

Supplementary Materials

Figure S1: Observed individual profiles for the (A) absolute and (B) normalized muscle morphology for (i) the total group of children with SCP (blue=GMFCS level I, dark red=level II and pink=level III), (ii) children with GMFCS level I, (iii) children with GMFCS level II and (iv) children with GMFCS level III. SCP, spastic cerebral palsy; GMFCS, gross motor function classification system; MV, muscle volume; ml, milliliter; CSA, anatomical cross-sectional area; mm, millimeter; ML, muscle belly length; n, normalized; kg, kilogram; m, meters.

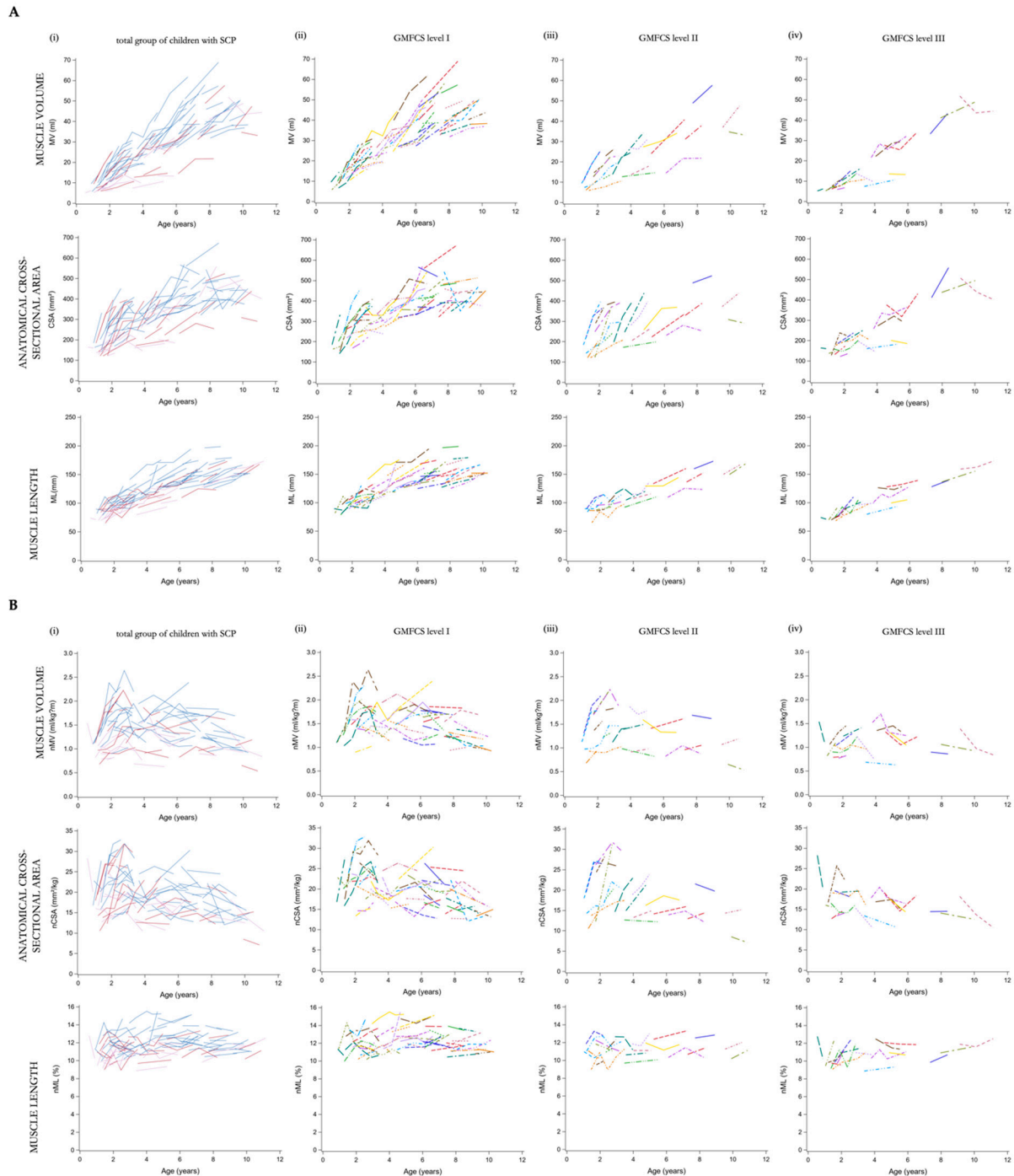
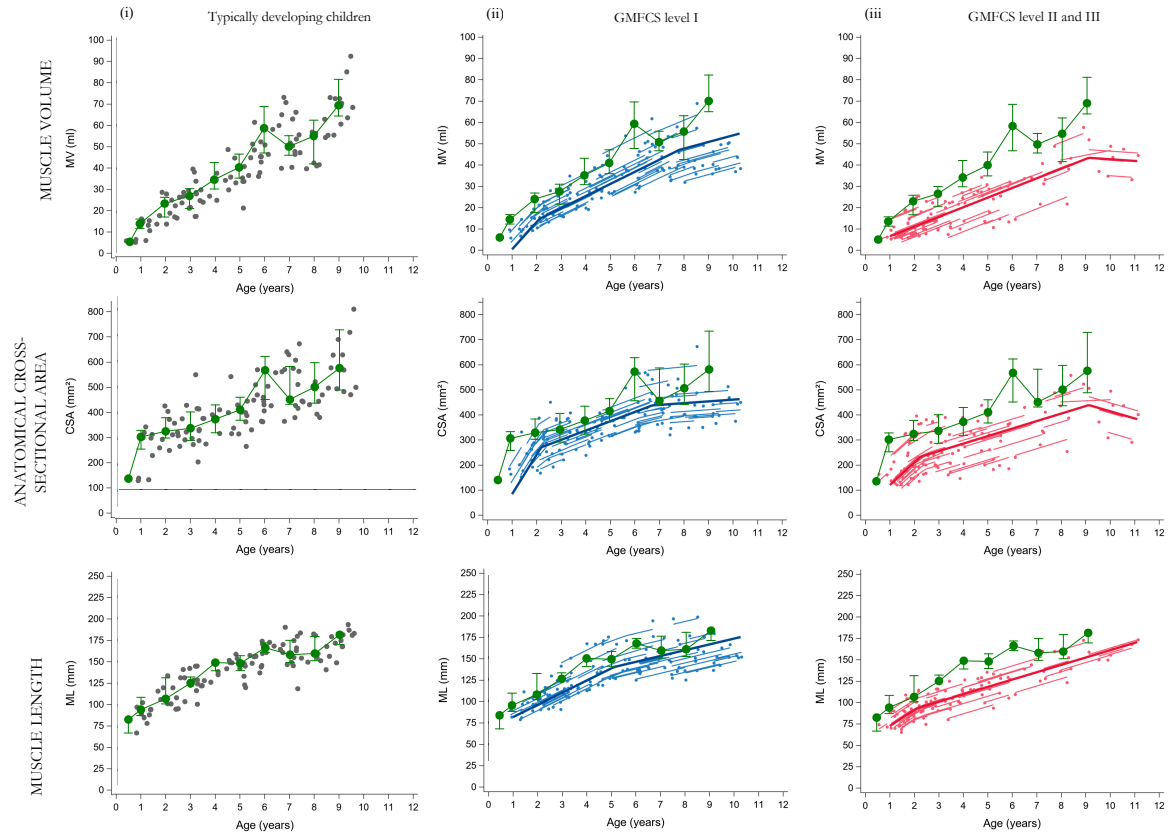


