:03:54 GMT+0800 (CST) Retrieved: 16770

6: (((((((TS=(Virtual Reality Exposure Therapy)) OR TS=(Virtual Reality Immersion Therapy)) OR TS=(Virtual Reality Therapy)) OR TS=(Reality Therapies, Virtual)) OR TS=(Reality Therapy, Virtual)) OR TS=(Therapies, Virtual Reality)) OR TS=(Therapy, Virtual Reality)) OR TS=(Virtual Reality Therapies) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:04:01 GMT+0800 (CST) Retrieved: 10920

7: (((((TS=(family intervention)) OR TS=(counseling)) OR TS=(Mindfulness)) OR TS=(acupuncture)) OR TS=(nursing) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:04:09 GMT+0800 (CST) Retrieved: 1560783

8: ((((((((((TS=(sandplay therapy)) OR TS=(Play Therapies)) OR TS=(Therapies, Play)) OR TS=(Therapy, Play)) OR TS=(Sandplay Therapy)) OR TS=(Sandplay Therapies)) OR TS=(Therapies, Sandplay)) OR TS=(Therapy, Sandplay)) OR TS=(Sandplay)) OR TS=(Sandplays) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:04:18 GMT+0800 (CST) Retrieved: 408667

9: (TS=(Psychology, Positive)) OR TS=(Positive Psychology) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:04:31 GMT+0800 (CST) Retrieved: 208886

10: TS=(group counselling) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:08:19 GMT+0800 (CST) Retrieved: 65581

11: TS=(routine intervention) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:08:42 GMT+0800 (CST) Retrieved: 56148

12: TS=(education intervention) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:09:05 GMT+0800 (CST) Retrieved: 254593

13: ((((((((((((((TS=(Telemedicine)) OR TS=(Tele-Referral)) OR TS=(Tele Referral)) OR TS=(Tele-Referrals)) OR TS=(Virtual Medicine)) OR TS=(Medicine, Virtual)) OR TS=(Tele-Intensive Care)) OR TS=(Tele Intensive Care)) OR TS=(Tele-ICU)) OR TS=(Tele ICU)) OR TS=(Mobile Health)) OR TS=(Health, Mobile)) OR TS=(mHealth)) OR TS=(Telehealth)) OR TS=(eHealth) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:12:20 GMT+0800 (CST) Result: 192519

14: ((TS=(Multi-level Counseling Program)) OR TS=(combined intervention)) OR TS=(mixed intervention) and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:15:34 GMT+0800 (CST) Result: 202437

15: #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 OR #5 OR #4 OR #3 and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:16:11 GMT+0800 (CST) Retrieved: 4636359

16: #15 AND #1 AND #2 and Preprint Citation Index (Exclusions - Database) Run Date: Thu Dec 21 2023 10:16:24 GMT+0800 (CST) Retrieved: 40679

Cochrane library

Search Name:

Date Run: 22/12/2023 06:01:13

Comment:

ID Search Hits

#1 MeSH descriptor: [Internet Addiction Disorder] explode all trees 29

#2 (Addiction Disorder, Internet):ti,ab,kw OR (Addiction Disorders, Internet):ti,ab,kw OR (Disorder, Internet Addiction):ti,ab,kw OR (Disorders, Internet Addiction):ti,ab,kw OR (Internet Addiction Disorders):ti,ab,kw (Word variations have been searched) 237

#3 (Internet Addiction):ti,ab,kw OR (Addiction, Internet):ti,ab,kw OR (Addictions, Internet):ti,ab,kw OR (Internet Addictions):ti,ab,kw OR (Social Media Addiction):ti,ab,kw (Word variations have been searched) 457

#4 (Smartphone Addiction):ti,ab,kw OR (Addiction, Smartphone):ti,ab,kw OR (Addictions, Smartphone):ti,ab,kw OR (Smartphone Addictions):ti,ab,kw OR (Internet Gaming Disorder):ti,ab,kw (Word variations have been searched) 234

#5 (Addiction, Social Media):ti,ab,kw OR (Addictions, Social Media):ti,ab,kw OR (Media Addiction, Social):ti,ab,kw OR (Media Addictions, Social):ti,ab,kw OR (Social Media Addictions):ti,ab,kw (Word variations have been searched) 93

