



Article Carbon Dot Micelles Synthesized from Leek Seeds in Applications for Cobalt (II) Sensing, Metal Ion Removal, and Cancer Therapy

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Abstract: Popular photoluminescent (PL) nanomaterials, such as carbon dots, have attracted substantial attention from scientists due to their photophysical properties, biocompatibility, low cost, and diverse applicability. Carbon dots have been used in sensors, cell imaging, and cancer therapy. Leek seeds with anticancer, antimicrobial, and antioxidant functions serve as traditional Chinese medicine. However, leek seeds have not been studied as a precursor of carbon dots. In this study, leek seeds underwent a supercritical fluid extraction process. Leek seed extract was obtained and then carbonized using a dry heating method, followed by hydrolysis to form carbon dot micelles (CD-micelles). CD-micelles exhibited analyte-induced PL quenching against Co^{2+} through the static quenching mechanism, with the formation of self-assembled Co²⁺-CD-micelle sphere particles. In addition, CD-micelles extracted metal ion through liquid-liquid extraction, with removal efficiencies of >90% for Pb²⁺, Al³⁺, Fe³⁺, Cr³⁺, Pd²⁺, and Au³⁺. Moreover, CD-micelles exhibited ABTS•⁺ radical scavenging ability and cytotoxicity for cisplatin-resistant lung cancer cells. CD-micelles killed cisplatin-resistant small-cell lung cancer cells in a dose-dependent manner with a cancer cell survival rate down to $12.8 \pm 4.2\%$, with a similar treatment function to that of cisplatin. Consequently, CD-micelles functionalized as novel antioxidants show great potential as anticancer nanodrugs in cancer treatment.

Keywords: carbon dots; supercritical fluid extraction; leek seeds; micelles; cobalt (II) sensor; metal ion removal; cancer therapy

1. Introduction

Carbon dots (C-dots), deemed as photoluminescent nanomaterials, have attracted considerable attention from scientists because of their unique photophysical properties, biocompatibility, environmental friendliness, easy storage, and low cost [1–3]. C-dots can be synthesized through hydrothermal treatment, thermal decomposition, electrochemical oxidation, or ultrasonic synthesis, with advantages of being easy to produce, photophysical stability, and eco-efficiencies [4,5].

C-dots have been applied in sensors, electronic devices, adsorbents, energy storage, catalysis, cell imaging, and cancer therapy [6–13]. For sensors, C-dots are used for sensing Fe^{3+} , Hg^{2+} , Cu^{2+} , Co^{2+} , Au^{3+} , Cr^{6+} , ClO^- , S^{2-} , $S_2O_3^{2-}$, Pb^{2+} , H_2O_2 , cysteine, glutathione, synthetic cathinones, flunitrazepam, or nimetazepam [14–18] through mechanisms including the inner filter effect and dynamic or static processes [19–21]. For adsorbents, Zhang et al. synthesized C-dot-embedded mesoporous silica nanoparticles in 2015, which had high adsorption capacity for Cu^{2+} , Pb^{2+} , and Hg^{2+} [11]. In 2020, Issa et al. produced



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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). environmentally friendly C-dots from tapioca flour, with a removal efficiency of 80.6% for Pb²⁺ [12]. In 2024, Valente et al. synthesized poly(β -cyclodextrin)-modified C-dots, with removal efficiencies of almost 100% for Ni²⁺, Cu²⁺, Cd²⁺, and Pb²⁺ [13].

In cancer therapy, C-dots have been used in photothermal therapy, photodynamic therapy, and drug delivery [22,23]. Among different types of cancer, lung cancer has the fastest growing rates of morbidity and mortality [24,25]. The effectiveness of chemotherapy is frequently hampered by the low therapeutic index of drugs and the occurrence of inherent and acquired drug resistance in cancer cells [26,27]. Zhao et al. synthesized C-dots loaded with cisplatin(IV) prodrug and doxorubicin to monitor the location of nanocarriers and drug release; they exhibited anticancer effects for the effective apoptosis of A2780 and A2780cis cancer cells with cisplatin resistance [28].

C-dot precursors, such as fruits, food, beverages, vegetables, leaves, and waste materials, have been widely studied [11,29]. Leek seeds deeded as biomaterials contain oil, crude proteins, and dietary fibers; these seeds have several biological effects, including anticancer, antimicrobial, and antioxidant effects, and they are used in traditional Chinese medicine [30–32]. However, leek seeds have not been studied as a precursor of C-dots.

