

**Table S3.** Quality assessment of cohort studies using the Joanna Briggs Institute critical appraisal tool

Study ID	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Yes (%)
Pholwat 2022												40.0
Houpt 2020												66.7
		Yes		No				Unclear		Not applicable		

**Q1:** Were the two groups similar and recruited from the same population?

**Q2:** Were the exposures measured similarly to assign people to both exposed and unexposed groups?

**Q3:** Was the exposure measured in a valid and reliable way?

**Q4:** Were confounding factors identified?

**Q5:** Were strategies to deal with confounding factors stated?

**Q6:** Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?

**Q7:** Were the outcomes measured in a valid and reliable way?

**Q8:** Was the follow up time reported and sufficient to be long enough for outcomes to occur?

**Q9:** Was follow up complete, and if not, were the reasons to loss to follow up described and explored?

**Q10:** Were strategies to address incomplete follow up utilized?

**Q11:** Was appropriate statistical analysis used?