



Review

# Pitfalls of Mitochondrial Redox Signaling Research

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**Abstract:** Redox signaling from mitochondria (mt) to the cytosol and plasma membrane (PM) has been scarcely reported, such as in the case of hypoxic cell adaptation or (2-oxo-) 2-keto-isocaproate (KIC)  $\beta$ -like-oxidation stimulating insulin secretion in pancreatic  $\beta$ -cells. Mutual redox state influence between mitochondrial major compartments, the matrix and the intracristal space, and the cytosol is therefore derived theoretically in this article to predict possible conditions, when mt-to-cytosol and mt-to-PM signals may occur, as well as conditions in which the cytosolic redox signaling is not overwhelmed by the mitochondrial antioxidant capacity. Possible peroxiredoxin 3 participation in mt-to-cytosol redox signaling is discussed, as well as another specific case, whereby mitochondrial superoxide release is diminished, whereas the matrix MnSOD is activated. As a result, the enhanced conversion to  $H_2O_2$  allows  $H_2O_2$  diffusion into the cytosol, where it could be a predominant component of the  $H_2O_2$  release. In both of these ways, mt-to-cytosol and mt-to-PM signals may be realized. Finally, the use of redox-sensitive probes is discussed, which disturb redox equilibria, and hence add a surplus redox-buffering to the compartment, where they are localized. Specifically, when attempts to quantify net  $H_2O_2$  fluxes are to be made, this should be taken into account.

**Keywords:** redox signaling from mitochondria; matrix  $H_2O_2$  release;  $H_2O_2$  release into intracristal space; cytosolic  $H_2O_2$  release; redox buffers; peroxiredoxins; redox-sensitive probes; MnSOD



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## 1. Introduction

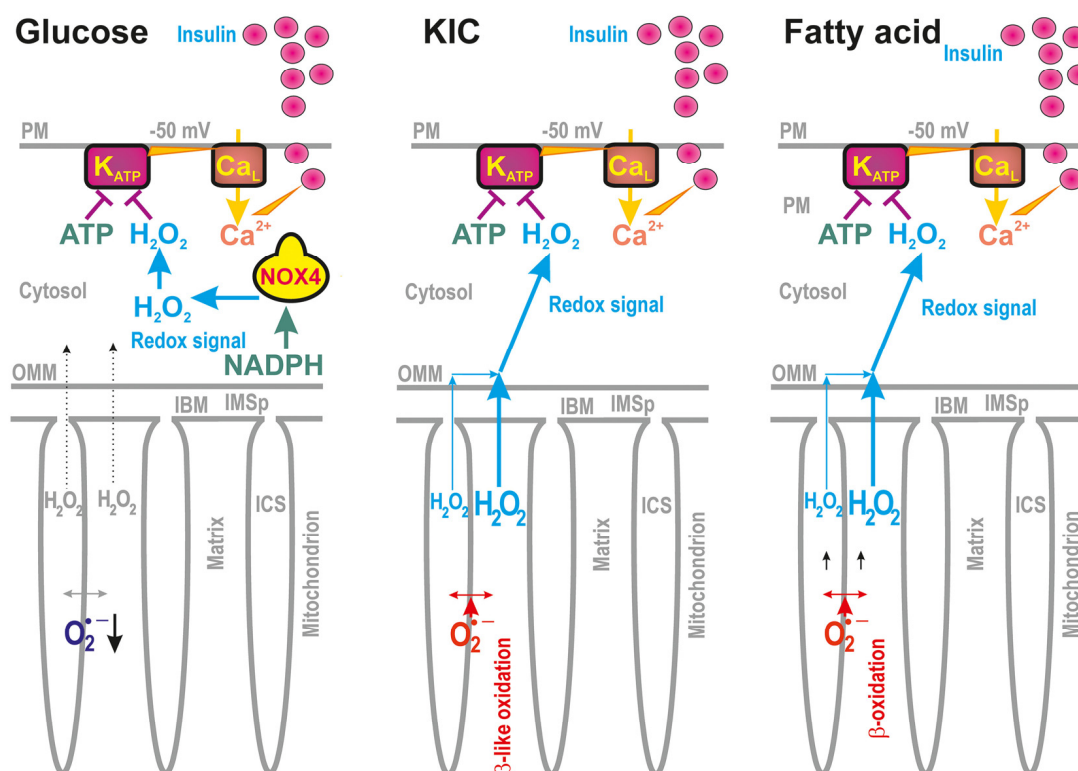
Redox homeostasis in mitochondrial (mt) compartments is interrelated with redox homeostasis in cytosol and plasma membrane (PM). In many cell types, specifically, where mitochondrial volume accounts for a large fraction of the cell volume, the mitochondrial formation of superoxide and downstream reactive oxygen species (ROS) significantly contributes to the overall cell ROS sources and the established redox state. Balance between pro-oxidant and antioxidant processes determines the redox state within the particular cell compartments and/or organelles. When such balance is shifted so that ROS sources prevail or antioxidant mechanisms are diminished, oxidative stress arises above a certain threshold, distinct in different cell types. However, below such oxidative stress thresholds, transient increases in ROS exist, typically  $H_2O_2$  elevations, that represent redox signaling. Redox signals can act within the same single compartment or between distinct compartments. In this review article, the acute redox signaling from mitochondria to the cytosol is discussed, i.e., within a time frame of minutes or when only post-translational modifications may be effective, but not transcriptome reprogramming. The validated examples are reviewed, and theoretical relations are predicted. A specific case is pointed out, when directions of redox/oxidation state have opposite trends, i.e., when the matrix superoxide release diminishes, whereas the cytosolic  $H_2O_2$  release is elevated. Long-term redox regulations are not discussed.

It should be stated that reports of acute redox signaling from mitochondria are rather scarce. The reader can also refer to excellent reviews published elsewhere [1–4]. One of the validated cases of redox signals from mitochondria is concerned with the initiation of hypoxia-induced factor- (HIF)-mediated transcriptome reprogramming [5,6]. Other redox-sensitive gene-regulatory processes, spanning various time scales, have also been

reported, such as in progression through the S-phase of the cell cycle [7] and the regulation of quiescence, activation, proliferation, and differentiation of stem cells [8]. A class of mt redox burst processes arises from the succinate accumulation and its sudden subsequent termination leading to the reverse electron transfer (RET) and very intensive ROS bursts (pathological, upon hypoxia/reoxygenation, i.e., ischemia/reperfusion [9]) or less-intensive ROS bursts, representing physiological redox signaling [10,11].

## 2. Pancreatic $\beta$ -Cells as Exemplar Milieu for Mitochondrial and Cytosolic Redox Signals

Studying pancreatic  $\beta$ -cells [12–21], we have encountered situations upon the glucose-stimulated insulin secretion (GSIS) [18,19] and fatty acid- (FA)-stimulated insulin secretion (FASIS) [12,22], whereby a distinct direction of pro-oxidant vs. more reduced states occur in cytosolic vs. mitochondrial matrix compartments (Figure 1). For both, upon GSIS and FASIS, the cytosolic compartments became more oxidized via  $H_2O_2$  release, whereas the mt matrix superoxide release was indicated to decline [12–14,18,19,22,23].



**Figure 1.** Redox signaling upon insulin secretion, stimulated either with glucose [18,19], ketoisocaproate (KIC) [18], or fatty acid [22]. Schemes show that the ATP-sensitive  $K^+$  channel ( $K_{ATP}$ ) is to be closed only when both ATP and  $H_2O_2$  (redox signaling) act in synergy [18], leading to a threshold depolarization ( $-50$  mV) of the plasma membrane and concomitant opening of the voltage-dependent  $Ca^{2+}$  channels ( $Ca_L$ ), allowing the  $Ca^{2+}$  entry and insulin granule vesicles' exocytosis. With glucose, the pentose phosphate shuttle supplies NADPH [24] (besides so-called redox pyruvate transport shuttles, [19]) for the constitutively expressed NADPH-oxidase isoform 4 (NOX4), which provides cytosolic redox signaling [18]. With KIC, its oxidation provides both ATP and  $H_2O_2$ , which now originates from the mt-matrix-formed superoxide/ $H_2O_2$  [18]. KIC is oxidized via a series of reactions resembling fatty acid  $\beta$ -oxidation (termed  $\beta$ -like oxidation) [13,14]. Finally, with fatty acid, even at low glucose, fatty acid  $\beta$ -oxidation also provides both ATP and  $H_2O_2$ . Again,  $H_2O_2$  is of mt matrix origin and redox signaling from mitochondria to the plasma membrane (PM) has to occur. Simultaneously,  $H_2O_2$  also activates mitochondrial phospholipase iPLA2 $\gamma$  (not shown, for simplicity), which adds a surplus of mt fatty acids for both  $\beta$ -oxidation and the metabotropic GPR40 receptor on PM [22]. GPR40 downstream pathways further stimulate insulin secretion.

