



Article Aloe Vera as a Printed Coating to Mitigate the Wear of Textiles

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Abstract: Aloe vera is well known for its biological properties as a bioflavonoid anti-inflammatory and antibacterial agent. It has been used frequently in the food sector as a food coating due to its hygroscopic properties and as an ingredient in the lucrative cosmetic industry. Studies have also included aloe vera as an eco-friendly green solution based on these properties. The current research focuses on the use of aloe vera gel in printing pastes as an alternative sustainable solution to synthetic thickeners, evaluating its wet performance and ease of fabric stitching, and has been inspired by studies that similarly used this substance and measured its effect on the fabric's coefficient of friction and antimicrobial action. In the current study, printing pastes with natural colourants, such as saffron, curcumin, and annatto, and aloe vera gel thickener derived from natural leaves from Crete increased the fabric's mechanical resistance to abrasion compared to the untreated pastes. The measured performance did not differ substantially from prints with traditional synthetic pastes, hence tolerating the substitution with the non-contaminant variant. The enhanced resistance to abrasion and wear extends the fabric's serviceable life and resulting garments, decreasing the need for high industry processing volumes and, as a result, reducing pollution. The resistance to wear was evaluated using the dominant method in textile testing of the Martindale apparatus, which measured the cycles to failure, weight loss, and general appearance deterioration using the official photographic standards.

Keywords: aloe vera printing; aloe vera coating; fabric wear; green fashion

1. Introduction

The apparel and fashion industry, in general, is known to be one of the most polluting sectors on the planet, according to the U.N. and NRDC [1,2], where 93 billion m³ of water is used annually, and around half a million tons of microfibre is dumped into the ocean yearly. Husaini et al. [3] reported that only a few industries treat their effluents according to Pakistan's accepted national environmental quality standard, a country well known to produce many of today's textile goods [4].

The term serviceability of a garment is a generic term that composes several aspects exceeding the limits of the garment's properties. A fully functional but old stylish garment can still be considered unserviceable, as in the case of a formal suit lightly discoloured in the elbows area [5,6]. Based on this concept, consumers are encouraged to buy and discard clothes and textile goods frequently, in general, through constantly changing collections at low prices as the old collections become unserviceable. Consequently, wear resistance characteristics are usually overlooked as the garments are not intended to have a prolonged short life. Low-cost and quality garments tend to abrade, discolour, or change in appearance faster than average, and often, their useful life terminates even sooner. Modern sustainable



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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). trends require reusing cloths as raw materials for new ones [7]. Based on these facts, it is essential to improve the resistance to wear of the fabric.

As we approach a sustainability dead end, the serviceable life of garments is a critical issue, and the Fashion Industry Charter for Climate Action in view of the Paris Agreement of 2015 highlighted the need for waste reduction in textiles. The beneficial effects of aloe vera on coated surfaces have been introduced previously. However, no studies in the literature have investigated the effect on the abrasive resistance of the substrate when used as a thickening agent in pastes for printed fabrics. This article aims to investigate the incorporation of aloe vera gel in the printing paste as a sustainable solution for thickening agents, comprising potential innovation in the textile industry by extending the serviceable life of garments, reducing fabric wear, and minimising waste.

Wear is determined by several factors, such as the abradant, abrasion conditions, lubrication, and inherent mechanical properties of the fabric [6,8]. The level of abrasion can be used to assess wear to the failure point, at which point holes become prominent in the fabric; a change in appearance occurs with fuzzing and pill formation; or a percentage mass loss occurs, reflecting any impact on all mechanical properties related to mass density.

Microorganisms are present on almost every surface when conditions, such as moisture, nutrients, and temperature, allow them to be [9]. The growth of microorganisms on textiles can be a hazard to the user, leading to pathogenic or odour-causing microorganisms. At the same time, the garment itself may suffer damage caused by mould, mildew, or rot-producing microorganisms, leading to functional, hygienic, and aesthetic difficulties such as stains [10]. Synthetic man-made fibres exhibit higher resistance to microbial attacks than natural fibres due to their hydrophobicity. Protein fibres and carbohydrates in cotton can be a source of nutrients themselves [9]. Their susceptibility explains the importance of using antimicrobial properties on these fibres.

Colour is a fundamental aspect of fashion as it characterises collections and can be achieved in yarn or garment form; however, fabric colouring is the most usual case and can be implemented using dyeing and printing methods. For many years, synthetic dyes were used for this purpose; however, the need for a greener process gave rise to alternative sources based on natural dyes and resources [11].

Although digital printing is rapidly growing, traditional screen printing remained the dominant industry method in 2022, when higher production volumes were needed, and constitutes a market of USD 8.14 billion in the US alone [12]. The method is applied by rotary or flat screens and the latter is ideal for home and laboratory runs.