#6 (Disorder, Internet Gaming):ti,ab,kw OR (Disorders, Internet Gaming):ti,ab,kw OR (Gaming Disorder, Internet):ti,ab,kw OR (Gaming Disorders, Internet):ti,ab,kw OR (Internet Gaming Disorders):ti,ab,kw (Word variations have been searched) 94

#7 (problematic Internet use):ti,ab,kw OR (internet use disorder):ti,ab,kw OR (internet use):ti,ab,kw OR (Internet Uses):ti,ab,kw OR (Use, Internet):ti,ab,kw (Word variations have been searched) 5888

#8 (Web Usage):ti,ab,kw OR (Usage, Web):ti,ab,kw OR (Web Use):ti,ab,kw OR (Use, Web):ti,ab,kw OR (Internet Usage):ti,ab,kw (Word variations have been searched) 7883

#9 (Usage, Internet):ti,ab,kw OR (Internet-addicted):ti,ab,kw OR (Internet depend):ti,ab,kw OR (Internet overuse):ti,ab,kw OR (Compulsive internet):ti,ab,kw (Word variations have been searched) 832

#10 (Pathological internet):ti,ab,kw OR (Excessive internet):ti,ab,kw OR (Addictive internet):ti,ab,kw OR (Video game addiction):ti,ab,kw OR (Online game addiction):ti,ab,kw (Word variations have been searched) 398

#11 (Cybersex addiction):ti,ab,kw OR (Internet sex addiction):ti,ab,kw OR (Social network addiction):ti,ab,kw OR (Facebook addiction):ti,ab,kw (Word variations have been searched) 112

#12 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 12161

#13 MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees 12999

#14 (Cognitive Behaviour Therapy):ti,ab,kw OR (Behaviour Therapies, Cognitive):ti,ab,kw OR (Behaviour Therapy, Cognitive):ti,ab,kw OR (Cognitive Behaviour Therapies):ti,ab,kw AND (Therapies, Cognitive Behaviour):ti,ab,kw (Word variations have been searched) 11953

#15 (Therapy, Cognitive Behaviour):ti,ab,kw OR (Cognitive Psychotherapy):ti,ab,kw OR (Cognitive Psychotherapies):ti,ab,kw OR (Psychotherapies, Cognitive):ti,ab,kw AND (Cognition Therapy):ti,ab,kw (Word variations have been searched) 15677

#16 (Cognition Therapies):ti,ab,kw OR (Therapies, Cognition):ti,ab,kw OR (Therapy, Cognitive Behavior):ti,ab,kw OR (Behavior Therapies, Cognitive):ti,ab,kw AND (Cognitive Behavior Therapies):ti,ab,kw (Word variations have been searched) 12479

#17 (Behavior Therapies, Cognitive):ti,ab,kw OR (Cognitive Behavior Therapies):ti,ab,kw OR (Therapies, Cognitive Behavior):ti,ab,kw OR (Therapy, Cognition):ti,ab,kw OR (Behavior Therapy, Cognitive):ti,ab,kw (Word variations have been searched) 25329

#18 #13 or #14 or #15 or #16 or #17 35609

#19 (Virtual Reality Exposure Therapy):ti,ab,kw OR (Virtual Reality Immersion Therapy):ti,ab,kw OR (Virtual Reality Therapy):ti,ab,kw OR (Reality Therapies, Virtual):ti,ab,kw OR (Reality Therapy, Virtual):ti,ab,kw (Word variations have been searched) 2189

#20 (Therapies, Virtual Reality):ti,ab,kw OR (Therapy, Virtual Reality):ti,ab,kw OR (Virtual Reality Therapies):ti,ab,kw OR (Reality Therapies, Virtual):ti,ab,kw OR (Reality Therapy, Virtual):ti,ab,kw (Word variations have been searched) 2189

#21 #19 or #20 2189

#22 MeSH descriptor: [Exercise] explode all trees 38402

#23 (Exercise, Physical):ti,ab,kw OR (Exercises, Physical):ti,ab,kw OR (Physical Exercise):ti,ab,kw OR (Physical Exercises):ti,ab,kw OR (Acute Exercise):ti,ab,kw (Word variations have been searched) 60772