Thus, leek seeds were selected in this study as starting materials because of their significant anticancer, antimicrobial, and antioxidant activities [30–32]. Leek seed extract was obtained through a supercritical fluid extraction process and then sequentially carbonized using a dry heating method, followed by hydrolysis to form C-dot micelles (CD-micelles). The results show that CD-micelles have multifunctional properties, including applications for Co²⁺ sensors and metal ion removal, as well as for anticancer nanodrugs, providing promising applications for C-dots.

2. Materials and Methods

2.1. Materials

Lithium chloride (LiCl), silver nitrate (AgNO₃), zinc nitrate hexahydrate [Zn(NO₃)₂·6H₂O], and potassium persulfate (K₂S₂O₈) were purchased from Acros Organics (Geel, Antwerp, Belgium). Chromium(III) nitrate nonahydrate [Cr(NO₃)₃·9H₂O], hexadecyltrimethylammonium bromide (CTAB), sodium dodecyl sulfate (SDS), fluorescein, ethyl acetate, and ethanol were purchased from Fisher Chemical (Fisher Scientific, Waltham, MA, USA). Palladium chloride (PdCl₂), gold chloride trihydrate (HAuCl₄·3H₂O), and 2,2'-Azino-bis(3-ethylbenzothiazoline-6-sulfonic (ABTS) were purchased from Combi-Blocks (San Diego, acid) CA, USA). Cis-diamminedichloroplatinum(II) (cisplatin) was obtained from AK Scientific (Union, CA, USA). Sodium hydroxide (NaOH), mercuric nitrate dihydrate [Hg(NO₃)₂·2H₂O], cupric nitrate trihydrate [Cu(NO₃)₂·3H₂O], ferric nitrate nonahydrate [Fe(NO₃)₃·9H₂O], aluminum nitrate nonahydrate [Al(NO₃)₃·9H₂O], lead nitrate [Pb(NO₃)₂], nickel nitrate hexahydrate $[Ni(NO_3)_2 \cdot 6H_2O]$, and cobalt nitrate hexahydrate $[Co(NO_3)_2 \cdot 6H_2O]$ were purchased from Echo Chemical (Toufen, Miaoli, Taiwan). Deuterated oxide (D₂O) was purchased from Acros Organics (Geel, Antwerp, Belgium). Carbon dioxide (purity 99.99%) was supplied by San Ying Gas Co., LTD. (New Taipei City, Taiwan). Leek seeds were obtained from a Chinese herb medicine store (Chiayi County, Taiwan). Ultrapure water (18.2 m Ω ·cm) was obtained using an ultrapure water system (Direct-Q3; Merck Millipore, Billerica, MA, USA) and used to prepare all of the aqueous solutions in this study.

2.2. Leek Seed Extract

The leek seeds were ground in a knife mill (CS-700; Cosuai, Jinhua, China) and then filtered through a sieve with a diameter range of 0.150–0.850 mm to yield leek seed powder, which was divided into samples of 600 g each. The leek seed powder was then extracted using supercritical carbon dioxide (scCO₂) at 333 K and 5000 psi with a continuous flow rate of 6 L·min⁻¹ for 8 h. The extraction was performed using supercritical fluid extraction equipment (OV-SCF-10000 Series; Taiwan Supercritical Technology, Changhua, Taiwan) equipped with an extractor with a volume of 1000 cm³. Light-yellow leek seed extract

was obtained and then stored in a refrigerator at 4 $^\circ$ C until further use. The weight of the obtained seed extract was 16.6 g.

2.3. Analysis of Leek Seed Extract Through Gas Chromatography–Mass Spectrometry

The leek seed extract (50 μ L) was dissolved in 500 μ L of ethanol for gas chromatographymass spectrometry (GC–MS) analysis (Agilent 8890/5977B, Santa Clara, CA, USA) on a fused-silica capillary column (DB-5MS; 30 m × 0.32 mm i.d.; film thickness: 0.25 μ m; J&W Scientific, Koeniz, Switzerland). The parameters of the GC–MS system were as follows: electron impact mode, 70 eV; carrier gas, helium; carrier gas flow rate, 1.0 mL·min⁻¹; and injection port temperature, 260 °C. The temperature was initially maintained at 135 °C for 0.5 min and then gradually increased to 300 °C at a rate of 70 °C min⁻¹ and maintained at 300 °C for 12.5 min.

