



Supplementary Materials

Comparison of Different Protein Emulsifiers on Physicochemical Properties of β -Carotene-Loaded Nanoemulsion: Effect on Formation, Stability, and In Vitro Digestion

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Table S1. The mean particle size (nm) in different digestion stage of the PPI-, SPI-, RBPI-, and WPI-stabilized nanoemulsions.

	PPI- β -ct-NE	SPI- β -ct-NE	RBPI- β -ct-NE	WPI- β -ct-NE
Initial	238.95 \pm 1.77	251.40 \pm 1.13	278.40 \pm 3.25	263.70 \pm 3.11
Oral	444.45 \pm 0.64	282.40 \pm 9.48	301.45 \pm 5.87	281.35 \pm 3.61
Gastric	7528.5 \pm 246.78	409.05 \pm 8.41	642.25 \pm 12.09	284.45 \pm 1.06
Small Intestine	254.8 \pm 2.69	587.5 \pm 30.12	876.45 \pm 16.33	381.6 \pm 15.41

Table S2. The zeta-potential (mV) in different digestion stage of the PPI-, SPI-, RBPI-, and WPI-stabilized nanoemulsions.

	PPI- β -ct-NE	SPI- β -ct-NE	RBPI- β -ct-NE	WPI- β -ct-NE
Initial	-40.13 \pm 1.02	-36.40 \pm 0.69	-28.93 \pm 1.16	-33.10 \pm 1.04
Oral	-38.20 \pm 1.69	-35.17 \pm 1.55	-26.27 \pm 1.10	-31.17 \pm 0.74
Gastric	-8.04 \pm 0.15	-24.13 \pm 1.30	-15.23 \pm 1.72	-25.57 \pm 1.89
Small Intestine	-53.13 \pm 0.85	-38.97 \pm 0.55	-37.30 \pm 2.98	-35.87 \pm 0.42

Table S3. The POV values (mg/kg oil) in different days of the PPI-, SPI-, RBPI-, and WPI-stabilized nanoemulsions.

POV	PPI- β -ct-NE	SPI- β -ct-NE	RBPI- β -ct-NE	WPI- β -ct-NE	Blank
Day 0	0.358 \pm 0.005	0.356 \pm 0.005	0.352 \pm 0.002	0.356 \pm 0.004	0.355 \pm 0.004
Day 2	0.388 \pm 0.033	0.423 \pm 0.016	0.443 \pm 0.049	0.413 \pm 0.019	0.877 \pm 0.025
Day 4	0.456 \pm 0.028	0.551 \pm 0.015	0.623 \pm 0.031	0.498 \pm 0.023	1.454 \pm 0.019
Day 6	0.479 \pm 0.008	0.655 \pm 0.030	0.789 \pm 0.021	0.632 \pm 0.055	1.843 \pm 0.019
Day 8	0.540 \pm 0.020	0.760 \pm 0.013	0.974 \pm 0.005	0.657 \pm 0.033	2.189 \pm 0.029
Day 10	0.696 \pm 0.017	1.012 \pm 0.016	1.241 \pm 0.009	0.764 \pm 0.011	2.412 \pm 0.004
Day 12	0.742 \pm 0.021	1.344 \pm 0.039	1.412 \pm 0.011	0.846 \pm 0.032	2.820 \pm 0.088
Day 14	0.745 \pm 0.004	1.422 \pm 0.070	1.487 \pm 0.040	0.854 \pm 0.010	3.488 \pm 0.144

Table S4. The TBARS values (mg malondialdehyde/kg oil) in different days of the PPI-, SPI-, RBPI-, and WPI-stabilized nanoemulsions.