Synthetic thickeners are mainly acrylic-based and are widely used in textile printing due to their ability to provide consistent viscosity, good print definition, and compatibility with various dye types [11,13–19]. Researchers have looked for alternatives, including polyurethane-based synthetic thickeners, which share the same downsides, particularly concerning biodegradability and sustainability. Synthetic thickeners often comprise petrochemical derivatives, which are resistant to natural degradation processes [20,21]. This persistence can lead to long-term environmental contamination, as well as bioaccumulation in ecosystems.

Aloe vera is a plant belonging to the Liliaceae family. It has been used frequently in the food sector as a food coating for its hygroscopic properties [22] and as an ingredient in the lucrative cosmetic industry [23]. It is cultivated in many farms worldwide, and it could lead to promising cultivation in Greece if a direct market chain with the pharmaceutical and cosmetic industries is established [24,25]. In conjunction with these industries, the textile industry can also raise the demand for the plant, as discussed later. Historically, aloe vera has been used for medicinal purposes, and it has been known as a "healing plant" as it possesses some biological activities that include the promotion of wound healing and antifungal activity; hypoglycaemic or anti-diabetic effects; and anti-inflammatory, anticancer, and gastroprotective properties. Following that path in this modern generation, researchers claim that aloe vera treatment can speed up wound healing [26,27], offer

U.V. protection, and has antioxidant [28] and antimicrobial properties [29–31] when used in textiles.

Aloe vera leaves contain polysaccharides, and the gel contained within them is viscous and colourless, making it possible to be used as a thickener agent accompanied by natural dyes, avoiding the harmful effects of synthetic thickeners and dyes [32–34]. By padding and coating, researchers have used aloe as an ingredient in printing paste at moderate concentrations and measured changes in the coefficient of friction and antimicrobial performance [9,35]. The current study, as a supplementary study of previous work on the use of natural colourant prints, incorporates more significant volumes of aloe to substitute the commercial thickening agent while measuring the impact of the print on the wear resistance characteristics of the fabric, using the same naturally occurring dyes from saffron, curcumin, and annatto. These natural dyes are known for their low toxicity and are readily used in the food industry. At the same time, in their application on textiles, they have proven to impart delicate shades on cotton fabrics, as reported by Zarkogianni et al. [36] and, for convenience, presented Tables 1 and 2, including the fastness to washing and rubbing where the aloe vera (AV)-treated samples exhibit similar performance to the commercial thickener (CT).

Table 1. Colorimetric data (L*, a*, b*, C*, h°, K/S λ_{max} values) of knitted samples, and colour fastness to rubbing, washing, and staining of multifibre strip (W—wool, A—acrylic, P—polyester, PA—polyamide, C—cotton, AC—acetate).

	Washing Fastness								Rub	bing					
		C	Colorime	tric Dat	a		Colour			Color	ır Stainin	g		Fast	ness
Sample	K/S	L*	a*	b*	C*	\mathbf{h}°	Fastness	W	Α	Р	PA	С	AC	Dry	Wet
AV—Saffron	17.2	76.4	4	43.8	44	84.8	3	5	5	5	4/5	4/5	5	5	4
CT—Saffron	4.9	68.8	15.1	69.3	70.9	77.7	3	5	5	5	5	3/4	5	5	3
AV—Curcumin	15.1	81.6	-2.8	51.5	51.6	93.1	3	5	5	5	3/4	4/5	4/5	4–5	3
CT-Curcumin	14.1	80.9	-3.1	49.8	49.9	93.6	4/5	5	5	5	4/5	4/5	5	5	4
AV—Annatto	17.4	72.8	6.8	30.8	31.6	77.5	2/3	5	5	5	5	4/5	5	5	4-5
CT—Annatto	24.3	77.4	8.9	29.9	31.2	73.6	2/3	5	5	5	5	5	5	5	5

Table 2. Colorimetric data (L*, a*, b*, C*, h°, K/S λ_{max} values) of woven samples, and colour fastness to rubbing, washing, and staining of multifibre strip (W—wool, A—acrylic, P—polyester, PA—polyamide, C—cotton, AC—acetate).

	Washing Fastness Rubb								bing						
	Colorimetric Data			Colour	our Colour Staining				Fast	ness					
Sample	K/S	L*	a*	b*	C *	\mathbf{h}°	Fastness	W	Α	Р	PA	С	AC	Dry	Wet
AV—Saffron	16	76.6	4.6	43.8	44	84	3	5	5	5	5	5	5	5	4/5
CT—Saffron	4.8	69.2	14.5	70.3	71.8	78.3	3	5	5	5	5	4/5	5	5	3/4
AV—Curcumin	10.5	77.5	$^{-1}$	53.6	53.6	91.1	3/4	5	5	5	3/4	4/5	4/5	5	4
CT-Curcumin	10.2	78.9	-4.7	54.1	54.3	94.9	3/4	5	5	5	4	4/5	4/5	5	4/5
AV—Annatto	24.2	79.1	5.7	27.6	28.2	78.3	2/3	5	5	5	5	5	5	5	4/5
CT—Annatto	19.6	76.6	8.3	33.4	34.4	76.1	2/3	5	5	5	3	4/5	4	5	5

The fabric's wear resistance was evaluated by abrading the fabric using the Martindale apparatus and measuring cycles to failure, percentage mass loss, and change in appearance. Similar multifunctional antimicrobial abrasion-resistant coatings have been reported in the literature for use on silk fibres [37]. The eco-friendly thickener-printed fabric with the combined aloe–natural colour pastes and fabric printed with commercial thickener (natural dye paste) were tested and compared against their untreated scoured cotton of woven and knitted fabric construction to claim possible benefits in abrasion resistance, implying longer-lasting serviceable garments.