2.4. Synthesis of CD-Micelles

The leek seed extract (5 g) was added to a Teflon-lined stainless steel autoclave and heated in a furnace at 200 °C for 3 days. After cooling to ambient temperature, a brown-yellow mixture was obtained. Subsequently, to form CD-micelles, an aliquot (1.0 g) of the obtained mixture was reacted with 5 mL of NaOH solution (0.02 N) in an ultrasonic bath at 60 °C for 120 min. To remove organic impurities, liquid–liquid extraction was performed with a solution of ethyl acetate and ultrapure water (10 mL, v/v = 1/1). The purified CD-micelles were freeze-dried. The stock aqueous solution of the purified CD-micelles was prepared at a concentration of 16 mg mL⁻¹ and stored at 4 °C before use.

2.5. Characterization of CD-Micelles

The absorption spectra of CD-micelles were obtained using an ultraviolet-visible (UV-Vis) spectrophotometer (Evolution 220; Thermo Fisher Scientific, Waltham, MA, USA). The photoluminescence (PL) spectra of CD-micelles were recorded using a microplate reader (SpectraMax i3x; Molecular Devices, San Jose, CA, USA). The PL quantum yield (Φ_{PL}) of CD-micelles was estimated by comparing their PL intensity at 460 nm (excited at 365 nm) and absorbance at 365 nm with those of quinine sulfate dissolved in $0.1 \text{ M} \text{ H}_2\text{SO}_4$ $(\Phi_{PL} = 0.54)$. The absorbance values of CD-micelles and quinine sulfate were kept under 0.1 at their excitation wavelength to minimize the re-absorption effect. The Fourier-transform infrared (FTIR) spectra of CD-micelles were recorded using a spectrometer (Nicolet iS5; Thermo Scientific, Waltham, MA, USA). The sizes and shapes of CD-micelles with and without Co²⁺ were recorded using a high-resolution transmission electron microscope (HRTEM) (JEM-2100F; JEOL, Tokyo, Japan) coupled with an energy dispersive X-ray spectrometer at 200 kV. Surface elements and bonding states of CD-micelles were investigated using an X-ray photoelectron spectroscopy (XPS) instrument from VG Scientific (East Grinstead, UK) with Al K α X-ray radiation. Dynamic light scattering (DLS) measurements (Nano-ZS90; Malvern Panalytical, Malvern, UK) were employed to measure the average sizes of CD-micelles dispersed in ultrapure water. A nuclear magnetic resonance (NMR) instrument (Ultrashield-400, Bruker, Billerica, MA, USA) was used to perform ¹H NMR and ¹³C NMR analyses.

Fluorescein was used to evaluate the critical micelle concentration (CMC) of CDmicelles. Briefly, 8 aliquots (125 μ L) of fluorescein aqueous solution (0.32 μ M) were separately mixed with 125 μ L of CD-micelle solutions with concentrations from 0 to 0.06 mg mL⁻¹ before being subjected to PL measurements. The CMC value of CD-micelles was assessed based on their PL intensity at 515 nm emitted from fluorescein under an excitation wavelength of 460 nm as concentrations of CD-micelles were increased.

2.6. Selectivity and Sensitivity of CD-Micelles for Metal Ions

To assess the selectivity of CD-micelles for metal ions, 150 μ L aliquots of the CD-micelle solution (3.2 mg mL⁻¹) were separately mixed with 150 μ L of metal ion solutions (200 μ M), namely Li⁺, Zn²⁺, Al³⁺, Pb²⁺, Fe³⁺, Cu²⁺, Ni²⁺, Co²⁺, Ag⁺, Cr³⁺, Pd²⁺, and Au³⁺.

The PL spectra of CD-micelles with and without metal ions were separately recorded at an excitation wavelength of 365 nm. The PL intensities of CD-micelle solutions at 450 nm were separately plotted against the tested metal ions. In addition, the sensitivity of CD-micelles for Co^{2+} was assessed. Aliquots (150 µL) of the CD-micelle solution (3.2 mg mL⁻¹) were separately mixed with 150 µL of Co^{2+} solutions of various concentrations (0–80 µM). Subsequently, the PL spectra of CD-micelles with and without Co^{2+} were separately recorded. The PL quenching efficiency at 450 nm of the CD-micelles against Co^{2+} at concentrations of 1–40 µM was thus used to evaluate the sensitivity. The PL quenching behavior between CD-micelles and Co^{2+} was assessed by using the Stern–Volmer equation shown in Equation (1).

$$F_0/F = 1 + Ksv[Q]$$
 (1)

where F_0 and F are the PL intensities of CD-micelles in the absence and presence of the quencher, respectively. [Q] is the concentration of Co²⁺, and K_{SV} is the corresponding Stern–Volmer constant. In addition, the lifetimes of CD-micelles with and without Co²⁺ (100 μ M) were measured using a steady-state PL spectrometer with a picosecond pulsed LED (Ex 313 nm) (FS5; Edinburgh Instruments, Livingston, UK) at an emission wavelength of 450 nm. All experiments were performed under ambient pressure and temperature conditions.