TBARS	PPI- β -ct-NE	SPI- β -ct-NE	RBPI- β -ct-NE	WPI- β -ct-NE	Blank
Day 0	0.851 \pm 0.020	0.865 \pm 0.016	0.859 \pm 0.012	0.862 \pm 0.013	0.854 \pm 0.020
Day 2	0.877 \pm 0.010	1.272 \pm 0.015	1.306 \pm 0.025	1.125 \pm 0.046	2.327 \pm 0.099
Day 4	0.896 \pm 0.015	1.794 \pm 0.047	1.868 \pm 0.029	1.166 \pm 0.040	3.481 \pm 0.121
Day 6	0.972 \pm 0.017	1.817 \pm 0.021	1.932 \pm 0.031	1.249 \pm 0.027	4.474 \pm 0.081
Day 8	1.045 \pm 0.025	1.918 \pm 0.015	2.167 \pm 0.033	1.265 \pm 0.033	4.991 \pm 0.116
Day 10	1.092 \pm 0.029	1.979 \pm 0.037	2.224 \pm 0.044	1.309 \pm 0.049	5.904 \pm 0.124
Day 12	1.105 \pm 0.017	2.351 \pm 0.093	2.506 \pm 0.030	1.327 \pm 0.061	6.260 \pm 0.166
Day 14	1.109 \pm 0.061	2.461 \pm 0.079	2.859 \pm 0.079	1.370 \pm 0.082	7.389 \pm 0.141

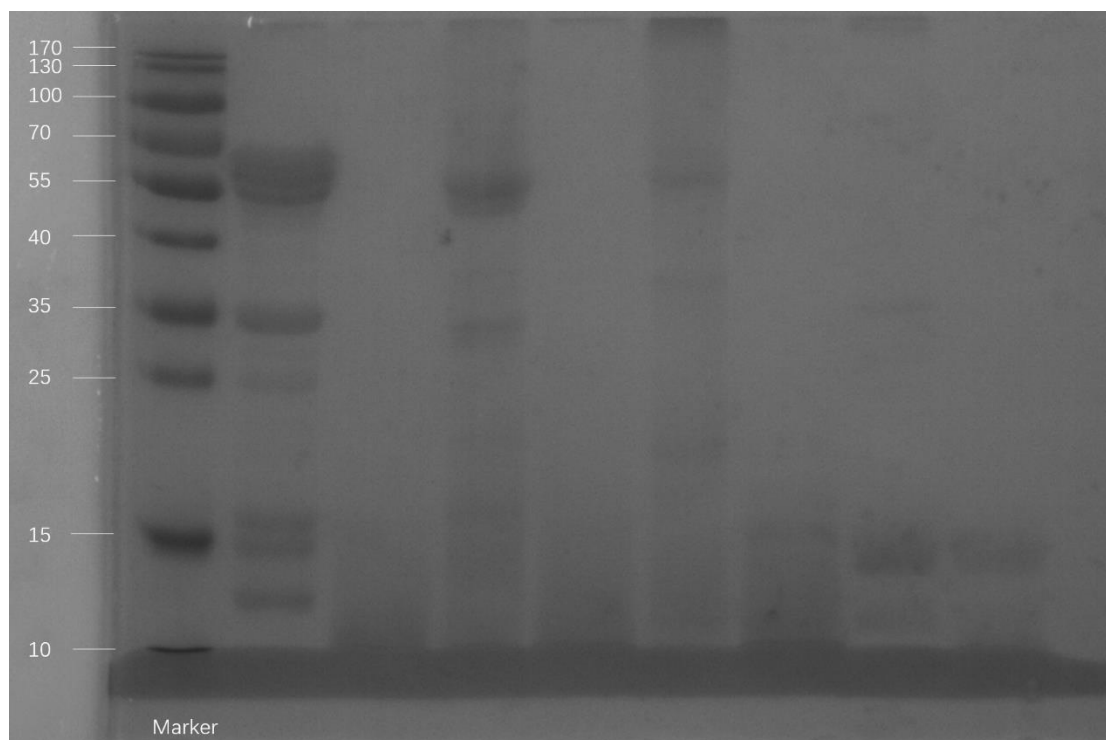
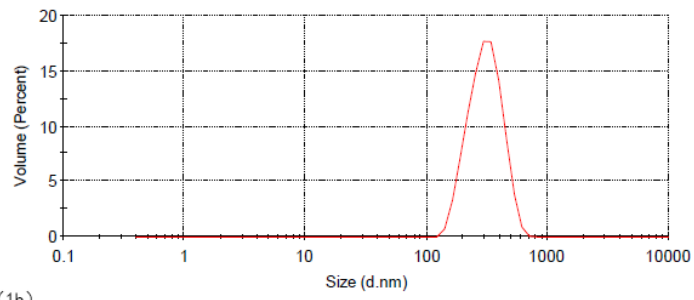