#24 (Acute Exercises):ti,ab,kw OR (Exercise, Acute):ti,ab,kw OR (Exercises, Acute):ti,ab,kw OR (Exercise, Isometric):ti,ab,kw OR (Exercises, Isometric):ti,ab,kw (Word variations have been searched) 16094

#25 (football):ti,ab,kw OR (Tai Chi):ti,ab,kw OR (basketball):ti,ab,kw OR (High-Intensity Interval Training):ti,ab,kw OR (High Intensity Interval Training):ti,ab,kw (Word variations have been searched) 7555

#26 (High-Intensity Interval Trainings):ti,ab,kw OR (Interval Training, High-Intensity):ti,ab,kw OR (Interval Trainings, High-Intensity):ti,ab,kw OR (Training,

Acute[Title/Abstract])) OR (Exercise, Isometric[Title/Abstract])) OR (Exercises, Isometric[Title/Abstract])) OR (Isometric Exercises[Title/Abstract])) OR (Isometric Exercise[Title/Abstract])) OR (Exercise, Aerobic[Title/Abstract])) OR (Aerobic Exercise[Title/Abstract])) OR (Aerobic Exercises[Title/Abstract])) OR (Exercises, Aerobic[Title/Abstract])) OR (Exercise Training[Title/Abstract])) OR (Exercise Trainings[Title/Abstract])) OR (Training, Exercise[Title/Abstract])) OR (Trainings, Exercise[Title/Abstract])) OR (football[Title/Abstract])) OR (Tai Chi[Title/Abstract])) OR (basketball[Title/Abstract])) OR (High-Intensity Interval Training[Title/Abstract])) OR (High Intensity Interval Training[Title/Abstract])) OR (High-Intensity Interval Trainings[Title/Abstract])) OR (Interval Training, High-Intensity[Title/Abstract])) OR (Interval Trainings, High-Intensity[Title/Abstract])) OR (Training, High-Intensity Interval[Title/Abstract])) OR (Trainings, High-Intensity Interval[Title/Abstract])) OR (High-Intensity Intermittent Exercise[Title/Abstract])) OR (Exercise, High-Intensity Intermittent[Title/Abstract])) OR (Exercises, High-Intensity Intermittent[Title/Abstract])) OR (High-Intensity Intermittent Exercises[Title/Abstract])) OR (Sprint Interval Training[Title/Abstract])) OR (Sprint Interval Trainings[Title/Abstract])) OR (((((((((((sandplay therapy[MeSH Terms]) OR (Play Therapies[Title/Abstract])) OR (Therapies, Play[Title/Abstract])) OR (Therapy, Play[Title/Abstract])) OR (Sandplay Therapy[Title/Abstract])) OR (Sandplay Therapies[Title/Abstract])) OR (Therapies, Sandplay[Title/Abstract])) OR (Therapy, Sandplay[Title/Abstract])) OR (Sandplay[Title/Abstract])) OR (Sandplays[Title/Abstract])) OR ((((((family intervention[Title/Abstract]) OR (counseling[Title/Abstract])) OR (Mindfulness[Title/Abstract])) OR (acupuncture[Title/Abstract])) OR (nursing[Title/Abstract])) OR (((((((Virtual Reality Exposure Therapy[MeSH Terms]) OR (Virtual Reality Immersion Therapy[Title/Abstract])) OR (Virtual Reality Therapy[Title/Abstract])) OR (Reality Therapies, Virtual[Title/Abstract])) OR (Reality Therapy, Virtual[Title/Abstract])) OR (Therapies, Virtual Reality[Title/Abstract])) OR (Therapy, Virtual Reality[Title/Abstract])) OR (Virtual Reality Therapies[Title/Abstract])) OR (((((((((((((((((((((((Cognitive Behavioral Therapy[Title/Abstract]) OR (Behavioral Therapies, Cognitive[Title/Abstract])) OR (Behavioral Therapy, Cognitive[Title/Abstract])) OR (Cognitive Behavioral Therapies[Title/Abstract])) OR (Therapies, Cognitive Behavioral[Title/Abstract])) OR (Therapy, Cognitive Behavioral[Title/Abstract])) OR (Psychotherapy, Cognitive[Title/Abstract])) OR (Therapy, Cognitive[Title/Abstract])) OR (Cognitive Therapies[Title/Abstract])) OR (Therapies, Cognitive[Title/Abstract])) OR (Cognitive Therapy[Title/Abstract])) OR (Cognitive Behaviour Therapy[Title/Abstract])) OR (Behaviour Therapies, Cognitive[Title/Abstract])) OR (Behaviour Therapy, Cognitive[Title/Abstract])) OR (Cognitive Behaviour Therapies[Title/Abstract])) OR (Therapies, Cognitive Behaviour[Title/Abstract])) OR (Therapy, Cognitive Behaviour[Title/Abstract])) OR (Cognitive Psychotherapy[Title/Abstract])) OR (Cognitive Psychotherapies[Title/Abstract])) OR (Psychotherapies, Cognitive[Title/Abstract])) OR (Cognition Therapy[Title/Abstract])) OR (Cognition Therapies[Title/Abstract])) OR (Therapies, Cognition[Title/Abstract])) OR (Therapy, Cognitive