2.7. Metal Ion Removal Using CD-Micelles Through Liquid–Liquid Extraction

Aliquots (2 mL) of the CD-micelle solution (16 mg mL⁻¹) were separately mixed with metal ion solutions (2 mL, 500 μ M) containing Li⁺, Zn²⁺, Ni²⁺, Fe³⁺, Pb²⁺, Cu²⁺, Co²⁺, Ag⁺, Al³⁺, Cr³⁺, Pd²⁺, or Au³⁺. Subsequently, to adjust the pH to 4 and 7, 0.2 M HNO₃ was separately added into the mixtures. Ethyl acetate (4 mL) was added to each mixture and stirred for 2 h. The organic and aqueous layers were separated, and the organic layer was removed. Aliquots (100 μ L) of the remaining solutions were separately diluted in 1 mL of ultrapure water for analysis. Before and after liquid–liquid extraction, the metal ion concentrations of the remaining solutions were determined using inductively coupled plasma–optical emission spectroscopy (ICP-OES, PerkinElmer Optima 8300, Waltham, MA, USA). The efficiency of metal ion removal was calculated using Equation (2).

Removal efficiency (%) =
$$[M]_a / [M]_b \times 100$$
 (%) (2)

where $[M]_a$ and $[M]_b$ represent the metal ion concentrations after and before liquid–liquid extraction, respectively. For comparison, SDS and CTAB were employed with similar metal ion removal processes for CD-micelles.

2.8. Antioxidant Activity of CD-Micelles

The CD-micelle stock solution (16 mg mL⁻¹) was separately diluted in ultrapure water for the preparation of diluted CD-micelle solutions of various concentrations (5, 25, 50, 100, 500, and 1000 µg mL⁻¹). Subsequently, 1 mL aliquots of the as-diluted CD-micelle solutions/ultrapure water were mixed with 1 mL of ABTS (100 µM). The reaction was allowed to proceed for 2 h in the dark. Subsequently, the absorption spectra of these mixtures were recorded. The radical scavenging efficiency of CD-micelles was calculated using Equation (3) [33,34].

Radical scavenging efficiency (%) =
$$(Ar - As)/Ar \times 100$$
 (%) (3)

where Ar is the absorbance at 734 nm of ABTS•⁺ in ultrapure water and As is the absorbance at 734 nm for ABTS•⁺ with CD-micelles.

2.9. Cytotoxicity of CD-Micelles Against Cisplatin-Resistant Lung Cancer Cells

The potential of CD-micelles to overcome drug (cisplatin) resistance was assessed using an established cisplatin-resistant lung cancer model [35,36]. Small-cell lung cancer

(SCLC) cells and related SCLC-cisplatin-resistant (SCLC-cisplatin^R) cells were grown in Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum at 37 °C in a 5% CO₂ atmosphere. SCLC-cisplatin^R cells were cultured with 0.15 μ M cisplatin (Sigma-Aldrich, St. Louis, MA, USA) to maintain the resistant phenotypes that were provided from the M.D. Anderson Cancer Center [37,38]. The cytotoxicity of cisplatin and CD-micelles against SCLC-cisplatin^R cells was determined using MTT assays. Briefly, SCLC-cisplatin^R cells were seeded in 96-well plates at a density of 3 × 10³ cells per well. Subsequently, SCLC-cisplatin^R cells in plates were separately treated with increasing doses of cisplatin (0.02–9.6 μ M) and CD-micelles (1.4–72.3 μ g mL⁻¹) for 72 h, respectively [38,39]. The MTT reagent was then added at a concentration of 5 mg mL⁻¹ for 2 h. Finally, the medium was replaced with 200 μ L of DMSO to dissolve the crystal violet precipitate. The optical density of each well at 490 nm was measured using a microplate reader (Thermo Scientific, Waltham, MA, USA).