2. Materials and Methods

2.1. Scope

The scope of the current work was to determine whether the eco-friendly thickener printing paste containing natural dyes and aloe vera thickening agent intended to substitute the commercial thickener can contribute to abrasion resistance to mitigate wear and extend the useful product life of garments as part of a sustainable textile solution. Consequently, using aloe as a thickening agent can reduce the need for high textile production volumes, leading to pollution.

2.2. Materials

The substrate composition was selected to be 100% cotton owing to its microbial and abrasion resistance susceptibility, as mentioned in the introduction, in the form of the two main fabric constructions. Namely, knitted single jersey fabric with a mass density of 170 g m⁻² and woven poplin of a 1/1 plain weave fabric of 192 g m⁻² were used. Substrates were prepared to undergo desizing and bleaching without optical brightening agents before use, achieving absorbability and forming the control (untreated) samples. The ingredients for the preparation of the printing pastes were the following: the acrylic binder Novabind 1001H, Prochimica Novarese (Novara, Italy), soft 100%, the acrylic thickener Kahaptrint RCF, Kyke Hellas SA (Thessaloniki, Greece) and the fixing agent Novabind ICP: Prochimica Novarese (Novara, Italy), iso-cyanate-based and free of formaldehyde. Annatto and Curcumin powders supplied by Alps Industries Ltd. (Ghaziabad, India) were used without further purification for all printing processes. A commercial sample of saffron stigmas Cooperative de Saffron, Crocus (Kozani, Greece) was used. Aloe vera was extracted from aloe vera leaves containing polysaccharides and was purchased from Crete, Greece. Sodium alginate was purchased from Glentham Life Sciences (Wiltshire, UK). The standard 100% wool fabric from SDC was used as an abradant in the Martindale apparatus, conforming to the ISO12947-1 standard [38].

2.3. Methods

The overhand mixer used was obtained from IKA-WERCK (RW 14H) (Artisan Technology Group, Champaign, IL, USA). The ultrasonic processor used was the UP 100H from Hielscher (Teltow, Germany). Printing paste was incorporated using the flat screen-printing method by applying a uniform film using a 160-count mesh over the substrate, which was treated at 150 °C for 3 min, and the weight and fabric thickness were checked before and after printing with acceptable discrepancies considering the natural origin of the substrate (CV < 5%). Microscopic analysis was performed using the Scanning Electron Microscope (SEM) from JEOL model JSM-IT500 (Tokyo, Japan) and the polarising microscope from Meiji Techno model MX9430 (Campbell, CA, USA).

The mean percentage dry mass gain and mean percentage thickness gain are presented in Table 3 for the woven and knitted structure.

Table 3. Sample preparation properties.

Property	Woven	Knitted
Mean dry mass gain (%)	9.85	10.70
Mean thickness increase (%)	10.81	13.25

2.3.1. Mean Thickness Increase (%)

The test for woven and knitted fabric indicates that the *p*-values for the F-test are over a = 0.05, which signifies that the null hypothesis (H_o) is accepted; hence, the variances are accepted as equal, and the *t*-test of equal variances case has proceeded.

The findings clearly show that the *p*-values were significantly under a = 0.05 in the subsequent *t*-test, which signifies that the means are statistically different. Therefore, this

proves that the thickness of the printed fabric increased compared to the control fabric in both cases, namely woven and knitted (Tables 4 and 5).

Table 4. Sample variance analysis (F-test) and mean comparison (*t*-test) for thickness (mm) of control and printed knitted substrates.

F-Test Two-Sa	nple for Vari	iances	t-Test: Two-Sample Assuming Equal Variances			
	Control	Printed		Control	Printed	
Mean Variance	0.5848 0.0001397	0.6623 0.000509	Mean Variance	0.5848 0.0001397	0.6623	
Observations df	5	30 29	Observations Pooled Variance	5	30	
F	0.2744727	_>	Hypothesised Mean Difference	0		
P (F \leq f) one-tail F Critical one-tail	0.1079623 0.1739182		df t Stat	33 -7.446525		
			$\begin{array}{l} P \ (T \leq t) \ one-tail \\ t \ Critical \ one-tail \\ P \ (T \leq t) \ two-tail \\ t \ Critical \ two-tail \\ t \ Critical \ two-tail \end{array}$	$\begin{array}{c} 7.3715 \times 10^{-9} \\ 1.69236031 \\ 0.0000000147430 \\ 2.0345153 \end{array}$		

Table 5. Sample variance analysis (F-test) and mean comparison (*t*-test) for thickness (mm) of control and printed woven substrates.

