

## Article

# A Biomimetic Chip with Dendrimer-Encapsulated Platinum Nanoparticles for Enhanced Electrochemiluminescence Detection of Cardiac Troponin I <sup>†</sup>

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**Abstract:** The measurement of cardiac troponin I (cTnI) is of vital importance for the early diagnosis of acute myocardial infarction. In this study, an enhanced electrochemiluminescent immunoassay for the highly sensitive and precise determination of cTnI was reported. A biomimetic chip with nepenthes peristome surface microstructures to achieve single-layer microbead arrays and integrated microelectrode arrays (MEAs) for ECL detection was microfabricated. Ru@SiO<sub>2</sub> nanoparticles were prepared as signal amplifiers labeling immunomagnetic beads. Dendrimer-encapsulated platinum nanoparticles (Pt DENs) were electrochemically modified on ITO MEAs. The resulting Pt DEN-modified ITO MEAs preserved good optical transparency and exhibited an approximately 20-fold ECL signal amplification compared to that obtained from bare ITO. The method made full use of the biomimetic chip with Pt DENs to develop single-layer immunomagnetic bead arrays with increasingly catalyzed electrochemical oxidation of the [Ru(bpy)<sub>3</sub>]<sup>2+</sup>-TPA system. Consequently, a limit of detection calculated as 0.38 pg/mL (S/N = 3) was obtained with excellent selectivity, demonstrating significant potential for the detection of cTnI in clinical diagnostics.

**Keywords:** electrochemiluminescence immunosensor; Pt dendrimer-encapsulated nanoparticles; biomimetic nepenthes peristome structure; cardiac troponin I



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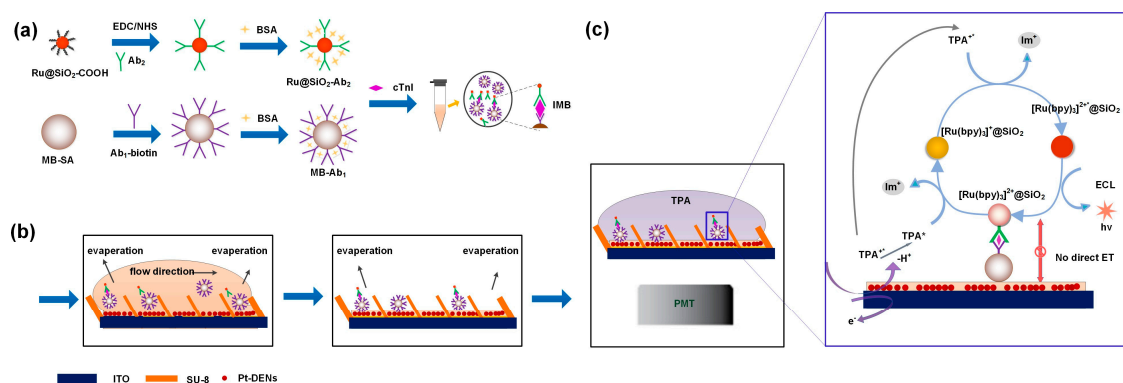
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## 1. Introduction

The detection and quantification of protein biomarkers as a tool for medical decisions is of utmost importance for in vitro diagnostics. Taking cardiac troponin I (cTnI) as an example, the accurate detection of cTnI is crucial for the early diagnosis of acute myocardial infarction [1,2]. In recent decades, magneto-immunoassays utilizing magnetic microbeads have been recommended as favorable candidates for disease diagnostic thanks to their low cost, high sensitivity, excellent anti-interference ability, and easy automation [3].