3. Results and Discussion

3.1. Characterization of Leek Seed Extract and CD-Micelles

Scheme 1 illustrates the synthesis of CD-micelles from leek seeds. In step 1, leek seeds were ground using a knife mill and then filtered through a sieve with a diameter range of 0.150–0.850 mm to yield leek seed powders. In step 2, scCO₂ extraction was employed, with the advantages of high extraction yield and environmental friendliness [40,41]. The leek seed extract (yield: 2.8%) was obtained after performing scCO₂ extraction for 8 h. Figure S1 presents the total ion chromatograph of the leek seed extract, which was obtained from GC–MS analysis. The identified components are summarized in Table 1. Ten components were detected in the leek seed extract: n-hexadecanoic acid, 9(Z),12(Z)-octadecadienoic acid, octadecanoic acid, (Z, E)-7,11-hexadecadien-1-yl acetate, eicosanoic acid, butyl 9,12-octadecadienoate, palmitin [hexadecanoic acid, 2-hydroxy-1-(hydroxymethyl)ethyl ester], linolein [9,12-octadecadienoic acid (Z, Z)-, 2-hydroxy-1-(hydroxymethyl)ethyl ester], squalene, and cholesterol. The MS spectra are shown in Supporting Information I. Of these components, n-hexadecanoic acid, octadecanoic acid, octadecanoic acid, and linolein were the three major ingredients [42].



Scheme 1. The process of the synthesis of CD-micelles from leek seeds.

Table 1. Chemical con	ponents of leek seed	extract analyz	zed using GC-MS
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Item	Compound	Retention Time (min)
1	n-Hexadecanoic acid	3.43
2	9(Z),12(Z)-Octadecadienoic acid	3.75
3	Octadecanoic acid	3.78
4	(Z, E)-7,11-Hexadecadien-1-yl acetate	4.14
5	Eicosanoic acid	4.22
6	Butyl 9,12-octadecadienoate	4.53
7	Palmitin [hexadecanoic acid, 2-hydroxy-1-(hydroxymethyl)ethyl ester]	4.65
8	Linolein [9,12-octadecadienoic acid (Z, Z)-, 2-hydroxy-1-(Hydroxymethyl)ethyl ester]	5.31
9	Squalene	5.82
10	Cholesterol	8.23

The leek seed extract was carbonized through hydrolysis, polymerization, carbonization, and passivation using a dry heating method (step 3), followed by hydrolysis (step 4) to form CD-micelles [43,44]. The average diameter of the CD-micelles was 3.3 ± 0.4 nm (cal-

culated from 50 counts) (Figure 1A(a)), which is similar to previous findings for C-dots [5]. Their micelles had an average diameter of 56.9 ± 14.1 nm (from 180 counts) in HRTEM images (Figure 1A(b)). In addition, the average size of the CD-micelles in ultrapure water was 178.4 nm based on the DLS analysis. Figure 1B represents the XPS spectrum of the CD-micelles; the data demonstrated three peaks obtained at 284, 532, and 1071 eV, which corresponded to C 1s, O 1s, and Na 1s, respectively [13,15,45]. Figure S2A depicts the deconvoluted C 1s peaks obtained at 284.6, 286.0, and 288.7 eV, which corresponded to C-C, C-O, and C=O, respectively [13,15]. The deconvoluted XPS spectrum of O 1s revealed two peaks at 532.5 and 531.9 eV, which were attributed to C-O and C=O, respectively (Figure S2B) [13,15]. The Na 1s signal was detected in the spectrum primarily because CD-micelles were formed through hydrolysis with NaOH. Thus, Na⁺ absorbed into the functional groups of CD-micelles resulted in the charge neutrality of the micelles. Figure 1C depicts the FTIR spectrum of the CD-micelles, showing a weaker and broader O-H stretching band at 3475 cm⁻¹; moderate C–H stretching bands at 3009, 2918, and 2854 cm⁻¹; a sharp C=O stretching band at 1737; a sharp (asymmetric) and a weak (symmetric) COO^{-1} stretching band at 1557 and 1378 cm⁻¹, respectively; a moderate C–H stretching band at 1461 cm⁻¹; and a strong C–O stretching band at 1163 cm⁻¹ [46–48]. The ¹H NMR spectrum (400 MHz; D₂O; ppm) of the CD-micelles, as shown in Figure S3, reveals that signals at around 8.37, 3.58~3.48, 2.10, 1.83, 1.51,1.23, and 0.81 are obtained, which are mainly attributed to aldehyde, ester/ether, and alkenyl groups on the surface [49]. As for weak 1 H signals at around 6.76~6.44, they may correspond to aromatic groups on the surface of CD-micelles [49]. In addition, the ¹³C NMR spectrum of the CD-micelles was provided in Figure S4, showing aldehyde carbon atoms (171), aromatic ester/ether/alcohol carbon atoms (115, 72~68, 62), and aliphatic carbon atoms (37~21, 14, and 13 ppm) [50]. The ¹H and ¹³C NMR spectra of CD-micelles are similar to those of C-dots in the literature [51], and it is noted that ¹H signals of alcohol groups on CD-micelles are not observed because of those protons undergoing fast exchanges with D_2O solvent [52]. The absorption spectrum of the CD-micelles in ultrapure water (0.16 mg mL $^{-1}$) revealed a broad band at 230 nm and a tail from 265 to 350 nm, corresponding to $\pi - \pi^*$ and $n - \pi^*$ transitions, respectively (Figure 1D) [53,54]. The excitation-wavelength-dependent PL property of the CD-micelles excited at the wavelengths of 300 to 410 nm is illustrated in Figure 1E. This property is attributed to the transitions of the nonbonding orbitals of CD-micelles into their π^* orbitals [53-55]. Because the aggregated stacking of CD-micelles induced PL quenching, their Φ_{PL} was estimated to be <1%, which was mainly attributed to J-type aggregation [56–58].

