

Table S1. A comparison between the population included in the follow-up study (group 2) and the patients excluded from the follow-up (group 1).

| Variables | Group 1 (<i>n</i> =99) | Group 2 (<i>n</i> = 79) | p |
|---------------------------|-----------------------------|-----------------------------|------|
| BMI [kg/m ²] | 28.30±8.43 | 29.36±7.22 | 0.16 |
| Fasting glucose [mg/dL] | 84.64±9.87 | 83.94±8.45 | 0.79 |
| IFG (n) [%] | 7 (7.07) | 2 (2.53) | 0.17 |
| Fasting insulin [mIU/L] | 10.58±8.11 | 10.15±7.75 | 0.74 |
| AIP | 0.19±0.32 | 0.26±0.33 | 0.19 |
| CRI-I | 3.20±1.27 | 3.36±1.26 | 0.44 |
| CRI-II | 1.73±0.95 | 1.87±0.95 | 0.35 |
| AC | 2.20±1.27 | 2.36±1.26 | 0.44 |
| Total cholesterol [mg/dL] | 179.67±39.81 | 181.66±32.08 | 0.73 |
| LDL cholesterol [mg/dL] | 97.38±35.41 | 99.21±28.71 | 0.61 |
| HDL cholesterol [mg/dL] | 61.89±19.15 | 59.49±18.67 | 0.42 |
| Triglycerides [mg/dL] | 105.49±62.83 | 117.80±72.35 | 0.18 |

BMI – body mass index; IFG—impaired fasting glucose; AIP—atherogenic index of plasma; CRI-I—Castelli's risk index I; CRI-II—Castelli's risk index II; AC—atherogenic coefficient; LDL –low-density lipoprotein; HDL –high-density lipoprotein.