Figure S1. Sodium dodecylsulfate polyacrylamide gel electrophoresis (SDS-PAGE) of PPI, SPI, RBPI and WPI after gastric digestion. From left to right, lane 1 and 2 are initial PPI sample and PPI sample after gastric digestion; lane 3 and 4 are initial SPI sample and SPI sample after gastric digestion; lane 5 and 6 are initial RBPI sample and RBPI sample after gastric digestion; lane 7 and 8 are initial WPI sample and WPI sample after gastric digestion.

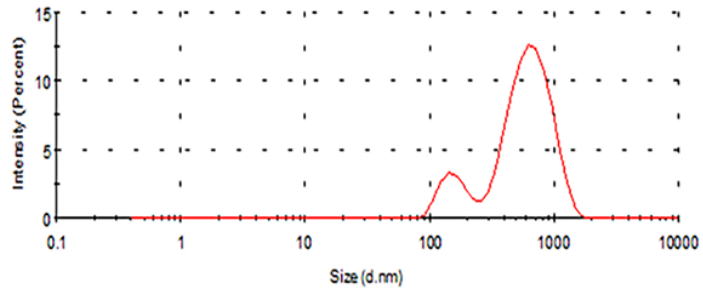
(1a)

Size Distribution by Volume



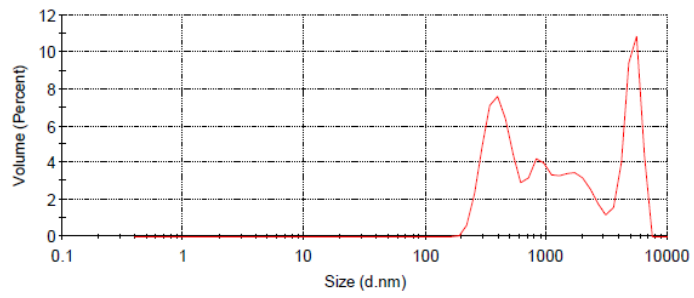
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Size Distribution by Intensity



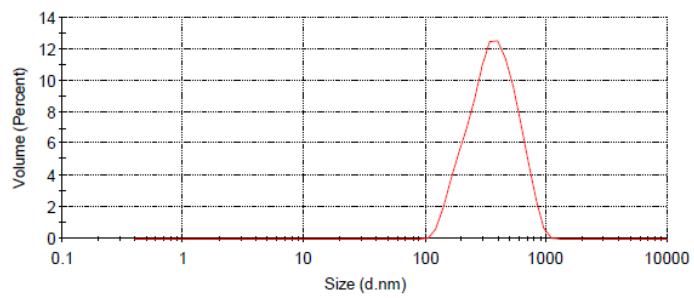
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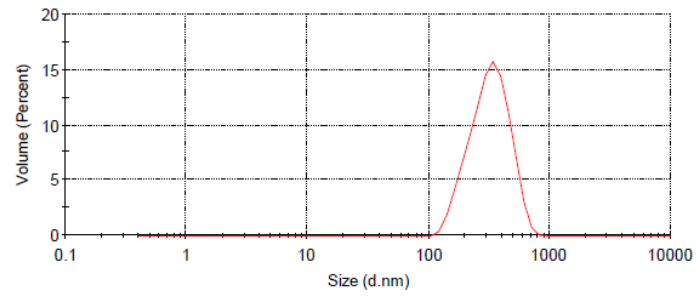
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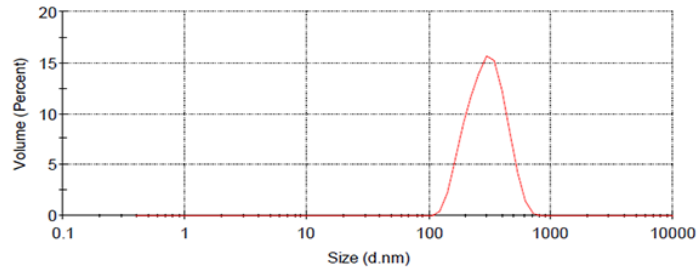
(2a)