Figure 1F shows the CMC assessment for CD-micelles by PL intensities at 515 nm of fluorescein against CD-micelle concentrations (0–0.03 mg mL⁻¹); a cross point at the concentration of CD-micelle (0.004 mg mL⁻¹) was obtained. As CD-micelle concentrations increased over 0.004 mg mL⁻¹, the PL intensities of fluorescein decreased significantly. This is attributed to the fact that as the as-prepared C-dots started to form CD-micelles, PL scattering occurred [59].

3.2. Detection of Metal Ions Using CD-Micelles

Figure 2A presents the PL quenching efficiencies of CD-micelles (1.6 mg mL⁻¹) in the presence of various metal ions (100 μ M), namely Li⁺, Zn²⁺, Ni²⁺, Fe³⁺, Pb²⁺, Cu²⁺, Co²⁺, Ag⁺, Al³⁺, Cr³⁺, Pd²⁺, and Au³⁺. The ion most effectively quenched was the Co²⁺, indicating that CD-micelles have high selectivity for Co²⁺. Figure 2B depicts the PL quenching efficiencies of CD-micelles against Co²⁺ (0–40 μ M). A dynamic range from 2.5 to 25 μ M was obtained, and the limit of detection was 1.7 μ M, calculated using the equation 3 σ /m, where σ is the standard deviation of the blank signal (n = 3) and m is the slope of the linear range. To examine the Co²⁺ quenching behavior of the CD-micelles, a Stern–Volmer plot was employed. A linear relationship between the Co²⁺ concentration (2.5–25 μ M) and its Stern–Volmer constant of 1.3 \times 10⁻² μ M⁻¹ was observed (Figure 2C) [17]. A linear Stern–Volmer plot indicates that only dynamic or static quenching occurred between CD-micelles and Co²⁺ [17]. In this study, to confirm the quenching mechanism, fluorescence lifetime decay

curves of CD-micelles with and without Co^{2+} were measured (Figure 2D). The two curves exhibited adequate overlap. In addition, the average lifetimes of CD-micelles with and without Co^{2+} were calculated to be 8.2 ns and 8.1 ns, respectively. Because no significant difference in the lifetimes of CD-micelles with and without Co²⁺ was observed, the dynamic quenching mechanism was ruled out [60]. Moreover, Figure 2E shows an unexpected HRTEM image of CD-micelles with Co^{2+} , with an average diameter of 240.3 \pm 66.9 nm (from 70 counts). To prove that Co²⁺ was present in these particles, energy dispersive X-ray spectrometry was conducted (Figure 2F). The results revealed the presence of Co^{2+} in the particles, with a weight percentage of 1.18%. These results confirmed that the Co²⁺ quenching behavior of the CD-micelles was a static process [17,60]. Additionally, CD-micelles interacted with Co^{2+} to form new spherical particles [61–63]. The detailed mechanisms of CD-micelles with high selectivity towards Co²⁺ and their formation of the spherical particles are unclear, but it is supposed that functional groups on the surface of CD-micelles, including O–H, C=O, and COO^{-1} , have special interactions with Co^{2+} [64]. To confirm this conjecture, ¹H NMR spectra of CD-micelles without and with Co²⁺ presented in Figure S5 show that the ¹H peak of aldehyde groups on the surface of CD-micelles shifted slightly from 8.37 to 8.40 when Co²⁺ existed, indicating that aldehyde groups on CD-micelles have certain interactions with Co²⁺. On the other hand, Co²⁺ induced ¹H peaks of CD-micelles to be broader ones due to their paramagnetic properties [65]. Unfortunately, because of fast exchanges of hydrogen in alcohol groups on CD-micelles with D₂O, it is difficult to monitor their O-H chemical shifts for CD-micelles without and with Co²⁺ in aqueous environments using NMR measurements [52]. Lastly, carbon dots using natural biomaterials were selected for comparison. Their produced methods, precursors, and corresponding LODs are summarized in Table 2 [66–68]. A report involving carbon dots using straws as precursors through a hydrothermal method showed PL quenching against Co^{2+} with an LOD of $0.38 \,\mu$ M based on a static quenching mechanism and the inner filter effect [66]. In addition, limes and kelps were used to produce carbon dots through a microwave method. These two carbon dots showed PL quenching towards Co^{2+} , with LODs of 0.39 and 1.63 μ M, based on the inner filter effect and the electron transfer mechanism, respectively [67,68].