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Equal Variances			
Control	Printed		Control	Printed		
0.488 0.000322 5	0.540733 0.000741 30	Mean Variance Observations	0.488 0.000322 5	0.540733 0.000741 30		
4	29	Pooled Variance Hypothesised	0.00069	00		
0.434733 0.217612		Mean Difference df	0 33			
0.173918		t Stat	-4.15616			
		t Critical one-tail $P(T \le t)$ two-tail $P(T \le t)$ two-tail	0.000108 1.69236 0.000216 2.034515			
	Control 0.488 0.000322 5 4 0.434733 0.217612 0.173918	Control Printed 0.488 0.540733 0.000322 0.000741 5 30 4 29 0.434733	mple for Variancest-Test: Two-SampleControlPrinted 0.488 0.540733 Mean 0.000322 0.000741 Variance 5 30 Observations 4 29 Pooled Variance 0.434733 Hypothesised 0.217612 df 0.173918 t Stat P (T \leq t) one-tail P (T \leq t) two-tail P (T \leq t) two-tailt Critical two-tail	mple for Variances t-Test: Two-Sample Assuming Ed Control Printed Control 0.488 0.540733 Mean 0.488 0.000322 0.000741 Variance 0.000322 5 30 Observations 5 4 29 Pooled Variance 0.00069 0.434733 Hypothesised Mean Difference 0 0.217612 df 33 0.173918 t Stat -4.15616 P (T \leq t) one-tail 0.000108 t Critical one-tail 1.69236 P (T \leq t) two-tail 0.000216 t Critical two-tail 2.034515 0.00216		

2.3.2. Mean Dry Mass Gain (%)

The test for woven and knitted fabric indicates that the *p*-values for the F-test are under a = 0.05, which signifies that the null hypothesis (H_o) is rejected; hence, the variances are accepted as unequal, and the *t*-test of unequal (Welch's *t*-test) variances case has proceeded.

The findings clearly show that the *p*-values were significantly under a = 0.05 in the subsequent *t*-test (Welch's *t*-test), which signifies that the means are statistically different. Therefore, this proves that the printed fabric's mass (in the dry state) has increased compared to the control fabric in both woven and knitted cases, Tables 6 and 7.

The printing pastes were prepared using the recipes in Table 8.

The Martindale abrasion and pilling testing apparatus (Gester) was used to abrade the samples, which were cut to a diameter of 38 mm under a pressure of 12 kPa (ISO 12947-1) [38] and abraded at a speed of 47.5 cycles per minute using the standard woollen abradant, as presented in the set up in Figure 1. The masses before and after specified abrasion cycles were measured, and the mass loss was calculated and reported as a percentage of the initial specimen mass (ISO 12947-3) [39]. The percentage mass loss and cycles to failure were measured at the point where two different threads broke for the woven fabric and one thread broke for the knitted (ISO 12947-2) [40]. A minimum of four specimens per run were

used to obtain statistically significant results. Statistical analysis was conducted using SPSS v.13 at a 95% confidence level to detect between-group differences in the treated samples.

Table 6. Sample variance analysis (F-test) and mean comparison (*t*-test) for dry mass (g) of control and printed knitted substrates.

F-Test Two-	Sample for Varian	ces	t-Test: Two-Sample Assuming Unequal Variances		
	Control	Printed		Control	Printed
Mean	0.2055	0.227486	Mean	0.2055	0.227486
Variance	0.00000033333	0.000038	Variance	0.0000033333	0.0000038
Observations	4	24	Observations	4	24
df	3	23	Hypothesised Mean Difference	0	
F	0.0878174		df	17	
$P(F \le f)$ one-tail	0.0339875		t Stat	-44.741052	
F Critical one-tail	0.1156974		P (T \leq t) one-tail	$2.2209 imes 10^{-19}$	
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	$\begin{array}{c} 1.73960673\\ 4.4419\times 10^{-19}\\ 2.10981558\end{array}$	

Table 7. Sample variance analysis (F-test) and mean comparison (*t*-test) for dry mass (g) of control and printed woven substrates.

F-Test Two-S	Sample for Varian	ces	t-Test: Two-Sample Assuming Unequal Variances			
	Control	Printed		Control	Printed	
Mean Variance Observations	0.2255 0.0000003333	0.247708 0.0000171 24	Mean Variance Observations	0.2255 0.00000033333	0.247708 0.0000171 24	
df	3	24	Hypothesised Mean Difference	4 0	24	
F	0.0195101		df	26		
$P (F \le f)$ one-tail	0.0038112		t Stat	-24.904272		
F Critical one-tail	0.1156974		P (T \leq t) one-tail	$5.7174 imes 10^{-20}$		
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	$\begin{array}{c} 1.70561792 \\ 1.1435 \times 10^{-19} \\ 2.05552944 \end{array}$		

Table 8. Printing paste recipes of aloe vera gel and commercial thickener.