Figure S2

A: Reference dataset for absolute morphological muscle outcomes and **B:** Reference dataset for normalized morphological muscle outcomes (i) in addition to the predicted trajectories for the children with GMFCS levels I (ii) (blue) and GMFCS level II-III (iii) (red). For the TD children, the individual observed values (grey dots) and median with IQR per one year-age group (green boxplots) are presented. *TD*, typically developing children; *SCP*, spastic cerebral palsy; *GMFCS*, gross motor function classification system; *IQR*, interquartile range; *MV*, muscle volume; *ml*, milliliter; *CSA*, anatomical cross-sectional area; *mm*, millimeter; *ML*, muscle belly length; *n*, normalized; *kg*, kilogram; *m*, meters.

A



B

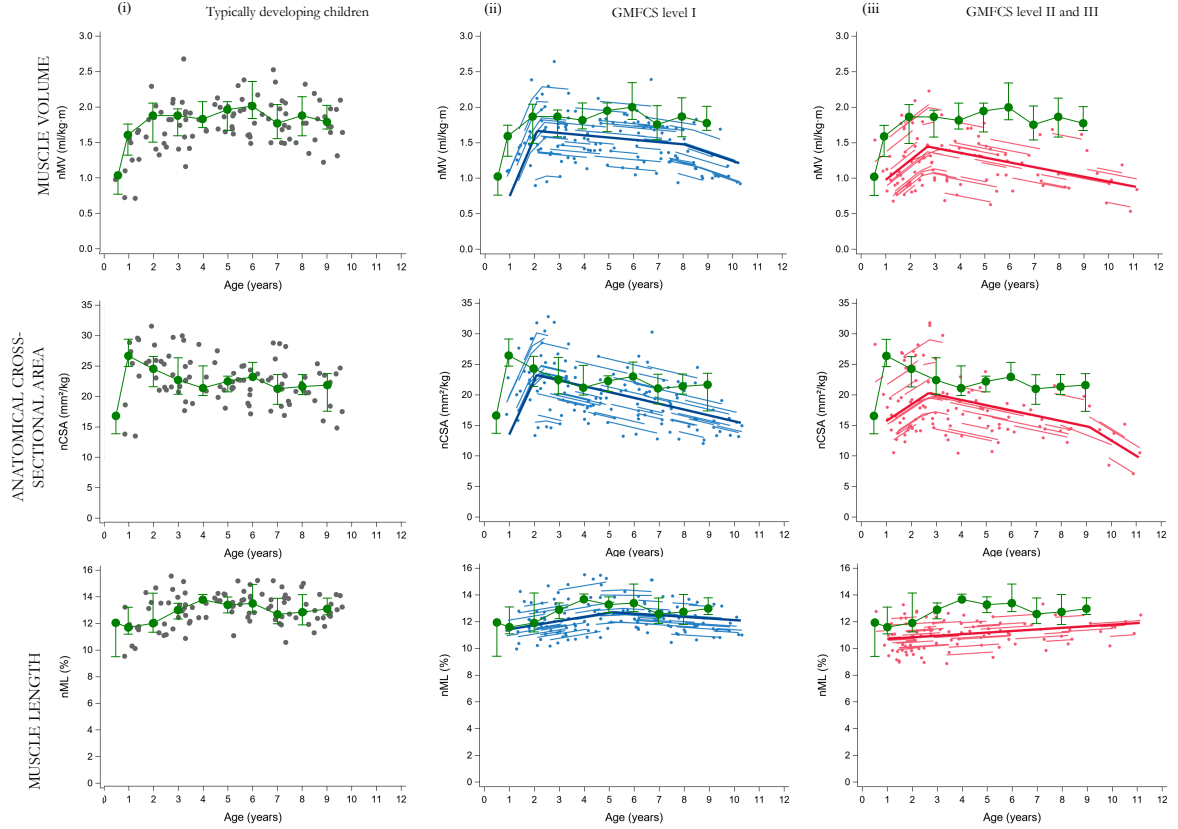


Table S1

Muscle morphology of retrospective cross-sectional dataset with TD children.

| Outcome | Number of children | Median (IQ1-IQ3) |
|----------------------------|--------------------|---------------------|
| Age (y) | 102 | 5.2 (3.0-7.3) |
| Body mass (kg) | 102 | 18.7 (14.5-23.0) |
| Body length (cm) | 102 | 110.3 (93.4-123.3) |
| MV (mL) | 102 | 38.7 (24.7-123.3) |
| nMV (mL/kg·m) | 102 | 1.8 (1.6-2.0) |
| CSA (mm ²) | 100 | 409.3 (327.1-501.2) |
| nCSA (mm ² /kg) | 100 | 22.6 (20.6-25.2) |
| ML (mm) | 102 | 145.4 (121.9-161.2) |
| nML (%) | 102 | 13.0 (12.0-13.8) |

Anthropometric and muscle data are presented as median (interquartile 1- interquartile 3). *TD*, typical developing children; *IQ*, interquartile; *y*, years; *kg*, kilogram; *cm*, centimeter; *MV*, muscle volume; *mL*, milliliter; *n*, normalized; *CSA*, anatomical cross-sectional area; *ML*, muscle belly length; *kg*, kilogram; *m*, meters.