Size Distribution by Volume



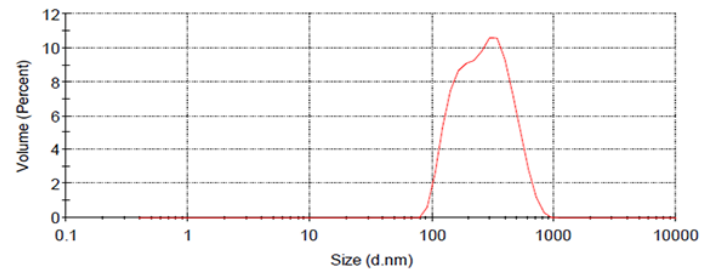
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Size Distribution by Volume



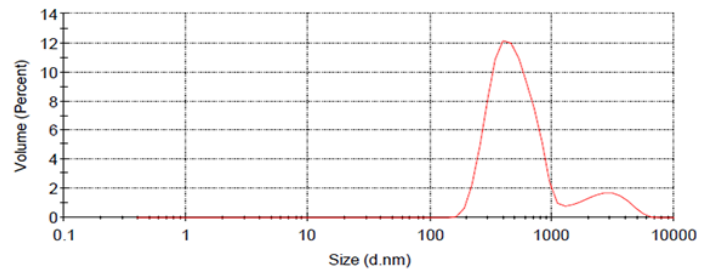
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Size Distribution by Volume



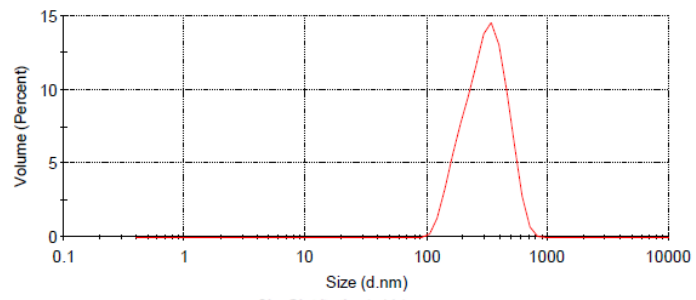
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Size Distribution by Volume



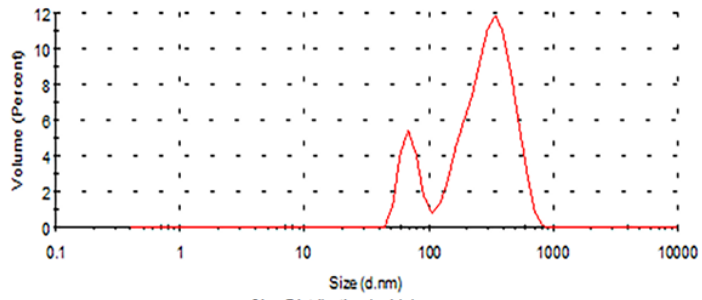
(3a)

Size Distribution by Volume



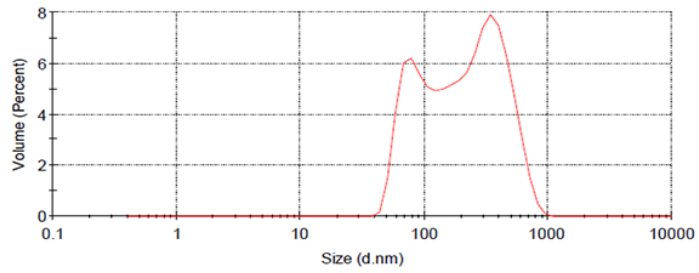
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Size Distribution by Volume