## 2.1. Distinct Redox States of Mitochondrial vs. Cytosolic Compartments

### 2.1.1. Distinct Redox States of Mitochondrial vs. Cytosolic Compartments upon GSIS

Upon GSIS, the increased  $\text{H}_2\text{O}_2$  release due to the elevated function of NADPH-oxidase 4 (NOX4) is essential for the subsequent exocytosis of insulin granule vesicles (IGVs) [18,21], while such a cytosolic redox signal co-induces the closure of the ATP-sensitive  $\text{K}^+$  channels ( $\text{K}_{\text{ATP}}$ ) on the plasma membrane together with the elevated ATP [13,14,18]. Thus, in pancreatic  $\beta$ -cells, the  $\text{K}_{\text{ATP}}$  closure with the aid of other non-specific calcium channels (NSCCs, such as TRMP2 channels, [17]) or  $\text{Cl}^-$  channels allows plasma membrane depolarization to the  $-50$  mV threshold [15], allowing subsequent intermittent opening of  $\text{Ca}^{2+}$  channels together with counteracting voltage-dependent  $\text{K}^+$  channels. The resulting intermittent  $\text{Ca}^{2+}$  entry into the cytosol, detectable as cytosolic  $\text{Ca}^{2+}$  oscillations, stimulates pulsatile IGV exocytosis [13–16] (Figure 1).

Nevertheless, in the mitochondrial matrix, the opposite redox changes occur upon GSIS [19]. Due to the induction of the operation of several redox shuttles [16,19], less NADH is produced within the mt matrix, which leads to lowering mt substrate pressure ( $\text{NADH}_{\text{mt}}/\text{NAD}^+_{\text{mt}}$ ) onto the respiratory chain (RC) Complex I flavin site of superoxide formation ( $\text{I}_{\text{F}}$ ) and hence less superoxide is formed. As a result, less  $\text{H}_2\text{O}_2$  is released into the mitochondrial matrix [19,23].

Among the redox shuttles verified via several reports [16,19], a pyruvate–malate shuttle is enabled via the pyruvate carboxylase (PC) reaction bypassing the regular pyruvate dehydrogenase- (PDH)-mediated entry into the Krebs cycle, while allowing the reverse reaction of the mt matrix malate dehydrogenase (MDH2), consuming NADH instead of making it. Subsequent malate export from the mt matrix benefits the cytosolic malic enzyme (ME1) which transfers malate into the pyruvate, yielding NADPH instead [19]. Notably, such additional NADPH feeds NOX4, together with the two enzymes of the pentose phosphate pathway (PPP), producing NADPH, i.e., glucose-6-phosphate dehydrogenase and 6-phosphogluconate dehydrogenase [13,14]. Metabolomics studies have determined that up to 10% of glucose flux is diverted to PPP and hence  $\text{H}_2\text{O}_2$  formation via NOX4 [24]. The pyruvate–malate shuttle then represents an additional source of NADPH for NOX4.

Another experimentally verified redox shuttle is the pyruvate–isocitrate shuttle, not allowing the mt matrix isocitrate dehydrogenase isoform 3 (IDH3) to form NADH, but instead the matrix NADPH is consumed by IDH2 [19,25]. This allows the export of isocitrate from the mt matrix and reaction of cytosolic IDH1, transforming isocitrate to 2-oxoglutarate (2OG), while again forming NADPH as the surplus substrate for NOX4. Similarly, having produced typically less than three NADH in a single turn of the Krebs cycle, the RC Complex I site  $\text{I}_{\text{F}}$  forms less superoxide and the  $\text{H}_2\text{O}_2$  release into the mt matrix is slowed down.

It seems that there is no problem with the above explanations or interpretations of published data. However, one may ask why the increasing cytosolic  $\text{H}_2\text{O}_2$  release is not projected into the mt matrix. Are the enzyme and transport pathways of the redox shuttles so powerful that they create redox states, which are not counteracted from the cytosolic  $\text{H}_2\text{O}_2$ , possibly acting back to the mt matrix? Is there any “redox insulation”? How does the peroxiredoxin system [2,26] of the cytosol vs. matrix respond to these redox changes? What is the cause that enables the mt matrix compartment to be independent, despite the fact that it represents a relatively minor volume compared to the cytosolic one?

### 2.1.2. Distinct Redox States of Mitochondrial vs. Cytosolic Compartments upon FASIS

Upon ongoing FASIS [12,22], distinct directions of  $\text{H}_2\text{O}_2$  release into the cytosol vs. mt matrix are also encountered. Interestingly, there exists a functional synergy of the mt uncoupling protein 2 (UCP2) and the redox-activated mt  $\text{Ca}^{2+}$ -independent phospholipase A2, isoform  $\gamma$  (iPLA2 $\gamma$ /PNPLA8). This synergy results in a mild uncoupling of the protonophoric force  $\Delta p$ , established on the inner mitochondrial membrane (IMM; specifically on the intracrystal membranes (ICS membranes)) and hence causes a slowdown of the

superoxide release into the mt matrix [22]. Indeed, the released nascent FAs, cleaved by iPLA2 $\gamma$ /PNPLA8 from the mt phospholipids, become cycling anionic substrates of UCP2, causing such a mild uncoupling [22,27]. The silencing/ablation of either UCP2 or iPLA2 $\gamma$  prevented a >50% decrease in the superoxide release into the mt matrix [22].

Nevertheless, and on the contrary, upon FASIS, at the same time, FA  $\beta$ -oxidation creates excessive superoxide/H<sub>2</sub>O<sub>2</sub> (Figure 1), which is subsequently sensed by the introduced cytosolic fluorescence ROS probes in insulinoma INS-1E cells [22]. In the isolated pancreatic islets (PIs) and INS-1E cells, it even reaches the cell exterior (unpublished data). Again, how is this possible? Why does the matrix fluorescence superoxide indicator linked to the redox state shows a decrease [19,22], whereas the cytosolic [18] H<sub>2</sub>O<sub>2</sub> probes indicate an H<sub>2</sub>O<sub>2</sub> increase? Is there any channeling of the oxidized state from the mt membranes to the cytosol? Does the mt peroxiredoxin system [2,26] participate in such an outward-directed H<sub>2</sub>O<sub>2</sub> flux? Is the superoxide formed within the intracristal membrane, somehow insulated from the intracristal space or the intermembrane space, so that the opposite redox changes are allowed therein?

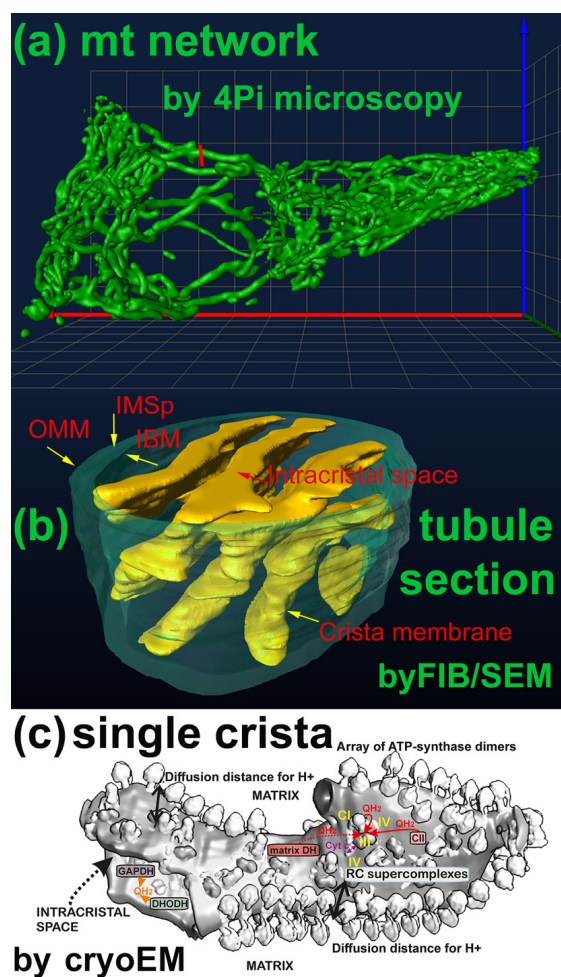
To answer all of these questions, further research is required. To create solid theoretical predictions, we will attempt to make theoretical analyses in the further text below. They converge in two models or hypotheses. The first one is concerned with the participation of the peroxiredoxins; the second one is concerned with the activation of the mt matrix superoxide dismutase MnSOD/SOD2. The latter could explain the opposite mt matrix probe vs. the cytosolic probe responses, since paradoxically, the activation of MnSOD accelerates superoxide dismutation and this competes with the response of the superoxide-sensitive probe, such as MitoSOX. As a result, MitoSOX monitors a decreasing superoxide release rate, whereas the resulting accelerated H<sub>2</sub>O<sub>2</sub> formation in the matrix allows a high portion of H<sub>2</sub>O<sub>2</sub> to diffuse into the cytosol. In this way, perfect conditions for redox signaling from the mitochondria could be established.