Behavior[Title/Abstract])) OR (Behavior Therapies, Cognitive[Title/Abstract])) OR (Cognitive Behavior Therapies[Title/Abstract])) OR (Therapies, Cognitive Behavior[Title/Abstract])) OR (Therapy, Cognition[Title/Abstract])) OR (Behavior Therapy, Cognitive[Title/Abstract])) OR (Cognitive Behavior Therapy[Title/Abstract])) OR (group counselling[Title/Abstract])) OR (routine intervention[Title/Abstract])) OR (education intervention[Title/Abstract])) OR (((((((((((((((TS=(Telemedicine[Title/Abstract])) OR TS=(Tele-Referral[Title/Abstract])) OR TS=(Tele Referral[Title/Abstract])) OR TS=(Tele-Referrals[Title/Abstract])) OR TS=(Virtual Medicine[Title/Abstract])) OR TS=(Medicine, Virtual[Title/Abstract])) OR TS=(Tele-Intensive Care[Title/Abstract])) OR TS=(Tele Intensive Care[Title/Abstract])) OR TS=(Tele-ICU[Title/Abstract])) OR TS=(Tele ICU[Title/Abstract])) OR TS=(Mobile Health[Title/Abstract])) OR TS=(Health, Mobile[Title/Abstract])) OR TS=(mHealth[Title/Abstract])) OR TS=(Telehealth[Title/Abstract])) OR TS=(eHealth[Title/Abstract])) OR (((TS=(Multi-level Counseling Program[Title/Abstract])) OR TS=(combined intervention[Title/Abstract])) OR TS=(mixed intervention[Title/Abstract])) AND ((randomized controlled trial [pt] OR controlled clinical trial [pt] OR randomized [tiab] OR placebo [tiab] OR drug therapy [sh] OR randomly [tiab] OR trial [tiab] OR groups [tiab]) NOT (animals [mh] NOT humans [mh])) AND (((("Internet Addiction Disorder"[Mesh]) OR (((Addiction Disorder, Internet[Title/Abstract]) OR (Addiction Disorders, Internet[Title/Abstract])) OR (Disorder, Internet Addiction[Title/Abstract])) OR (Disorders, Internet Addiction[Title/Abstract])) OR (Internet Addiction Disorders[Title/Abstract])) OR (Internet Addiction[Title/Abstract])) OR (Addiction, Internet[Title/Abstract])) OR (Addictions, Internet[Title/Abstract])) OR (Internet Addictions[Title/Abstract])) OR (Social Media Addiction[Title/Abstract])) OR (Addiction, Social Media[Title/Abstract])) OR (Addictions, Social Media[Title/Abstract])) OR (Media Addiction, Social[Title/Abstract])) OR (Media Addictions, Social[Title/Abstract])) OR (Social Media Addictions[Title/Abstract])) OR (Smartphone Addiction[Title/Abstract])) OR (Addiction, Smartphone[Title/Abstract])) OR (Addictions, Smartphone[Title/Abstract])) OR (Smartphone Addictions[Title/Abstract])) OR (Internet Gaming Disorder[Title/Abstract])) OR (Disorder, Internet Gaming[Title/Abstract])) OR (Disorders, Internet Gaming[Title/Abstract])) OR (Gaming Disorder, Internet[Title/Abstract])) OR (Gaming Disorders, Internet[Title/Abstract])) OR (Internet Gaming Disorders[Title/Abstract])) OR (problematic Internet use[Title/Abstract])) OR (internet use disorder[Title/Abstract])) OR (internet use[Title/Abstract])) OR (Internet Uses[Title/Abstract])) OR (Use, Internet[Title/Abstract])) OR (Web Usage[Title/Abstract])) OR (Usage, Web[Title/Abstract])) OR (Web Use[Title/Abstract])) OR (Use, Web[Title/Abstract])) OR (Internet Usage[Title/Abstract])) OR (Usage, Internet[Title/Abstract])) OR (Internet-addicted[Title/Abstract])) OR (Internet depend[Title/Abstract])) OR (Internet overuse[Title/Abstract])) OR (Compulsive internet[Title/Abstract])) OR (Pathological internet[Title/Abstract])) OR (Excessive internet[Title/Abstract])) OR (Addictive internet[Title/Abstract])) OR (Video game addiction[Title/Abstract])) OR (Online