Electrogenerated chemiluminescence, also called electrochemiluminescence (ECL), is advantageous because it can increase sensitivity and widen the dynamic range with nearly zero background noise; it has superior temporal and spatial control of light emission and preserves the simplicity, stability, and facility of the device [4–6]. Many researchers have utilized magneto-immunoassays in combination with ECL detection technology for the quantification of multiple biomarkers. For example, cobas e immunoassay analyzers are commercially available from Roche Diagnostics with a typical coupling of [Ru(bpy)<sub>3</sub>]<sup>2+</sup> label and a TPA coreactant. Magneto-electrochemiluminescence immunoassays have been

widely investigated due to their significant advantages in preconcentration and separation of targets in complex samples and their feasibility in high-throughput analysis [7,8]. Recently, MBs have been used not only as support materials and separation tools through the specific molecular recognition but also as the signal labels to increase the detection sensitivity [9]. However, as for the magnetic bead-based ECL immunoassay using the  $[\text{Ru}(\text{bpy})_3]^{2+}$ -TPA system,  $[\text{Ru}(\text{bpy})_3]^{2+}$  immobilized on the magnetic beads (MBs) is positioned at a distance from the electrode, preventing direct electron transfer. ECL is generated several microns above the electrode surface, depending upon the oxidation and reduction processes involving  $\text{TPA}^{+*}$  and  $\text{TPA}^*$ , respectively, and their subsequent diffusion towards the electrode [10]. Moreover, it was observed that MBs generally aggregated and easily piled up on the electrode with magnets placed under the electrode, leading to a decrease in the ECL sensing signal. Thus, it is of vital importance to develop single-layer immunomagnetic [11] beads (IMBs) at the vicinity of the electrode surface and excellent electrode modification for improved electrooxidation of TPA [12]. On one hand, there have recently been some reports on manufactured magnetic microstructures for precisely controlling the magnetic field gradient to manipulate IMB arrays close to the electrode surface with the enhancement of both electrochemical and ECL signals. However, actively manipulating massive submicron beads to develop monodispersed arrays needs tedious operations or external setup, such as optical tweezers and dielectrophoretic and magnetic fields [13,14]. Many microfluidic chips with a microwell array [15], micropillar array [16], and "V"-shaped enclosure arrays [17] can capture large-scale and single-dispersion IMB arrays, but they exhibit relatively low efficiency and have difficulty in integrating with ECL electrodes. Our group previously investigated biomimetic nepenthes peristome surfaces (NPS) with unique capillary phenomena and spontaneously directional liquid transport for rapidly large-scale and single-layer microbead arrays [18]. And high-density trapping of microparticles (down to 5  $\mu\text{m}$  in diameter) were realized by making use of the curvature-induced Laplace pressure effect for a fluorescent enzyme-linked immunoassay [19]. On the other hand, indium tin oxide (ITO) serves a dual purpose as both the substrate for the biomimetic chip for bead arrays and the working electrode in the ECL system. Given the sluggish kinetics of TPA on the ITO electrode, novel nanomaterials with high electrooxidation of TPA are necessary to improve the ECL performance. For example, carbon nanotubes (CNTs) were inserted by Valenti et al. as an interlayer between the luminophore and the MBs, to obtain a significant improvement of the ECL signal [20]. Metal nanoparticles encapsulated in PAMAM dendrimers are another good candidate to enhance the ECL signal in the biomarker assay [21]. Furthermore, dendrimer-encapsulated platinum nanoparticles (Pt DEN) can be electrochemically prepared on a transparent ITO electrode with dramatically enhanced ECL emission for the  $[\text{Ru}(\text{bpy})_3]^{2+}$ /TPA system [22]. Hence, it is used in our study in combination with  $[\text{Ru}(\text{bpy})_3]^{2+}$ -doped silica ( $\text{Ru}@\text{SiO}_2$ ) nanoparticles, which are loaded in a high concentration of  $[\text{Ru}(\text{bpy})_3]^{2+}$  [23,24]. Herein, an ECL magneto-immunoassay with dendrimer-encapsulated Pt nanoparticle-modified biomimetic surfaces was proposed for the enhanced ECL detection of biomarker proteins. A schematic illustration of the workflow is shown in Figure 1. IMBs with different concentrations of analyte are first constructed via chemical and immunological reaction. Then, single-layer IMBs arrays with close distance to the electrode are developed on a biomimetic chip, owing to the curvature-induced Laplace pressure in the slipping mode and the evaporation-driven Marangoni effect in the climbing mode, respectively. Finally, Pt DEN-modified ITO microelectrode arrays (MEAs) are utilized to achieve a highly enhanced and stable ECL response for the determination of cTnI. This platform presents a promising alternative approach for the accurate and selective quantitative analysis of cTnI, which is crucial for the early diagnosis of acute myocardial infarction. Additionally, the results underscore the significant potential of biomimetic chips as platforms for investigating ECL imaging of large quantities of IMBs.