### 3. Redox Sources vs. Redox Buffers in Mitochondria and Cytosol

#### 3.1. Specificity Given by the Mitochondrion Architecture

##### Understanding Mitochondrial Compartments

The mitochondrion typically forms a nearly connected tubular network [28–32], from which small fragments are dynamically separated by fission mechanisms, while fragments join the main network via the fusion mechanism. The ultrastructural organization of mt cristae within the network (or fragments) is complex, so that at least the following compartments are recognized [31] (Figure 2). The innermost matrix compartment resembles an infinite octopus with lamellar tentacles, whereas the intracristal space (ICS) is formed by crista membrane (CM) lamellae oriented mostly perpendicularly to the nearly cylindrical outer membrane and the parallel inner boundary membrane (IBM), from which the CM are invaginated.



**Figure 2.** Compartments of mitochondrion. Schemes shows examples of the following: (a) Mitochondrial network as imaged using 4Pi microscopy, i.e., 3D high-resolution fluorescence microscopy (images, such as published in Ref. [28]). (b) Section of a mitochondrial network tubule (such as indicated by the red line in (a)), extracted from 3D FIB/SEM images (see Ref. [33]). The outer mitochondrial membrane (OMM) is highlighted by a green color, similarly to the inner boundary membrane (IBM) and the intermembrane space peripheral (IMSp) between them. Yellow color-coding is used for cristae membranes, shown together with the contained but unresolved proteins. (c) Image of a single crista with already-resolved ATP-synthase dimers and respiratory chain (RC) supercomplexes, adopted from Ref. [34]. Diffusion distances for ubiquinol (QH<sub>2</sub>) or ubiquinone (Q) are indicated by arrows, as well as the diffusion of protons between the ATP-synthase and RC supercomplexes. Matrix-faced dehydrogenases (DHs) allow QH<sub>2</sub> diffusion on the same leaflet, whereas the QH<sub>2</sub> diffusion between dehydrogenases facing the intracristal space (ICS) requires a flip/flop of QH<sub>2</sub>/Q. These are namely glycerol-3-phosphate dehydrogenase (GAPDH) and dihydroorotate dehydrogenase (DHODH).

Around the crista outlets, which resemble a bottleneck, the MICOS-SAM complexes form so-called crista junctions (CJs), joining the IBM MICOS with the OMM SAM [31,32]. A typical crista lamella is not a regular cuboid, but an irregular structure with edges formed by the ATP-synthase dimers organized in arrays [31]. The RC supercomplexes reside on flanks of crista lamellae [34]. Cristae (crista lamellae) can shrink to provide more-efficient oxidative phosphorylation (OXPHOS) or inflate to establish less-efficient OXPHOS [33,35,36]. The thin cylindrical compartment forming the center of the OMM IBM sandwich was termed as the intermembrane space (IMS). We will refer to it as the peripheral IMS (IMSp, [31]) to distinguish IMSp from the cristae lumen space, which is in fact the ICS.



### 3.2. Key Players of Redox Equilibrium in Mitochondria and Cytosol

#### 3.2.1. Original Mitochondrial Superoxide Sources

The mitochondrion provides several sites forming superoxides. A detailed description of the mechanisms and locations of the superoxide sources can be found in published reviews, e.g., [31,37–39]. We should note, however, that most of the considered sites of the superoxide formation release superoxide to the mt matrix compartment. Only a part of the Complex III site III<sub>Q<sub>o</sub></sub> superoxide production is released to the ICS, as well as the superoxide produced by ICS-facing dehydrogenases (if they produce superoxide under the given conditions), such as glycerol-3-phosphate dehydrogenase (GAPDH) and dihydroorotate dehydrogenase (DHODH) [31,37,38]. Also, Complex II (succinate dehydrogenase) produces superoxide under certain conditions [31,40], namely in pathologies [31,41].

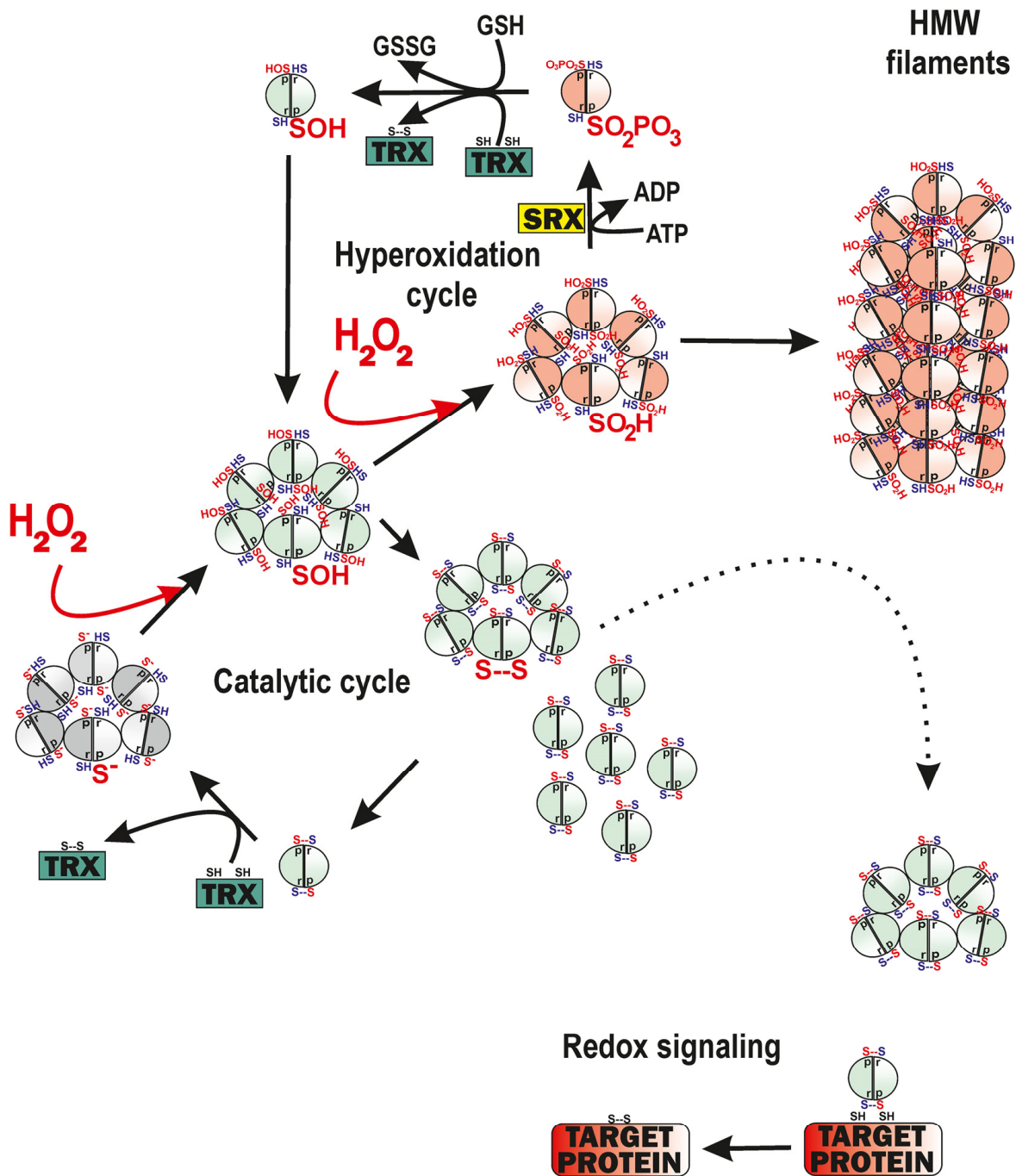
Note that the IMSp is regarded as the most oxidized compartment, due to the function of the MIA40 system oxidizing sulfhydryl pairs (located apart) of certain suitable IMS proteins into S-S bridges (disulfides) upon their import [42,43]. Moreover, CuZnSOD has been located in this compartment. It is not known whether the MIA40 system can also affect ICS [42,43]. In this review, we do not discuss the redox phenomena in the cytosol, since this would entail another review. The reader can find descriptions in references such as [4,39].