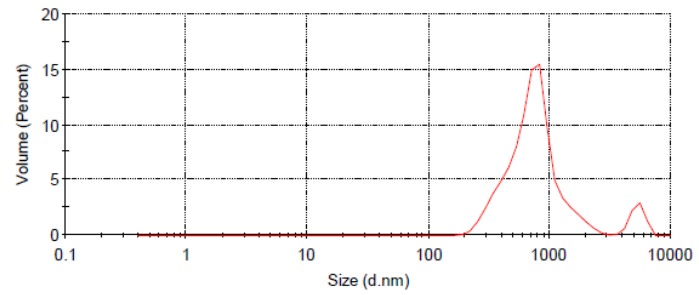
(3c)

Size Distribution by Volume



(3d)

Size Distribution by Volume



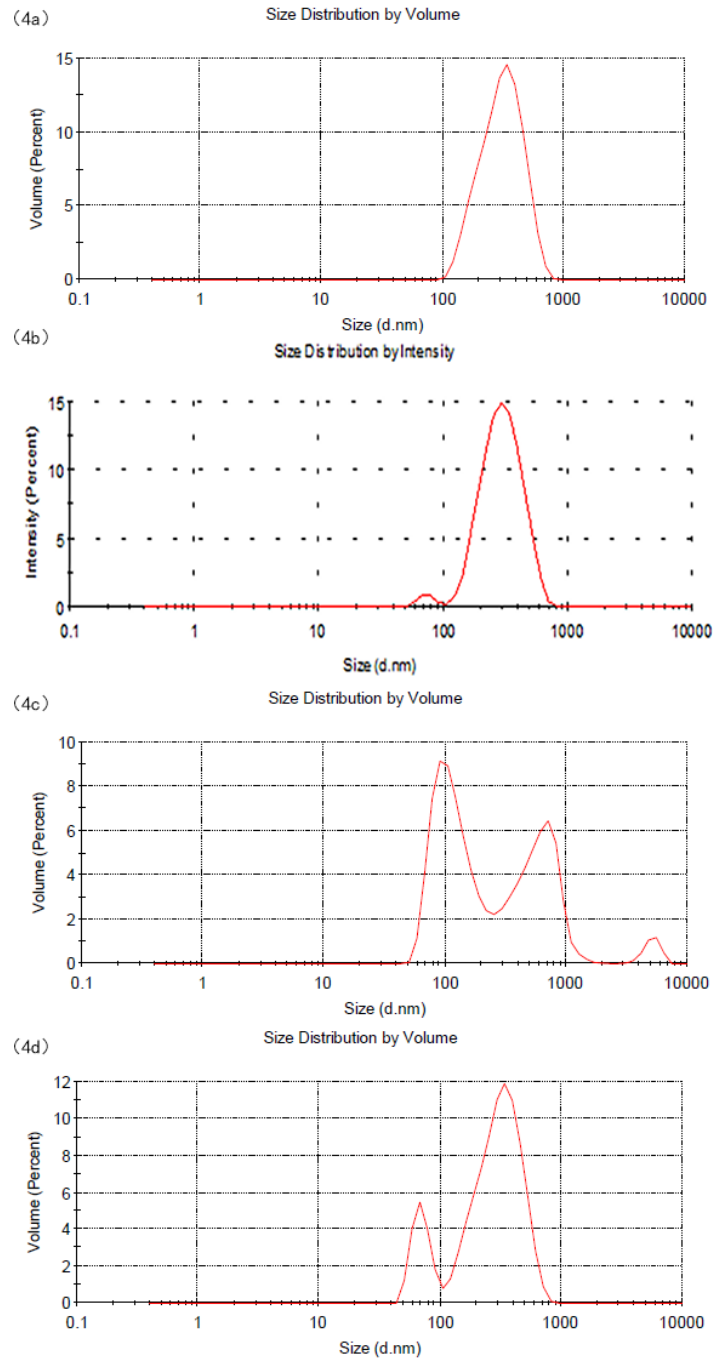


Figure S2. The PDI of PPI-, SPI-, RBPI-, and WPI-stabilized nanoemulsions in different digestion phases. **1–4** show the nanostructures of PPI-, SPI-, RBPI- and WPI-stabilized nanoemulsions, respectively. **a–d** show the nanostructures of nanoemulsions in initial, oral, gastric, and small intestine phases, respectively.