Figure 1. (**A**) HRTEM images, (**B**) XPS spectrum, and (**C**) FTIR spectrum of CD-micelles. (**D**) Absorption spectrum of CD-micelles in ultrapure water (0.16 mg mL⁻¹) and (**E**) PL spectra of CD-micelles when excited at wavelengths of 300 to 410 nm. (**F**) Critical micelle concentration (CMC) assessment of CD-micelles. The insets (**a**,**b**) in (**A**) represent an enlarged image of the CD-micelles and their size distribution, respectively.



Figure 2. (A) PL quenching efficiencies of CD-micelles (1.6 mg mL⁻¹) in the presence of various metal ions (100 μ M). (B) PL quenching efficiencies of CD-micelles against Co²⁺ (0–40 μ M). (C) The Stern–Volmer plot of CD-micelles against Co²⁺. (D) Fluorescence lifetime decay curves of CD-micelles with and without Co²⁺. (E) The HRTEM images of CD-micelles with Co²⁺ and their size distribution. (F) Energy dispersive X-ray spectrometry mapping images of CD-micelles with Co²⁺.

Table 2. Methods, precursors, and LODs of carbon dots produced from natural biomaterials for detection of Co^{2+} .

Method	Precursors	Detection Limit (µM)	Reference
Hydrothermal	Straw	0.38	[66]
Microwave	Lime	1.63	[67]
Microwave	Kelp	0.39	[68]
Dry heating	Leek seed extract	1.7	This work

3.3. CD-Micelles for Metal Ion Removal Through Liquid–Liquid Extraction

Figure 3A presents the process through which CD-micelles were functionalized as adsorbents and chelating agents to employ metal ion removal through liquid–liquid extraction. As depicted in Figure 3A(a), CD-micelle solutions were separately mixed with metal ion solution that contained Li⁺, Ag⁺, Co²⁺, Cu²⁺, Ni²⁺, Pb²⁺, Zn²⁺, Al³⁺, Fe³⁺, and Cr³⁺ sequentially. After adjustment of the pH value of the above mixtures to 4 or 7 by using 0.2 M HNO₃, ethyl acetate was added to each mixture (Figure 3A(b)). Liquid–liquid extraction was performed, and then we waited for solvent separation (Figure 3A(c)). The removal efficiencies of CD-micelles against various metal ions at pH 4 and 7 are provided in Figure 4B. The results indicated that through liquid–liquid extraction in acidic conditions (pH 4), CD-micelles extracted Pb²⁺, Al³⁺, Fe³⁺, Cr³⁺, Pd²⁺, and Au³⁺ with efficiencies of >90%. Moderate removal efficiencies (40–80%) were obtained for CD-micelles against Ag⁺, Co²⁺, Cu²⁺, Ni²⁺, and Zn²⁺, and low removal efficiency (7%) was obtained for Li⁺. This low removal efficiency indicated the poor interaction between CD-micelles and Li⁺,

which is mainly attributed to the low positive charge (I) and small size of Li⁺. In neutral conditions (pH 7), CD-micelles show similar ion-extracted properties, except for Pd²⁺ and Au³⁺. For comparison, ion removal efficiencies for Pb²⁺ using SDS and those for Ag⁺, Pd²⁺, and Au³⁺ using CTAB of over 80% were obtained. The sulfate group in SDS had a strong interaction with Pb²⁺ to form an SDS–Pb²⁺ complex [69–72]. Similarly, Ag⁺, Pd²⁺, and Au³⁺ interacted with CTAB to form complexes [73–75], and those complexes were thus extracted through liquid–liquid extraction. Regarding metal ion removal using CD-micelles through liquid–liquid extraction, the illustrated mechanism is depicted in Scheme 2. Metal ions may be absorbed/bonded on the functional groups in CD-micelles. Subsequently, these metal ion absorbed/bonded CD-micelles disintegrate and are then dispersed in ethyl acetate during liquid–liquid extraction. After the separation of the organic and aqueous layers, metal ions are transferred in the ethyl acetate layer through absorption/bonding onto C-dots.