#### 3.2.2. Peroxiredoxin System

Peroxiredoxins (PRDXs) of the 2-Cys type are decameric (dodecameric in mt) hydroperoxide reductases containing peroxidatic cysteine, C<sub>P</sub>. They form a toroid (doughnut-like) structure of five (six) homodimers, which can split from the toroid in an unstable disulfide conformation (Figure 3). The second resolving cysteine, C<sub>R</sub>, in the second homodimer subunit forms an inter-subunit disulfide bond with C<sub>P</sub> upon a reaction with H<sub>2</sub>O<sub>2</sub> [44–50]. At first, sulfenic acid (R-SOH) is formed via two-electron reversible oxidation. In an atypical mt peroxiredoxin, PRDX5, the intra-subunit S-S bridge, is formed, i.e., within the single subunit [44–48]. The PRDX ring is destabilized when disulfide bonds are formed [44,46]. Finally, the cycle is completed by the reduction of the two disulfide bonds of the homodimer, catalyzed either by a couple of thioredoxins (TRXs) plus NADPH-dependent TRX reductase (TRXR), or by glutathione (GSH)/glutaredoxin (GRX) [44–48] (Figure 3).

Since peroxiredoxins react with H<sub>2</sub>O<sub>2</sub> faster than other peroxidases, such as catalases and glutathione peroxidases (GPX), they are considered as the main regulators of cytosolic H<sub>2</sub>O<sub>2</sub> (besides NOX enzymes) and the related development of diseases with etiology involving oxidative stress. Thus, peroxiredoxins have been implicated in cancer development [49,50], as targets for cardiovascular disease [51] or neurodegenerative diseases [52], and in the β-cell defense against oxidative damage [53].

Cytosolic peroxiredoxins convey their oxidation by H<sub>2</sub>O<sub>2</sub> to the terminal target proteins, typically phosphatases or transcription factors [44,46,54–58]. Thus, peroxiredoxins are literally capable of a “redox kiss” to the target protein, enabling the execution of a redox signal. A phenomenon of the so-called floodgate has been predicted to describe the shift of the oxidation from the original to distant locations [2,59,60]. It is based on the property of 2-Cys cytosolic peroxiredoxins PRDX1, PRDX2, and mtPRDX3 to form stacks of decamers/dodecamers (high-molecular-weight complexes, HMW), when sulfenyls are oxidized into higher oxidized states, i.e., to sulfinyls or even to sulfonyls [26]. HMW complexes frequently form filaments and those with sulfinyls can still be reduced by ATP-dependent sulfinyl reductase (SRX) enzymes [26,61] (Figure 3), unlike those with sulfonyls. The hyperoxidation of PRDX3 is about twice as slow than for PRDX2 [26].



**Figure 3.** Peroxiredoxins of 2-Cys type exemplified by cycles of mt PRDX3. The catalytic cycle of the PRDX3 dodecamer emphasizes the deprotonation of the peroxidatic cysteine into S<sup>-</sup> (red, protein part denoted as “p”), its oxidation into the sulfenyl state, and concomitant formation of S-S bonds with the resolving cysteines in the proximal subunit of the dimeric couple (dark blue, protein part denoted as “r”). After this, dodecamers occur in an unstable conformation, allowing splitting to dimers, which are reduced (regenerated to the original state) by the thioredoxin (TRX) plus TRXR (omitted). Upon intensive H<sub>2</sub>O<sub>2</sub> flux, a hyperoxidation cycle starts by oxidation into sulfinyls (SO<sub>2</sub>H), which can stack into the HMW filaments. Sulfinyls can be reduced at the expense of the ATP, being phosphorylated during the first step via a sulfinyl reductase reaction (sulfiredoxin, SRX), followed by TRX/TRXR or glutathione (GSH)/GRX. Redox signaling can exist, when a particular target protein with proximal cysteines interacts with just the peroxiredoxin in a state with disulfides. Protein reduces the peroxiredoxin dimer, whereas being oxidized into disulfides typically alters its function.

According to the floodgate model, the HMWs formed in the original locations upon a sustained  $H_2O_2$  flux allow oxidation in the distant loci, proximal to the target proteins, and hence enable the execution of the redox signal. HMW thus effectively withdraws PRDX molecules from the catalytic cycle; so, in their loci, PRDX oxidation cannot proceed and  $H_2O_2$  is allowed to diffuse to further distances. But, PRDX-containing sulfenyls are brought back after their reduction by the SRX system. Mt SRXs were reported to act in the transfer of circadian rhythms to the mitochondrial matrix via the SRX expression intermittent with SRX degradation by LON-protease, controlled by the clock-genes in the adrenal gland, brown adipose tissue, and heart [26,62,63].

In human cells, six isoforms of PRDXs exist. PRDX1, PRDX2, and PRDX6 are localized in the cytosol and nucleus, while PRDX4 is localized in the endoplasmic reticulum [44–50]. The isoform PRDX3 is exclusively mitochondrial, whereas PRDX5 is located in mitochondria [64], but also in the cytosol and peroxisomes. PRDX 5 prefers lipid peroxides and peroxyxynitrite over  $H_2O_2$ . Artificial PRDX5 expression in IMSp attenuated hypoxic transcriptome reprogramming as well as carcinogenesis [65,66]. PRDX6 can be recruited to mitochondria (to OMM) [67–69]. PRDX6 is a 1-cys-PRDX, which forms only homodimers and is unable to form disulfide bonds nor to be reduced by SRX. Its sulfenic moiety is then reduced with GSH, but not with thioredoxins. PRDX6 reduces oxidized phospholipids and also exerts  $Ca^{2+}$ -independent phospholipase A2 activity.

### 3.2.3. Other Mitochondrial Redox Buffers

Glutathione (GSH) is a major mt matrix redox buffer in numerous cells [2,4], but exerts a lower abundance and power in certain cells, such as in pancreatic  $\beta$ -cells [12–16]. The glutathione peroxidase (GPX) family consists of five enzymes with seleno-cysteine active sites (GPX1 to 4, GPX6), utilizing GSH as a cofactor [70,71], and three other enzymes with a redox sensor role (GPX5, GPX7, and GPX8) having only cysteine residues in their active sites and modest peroxidase activity [72]. Note that the cytosolic and mitochondrial GPX1 and plasma membrane and cytosolic GPX4 are abundant in all tissues and cell types. A complete survey of the mt GPX isoform is yet to be made. Relations of GPX enzymes to the ferroptosis type of cell death have been firmly established [73]. A correlated function of the redox buffers in the mitochondrial matrix (ICS, IMSp) has to always be considered for the particular cell type and/or physiological or pathological situation.

## 3.3. Diffusion of Mitochondria-Produced $H_2O_2$ into the Cytosol and Extracellular Compartment

### 3.3.1. Diffusion of $H_2O_2$ to the Cytosol

The primary superoxide sources, such as RC supercomplexes, can release the superoxide anion into the mt matrix compartment or into the ICS [31,37–39]. MnSOD, localized in the matrix, should convert the majority of superoxide into  $H_2O_2$ . Similarly, CuZnSOD might convert the ICS-released superoxide into  $H_2O_2$  just within the ICS [74]. Note that if  $H_2O_2$  was diffusing across the CM, it would reach the mt matrix within ~99% of the CM surface. Only at the proximity of CJs can the ICS-located  $H_2O_2$  escape into the IMSp and subsequently via the OMM, even to the cytosol. So, considering only the ultrastructure of the mitochondrion, one can recognize how difficult it is to establish  $H_2O_2$  diffusion from ICS to the cytosol. This is why, in our considerations below, we will frequently simplify a problem to a situation, only when the matrix superoxide or  $H_2O_2$  release is considered. Thus, a regular diffusion of  $H_2O_2$  from the matrix to the cytosol must proceed across the IBM, IMSp, and OMM.