Ingredients	Thickening Agents					
(gr/100 gr Paste)	Aloe Vera Gel	Commercial				
Natural dye	2	2				
Thickening agent	80	1				
Sodium alginate	2	-				
Binder	15	15				
Fixer	1	1				
Water	-	81				

Deterioration of the appearance and pilling were evaluated using standard photographic gradings (ISO 12945-2) [41]. The comparison was conducted at pre-determined suggested points and critical points of abrasive wear, taking notes on crucial observations. The assessment was carried out using a light cabinet, illuminating the samples at 5–15° with a fluorescent source while observing them at right angles from a distance of 30–50 cm under the same atmospheric conditions to avoid the influence of any other factor, such as temperature and humidity, as aloe vera is known to be hygroscopic.



Figure 1. Experimental set up of (**a**) abrasion resistance on Martindale abrasion apparatus, (**b**) microscope, and (**c**) test specimen failing point.

3. Results and Discussion

Initially, the untreated control fabrics for knitted and woven versions were compared against the printed ones with both types of thickeners, commercial and aloe, as presented in Figures 2 and 3.

The results show that the influence of both types of printing pastes promotes abrasion resistance, expanding the life span of the samples. As seen from Figures 2 and 3, a considerable increase in the abrasion resistance is exerted by the printed samples of both versions of paste thickeners, commercial and aloe. The increase is highly prominent on the knitted substrate, which can be attributed mainly to the following factors.

Firstly, the printing paste acts as an intermediate film separating the yarns of the substrate, keeping them from coming into direct contact with the woollen abradant. This action protects the fibres until the coating film itself wears out. It should be noted that the polymerised binder on the fabric surface is in solid form with near-to-zero rheological properties, whereas the abrasion takes place at low speeds with a rough textile surface; hence, hydrodynamic or semi-boundary lubrication cannot be claimed [42]. A tribological analysis of boundary or semi-boundary lubrication was out of the scope of the current work. Ibrahim et al. [13] presented only minor differences in the dynamic coefficient of friction, as in the case of abrasion testing. He mentioned that the antibacterial properties of aloe were not detected as the molecules were trapped within this binder film.



Figure 2. Abrasion resistance cycles to failure for knitted fabric.



Figure 3. Abrasion resistance cycles to failure for woven fabric.

Secondly, the binder linkages enhance the fibre cohesion in the substrate, which is a crucial factor in fabric abrasion [8,43]. The primary scope of the binder is to bind the printing paste, which includes the pigment, to the substrate (fabric); however, a secondary action seems to fix the adjacent fibres within the yarn of the abraded fabric, promoting abrasion resistance and offering a longer serviceable garment life. Very similar trends in the abrasion resistance between the untreated and printed samples have been reported by Kokol et al. for flame resistance-treated fabrics [44].

Yarn crossings occur in every successive warp and weft thread in plain weave, which locks the fibres in place and promotes cohesion. In addition, crown points are formed, leading to higher abrasion resistance, especially in balanced warp-to-weft yarn crimp fabrics [43,45–47]. The looser structure of knitted fabric, where the yarn in the loops forms longer floats compared to woven fabric, is more susceptible to wear [48]. Therefore, the knitted structure benefits more from the binder fibre fixing effect analysed earlier, which is reflected in the results of percentage mass loss.

While synthetic dyes, such as multifunctional reactive dyes, actively crosslink with cellulose to enhance substrate abrasion resistance, natural dyes do not form covalent bonds with the substrate [49]. The selected natural dyes behave as direct dyes or acid dyes where Van der Walls and hydrogen forces, or ionic forces, respectively, are the primary mechanism of substantivity to the substrate in exhaust dyeing [50]. The colour was applied by the printing method, where the binder is responsible for keeping the printed paste on the fabric, which significantly differs from the exhaustion method. The colourant was applied at low concentrations with a minute, if any, effect on the mechanical behaviour of the printed structure. Spectrophotometric analysis of the abraded samples is beyond the scope of the current study, which concentrates on the abrasion resistance of the substrate.

Figures 4 and 5 show that all printed samples with commercial and aloe thickeners suffer a significant mass loss of the specimen in the early stage of 1000–5000 cycles. The printed side faces the abradant where the wear primarily occurs. This loss evens out in the following cycles until it reaches a sudden failure. The treated samples show a more symmetrical and progressive deterioration in mass loss, which can be attributed to the superficial printed paste (coating) loss, which acts as a protective intermediate layer that absorbs the impact from the first part of the abrasion test cycles. Since the untreated sample's fabric failure occurs earlier than the printed fabric, mass loss measurement of the untreated sample cannot be performed at the ultimate stage.



Figure 4. Percentage mass loss due to abrasion for knitted fabric.



Figure 5. Percentage mass loss due to abrasion for woven fabric.

