

**Table S4.** Subgroup analysis.

Outcomes		Subgroup /		Stroke type		Time since onset		Treatment period		Treatment interval		Total session	
		Entire cohort		IS only	The other s	≤ 3 d	> 3 d	≤ 1 wk	> 1 wk	≤ 2 d/wk	> 2 d/wk	≤ 10	> 10
NE	NIHSS	No study	3			2	1	1	2	2	1	1	2
		NoTx	89			60	29	30	59	60	29	30	59
		NoCon	98			60	28	30	58	60	28	30	58
		P (%)	0	NA		0	NA	NA	0	0	NA	NA	0
		MD	-2.08			-2.25	-1.79	-2.38	-2.02	-2.25	-1.79	-2.38	-2.02
		95%CI	-3.13			-3.58	-3.52	<b>-5.04</b>	-3.17	-3.58	-3.52	<b>-5.04</b>	-3.17
			-1.02			-0.91	-0.06	<b>0.28*</b>	-0.86	-0.91	-0.06	<b>0.28*</b>	-0.86
	CSS	No study	8	7	1	5	3	1	7	6	2	4	4
		NoTx	451	426	25	328	123	20	431	198	198	303	148
		NoCon	446	421	25	323	123	15	431	193	193	298	148
		P (%)	0	0	NA	0	0	NA	0	0	0	0	0
		MD	-4.15	-4.16	-3.79	-4.32	-3.95	-3.60	-4.15	-3.93	-3.93	-4.35	-3.94
		95%CI	-4.59	-4.60	-6.35	-4.92	-4.59	<b>-8.91</b>	-4.59	-4.55	-4.55	-4.97	-4.56
			-3.71	-3.71	-1.23	-3.72	-3.31	<b>1.71*</b>	-3.71	-3.32	-3.32	-3.74	-3.32
	TER	No study	14	12	2	7	7	1	13	9	5	5	9
		NoTx	682	617	65	400	282	30	652	330	352	345	337
		NoCon	637	572	65	396	241	30	607	296	341	331	306
		P (%)	1	15	0	0	46	NA	0	0	21	0	28
		RR	1.17	1.17	1.17	1.19	1.17	1.33	1.16	1.19	1.15	1.20	1.2
		95%CI	1.11	1.11	<b>1.00</b>	1.12	1.07	1.04	1.11	1.11	1.06	1.11	1.12
			1.22	1.24	<b>1.37*</b>	1.27	1.28	1.72	1.22	1.26	1.24	1.29	1.28
ADL	BI	No study	5			3	2			4	1	1	4
		NoTx	180			116	64			151	29	30	150
		NoCon	179			116	63	NA		151	28	30	149
		P (%)	88	NA		89	0			89	NA	NA	90
		SMD	0.53			0.85	0.06			0.65	0.05	0.22	0.61
		95%CI	<b>-0.09</b>			<b>0.01</b>	-0.29			-0.08	-0.47	-0.29	-0.16
			<b>1.16*</b>			<b>1.69#</b>	0.40			1.38	0.57	0.72	1.38
MF	FMA-LE	No study	3			1	2			2	1		
		NoTx	99			30	69			70	29		
		NoCon	98			30	68	NA		70	28	NA	
		P (%)	40	NA		NA	69			0	NA		
		MD	3.86			3.77	3.52			4.54	1.48		
		95%CI	2.16			1.37	0.29			3.26	<b>-1.90</b>		
			5.56			6.17	6.75			5.82	<b>4.86*</b>		

\* Unlike the entire cohort analysis, the 95% confidence interval overlaps the null point.

# Unlike the entire cohort analysis, the 95% confidence interval does not overlap the null point in the subgroup analysis

Abbreviations. NE: neurological deficit, ADL: activities of daily living function, MF: motor function, National Institute of Health Stroke Scale, CSS: Chinese Stroke Scale, TER: total effective rate, BI: Barthel index, FMA: Fugl-Meyer Assessment, LE: lower extremity, No. study: number of studies, No. Tx: number of participants of treatment group, No. Con: number of participants of control group, MD: mean difference, CI: confidence interval, RR: risk ratio, SMD: standardized mean difference, IS: ischemic stroke, d: day, wk: week, NA: not available.