Let us first calculate a fraction of the original mt superoxide source that might reach the cytosol. Let  $J^S$  be the original total superoxide formation rate (flux) from all mt sources. It divides into the two mentioned directions, to the ICS  $J^S_{ICS}$  and to the mt matrix  $J^S_m$ :

$$J^S = J^S_{ICS} + J^S_m \quad (1)$$



The superoxide dismutation in these compartments acts with an efficiency of  $\epsilon_{ICS}$  and  $\epsilon_m$ , respectively, so that the total  $H_2O_2$  release  $J$  into the ICS compartment will be as follows:

$$J_{ICS} = \epsilon_{ICS} \cdot J^S_{IC} \tag{2}$$

For the matrix compartment, this will be

$$J_m = \epsilon_m \cdot J^S_m \tag{3}$$

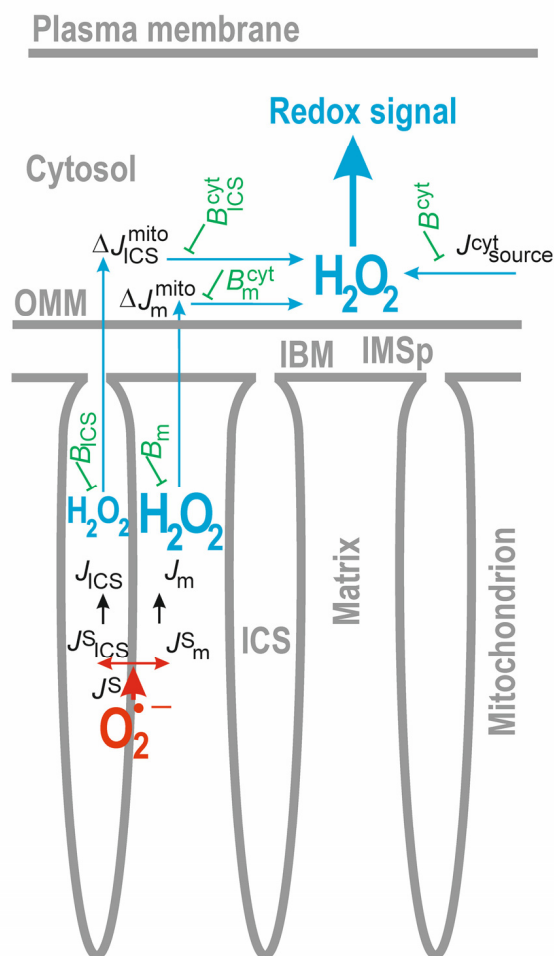
However, these fluxes will be counteracted by the redox buffers and antioxidants. Let us consider that all matrix redox buffers/antioxidants withdraw  $H_2O_2$  via the rate  $B_m$ , and similarly via the rate  $B_{ICS}$  within the ICS. Next, any remaining and perhaps potentially escaping free  $H_2O_2$  flux  $\Delta J^{mito}$  into the cytosol (Figure 4) will be as follows:

$$\Delta J^{mito}_{ICS} = \nu_{ICS} \cdot (\epsilon_{ICS} \cdot J^S_{ICS} - B_{ICS}) \tag{4}$$

and for the matrix compartment, this will be as follows:

$$\Delta J^{mito}_m = \nu_m \cdot (\epsilon_m \cdot J^S_m - B_m) \tag{5}$$

where the only fraction  $\nu_{ICS}$  or  $\nu_m$ , respectively, of free  $H_2O_2$  diffuses across CJs/IMSp/OMM or IBM/IMSp/OMM, respectively.



**Figure 4.** Considered fluxes and redox buffers for deriving the cytosolic redox signal (see Equation (6)).

### 3.3.2. Convergence of Mitochondrial and Cytosolic H<sub>2</sub>O<sub>2</sub> Fluxes

Within the cytosol, we should consider that all cytosolic H<sub>2</sub>O<sub>2</sub> sources contribute to the cytosolic H<sub>2</sub>O<sub>2</sub> release flux  $J^{\text{cyt}}_{\text{source}}$ , which is counteracted by the cytosol redox buffer capacity (flux)  $B^{\text{cyt}}$ , to which we also include any H<sub>2</sub>O<sub>2</sub> detoxification, such as the one in peroxisomes or via glutathione peroxidases. Indeed, such a cytosolic H<sub>2</sub>O<sub>2</sub> withdrawal (redox buffer/antioxidant capacity) also counteracts the two mitochondrial H<sub>2</sub>O<sub>2</sub> resources; so, the net cytosolic H<sub>2</sub>O<sub>2</sub> release can be expressed as follows:

$$\Delta J^{\text{cyt}} = J^{\text{cyt}}_{\text{source}} - B^{\text{cyt}} + \nu_m \cdot (\epsilon_m \cdot J^{\text{S}}_m - B_m) - B_m^{\text{cyt}} + \nu_{\text{ICS}} \cdot (\epsilon_{\text{ICS}} \cdot J^{\text{S}}_{\text{ICS}} - B_{\text{ICS}}) - B_{\text{ICS}}^{\text{cyt}} \quad (6)$$

Note that  $\Delta J^{\text{cyt}} > 0$  when

$$B^{\text{cyt}} + \nu_m \cdot B_m + \nu_{\text{ICS}} \cdot B_{\text{ICS}} + B_m^{\text{cyt}} + B_{\text{ICS}}^{\text{cyt}} < J^{\text{cyt}}_{\text{source}} + \nu_m \cdot J_m + \nu_{\text{ICS}} \cdot J_{\text{ICS}} \quad (6a)$$

This refers to when the H<sub>2</sub>O<sub>2</sub>/superoxide sources overcome the redox buffering/antioxidant capacities in all of the compartments involved, i.e.,  $\Sigma B$ . If one would attempt to estimate the extracellular H<sub>2</sub>O<sub>2</sub> release, the fraction of  $\nu_{\text{PM}}$ , i.e., the fraction of  $J^{\text{cyt}}$ , which is able to cross the plasma membrane (PM), must be considered. Hence, it is valid that

$$\Delta J^{\text{extracellular}} = \Delta J^{\text{cyt}} \cdot \nu_{\text{PM}} \quad (7)$$

In the case where there are no intense cytosolic H<sub>2</sub>O<sub>2</sub> sources, the relationship (6a) turns into the following:

$$\Sigma B < \nu_m \cdot J_m + \nu_{\text{ICS}} \cdot J_{\text{ICS}} \quad (7a)$$

### 3.4. Distinct Redox State Changes in Cytosolic vs. Matrix Compartments

#### 3.4.1. When Is This Possible?

Let us analyze whether the above simplified equations allow us to distinguish between redox state changes in the cytosolic vs. matrix compartments. We consider the cytosolic change as that one in the peri-plasma membrane locations or the one projecting up to the extracellular space. Let us also consider for simplification that  $\epsilon_{\text{ICS}} \cdot J^{\text{S}}_{\text{ICS}} = B_{\text{ICS}}$ , so that the last term in Equation (6) is zero. Let us further approximate that  $\nu_m = 1$ . As a result, we obtain a simplified relationship, as follows:

$$\Delta J^{\text{cyt}} = J^{\text{cyt}}_{\text{source}} - B^{\text{cyt}} + \epsilon_m \cdot J^{\text{S}}_m - B_m - B_m^{\text{cyt}} \quad (8)$$

This  $\Delta J^{\text{cyt}}$  flux of H<sub>2</sub>O<sub>2</sub> is positive when

$$J^{\text{cyt}}_{\text{source}} > B^{\text{cyt}} + B_m + B_m^{\text{cyt}} - J_m \quad (8a)$$

We may conclude that when the mitochondrial source decreases (upon ongoing antioxidant mechanisms), there could still exist a pro-oxidant H<sub>2</sub>O<sub>2</sub> release in the cytosol, if its source exceeds the redox buffering capacities plus a drop in the mitochondrial source. *Vice versa*, when there is a negligible cytosolic H<sub>2</sub>O<sub>2</sub> source, the mitochondrial one must overcome all of the redox buffers/antioxidants in the compartments. One can observe that the conditions of Equation (8a) exist upon GSIS, when the  $J^{\text{cyt}}_{\text{source}}$  is represented by the NOX4, whereas the redox pyruvate shuttles provide a decrease in  $J_m$  with time. When H<sub>2</sub>O<sub>2</sub> efflux from peroxisomes is possible [75],  $J^{\text{cyt}}_{\text{source}}$  should contain such a component.

