

**Table S1.** Feed formula of basal diet used in this study

Component	Content (%)
Soybean meal (with hulls)	35
Wheat middling	10
Barley malt sprouts	17.5
Brewer's grain	10
Alfalfa meal	10
Wheat bran	10
Palm oil	2
Monocalcium phosphate	2
Mineral premix	1
Bentonite	1
Gelatinized starch (corn)	0.28
Vitamin premix	1
NaCl	0.2
Ethoxyquin	0.02

Vitamin premix is purchased by a commercial production (Yulong®, Guangzhou Southern Biotechnology Company Limited, Guangzhou, China. License number: Guangdong feeding (2020) 01131. Executive standard: Q/NFSW 19-2021). Mineral premix is purchased from feed manufacturer (Chelota®, Chelota Biotechnology Group Company Limited, Deyang, China. License number: Sichuan feed premix (2015) 05005). HLM and other feed ingredients are purchased from the feed market of Guangzhou.

**Table S2.** The initial and final weight of average daily gain measurement.

No.	Control		5% HLM		10% HLM		20% HLM	
	Initial weight (g)	Final weight (g)						
1	711	1152.05	728.24	1437.66	740.04	1849.61	714.09	2463.48
2	712.94	1177.2	717.3	1389.33	729.85	1905.28	735.53	2540.89
3	700.99	1145.47	728.96	1472.9	740.04	1926.79	678.74	2556.75

No. means that the number of replicates for each treatment group. There were 12 tilapias per group.

**Table S3.** Flavor composition of tilapia.

Flavor compound	RT (min)	RI	HMD-BID	Abundance (mean ± SEM)			
				Control	5% HLM	10% HLM	20% HLM
Cytosine	17.64	1525	000063	2.03E+06 ± 0	4.55E+04	1.82E+04	3.52E+06 ± 5.77E+04
Guanosine	40.57	2792	000013	5.32E+06 ± 3	1.23E+05	6.78E+04	7.80E+06 ± 5.57E+04
Inosine	37.54	2624	000019	2.76E+07 ± 5	1.17E+06	5.85E+05	5.14E+07 ± 1.40E+06
Uridine	41.27	2442	000029	2.74E+06 ± 6	3.11E+04	4.05E+04	4.74E+06 ± 3.31E+04
Xanthine	28.25	2121	000029	5.39E+06 ± 2	1.61E+05	1.56E+05	9.25E+06 ± 1.54E+05
Alanine	7.05	1153	000016	1.32E+07 ± 1	6.39E+05	4.77E+05	2.41E+07 ± 4.81E+05

			000019	1.55E+08 ±	2.14E+08 ±	2.65E+08 ±	3.04E+08 ±
Aspartic acid	17.61	1348	1	1.17E+06	4.98E+06	3.13E+06	2.16E+06
			000014	1.78E+07 ±	2.77E+07 ±	3.75E+07 ±	4.74E+07 ±
Glutamic acid	17.67	1508	8	4.59E+05	4.86E+05	5.34E+05	5.10E+05
Glycine	7.41	1071	000012	7.92E+07 ±	9.94E+07 ±	1.45E+08 ±	1.80E+08 ±
			3	3.79E+05	3.16E+05	1.41E+06	4.50E+05
Tyrosine	25.33	1962	000015	3.06E+06 ±	4.09E+06 ±	5.07E+06 ±	6.07E+06 ±
			8	4.66E+04	5.48E+04	6.19E+04	5.05E+04
9,12-Octadeca-dienoic acid	31.32	2214	024770	1.14E+06 ±	1.51E+06 ±	1.83E+06 ±	2.39E+06 ±
			6	2.53E+04	6.78E+03	1.87E+04	5.53E+04
9,12,15-Octadecatrienoic acid	30.91	2212	000138	3.43E+07 ±	4.42E+07 ±	5.77E+07 ±	6.79E+07 ±
			8	1.39E+06	5.85E+05	2.33E+05	2.73E+05
9-Octadecenoic acid	31.54	2218	006270	2.24E+06 ±	2.66E+06 ±	3.14E+06 ±	3.49E+06 ±
			3	4.61E+04	2.11E+04	2.59E+04	3.32E+04
Arachidonic acid	38.73	2369	000104	8.34E+06 ±	1.15E+07 ±	1.54E+07 ±	1.82E+07 ±
			3	8.87E+04	3.64E+05	1.35E+05	2.16E+05
2-Methyl-3-furanthiol	7.23	1077	003661	1.91E+06 ±	3.02E+06 ±	3.92E+06 ±	4.96E+06 ±
			1	7.39E+04	4.14E+05	7.36E+04	9.18E+04
Nonanal	8.52	1323	005983	2.53E+05 ±	4.02E+05 ±	6.07E+05 ±	8.14E+05 ±
			5	6.28E+03	9.20E+04	2.66E+04	3.55E+04
Trimethylamine	8.17	748	003253	5.69E+06 ±	4.73E+06 ±	3.69E+06 ±	2.73E+06 ±
			9	3.07E+04	4.28E+04	3.24E+04	4.22E+04

RI: Kovats retention index (RI). RT is the retention time in minutes. Abundance values of GC-MS detection represent relative content in these samples, with a unit of 1, where the abundance of each group is expressed as mean ± SEM.