Figure 3. (**A**) CD-micelles employed for metal ion removal through liquid–liquid extraction by using ethyl acetate. Removal efficiencies of (**B**) CD-micelles, (**C**) SDS, and (**D**) CTAB for various metal ions.



🧉 C-dots 🛛 👯 CD-micelles 🛛 \varTheta Metal ion



3.4. Antioxidant and Anticancer Activities of CD-Micelles

CD-micelles for ABTS•⁺ scavenging efficiency obtained from the colorimetric assay are presented in Figure 4A. The CD-micelles exhibited dose-dependent scavenging efficien-

cies ranging from 5.0% to 94.9% at concentrations ranging from 5 to 1000 μ g mL⁻¹ [76,77]. As depicted in Figure 4B, CD-micelles exhibited an ABTS⁺ scavenging ability to form ABTS, which is mainly attributed to their π -conjugated bonds on the surfaces that stabilized the cation radical, which indicates that CD-micelles are functionalized as antioxidants [76,77]. The cytotoxicity of cisplatin and CD-micelles was evaluated using the MTT assay, as shown in Figure 4C. The results showed a small reduction in the survival rate of SCLC-cisplatin^R cells from 99.2 \pm 2.4% to 87.7 \pm 0.5%, even at the highest concentration of cisplatin (2.88 μ g mL⁻¹ or 9.60 μ M), which indicates the occurrence of cisplatin resistance. In contrast, CD-micelles were administered at concentrations ranging from 1.4 to 723 μ g mL⁻¹, resulting in a dose-dependent decrease in cell viability, with survival rates decreasing from 90.7 \pm 3.2% to 12.8 \pm 4.2%. Notably, the cytotoxic effects of CD-micelles at concentrations of 0.72, 1.44, and 2.88 μ g mL⁻¹ were comparable to those of cisplatin at the same concentrations. These findings suggest that CD-micelles exhibit similar therapeutic efficacy to cisplatin against SCLC-cisplatin^R cells. Therefore, CD-micelles could potentially serve as a replacement for cisplatin in cases of cisplatin resistance, thereby reducing the risk of cisplatin overdose and mitigating adverse effects, such as mortality and peripheral neuropathy. Regarding the underlying mechanism, it is unclear, but it is supposed that CD-micelles were functionalized as exogenous antioxidants [78,79]. They probably quenched singlet oxygen $({}^{1}O^{-}_{2})$ anion and peroxyl (•ROO) radicals to remove free radical intermediates or to delay oxidative reactions via several modalities, including alterations in cell signaling, changes in cell cycle progression, and the modulation of enzymatic activities [80,81]. Thus, the results indicated that CD-micelles, as novel antioxidants, exhibit great potential for use in anticancer nanodrugs in cancer therapy [82–84].



Figure 4. (A) CD-micelles for ABTS•⁺ scavenging efficiencies. (B) Illustrated mechanism for CD-micelles reacted with ABTS•⁺. (C) The cell survival ratios of SCLC-cisplatin^R cells against cisplatin and CD-micelles.

4. Conclusions

In this study, $scCO_2$ extraction was used to obtain leek seed extract, which was subsequently carbonized and hydrolyzed to form CD-micelles. The CD-micelles were selective for the quantitation of Co⁺² through analyte-induced PL quenching, employing a

static process with the formation of the self-assembly Co^{2+} -CD-micelle sphere particles. In addition, CD-micelles can extract metal ions through liquid–liquid extraction. Removal efficiencies over 90% were obtained using CD-micelles against Pb²⁺, Al³⁺, Fe³⁺, Cr³⁺, Pd²⁺, and Au³⁺. Moreover, CD-micelles functionalized as novel antioxidants killed SCLC-cisplatin^R cells in a dose-dependent manner. Thus, CD-micelles exhibit great potential as a replacement for cisplatin when cisplatin resistance occurs, thus preventing cisplatin overdoses in cancer therapy.

Supplementary Materials: The following supporting information can be downloaded at https: //www.mdpi.com/article/10.3390/jfb15110347/s1, Figure S1. Total ion chromatograph of the leek seed extract obtained through GC-MS analysis; Figure S2. Deconvoluted (A) C 1s and (B) O 1s XPS spectra of CD-micelles; Supporting Information I: The GC-Electron impact spectra of 10 components obtained from leek seed extract; Figure S3. ¹H NMR spectrum of the CD-micelles; Figure S4. ¹³C NMR spectrum of the CD-micelles; Figure S5. ¹H NMR spectra of the CD-micelles without (down) and with Co²⁺ (up).

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