

Table S1. General characteristic of studied bedrooms as well as the distribution of nightly average indoor temperature and humidity in each studied bedroom depending on door opening.

Parameters	Teenager		Child	
	doors opened	doors closed	doors opened	doors closed
Children's age, years	13		9	
Area, m ²	12.45		11.30	
Window directed to	south		north	
Number of measurements	12723	9243	14999	15580
Average temperature, °C	21.1	21.1	22.1	22.0
Minimum temperature, °C	20.2	20.4	21.4	21.5
Maximum temperature, °C	22.2	22.2	22.6	22.5
Average humidity, %	46.0	46.9	31.8	34.9
Minimum humidity, %	43.6	42.9	29.7	32.6
Maximum humidity, %	49.2	50.4	34.5	36.5