#### 3.4.2. Accelerated MnSOD Activity

One can also consider that the MnSOD activity could be increased upon certain stimuli. To solve this case, we should consider and experimentally evaluate superoxide release and H<sub>2</sub>O<sub>2</sub> production, diffusion, and release to the matrix vs. cytosolic compartments separately. We must therefore calculate the remaining superoxide flux  $\Delta J^{\text{S}}_m$  as the difference between sources and consumption. The major part of consumption is the dismutation by MnSOD, expressed by the term  $J^{\text{SOD}}_m$ . Moreover, phenomena diminishing the original superoxide

formation, such as uncoupling or interaction with mt constituents, etc., can be described by another term, introducing the consumption of the superoxide by a flux  $J_m^{\text{S consuming}}$ . The balance of the matrix superoxide is then expressed as follows:

$$\Delta J_m^{\text{S}} = J_m^{\text{S}} - J_m^{\text{SOD}} - J_m^{\text{S consuming}} \quad (9)$$

When, e.g.,  $J_m^{\text{S consuming}}$  plus  $J_m^{\text{SOD}}$  with time are greater than the original superoxide source  $J_m^{\text{S}}$ , the superoxide release with time decreases. Experimentally, probes such as MitoSOX Red should monitor the decreasing rates of the superoxide release into the mitochondrial matrix in such a case [19]. Nevertheless, upon MnSOD activation (denoted by Index 2, apart from the original state denoted by Index 1) not only does  $J_m^{\text{SOD}}(2)$  increase, but the resulting  $\text{H}_2\text{O}_2$  matrix release also increases. Therefore, substituting Equation (9) into Equation (5), we can obtain

$$\Delta J_m^{\text{mito}}(1) = v_m \cdot \{ \epsilon_m \cdot [J_m^{\text{S}}(1) - J_m^{\text{SOD}}(1) - J_m^{\text{S consuming}}(1)] - B_m \} \quad (10)$$

$$\Delta J_m^{\text{mito}}(2) = v_m \cdot \{ \epsilon_m \cdot [J_m^{\text{S}}(2) - J_m^{\text{SOD}}(2) - J_m^{\text{S consuming}}(2)] - B_m \} \quad (10a)$$

The net change in Situations (2) – (1) when  $J_m^{\text{S}}(1) = J_m^{\text{S}}(2)$  and  $J_m^{\text{S consuming}}(1) = J_m^{\text{S consuming}}(2)$  will be as follows:

$$\Delta J_m^{\text{mito}}(2 - 1) = v_m \cdot \epsilon_m \cdot [J_m^{\text{SOD}}(1) - J_m^{\text{SOD}}(2)] \quad (10b)$$

Since the term  $J_m^{\text{SOD}}(2)$  is larger than  $J_m^{\text{SOD}}(1)$ , the resulting change in  $\text{H}_2\text{O}_2$  release penetrating into the cytosol will be positive and non-zero. We conclude that if under a certain stimulus MnSOD activity increases, one can experimentally indicate the diminishing superoxide with time in the matrix, compared with the increasing  $\text{H}_2\text{O}_2$  with time in the cytosol.

### 3.4.3. Examples of MnSOD Regulation

Acute switch-on of MnSOD activity can only be realized via fast post-translational modifications (PTMs). One of the frequently documented PTMs is the  $\text{NAD}^+$ -dependent sirtuin-3 (SIRT3)-mediated deacetylation of MnSOD [76–78]. There could be a conceptual problem with this, since it is not a large population of enzymes in the matrix that is acetylated/deacetylated, but only a fraction. Nevertheless, in our cases of the intramitochondrial redox signal or weak redox signaling to the cytosol, such a fraction can still produce a sufficient  $\text{H}_2\text{O}_2$  bolus. Concerning MnSOD regulations within an hour time frame or chronic regulations, subtle changes accumulated during the time can also be effective [79–83].

### 3.5. Taking into Account the ICS Volume Changes

#### The ICS Volume Changes upon Substrate Variations

Nature and mitochondrion are more complex for the simplified description, as discussed above. Upon a respiration substrate increase, cristae narrowing has been observed [33], as well as preceding cristae inflation upon hypoxic cell adaptation [35]. We have also encountered cristae narrowing upon GSIS [36]. Let us consider the relative rates before glucose to be  $\Delta J_{\text{ICS}}^{\text{mito}} = 50$  and  $\Delta J_m^{\text{mito}} = 150$  (relative magnitudes based on published data of Ref. [22]), while taking the ICS volume  $V_{\text{ICS}}$  to be twice the volume  $V_{\text{ICS}}$  established after shrinkage and resulting from a high glucose addition (upon GSIS).  $V_{\text{ICS}} = 2 V_{\text{ICS}}$ . We may also reasonably expect and define that  $V_m = 3V_{\text{ICS}}$ . Since the OMM/IBM volume is constant, we can consider that the matrix volume inflates by the same volume through which the ICS volume shrinks. Hence,  $V_{\text{O}_m} = (2/3) \cdot V_m$ .

Considering volumes, one can introduce flux *per* volume as a flux density  $\rho$  in a given compartment. As expressed in our relative units prior to GSIS, this will be  $\rho_{\text{ICS}} = 50 / 2V_{\text{ICS}}$ , which gives  $75/V_m$ . For the matrix,  $\rho_{\text{O}_m} = 225/V_m$ . After the volume changes,  $\rho_{\text{ICS}} = 50/V_{\text{ICS}}$ , which gives  $150/V_m$  and  $\rho_m = 100/V_m$ . Simply, the cristae narrowing to a

half volume causes the effective doubling of the ICS  $H_2O_2$  flux density, whereas it reduces the matrix flux density to about 2/3. These theoretical considerations match the observed values [22].

These considerations and exemplar cases also call for the necessity of measurements of redox states in the ICS and matrix compartments separately. While the MitoSOX Red, MitoB [19], and mitochondria-matrix-addressed HyPer probes monitored redox changes in the matrix compartments, the ICS redox changes were only scarcely evaluated.

#### 4. Floodgate Effect of Peroxiredoxins May Promote Redox Signaling

##### 4.1. Intramitochondrial Redox Signaling Promoted by PRDX3

###### 4.1.1. The Simplest Model

In the simplified model, we consider that the hyperoxidation cycle of PRDX3 is too slow, relative to the catalytic cycle (Figure 3). Consequently, we do not need to calculate the rates for the hyperoxidation cycle and consider them as negligible. We will also neglect the splitting into homodimers. In such a case, the total amount of PRDX3 dodecamers  $[PRDX3]_{12}$  only consists of two major portions. The first fraction  $[PRDX3]_{12}^{SOH}$  is only oxidized into the first, i.e., sulfenyl state, and remains within the catalytic cycle (Figure 3). The second fraction  $[PRDX3]_{12}^{SO_2H+SO_3H}$  is withdrawn from the catalytic cycle, forms HMW structures, and reacts with  $H_2O_2$  only when converting the remaining sulfinyls (R-SO<sub>2</sub>H) into sulfonyls (R-SO<sub>3</sub>H). Using Equation (5), we can neglect other redox buffering power and take the quantity  $B_m^{SOH}$  as the rate of  $H_2O_2$  being withdrawn by the PRDX3 catalytic cycle plus the diminishing rate of oxidation into sulfonyls,  $B_m^{SO_3H}$ . However, note that  $B_m^{SOH}$  decreases with time at the expense of the increasing  $B_m^{SO_2H}$ . The remaining mt matrix  $H_2O_2$  flux will, in this case, be as follows:

$$\Delta J_m^{mito} / v_m = \epsilon_m \cdot J_m^S - B_m^{SOH} - B_m^{SO_2H} - B_m^{SO_3H} \quad (11)$$

where at the decrease in the catalytic cycle at a later time, (2) will diminish the  $H_2O_2$  withdrawal by the rate  $B_m^{SOH}(2)$ , so that

$$B_m^{SOH}(1) - B_m^{SOH}(2) = B_m^{SO_2H}(2) - B_m^{SO_2H}(1) \quad (12)$$

and the difference between the net late and the net initial  $H_2O_2$  flux at  $v_m = 1$  will be as follows:

$$\Delta J_m^{mito}(2) - \Delta J_m^{mito}(1) = B_m^{SO_3H}(1) - B_m^{SO_3H}(2) \quad (13)$$

Since  $B_m^{SO_3H}$  is decreasing and approaches zero with time, the later  $H_2O_2$  flux at a later time (2),  $\Delta J_m^{mito}(2)$ , will be greater than the initial  $\Delta J_m^{mito}(1)$ . This consideration stands for a proof of concept for PRDX3 facilitation of the mitochondrial redox signaling.