game addiction[Title/Abstract])) OR (Cybersex addiction[Title/Abstract])) OR (Internet sex addiction[Title/Abstract])) OR (Social network addiction[Title/Abstract])) OR (Facebook addiction[Title/Abstract]))))

Embase Search Strategy

#11. #1 AND #2 AND #10 22 Dec 2023	666
#10. #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 22 Dec 2023	4,386,272
#9. 'psychology, positive'/exp OR 'psychology, positive' OR (('psychology,'/exp OR psychology,) AND positive) OR 'positive psychology':ti,ab,kw 22 Dec 2023	126,527
#8. 'sandplay therapy' OR (sandplay AND ('therapy'/exp OR therapy)) OR 'play therapies':ti,ab,kw OR 'therapies, play':ti,ab,kw OR 'therapy, play':ti,ab,kw OR 'sandplay therapy':ti,ab,kw OR 'sandplay therapies':ti,ab,kw OR 'therapies, sandplay':ti,ab,kw OR 'therapy, sandplay':ti,ab,kw OR sandplay:ti,ab,kw OR sandplays:ti,ab,kw 22 Dec 2023	476
#7. 'family intervention'/exp OR 'family intervention' OR (('family'/exp OR family) AND ('intervention'/exp OR intervention)) OR counseling:ti,ab,kw OR mindfulness:ti,ab,kw OR acupuncture:ti,ab,kw OR nursing:ti,ab,kw 22 Dec 2023	654,623
#6. 'virtual reality exposure therapy'/exp OR 'virtual reality exposure therapy' OR (virtual AND ('reality'/exp OR reality) AND ('exposure'/exp OR exposure) AND ('therapy'/exp OR therapy)) OR 'virtual reality immersion':ti,ab,kw OR therapy:ti,ab,kw OR 'virtual reality therapy':ti,ab,kw OR 'reality therapies, virtual':ti,ab,kw OR 'reality therapy, virtual':ti,ab,kw OR 'therapies, virtual reality':ti,ab,kw OR 'therapy, virtual reality':ti,ab,kw OR 'virtual reality therapies':ti,ab,kw 22 Dec 2023	3,381,661
#5. tdcS OR 'cathodal stimulation transcranial direct	10,906