Additionally, not all samples broke at the same time. Some samples failed before the ultimate stage, leaving some testing positions in the Martindale inactive. Mass measurements only for the printed samples at the ultimate stage are plotted in Figures 4 and 5 but should not be considered, as the average can become inconsistent. This trend conforms with the literature where, according to the disciplines of tribology, under standard mechanical and practical procedures, the rate of wear passes through three main stages [43]. Initially, the two surfaces adapt to each other, and the duration of this stage depends on the morphology and softness of the surfaces. In the primary stage, the adhesive-shearing wear occurs at the contact points where the normal force exerts an initially high pressure, i.e., higher than the elastic limit or the yield value, causing deformation of the junctions and an increase in the contact area, reducing the pressure to the point that the force deforms the material mainly elastically [42]. The second stage is the longest, with a steady rate of wear, and in the third, the components are subjected to rapid failure due to the extreme rate of wearing.

Aloe is known for its hygroscopic nature [22,36,51], which influences heat dissipation at the "cold junctions" formed by the textile fibres during abrasion [42], while humidity directly affects the viscoelastic behaviour of the fibres through tensile creeping and energy absorption [8,27,43,47]. Saville states that the ability to absorb energy is more critical than high tensile strength for achieving high abrasion resistance [8]. Fabric treated with aloe tends to have a slightly higher abrasion resistance, which is less prominent in knitted fabric than woven fabric, as the latter's tighter and less elastic structure benefits more.

Pictures at a microscopic level (Appendix A) and at lower magnification were taken, although the latter was more beneficial for appearance evaluation. The pictures confirm the findings, namely that the fuzzing of the fabric's surface is more prominent in the untreated samples compared to the printed one for both thickener types (Figure 6).



Figure 6. Surface fuzzing of fabric samples comes at a later stage in the coated samples. (**a**) Untreated knitted fabric; (**b**) printed knitted fabric; (**c**) untreated woven fabric; (**d**) printed woven fabric.

The selected fabrics used for the substrate were good-quality combed cotton yarn, which exhibits good resistance to abrasion [43,46], and, therefore, surface appearance change and pilling formation were minimal in most of the fabrics, but especially in the printed samples with both thickening agents (Tables 9 and 10). The lack of surface change in the evaluation system is reflected by number 5, while 4–5 indicates minimal changes. The assessment was performed by visually comparing the samples against the photographic standards EMPA (SDL Atlas, Rock Hill, SC, USA) for knitted and woven fabrics, following the ISO 12945-2 [41] protocol recommended by two examiners to ensure objective judgement. The untreated fabric reached level 3–4 after 15,000 cycles for the knitted fabric, indicating poor performance, and 4–5 for the woven samples, of which the yarns are more densely interweaved. All treated fabrics, especially those coated with aloe vera, exhibited no surface alteration and pill formation and received a score of 5.

		Abrasion Cycles						
Knitted Substrate –	5000	7000	10,000	15,000				
Untreated	5	4–5	4–5	3–4				
Printed saffron AV	5	5	5	5				
Printed saffron comm	5	5	5	5				
Printed annatto AV	5	5	5	5				
Printed annatto comm	5	5	5	4–5				
Printed curcumin AV	5	5	5	5				
Printed curcumin comm	5	5	5	4–5				

Table 9. Pilling surface evaluation for knitted fabric.

Table 10. Pilling surface evaluation for woven fabric.

Knitted Substrate		Abrasion Cycles	
Million Substitute —	7000	10,000	15,000
Untreated	5	5	4–5
Printed saffron AV	5	5	5
Printed saffron comm	5	5	5
Printed annatto AV	5	5	5
Printed annatto comm	5	5	4–5
Printed curcumin AV	5	5	5
Printed curcumin comm	5	5	5

An interesting observation was noted. The samples printed with the aloe thickener paste presented a smoother surface, with the broken fibrils equally protruding from the fabric surface, similar to a "peach skin effect", which is deliberately caused on lyocell fabric for an enhanced "fabric hand" [49] (Figure 7). A combination of the previously discussed effect of long yarn floating and fibre fixing in yarn by the binder could be responsible. Saville explains that the initial impact of abrasion on the fabric's surface is the appearance of fuzzing as the result of the brushing up of free fibre ends not enclosed within the yarn structure and the transformation of loops into free fibre ends by the pulling out of one of the two ends of the loop [8].



Figure 7. Longer fibrils protruding from the surface of the knitted (**a**) untreated samples compared to (**b**) aloe-treated pastes coated samples, after 6000 rubbing cycles.

As mentioned before, a marginal gain in the abrasion resistance was recorded with the aloe thickening agent for mainly saffron- and curcumin-printed pastes, which could be related to aloe's hygroscopic and lubricating nature. At the same time, similar findings have been reported on the coefficient of friction, drape, and resistance abrasion applied by padding [9,31].

