

Table S1: Sociodemographic and clinical characteristics of patients lost and not lost to follow-up.

Variable		Patients lost to follow-up Mean (sd)/ Number (%)	Patients not lost to follow-up Mean (sd)/ Number (%)	P -value
<b>Sociodemographic</b>				
Age (years)		38.85 (12.23)	42.58 (12.94)	<0.0001
Sex	Men	207(38.6)	141(41)	0.53
	Women	329(61.4)	203(59)	
Single	No	266 (49.6)	187 (54.4)	0.19
	Yes	270 (50.4)	157 (45.6)	
Education (High school diploma)	No	186(34.7)	144(41.9)	0.04
	Yes	350(65.3)	200(58.1)	
<b>Clinical</b>				
BD subtype	I	246(45.9)	163(47.4)	0.17
	II	227(42.4)	154(44.8)	
	NOS	63(11.8)	27(7.8)	
Age at BD onset (years)		23.082(8.928)	24.347(9.556)	0.05
Number of depressive episodes		5.234(4.947)	5.366(4.605)	0.72
Number of manic episodes		1.074(2.146)	1.074(2.07)	1
Number of hypomanic episodes		3.821(5.471)	2.985(4.075)	0.03
Lifetime history of suicide attempt	No	364(67.9)	220(64)	0.25
	Yes	172(32.1)	124(36)	
Current substance use disorder	No	469(87.5)	314(91.3)	0.1
	Yes	67(12.5)	30(8.7)	
Lifetime anxiety disorder	No	311(58)	220(64)	0.09
	Yes	225(42)	124(36)	
Lifetime eating disorder	No	424(79.1)	286(83.1)	0.16
	Yes	112(20.9)	58(16.9)	
Multiple sclerosis	No	515(99.6)	334(99.4)	0.65
	Yes	2(0.4)	2(0.6)	
Cancer	No	481(96.8)	322(97.6)	0.65
	Yes	16(3.2)	8(2.4)	
Inflammatory bowel disease	No	513(99.4)	330(98.8)	0.44
	Yes	3(0.6)	4(1.2)	
Rheumatoid arthritis	No	523(99.8)	338(100)	1

	Yes	1(0.2)	0(0)	
Ulcer	No	498(96.7)	322(96.7)	1
	Yes	17(3.3)	11(3.3)	
QIDS-SR (without item 12) Box Cox Transformed		5.321(2.579)	5.224(2.547)	0.59
Suicidal ideation (QIDS-SR item 12)	No (0)	372(69.4)	234(68)	0.72
	Yes (>1)	164(30.6)	110(32)	
YMRS	0	269(50.2)	193(56.1)	0.12
	[1-7]	216(40.3)	115(33.4)	
	> 7	51(9.5)	36(10.5)	
PSQI [0-21]		7.159(3.899)	6.959(3.799)	0.46
STAI-Y (state) [0-60]		42.771(14.583)	42.177(14.087)	0.55
MAThYS Emotional [0-40]		21.266(6.684)	21.675(6.681)	0.38
MAThYS Motivation [0-40]		17.195(7.083)	17.288(6.932)	0.85
MAThYS Cognition [0-40]		20.357(6.132)	20.482(6.147)	0.77
MAThYS Sensory perception [0-50]		25.605(5.454)	26.296(4.928)	0.06
MAThYS Psychomotor [0-30]		12.7(5.736)	12.515(5.333)	0.63
AIM		3.724(0.678)	3.707(0.701)	0.72
ALS		1.271(0.684)	1.249(0.687)	0.65
BDHI Expressive Component		21.192(8.218)	20.078(7.751)	0.045
BDHI Attitudinal Component		7.563(4.404)	7.23(4.244)	0.27
BIS-10		67.377(11.522)	66.805(11.121)	0.47
Lithium carbonate	No	366(68.3)	202(58.7)	0.005
	Yes	170(31.7)	142(41.3)	
Anticonvulsant	No	295(55)	129(37.5)	<0.0001
	Yes	241(45)	215(62.5)	
Antipsychotic	No	320(59.7)	157(45.6)	0.0001
	Yes	216(40.3)	187(54.4)	
Anxiolytic	No	424(79.1)	233(67.7)	0.0002
	Yes	112(20.9)	111(32.3)	
Hypnotic	No	468(87.3)	269(78.2)	0.0005
	Yes	68(12.7)	75(21.8)	
Antidepressant	No	356(66.4)	171(49.7)	<0.0001
	Yes	180(33.6)	173(50.3)	

**QIDS-SR** Quick Inventory of Depressive Self-report; **YMRS** Young Mania Rating Scale; **PSQI** Pittsburgh Sleep Quality Index; **STAI-Y** State-Trait Anxiety Inventory; **MAThys** Multidimensional Assessment of Thymic States; **AIM** Affect Intensity Measure; **ALS** Affective Lability Scale; **BDHI** Buss-Durkee Hostility Inventory; **BIS-10** Barratt Impulsiveness Scale