22 Dec 2023

current stimulation':ti,ab,kw OR 'cathodal
stimulation tdc's':ti,ab,kw OR 'cathodal
stimulation tdc'ss':ti,ab,kw OR 'stimulation tdc's,
cathodal':ti,ab,kw OR 'stimulation tdc'ss,
cathodal':ti,ab,kw OR 'tdc's, cathodal
stimulation':ti,ab,kw OR 'tdc'ss, cathodal
stimulation':ti,ab,kw OR 'transcranial random
noise stimulation':ti,ab,kw OR 'transcranial
ternating current stimulation':ti,ab,kw OR
'transcranial electrical stimulation':ti,ab,kw OR
'electrical stimulation, transcranial':ti,ab,kw
OR 'electrical stimulations,
transcranial':ti,ab,kw OR 'stimulation,
transcranial electrical':ti,ab,kw OR
'stimulations, transcranial electrical':ti,ab,kw
OR 'transcranial electrical
stimulations':ti,ab,kw OR 'anodal stimulation
transcranial direct current stimulation':ti,ab,kw
OR 'anodal stimulation tdc's':ti,ab,kw OR 'anodal
stimulation tdc'ss':ti,ab,kw OR 'stimulation tdc's,
anodal':ti,ab,kw OR 'stimulation tdc'ss,
anodal':ti,ab,kw OR 'tdc's, anodal
stimulation':ti,ab,kw OR 'tdc'ss, anodal
stimulation':ti,ab,kw OR 'repetitive transcranial
electrical stimulation':ti,ab,kw

#4. exercises OR 'physical activity':ti,ab,kw OR

353,862

22 Dec 2023

'activities, physical':ti,ab,kw OR 'activity,
physical':ti,ab,kw OR 'physical
activities':ti,ab,kw OR 'exercise,
physical':ti,ab,kw OR 'exercises,
physical':ti,ab,kw OR 'physical
exercise':ti,ab,kw OR 'physical
exercises':ti,ab,kw OR 'acute exercise':ti,ab,kw
OR 'acute exercises':ti,ab,kw OR 'exercise,
acute':ti,ab,kw OR 'exercises, acute':ti,ab,kw OR
'exercise, isometric':ti,ab,kw OR 'exercises,
isometric':ti,ab,kw OR 'isometric
exercises':ti,ab,kw OR 'isometric
exercise':ti,ab,kw OR 'exercise,
aerobic':ti,ab,kw OR 'aerobic exercise':ti,ab,kw
OR 'aerobic exercises':ti,ab,kw OR 'exercises,
aerobic':ti,ab,kw OR 'exercise training':ti,ab,kw

OR 'exercise trainings':ti,ab,kw OR 'training,
exercise':ti,ab,kw OR 'trainings,
exercise':ti,ab,kw OR 'football:ti,ab,kw OR 'tai
chi':ti,ab,kw OR 'basketball:ti,ab,kw OR
'high-intensity interval training':ti,ab,kw OR
'high intensity interval training':ti,ab,kw OR
'high-intensity interval trainings':ti,ab,kw OR
'interval training, high-intensity':ti,ab,kw OR
'interval trainings, high-intensity':ti,ab,kw OR
'training, high-intensity interval':ti,ab,kw OR
'trainings, high-intensity interval':ti,ab,kw OR
'high-intensity intermittent exercise':ti,ab,kw
OR 'exercise, high-intensity
intermittent':ti,ab,kw OR 'exercises,
high-intensity intermittent':ti,ab,kw OR
'high-intensity intermittent exercises':ti,ab,kw
OR 'sprint interval training':ti,ab,kw OR 'sprint
interval trainings':ti,ab,kw

#3. 'behavioral therapies, cognitive' OR (behavioral
22 Dec 2023

20,662

AND therapies, AND cognitive) OR 'behavioral
therapy, cognitive':ti,ab,kw OR 'cognitive
behavioral therapies':ti,ab,kw OR 'therapies,
cognitive behavioral':ti,ab,kw OR 'therapy,
cognitive behavioral':ti,ab,kw OR 'psychotherapy,
cognitive':ti,ab,kw OR 'therapy,
cognitive':ti,ab,kw OR 'cognitive
therapies':ti,ab,kw OR 'therapies,
cognitive':ti,ab,kw OR 'cognitive
therapy':ti,ab,kw OR 'cognitive behaviour
therapy':ti,ab,kw OR 'behaviour therapies,
cognitive':ti,ab,kw OR 'behaviour therapy,
cognitive':ti,ab,kw OR 'cognitive behaviour
therapies':ti,ab,kw OR 'therapies, cognitive
behaviour':ti,ab,kw OR 'therapy, cognitive
behaviour':ti,ab,kw OR 'cognitive
psychotherapy':ti,ab,kw OR 'cognitive
psychotherapies':ti,ab,kw OR 'psychotherapies,
cognitive':ti,ab,kw OR 'cognition
therapy':ti,ab,kw OR 'cognition
therapies':ti,ab,kw OR 'therapies,
cognition':ti,ab,kw OR 'therapy, cognitive
behavior':ti,ab,kw OR 'behavior therapies,
cognitive':ti,ab,kw OR 'cognitive behavior