Table S2 Standard clinical care of all SCP participants.

| | GMFCS level I group | GMFCS level II-III group |
|--|--|--|
| Participants (n) | 47 | 40 |
| Use of orthoses during the day | Frequently used, <i>n</i> = 25 Not frequently used, <i>n</i> =12 Insoles, <i>n</i> =2 Not used, <i>n</i> = 8 | Frequently used, <i>n</i> = 22 Not frequently used, <i>n</i> = 11 Not used, <i>n</i> = 7 |
| Use of orthoses during the night | Frequently used, <i>n</i> = 5 Not frequently used, <i>n</i> = 3 Not used, <i>n</i> = 39 | Frequently used, <i>n</i> = 5 Not frequently used, <i>n</i> = 1 Not used, <i>n</i> = 34 |
| Physiotherapy, min per week | 75 (15 to 300) | 120 (15 to 300) |
| Oral medication | Tone reduction, <i>n</i> = 3 Anti-epileptics, <i>n</i> = 3 Others, <i>n</i> = 6 Vitamin D-supplement, <i>n</i> = 7 Not used, <i>n</i> = 29 | Tone reduction, <i>n</i> = 9 Anti-epileptics, <i>n</i> = 6 Others, <i>n</i> = 14 Vitamin D-supplement, <i>n</i> = 11 Not used, <i>n</i> = 12 |
| BoNT-A treatment in the MG muscle during follow-up (n) | 13 | 11 |
| Serial casting during follow-up (n) | 6 | 1 |

Frequently used indicated $\geq 50\%$ of the day or night whereas not frequently used indicated $<50\%$ of the day or night. The amount of physiotherapy is shown as median (minimum to maximum values). *GMFCS*, *Gross Motor Function Classification System*; *n*, *number of children*; *BoNT-A*, *botulinum neurotoxin type A*; *MG*, *medial gastrocnemius*.

Table S3

Fixed and random effects of the piecewise regressions for muscle morphology (GMFCS I n=47 and GMFCS II-III n=40).

| Outcome | Participants | Intercept | Breakpoints (c) | | Variance random intercept | Variance residual |
|---------|--------------|---------------------|-------------------|-------------------|-------------------------------|---------------------------------------|
| | | α_0 (CI) | c_1 (CI) | c_2 (CI) | $\sigma^2(=\alpha_{1i})$ (CI) | $\sigma^2(=\varepsilon_{(1)ij})$ (CI) |
| | | <i>p-value</i> | <i>p-value</i> | <i>p-value</i> | <i>p-value</i> | <i>p-value</i> |
| MV | GMFCS I | 13.2 (10.6-15.7) | 2.1 (1.8-2.5) | 7.8 (6.6-9.0) | | |
| | | <0.0001 | <0.0001 | <0.0001 | 6.7 (5.4-7.9) | 2.8 (2.5-3.2) |
| | GMFCS II-III | 11.1 (9.7-12.5) | 9.1 (9.1-9.1) | | <0.0001 | <0.0001 |
| nMV | GMFCS I | 1.57 (1.39-1.75) | 2.1 (2.0-2.6) | 8.0 (8.0-8.0) | | |
| | | <0.0001 | <0.0001 | <0.0001 | 0.3 (0.3-0.3) | 0.1 (0.1-0.2) |
| | GMFCS II-III | 1.25 (1.12-1.39) | 2.7 (2.3-3.1) | | <0.0001 | <0.0001 |
| CSA | GMFCS I | 241.1 (209.2-273.0) | 2.2 (2.0-2.4) | 6.7 (5.6-7.8) | | |
| | | <0.0001 | <0.0001 | <0.0001 | 62.0 (50.6-73.3) | 39.3 (32.6-46.0) |
| | GMFCS II-III | 209.5 (172.7-246.2) | 2.7 (1.5-3.0) | 9.1 (8.0-10.3) | <0.0001 | <0.0001 |
| nCSA | GMFCS I | 22.4 (20.3-24.4) | 2.1 (2.1-2.1) | 9.1 (7.7-10.6) | | |
| | | <0.0001 | <0.0001 | <0.0001 | 3.7 (3.0-4.4) | 2.4 (2.0-2.9) |
| | GMFCS II-III | 18.4 (16.4-20.4) | 2.7 (2.0-3.5) | | <0.0001 | <0.0001 |
| ML | GMFCS I | 95.9 (92.2-99.6) | 5.1 (4.5-5.8) | | | |
| | | <0.0001 | <0.0001 | | 12.9 (10.1-15.7) | 6.3 (5.1-7.5) |
| | GMFCS II-III | 91.3 (86.2-96.4) | 2.1 (1.6-2.6) | | <0.0001 | <0.0001 |
| nML | GMFCS I | 11.7 (11.3-12.2) | 5.1 (4.0-6.2) | | | |
| | | <0.0001 | <0.0001 | | 0.8 (0.7-1.1) | 0.7 (0.6-0.8) |
| | GMFCS II-III | 10.8 (10.5-11.2) | | | <0.0001 | <0.0001 |