Figures 8 and 9 comprehensively demonstrate the differences between the printed (coated) fabric and the control fabric and compare the effect of the thickener in the printed paste, followed by stepwise-specific *t*-test analyses; in addition, the specific differences between the printed (coated) fabric and the control fabric were investigated, comparing the effect of the thickener in the printed paste. Stepwise-specific *t*-tests with equal and unequal variance were performed and are presented in Tables 11–18 to determine the statistical significance differences in the mean values plotted in Figures 8 and 9. An F-test detects the type of variance of the data, where values of *p* above a = 0.05 accept the H_o of equal variance and greater values reject it, signifying unequal variance and proposing the execution of Welch's *t*-test of unequal variance, as explained in the method. Likewise, for the *t*-tests performed, of both variance types, the values of *p* lower than a = 0.05 reject the H_o, signifying that the compared mean values are significantly different, even if the Bonferroni correction is applied to avoid type I error, where a = 0.05/3 number of treatments = 0.0166.



Figure 8. Abrasion resistance cycles to failure plot of knitted fabric substrates for stepwise statistical analysis.



Figure 9. Abrasion resistance cycles to failure plot of woven fabric substrates for stepwise statistical analysis.

F-Test Two-	Sample for Var	riances	t-Test: Two-Sample Assuming Unequal Variances			
	KCtrl	КР		KCtrl	KP	
Mean	17,500	19,270.833	Mean	17,500	19,270.83333	
Variance	0	1,347,373.2	Variance	0	1,347,373.188	
Observations	4	24	Observations	4	24	
df	3	23	Hypothesised Mean Difference	0		
F	0		df	23		
P (F \leq f) one-tail	0		t Stat	-7.4737636		
F Critical one-tail	0.1156974		P (T \leq t) one-tail	$6.753 imes10^{-8}$		
			t Critical one-tail	1.7138715		
			$P(T \le t)$ two-tail	1.351×10^{-7}		
			t Critical two-tail	2.0686576		

Table 11. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, KCtrl) and printed (coated-KP) fabrics on knitted fabrics, regardless of the thickener.

Table 12. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, KCtrl) and printed (coated, KPc) fabrics with commercial thickener on knitted fabrics.

F-Test Two	-Sample for Vari	ances	t-Test: Two-Sample Assuming Unequal Variances			
	KCtrl	KPc		KCtrl	KPc	
Mean	17,500	18,958.333	Mean	17,500	18,958.333	
Variance	0	1,657,197	Variance	0	1,657,197	
Observations	4	12	Observations	4	12	
df	3	11	Hypothesised Mean Difference	0		
F	0		df	11		
P (F \leq f) one-tail	0		t Stat	-3.9242834		
F Critical one-tail	0.114111836		P (T \leq t) one-tail	0.0011876		
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	1.7958848 0.0023753 2.2009852		

Table 13. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, KCtrl) and printed (coated, KPa) fabrics with aloe thickener on knitted fabrics.

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Unequal Variances		
	KCtrl	KPa		KCtrl	KPa
Mean	17,500	19,583.333	Mean	17,500	19,583.333
Variance	0	946,969.7	Variance	0	946,969.7
Observations	4	12	Observations	4	12
df	3	11	Hypothesised Mean Difference	0	
F	0		df	11	
$P(F \le f)$ one-tail	0		t Stat	-7.4161985	
F Critical one-tail	0.1141118		P (T \leq t) one-tail	$6.663 imes10^{-6}$	
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	$\begin{array}{c} 1.7958848 \\ 1.333 \times 10^{-5} \\ 2.2009852 \end{array}$	

Figures 8 and 9 and Tables 11–18 demonstrate the statistically significant improvement in the printed (coated) fabrics, which is prominent regardless of the thickener used. Additionally, the same observation is seen for individual comparisons of the control samples against the specific types of thickener paste formulation for both substrates: knitted and woven. However, there is no evidence of significant differences in the improvement of abrasion resistance between the commercial and the aloe thickener paste compositions. This signifies that aloe vera can be used as a thickener and replace commercial thickener with no sacrifice to the previously stated improvement, while the gain in sustainability is obvious, supporting the scope of the current study. The abilities of increased abrasion resistance and decreased flexural rigidity have been reported on aloe vera-treated silk fabric [52], supporting the current findings.

Table 14. Variance analysis (F-test) and mean comparison (*t*-test) between the printed (coated) knitted fabrics with different thickeners, commercial (KPc) and aloe (KPa).

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Equal Variances		
	KPc	KPa		KPc	KPa
Mean Variance	18,958.33333 1,657,196.97	19,583.333 946,969.7	Mean Variance	18,958.33333 1,657,196.97	19,583.333 946,969.7
Observations df	12 11	12 11	Observations Pooled Variance	12 1,302,083.333	12
F	1.75		Hypothesised Mean Difference	0	
P (F \leq f) one-tail F Critical one-tail	0.183657775 2.81793047		df t Stat	22 -1.341640786	
			P (T \leq t) one-tail t Critical one-tail P (T \leq t) two-tail t Critical two-tail	0.096698958 1.717144374 0.193397917 2.073873068	

Table 15. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, WCtrl) and printed (coated, WP) fabrics on woven fabrics, regardless of the thickener.