therapies':ti,ab,kw OR 'therapies, cognitive
behavior':ti,ab,kw OR 'therapy,
cognition':ti,ab,kw OR 'behavior therapy,
cognitive':ti,ab,kw OR 'cognitive behavior
therapy':ti,ab,kw

#2. 'internet addiction disorder'/exp OR 'internet
22 Dec 2023

15,402

addiction disorder' OR (('internet'/exp OR
internet) AND ('addiction'/exp OR addiction) AND
(('disorder'/exp OR disorder))) OR 'addiction
disorder, internet':ti,ab,kw OR 'addiction
disorders, internet':ti,ab,kw OR 'disorder,
internet addiction':ti,ab,kw OR 'disorders,
internet addiction':ti,ab,kw OR 'internet
addiction disorders':ti,ab,kw OR 'internet
addiction':ti,ab,kw OR 'addiction,
internet':ti,ab,kw OR 'addictions,
internet':ti,ab,kw OR 'internet
addictions':ti,ab,kw OR 'social media
addiction':ti,ab,kw OR 'addiction, social
media':ti,ab,kw OR 'addictions, social
media':ti,ab,kw OR 'media addiction,
social':ti,ab,kw OR 'media addictions,
social':ti,ab,kw OR 'social media
addictions':ti,ab,kw OR 'smartphone
addiction':ti,ab,kw OR 'addiction,
smartphone':ti,ab,kw OR 'addictions,
smartphone':ti,ab,kw OR 'smartphone
addictions':ti,ab,kw OR 'internet gaming
disorder':ti,ab,kw OR 'disorder, internet
gaming':ti,ab,kw OR 'disorders, internet
gaming':ti,ab,kw OR 'gaming disorder,
internet':ti,ab,kw OR 'gaming disorders,
internet':ti,ab,kw OR 'internet gaming
disorders':ti,ab,kw OR 'problematic internet
use':ti,ab,kw OR 'internet use disorder':ti,ab,kw
OR 'internet use':ti,ab,kw OR 'internet
uses':ti,ab,kw OR 'use, internet':ti,ab,kw OR
'web usage':ti,ab,kw OR 'usage, web':ti,ab,kw OR
'web use':ti,ab,kw OR 'use, web':ti,ab,kw OR
'internet usage':ti,ab,kw OR 'usage,
internet':ti,ab,kw OR 'internet
addicted':ti,ab,kw OR 'internet depend':ti,ab,kw
OR 'internet overuse':ti,ab,kw OR 'compulsive

internet':ti,ab,kw OR 'pathological
internet':ti,ab,kw OR 'excessive
internet':ti,ab,kw OR 'addictive
internet':ti,ab,kw OR 'video game
addiction':ti,ab,kw OR 'online game
addiction':ti,ab,kw OR 'cybersex
addiction':ti,ab,kw OR 'internet sex
addiction':ti,ab,kw OR 'social network
addiction':ti,ab,kw OR 'facebook
addiction':ti,ab,kw

#1. 'crossover procedure':de OR 'double-blind

3,184,520

22 Dec 2023

procedure':de OR 'randomized controlled trial':de
OR 'single-blind procedure':de OR
random*:de,ab,ti OR factorial*:de,ab,ti OR
crossover*:de,ab,ti OR ((cross NEXT/1
over*):de,ab,ti) OR placebo*:de,ab,ti OR ((doubl*
NEAR/1 blind*):de,ab,ti) OR ((singl* NEAR/1
blind*):de,ab,ti) OR assign*:de,ab,ti OR
allocat*:de,ab,ti OR volunteer*:de,ab,ti