Moreover, Equations (11)–(13) describe a steady state and do not consider a faster diffusion of  $H_2O_2$  relative to the diffusion of PRDX3 dodecamers. This difference probably also stands for another cause of the floodgate model mechanism. Within the ~20 nm thin compartments of the mt matrix between the cristae lamellae,  $H_2O_2$  produced by MnSOD molecules distant from the IBM/IMSp/OMM sandwich can escape from the local consumption, not only because of the local floodgate mechanism, being unable to further oxidize HMW structures, but also due to the lack of reduced PRDX dodecamers in the same *loci*. The escape means diffusion up to the IBM and across the IBM/IMSp/OMM, up to the cytosol. However, experiments with a complete ablation of PRDX3 cannot directly evidence the floodgate mechanism, since the total matrix redox buffer capacity is reduced and  $H_2O_2$  diffusion is thus facilitated via the PRDX3 ablation, per se.

We have to also note that hyperoxidized PRDX3 was not detected in the whole pancreases [26]. This does not mean that in a few percent of pancreas mass, represented by  $\beta$ -cells, there is no hyperoxidized PRDX3. An intriguing hypothesis that similar circadian control of the matrix redox buffering capacity, such as in the adrenal gland, also exists in

$\beta$ -cells is still speculative. Nevertheless, the acetylation of PRDX3 was found to facilitate its hyperoxidation in INS-1E cells and in human cultured  $\beta$ -cells at 30 mM glucose [84].

#### 4.1.2. The Model Involving the Hyperoxidation Cycle of PRDX3

Introducing a more realistic model also considering the hyperoxidation cycle of PRDX3, one should consider that within the given time frame, the sulfinic peroxidation cycle increases the  $[\text{PRDX3}_{12}]_{\text{SOH}}$  fraction, and so it does not decline as quickly as in the simplest model, as described above. The surplus of  $B^{\text{SOH}}_{\text{m}}(2)$  will be given by the differences in rates of the SRX hyperoxidation cycle  $B^{\text{SRX}}_{\text{m}}(2) - B^{\text{SRX}}_{\text{m}}(1)$ . Hence, one can consider a higher intensity of mt redox signaling with lower activity of the SRX reaction reducing sulfinyls. This may occur, for example, with a faster rate of LON-protease-facilitated SRX degradation [26].

### 5. Pitfalls of Redox Signaling Indications with Fluorescence Probes

#### 5.1. Fluorescence Monitoring of $\text{H}_2\text{O}_2$ in Cytosolic and Matrix Compartments

##### 5.1.1. Understanding Redox Buffering via Redox Probes

Unfortunately, even the most specific fluorescence probes perturb the redox system in the compartment where they are located. Hence, one has to consider them as a surplus of the counteracting redox buffering. We can simplify such a situation via the notion that introducing the fluorescent probes makes redox signaling more difficult. For probes required to be expressed, different expression levels, namely the mild ones, should be adjusted, as well as the concentrations of the concentrating probes (e.g., the MitoSOX superoxide sensor as an exemplar probe with the TPP moiety, allowing penetration to the mt matrix).

Equation (8) can be rewritten to express a contribution of the mt matrix fluorescence probe, as follows:

$$J^{\text{cyt}} = J^{\text{cyt}}_{\text{source}} - B^{\text{cyt}} + \varepsilon_{\text{m}} \cdot J^{\text{S}}_{\text{m}} - B_{\text{m}} - B^{\text{probe}}_{\text{m}} - B_{\text{m}}^{\text{cyt}} \quad (14)$$

Similarly, Equation (8) can be rewritten to express a contribution of the cytosolic fluorescence probe:

$$J^{\text{cyt}} = J^{\text{cyt}}_{\text{source}} - B^{\text{cyt}} - B^{\text{cyt probe}} + \varepsilon_{\text{m}} \cdot J^{\text{S}}_{\text{m}} - B_{\text{m}} - B_{\text{m}}^{\text{cyt}} \quad (15)$$

One can foresee the decreases in the estimated mitochondrial and cytosolic fluxes according to the relative buffering capacity of the probe vs. the buffering capacity of its environment.

##### 5.1.2. Is the Sensitivity of Redox Probes High Enough to Be Able to Compete with Redox Buffers?

Even the recently developed  $\text{H}_2\text{O}_2$ -selective fluorescence probes, such as HyPer7, do not always match the required sensitivity for the indication of the net local  $\Delta J^{\text{cyt}}$ , i.e., local  $\text{H}_2\text{O}_2$  surplus concentration changes with time in the observed loci [85–88]. The reason for this is the competition of the redox probe with the local redox buffers, such as with the peroxiredoxin system [85]. Matching the sensitivity to successfully indicate any surplus of local  $\text{H}_2\text{O}_2$  is naturally different in the different cell types and/or situations.

We have successfully monitored redox signals upon insulin secretion in model rat pancreatic  $\beta$ -cells, INS-1E cells, and isolated pancreatic islets [18], and identified its origin via NOX4 [18] or from mitochondria—with the latter being in the case of fatty acid- [22] and ketoisocaproate-stimulated insulin secretion [18]. One could ascribe the ability of mt-addressed or cytosolic fluorescence probes used to the relatively low redox buffering capacity of pancreatic  $\beta$ -cells. Indeed, attempting HyPer7 monitoring of cytosolic  $\text{H}_2\text{O}_2$  using confocal microscopy, we encountered subtle increases in the 488 nm vs. 405 nm fluorescence ratios after glucose addition to INS-1E cells at the margins of the probe sensitivity (Engstová, H. and P.J.; unpublished). On the contrary, the artificially induced



superoxide/H<sub>2</sub>O<sub>2</sub> in *C. elegans* using Supernova (an optogenetic superoxide source, [89]) yielded sufficient increases in HyPer7 488 nm vs. 405 nm fluorescence ratios to monitor H<sub>2</sub>O<sub>2</sub> elevations [90].

Recently, HyPer7 monitoring in HEK293 cells and HeLa cells has reflected a heterogeneity between individual cells [86]. Authors have reported mitochondria-released H<sub>2</sub>O<sub>2</sub> on the surface of the mt tubules (OMM) and in the bulk cytosol, but not in the proximity of the plasma membrane or in the nucleus. The observed H<sub>2</sub>O<sub>2</sub> gradient was found to be under control by cytosolic peroxiredoxins and variations in the cytosolic thioredoxin reductase levels [86]. These authors accepted a possibility of H<sub>2</sub>O<sub>2</sub>-mediated redox signaling under specific metabolic conditions.

### 5.1.3. Pitfalls in Calibration of Redox Probes

Another problem with cytosolic or mitochondrial redox probes is their calibration. Of course, attempts to calibrate with externally added H<sub>2</sub>O<sub>2</sub> face the problem that H<sub>2</sub>O<sub>2</sub> diffusion into the cytosol is counteracted by the cell redox buffer systems, and therefore the real cytosolic H<sub>2</sub>O<sub>2</sub> concentrations are not matched. An alternative can be viewed in the controlled H<sub>2</sub>O<sub>2</sub> delivery, such as introduced with an ectopic expression of D-amino acid oxidase (DAAO), which catalyzes H<sub>2</sub>O<sub>2</sub> formation using D-amino acids [91]. In this case, the DAAO-produced amount of H<sub>2</sub>O<sub>2</sub> can be calibrated from the concomitant oxygen consumption [91].

