Table S2. Patients characteristics at baseline.

	n	%	average	sd
BMI [kg/m²]			23.6	4.41
moderate or high symptom burden at baseline	67	70.5		
presence of at least one extraintestinal manifestation	32	33.7		
IBD complications at baseline	43	45.3		
prior bowel surgery	25	26.3		
UC	8	32		
CD	17	68		

Abbreviation: BMI, body mass index; CD, Crohn's disease; IBD, inflammatory bowel disease; sd, standard deviation; UC, ulcerative colitis