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Unequal Variances		
	WCtrl	WP		WCtrl	WP
Mean	20,000	23,541.667	Mean	20,000	23,541.667
Variance	0	5,389,492.8	Variance	0	5,389,492.8
Observations	4	24	Observations	4	24
df	3	23	Hypothesised Mean Difference	0	
F	0		df	23	
P (F \leq f) one-tail	0		t Stat	-7.4737636	
F Critical one-tail	0.1156974		P (T \leq t) one-tail	$6.753 imes10^{-8}$	
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	$\begin{array}{c} 1.7138715\\ 1.351\times 10^{-7}\\ 2.0686576\end{array}$	

Table 16. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, WCtrl) and printed (coated, WPc) fabrics with commercial thickener on woven fabrics.

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Unequal Variances		
	WCtrl	WPc		WCtrl	WPc
Mean	20,000	22,916.6667	Mean	20,000	22,916.6667
Variance	0	6,628,787.88	Variance	0	6,628,787.88
Observations	4	12	Observations	4	12
df	3	11	Hypothesised Mean Difference	0	
F	0		df	11	
P (F \leq f) one-tail	0		t Stat	-3.9242834	
F Critical one-tail	0.114111836		P (T \leq t) one-tail	0.00118764	
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	1.79588482 0.00237529 2.20098516	

The following abbreviations are used in Tables 11–18:

KCtrl: knitted substrate control (untreated);

KP: knitted substrate printed;

KPc: knitted substrate printed with commercial thickener;

Kpa: knitted substrate printed with aloe thickener;

WCtrl: woven substrate control (untreated);

WP: woven substrate printed;

WPc: woven substrate printed with commercial thickener;

WPa: woven substrate printed with aloe thickener.

The structure has reduced resistance to deformation and flexes, stretches, and bends easier, which enhances softness. The latter can be attributed to a secondary effect from the water content of aloe vera, present due to the plant's hygroscopic character [22].

Table 17. Variance analysis (F-test) and mean comparison (*t*-test) of control (untreated, WCtrl) and printed (coated, WPa) fabrics with aloe thickener on woven fabrics.

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Unequal Variances		
	WCtrl	WPa		WCtrl	WPa
Mean	20,000	24,166.6667	Mean	20,000	24,166.6667
Variance	0	3,787,878.79	Variance	0	3,787,878.79
Observations	4	12	Observations	4	12
df	3	11	Hypothesised Mean Difference	0	
F	0		df	11	
P (F \leq f) one-tail	0		t Stat	-7.41619849	
F Critical one-tail	0.11411184		P (T \leq t) one-tail	6.6625×10^{-6}	
			t Critical one-tail	1.79588482	
			P (T \leq t) two-tail	$1.333 imes10^{-5}$	
			t Critical two-tail	2.20098516	

Table 18. Variance analysis (F-test) and mean comparison (*t*-test) between the printed (coated) woven fabrics with different thickeners, commercial and aloe (WPc) and aloe (WPa).

F-Test Two-Sample for Variances			t-Test: Two-Sample Assuming Unequal Variances		
	WCtrl	WPc		WCtrl	WPc
Mean	20,000	22,916.6667	Mean	20,000	22,916.6667
Variance	0	6,628,787.88	Variance	0	6,628,787.88
Observations	4	12	Observations	4	12
df	3	11	Hypothesised Mean Difference	0	
F	0		df	11	
P (F \leq f) one-tail	0		t Stat	-3.9242834	
F Critical one-tail	0.114111836		P (T \leq t) one-tail	0.00118764	
			t Critical one-tail P (T \leq t) two-tail t Critical two-tail	1.79588482 0.00237529 2.20098516	

4. Conclusions

The findings showed that the abrasion resistance of the printed fabrics was improved compared to the untreated fabrics, and this was reflected in the visual assessment of surface appearance, cycles to failure, and percentage mass loss. Aloe vera can be used as a thickening agent in printing paste, promoting a sustainable textile solution which involves substituting commercial thickeners with equal or marginally superior properties, considering secondary antimicrobial behaviour, marginal gains in abrasion resistance and handling, and—mainly—improved sustainability. The aloe vera thickener printed cotton fabrics exhibited longer life than those untreated, with an increase in wear resistance during abrasion, and did not differ statistically from the commercial thickener printed fabrics, indicating no deficiencies in abrasion resistance performance with improved printing paste sustainability in terms of thickener composition. An increase in abrasion resistance of aloe vera-treated silk has been reported, as well as a decrease in flexural rigidity, which means a softer and more pleasant fabric [52]. **Author Contributions:** Conceptualisation, M.K. and E.G.A.; methodology, M.K., M.Z. and A.K.; investigation, M.K., M.Z. and A.K.; data curation, M.K. and A.S.; writing—original draft preparation M.K. and M.Z.; writing—review and editing, M.K., A.K. and E.G.A.; visualisation, M.K. and E.G.A.; supervision, M.K.; project administration, M.K.; funding acquisition, M.K. All authors have read and agreed to the published version of the manuscript.

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Appendix A



Figure A1. The abraded fabric under SEM analysis. (a) Low magnification (b) and high magnification at 5000 cycles.

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