### 5.1.4. Extracellular H<sub>2</sub>O<sub>2</sub> Indications with Amplex Red—Is This the Solution to the Problem?

Solving the redox buffer problem for cytosolic redox probes might appear to be simple, lying in the use of the external probes, to be calibrated in the absence of redox buffers. Indeed, Amplex Red has been reported to indicate extracellular H<sub>2</sub>O<sub>2</sub> originating from mitochondria [92–95]. For example, in C2C12 myoblasts, contributions of distinct sites of mt superoxide formation have been reported [94]. The RC Complex I site I<sub>Q</sub> accounted for 12% (25% after differentiation into myotubes) of the total mt of superoxide/H<sub>2</sub>O<sub>2</sub> formation, while the Complex III site III<sub>Q<sub>o</sub></sub> accounted for 30%. In cultured cells, approximately 60% of the total cell H<sub>2</sub>O<sub>2</sub> flux, surveyed extracellularly, was ascribed to NADPH oxidases, while 30% was ascribed to mitochondria [91]. Possible obstacles with the Amplex Red method may come from the requirement of the horseradish peroxidase to catalyze Amplex Red conversion to resorufin.

### 5.2. Fluorescence Monitoring of Matrix Superoxide

The MitoSOX-Red-based confocal microscopy semi-quantification of the mitochondrial matrix superoxide is not perfect, but it is still a usable method to monitor time-lapsed mt superoxide release [96]. Due to the ability of MitoSOX Red to intercalate into mtDNA, the probe cannot leak out from the mt matrix with decreasing mt membrane potential ([19,96,97] and Supplemental Information for Ref. [19]), and hence, MitoSOX Red can also monitor situations whereby such decreases occur. MitoSOX Red fluorescence elevation could be a genuine measure of the increased superoxide release into the mt matrix, if surveyed within time intervals when the effects of MitoSOX on mtDNA are still not manifested.

### 5.3. Guidelines for Measuring ROS and Oxidative Damage

Recommended guidelines for the use and interpretation of measurements with various ROS probes and for investigations into redox states can be found in excellent published reviews [98–102]. Table 1 summarizes the considered advantages or disadvantages of each probe or approach.

**Table 1.** Probes for monitoring of superoxide, H<sub>2</sub>O<sub>2</sub>.

Probe	Advantage/Disadvantage	References
O <sub>2</sub> <sup>•−</sup> , EPR, spin trapping	Rather complex snapshots <sup>1</sup>	[103–105]
O <sub>2</sub> <sup>•−</sup> fluorescence monitoring		
hydroethidine	LC-MS to distinct E <sup>+</sup> vs. 2HE <sup>+</sup>	[106]
NeoD	No DNA intercalation	[107]
MitoSOX	Time course <sup>2</sup> vs. background separates 2HE <sup>+</sup>	[19,22,96,97]
MitoNeoD	No DNA intercalation <sup>3</sup>	[107]
H <sub>2</sub> O <sub>2</sub> detection		
Boronate- and borinate-probes	Boronates are insensitive snapshots <sup>1</sup>	[108–111]
MitoB		[19,112]
H <sub>2</sub> O <sub>2</sub> fluorescence monitoring		
HyPer7	Still insens. for redox signals <sup>4</sup>	[85–87,90]
MitoHyPer		[19,23,85–87,90]
Orp1		[113]
TSA2		[114]
TPX1		[115]
Amplex UltraRed with HRP	Extracellular monitoring	[37,38,40,94]
Non-specific ROS fluorescence monitoring		
2',7'-dichlorodihydrofluorescein	Downstream H <sub>2</sub> O <sub>2</sub> products <sup>5</sup>	[18,98]

<sup>1</sup> Time resolving below minutes is not realistic; <sup>2</sup> see Ref. [19] on how to eliminate ethidium E<sup>+</sup> background insensitive to superoxide. <sup>3</sup> But, mtDNA intercalation of MitoSOX is an advantage, since the probe is not redistributed upon potential changes. <sup>4</sup> See Refs. [86,87]. <sup>5</sup> Reacts with several ROS, and not with H<sub>2</sub>O<sub>2</sub> but with products of the H<sub>2</sub>O<sub>2</sub> reaction with redox-active metals, heme proteins, or peroxidase; see Ref. [98].

Even more caution has to be paid when analyses of clinical samples are conducted [98]. One has to not only consider the ROS sources and their scavenging and antioxidant mechanisms, but all lipid, protein, and DNA (mtDNA) modifications and their consequences in altered autophagy (both elevated as well as decreased autophagy can be pathological) and mitochondria-specific autophagy, i.e., mitophagy. Moreover, responses by cells should be taken into account, such as the ER stress or unfolded protein response and mitochondrial unfolded protein response. The initiation or execution of various types of cell death underlie these phenomena due to their striking consequences and changes, including mt network morphology [32] and cristae ultrastructural changes [31]. Concerning mitochondria as a central metabolic and information hub [3], controlling the majority of the above-mentioned phenomena, mitochondrial biogenesis and protein turnover can delay certain pathological situations, but can serve as specific markers of the abnormal situation.

## 6. Future Perspectives

All of the above knowledge is a substantial part of modern molecular biomedicine. Further investigations into and quantifications of mitochondrial redox signals are required. Here, a small attempt is made to illustrate certain examples, where the impaired mitochondrial redox signaling might be part of the disease etiology (Table 2). It is not distinguished by timing, concerning whether the involved redox signals are acute or proceed slowly as redox regulations with concomitant gene expression changes. In a few cases, such an impairment is concerned with either the blockage or overwhelming of the repeatable acute redox signals; in most cases, exemplar redox signaling controlling gene expression is mentioned. Also, a few examples are listed for cytosolic redox signals, such as those initiated via NADPH oxidases.

**Table 2.** Pathologies with involvement of impaired redox signaling.

Disease/Pathological State	Signal Impaired	References
Aging	Pleiotropic	[116]
Astrocyte-related	mt H <sub>2</sub> O <sub>2</sub>	[117]
Atherosclerosis	mt H <sub>2</sub> O <sub>2</sub>	[118]
Cancer	Complex II—ROS	[119]
Colon cancer	mt H <sub>2</sub> O <sub>2</sub>	[120,121]
Cancer—melanoma	mt H <sub>2</sub> O <sub>2</sub>	[122]
Cancer—pancreatic	mt H <sub>2</sub> O <sub>2</sub>	[123]
Diabetes—type 2/ <i>Ins</i> gene maintenance, $\beta$ -cell dedifferentiation	Post-prandial NOX4-H <sub>2</sub> O <sub>2</sub> signals <sup>1</sup>	[18,124]
Diabetes—type 2, insulin resistance	Pleiotropic	[125,126]
Heart—cardiomyopathy	mt H <sub>2</sub> O <sub>2</sub>	[127,128]
Heart—early diabetic	Complex I—ROS	[129]
Hypertension—endothelial dysfunction	Complex III—ROS	[130,131]
Hypertens—endothelial	mt ROS—induced NOX	[132–134]
Pulmonary hypertension	mt H <sub>2</sub> O <sub>2</sub>	[135]
Sepsis, NLRP3-related	mt H <sub>2</sub> O <sub>2</sub>	[136]
Skeletal muscle injury repair	mt H <sub>2</sub> O <sub>2</sub>	[137,138]
Various NLRP3-related	mt H <sub>2</sub> O <sub>2</sub>	[139,140]
Various NLRP3-related	NOX4, fatty acid $\beta$ -oxidation	[141]

<sup>1</sup> Still hypothetical.

Thus, mt redox signals are implicated in aging [116–118], as well as in the development of cancer and metastases [119–123]. Cytosolic redox signals/gene regulations are hypothetically involved in type 2 diabetes changes in pancreatic  $\beta$ -cells. The housekeeping and maintenance of the insulin gene and specific genes for pancreatic  $\beta$ -cells [124] were hypothetically ascribed to repeatable NADPH-oxidase-4-mediated redox signals determining glucose-stimulated insulin secretion [18]. Logically, the attenuation or blockage of these redox signals disrupt the correct housekeeping of the most important  $\beta$ -cell-specific transcripts. In the long term, this leads to a dedifferentiation of  $\beta$ -cells or their transdifferentiation into other islet cell types (e.g.,  $\alpha$ -cells and  $\delta$ -cells). Redox signals or regulations of mt origin are also implicated in insulin resistance development in peripheral tissues [125,126]. Other listed examples include heart [127–129] and endothelial pathology [130–134], pulmonary hypertension [135], sepsis [136], skeletal muscle injuries (here, mt ROS signal for repair mechanisms, [137,138]), and NLR family pyrin domain-containing 3 (NLRP3)-related inflammatory states [139–141]. This list is illustrative and incomplete.

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