

Table S1. Characteristics and baseline scores of those who completed assessments at both time points (longitudinal cohort) versus those who were lost to follow up.

Measure at Baseline Assessment	Lost to Follow Up, N = 49¹	Longitudinal Cohort, N = 48¹	p-value
Age	42 (32, 64)	39 (32, 55)	0.4 ²
Sex			0.058 ³
Male	9 (18%)	17 (35%)	
Female	40 (82%)	31 (65%)	
Education Status			0.7 ²
Advanced Degree	22 (45%)	23 (48%)	
College	18 (37%)	22 (46%)	
High School	6 (12%)	3 (6%)	
No response	3	0	
PHQ-9	2.5 (0, 10.75)	4 (1.5, 8.5)	0.5 ²
BAI	5 (2, 12.25)	5 (1, 8.5)	0.3 ²
TDI	22.5 (19, 27)	26 (20.63, 28.63)	0.034 ²

¹Median (IQR); n (%).

²Wilcoxon Rank Sum Test

³Pearson's Chi-Squared Test