



Supplementary Material

Consumption of Chokeberry Bio-Products Improves Specific Metabolic Parameters and Increases the Plasma Antioxidant Status

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Table S1. Correlations between the FRAP and values of selected parameters, divided into research stages.

Parameter	R	p	R	p
	FRAP Stage 2		FRAP Stage 3	
Muscle mass	0.49	0.001	0.51	0.001
Waist circumference	0.45	0.001	0.48	0.001
Hip circumference	0.31	0.01	0.31	0.01
Systolic blood pressure	0.31	0.01	0.46	0.001
Diastolic blood pressure	0.28	0.05	0.42	0.001
Heart rate	ns	ns	ns	ns
Glycated hemoglobin	ns	ns	ns	ns
Glucose	0.26	0.05	0.32	0.01
Insulin	ns	ns	ns	ns
Creatinine	0.46	0.001	0.34	0.01
eGFR	ns	ns	ns	ns
Uric acid	0.87	0.001	0.78	0.001
HDL	-0.26	0.05	-0.41	0.001
LDL	ns	ns	ns	ns
AST	0.40	0.001	ns	ns
ALT	0.51	0.001	0.39	0.001
Homocysteine	0.36	0.001	ns	ns

ALT - alanine transaminase, AST - aspartate aminotransferase, eGFR - estimated glomerular filtration rate, HDL – high density lipoprotein, LDL – low density lipoprotein, ns - not statistically significant.