Results of the differences between slopes and breakpoints (GMFCS, I n=47, and GMFCS II-III n=40).

| Outcome | GMFCS I | Δ | <i>p-value</i> | GMFCS II-III | Δ | <i>p-value</i> |
|---------|---------------------------------|----------|-------------------|---|----------|-------------------|
| MV | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 7.08 | 0.0021 | $\beta_{1,II-III}$ vs. $\beta_{2,II-III}$ | 5.32 | 0.0255 |
| | $\beta_{2,I}$ vs. $\beta_{3,I}$ | 2.57 | 0.0278 | | | |
| | $\beta_{1,I}$ vs. $\beta_{3,I}$ | 9.65 | 0.0001 | | | |
| nMV | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 0.86 | <0.0001 | $\beta_{1,II-III}$ vs. $\beta_{2,II-III}$ | 0.35 | <0.0001 |
| | $\beta_{2,I}$ vs. $\beta_{3,I}$ | 0.09 | 0.0222 | | | |
| | $\beta_{1,I}$ vs. $\beta_{3,I}$ | 0.95 | <0.0001 | | | |
| CSA | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 121.4 | <0.0001 | $\beta_{1,II-III}$ vs. $\beta_{2,II-III}$ | 58.8 | 0.0050 |
| | $\beta_{2,I}$ vs. $\beta_{3,I}$ | 30.0 | 0.0095 | $\beta_{2,II-III}$ vs. $\beta_{3,II-III}$ | 58.1 | 0.0067 |
| | $\beta_{1,I}$ vs. $\beta_{3,I}$ | 151.4 | <0.0001 | $\beta_{1,II-III}$ vs. $\beta_{3,II-III}$ | 116.9 | 0.0112 |
| nCSA | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 9.83 | <0.0001 | $\beta_{1,II-III}$ vs. $\beta_{2,II-III}$ | 3.57 | 0.0106 |
| | | | | $\beta_{2,II-III}$ vs. $\beta_{3,II-III}$ | 1.65 | 0.0424 |
| | | | | $\beta_{1,II-III}$ vs. $\beta_{3,II-III}$ | 5.21 | 0.0005 |
| ML | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 7.43 | <0.0001 | $\beta_{1,II-III}$ vs. $\beta_{2,II-III}$ | 10.3 | 0.0089 |
| nML | $\beta_{1,I}$ vs. $\beta_{2,I}$ | 0.43 | 0.0117 | NA | | |

P-values in bold indicate significance level at $p < 0.05$. The following symbols represent: α = response at the age of 2 years, CI= 95% confidence interval, c = age (years) of the breakpoint, $\sigma^2(a_{1i})$ = variance of random intercept and $\sigma^2(\epsilon_{(1)ij})$ = variance of residual, β = change in outcome per year and Δ = difference score. GMFCS, gross motor function classification system; n, number; MV, muscle volume; n, normalized; CSA, anatomical cross-sectional area; ML, muscle belly length; NA, not applicable.

