

## Supplementary Material

Table S1. Correlations between body mass index and glycemic control indicators.

	BMI, Q1	BMI, Q2	BMI, Q3	BMI, Q4	p-Value
No. (%)	331 (24.6)	328 (24.4)	339 (25.2)	333 (24.7)	
Age, years	72 ± 14 <sup>a</sup>	71 ± 13 <sup>a</sup>	68 ± 12 <sup>b</sup>	67 ± 13 <sup>b</sup>	<0.001 <sup>1)</sup>
Diabetes	85 (29.3)	94 (33.7)	109 (36.9)	118 (41.4)	0.002 <sup>*</sup>
Laboratory					
FBS, mg/dL	130.3 ± 53.6 <sup>a</sup>	139.4 ± 66.7 <sup>a</sup>	132.4 ± 50.5 <sup>a</sup>	140.6 ± 58.1 <sup>a</sup>	0.109 <sup>1)</sup>
Initial glucose, mg/dL	139.1 ± 56.0 <sup>a</sup>	145.5 ± 65.3 <sup>a</sup>	143.2 ± 56.3 <sup>a</sup>	150.5 ± 62.0 <sup>a</sup>	0.185 <sup>1)</sup>
HbA1c, g/dL	5.99 ± 1.19 <sup>a</sup>	6.25 ± 1.39 <sup>a,b</sup>	6.25 ± 1.34 <sup>a,b</sup>	6.35 ± 1.36 <sup>b</sup>	0.004 <sup>1)</sup>
HbA1c ≥6.5%	61 (21.4)	72 (25.9)	82 (27.9)	100 (35.2)	<0.001 <sup>*</sup>
Glycoalbumin, Quartiles					0.003 <sup>*</sup>
Glycoalbumin, 1Q	47 (16.3)	56 (20.1)	90 (30.5)	78 (27.4)	
Glycoalbumin, 2Q	72 (25.0)	79 (28.3)	64 (21.7)	76 (26.7)	
Glycoalbumin, 3Q	93 (32.3)	74 (26.5)	70 (23.7)	57 (20.0)	
Glycoalbumin, 4Q	76 (26.4)	70 (25.1)	71 (24.1)	74 (26.0)	
GA/HbA1c	2.77 ± 0.51 <sup>a</sup>	2.69 ± 0.48 <sup>b</sup>	2.58 ± 0.39 <sup>b</sup>	2.57 ± 0.41 <sup>b</sup>	<0.001 <sup>1)</sup>

Abbreviation: BMI, Body mass index; FBS, Fasting blood sugar; IQR, Interquartile ratio. No. (%) or mean ± SD. *p*-Values were calculated by  $\chi^2$  test for trend in proportion. \* Linear by linear association for trend.

<sup>1)</sup> Statistical significances were tested by Oneway analysis of variances among groups. <sup>a,b)</sup> The same letters indicated non-significant difference between groups based on Scheffe multiple comparison test.