Chinese BioMedical Literature Search Strategy

(cognitive behavioral therapy or behavioral therapy or exercise or exercise or physical activity or badminton or basketball or soccer exercise or Tai Chi or Baduanjin or high-intensity interval exercises or high-intensity interval training or aerobic exercise or resistance exercises or physical therapy or physical therapy or transcranial magnetic stimulation or electrical stimulation or family therapy or group intervention or family intervention or psychological therapy or counseling or positive thinking or acupuncture or nursing or positive psychotherapy or positive psychological intervention or sandplay or sandbox therapy or virtual reality therapy or reality therapy or hypnosis) and (Internet addiction or Internet addiction or gaming addiction or computer addiction or video game addiction or online gaming addiction or Internet addiction or transitional Internet access) and (random) 134 2023-12-23 23:04

China National Knowledge Infrastructure Search Strategy

Search formula A: Topic = cognitive behavioral therapy + behavioral therapy + sports + exercise + physical activity + badminton + basketball + soccer + sports exercise + tai chi + bada-jin + high intensity interval exercises + OR Topic = electrical stimulation + family therapy + group intervention + family intervention + psychotherapy + counseling + positive thinking + acupuncture + nursing + positive psychotherapy + positive psychological intervention + sandplay + sandplay therapy + virtual reality Therapy + Reality Therapy + Hypnosis + Sandplay + Sandplay OR Topic = Virtual

Reality Therapy + Reality Therapy + Hypnosis + Virtual Reality Techniques AND
Topic = Internet Addiction + Internet Addiction + Gaming Addiction + Computer
Addiction + Video Game Addiction + Online Game Addiction + Internet Addiction +
Transitional Internet Access OR (Title = Cognitive Behavioral Therapy + Behavioral
Therapy + Exercise + Exercise + Physical Activity + Badminton + Basketball + soccer
+ exercise + tai chi + bajuanjin + high intensity interval exercises + or title = electrical
stimulation + family therapy + group intervention + family intervention +
psychotherapy + counseling + positive thinking + acupuncture + nursing + positive
psychotherapy + positive psychological intervention + sandplay + sandplay therapy +
virtual reality therapy + reality therapy + hypnosis + sandplay + sandplay therapy or
title = virtual reality therapy + reality therapy + Hypnosis + Virtual Reality Therapy or
title = Internet Addiction + Internet Addiction + Game Addiction + Computer Addiction
+ Video Game Addiction + Online Game Addiction + Internet Addiction + Transitional
Internet Access) (fuzzy match)

WanFang Search Strategy

(cognitive behavioral therapy or behavioral therapy or exercise or exercise or physical
activity or badminton or basketball or soccer exercise or Tai Chi or Baduanjin or high-
intensity interval exercises or high-intensity interval training or aerobic exercise or
resistance exercises or physical therapy or physical therapy or transcranial magnetic
stimulation or electrical stimulation or family therapy or group intervention or family
intervention or psychological therapy or counseling or positive thinking or acupuncture
or nursing or positive psychotherapy or positive psychological intervention or sandplay
or sandbox therapy or virtual reality therapy or reality therapy or hypnosis) and (Internet
addiction or Internet addiction or gaming addiction or computer addiction or video
game addiction or online gaming addiction or Internet addiction or transitional Internet
access) and (random)

China Science and Technology Journal Search Strategy

#1= Cognitive-behavioral therapy or behavioral therapy or exercise or exercise or
physical activity or badminton or basketball or soccer exercise or Tai Chi or Baduanjin
or high-intensity interval exercises or high-intensity interval training or aerobic exercise
or resistance exercises or physical therapy or physical therapy or physical therapy or
transcranial magnetic stimulation or electrical stimulation or family therapy or group
intervention or family intervention or Psychotherapy or counseling or positive thinking
or acupuncture or nursing or positive psychotherapy or positive psychological
intervention or sandplay or sandbox therapy or virtual reality therapy or reality therapy
or hypnosis

#2= Internet addiction or Internet addiction or gaming addiction or computer addiction
or video game addiction or online game addiction or Internet addiction or transitioning
to the Internet

#3= #1 and #2