**Table S8.** Steroids and triterpenoids isolated from plants exhibiting antioxidant effects.

| **Compound No** | **Name** | **Species** | **Family** | **Reference** |
| --- | --- | --- | --- | --- |
| S-1 | 2α-hydroxyursolic acid | *Pyrus pyrifolia* | Rosaceae | [1] |
| S-2 | β-sitosterol | *Salvadora persica* | Salvadoraceae | [2] |
| *Aruncus dioicus* | Rosaceae | [3] |
| S-3 | betulinic acid | *Pyrus pyrifolia* | Rosaceae | [1] |
| S-4 | campesterol | *Salvadora persica.* | Salvadoraceae | [2] |
| S-5 | cryptotanshinone | *Salvia miltiorrhiza* | Labiatae | [4] |
| S-6 | hindicusine | *Hemidesmus indicus* | Asclepiadaceae | [5] |
| S-7 | limonexic acid | *Citrus aurantium* | Rutaceae | [3] |
| S-8 | myricalactone | *Myrica adenophora* | Myricaceae | [6] |
| S-9 | oleanolic acid | *Pyrus pyrifolia* | Rosaceae | [1] |
| S-10 | stigmasterol | *Salvadora persica* | Salvadoraceae | [2] |
| S-11 | tanshinone I | *Salvia miltiorrhiza* | Labiatae | [4] |
| S-12 | tanshinone IIA | *Salvia miltiorrhiza* | Labiatae | [4] |
| S-13 | ursolic acid | *Pyrus pyrifolia* | Rosaceae | [1] |
| S-14 | Δ5-avenasterol | *Salvadora persica* | Salvadoraceae | [2] |
| S-15 | β-sitosterol-3-*O*-β-D-glucopyranoside | *Phyllanthus urinaria* | Phyllanthaceae | [7] |
| *Aruncus dioicus* | Rosaceae | [3] |
| *Lycium chinense* | Solanaceae | [8] |

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