**Figure 1.** Schematic illustration of the workflow of the ECL magneto-sensing platform. (a) IMBs with Ru@SiO<sub>2</sub> nanoparticles as luminophores are prepared. (b) IMBs are loaded on the Pt-DEN-modified biomimetic NPE surfaces. (c) The ECL emission signal is collected by the photomultiplier tube (PMT) under the transparent electrode.

## 2. Materials and Methods

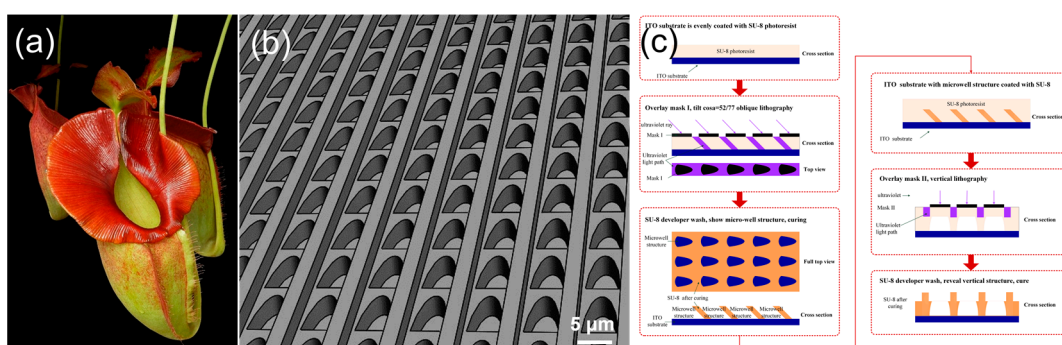
### 2.1. Materials and Apparatus

Tris(2,2'-bipyridyl)dichlororuthenium(II) hexahydrate tripropylamine (TPA), N-Hydroxysulfos sodium salt (sulfo-NHS), bovine serum albumin (BSA), 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC), tween-20, and cellulose dialysis sacks (MW cutoff of 12,000) were purchased from Sigma-Aldrich (St. Louis, MO, USA). N-hexanol, cyclohexane and ammonium hydroxide (25 wt%), MES hydrate, 3-(Triethoxysilyl)propylsuccinic anhydride, tetraethyl orthosilicate, tetraethyl orthosilicate (TEOS, >99.9%), K<sub>2</sub>PtCl<sub>4</sub>, NaBH<sub>4</sub>, and LiClO<sub>4</sub> were obtained from Aladdin Co., Ltd. (Shanghai, China). HCl, H<sub>2</sub>SO<sub>4</sub>, NaOH, H<sub>2</sub>O<sub>2</sub>, ethanol, and acetone were obtained from Shanghai Chemical Reagent Company (Shanghai, China). Amine-terminated sixth-generation PAMAM (G6-NH<sub>2</sub> PAMAM) dendrimers were obtained from Chenyuan Co. (Weihai, China). The Dynabeads™ streptavidin trial kit was purchased from Invitrogen (Oslo, Norway). All of the reagents were of analytical grade. ITO-coated coverslips (22 × 40 mm, transmittance > 88% between 580 nm and 700 nm) with 15–30 ohm resistivity were provided by Human Troponin I-Cardiac (cTnI), and its mouse anti-human cTnI antibody (Biotin anti-cTnI antibody Ab<sub>1</sub>, coating Ab<sub>2</sub>) was purchased from Linc-Bio Science Co., Ltd. (Shanghai, China), as were the purified recombinant Troponin T-Cardiac (cTnT), myoglobin (Myo) antigen, human serum albumin (HSA), and carcinoembryonic antigen (CEA). SU-8 was obtained from MicroChem Corp Company (Westborough, MA, USA). Phosphate buffered saline (PBS) was purchased from Gibco (Waltham, MA, USA). Deionized water (DI, 18.2 MΩ) was used in all the experiments. UV-vis absorption spectra were determined using a spectrophotometer (Shimadzu, UV-2700, Kyoto, Japan) in a 1 cm quartz cell. The field emission scanning electron microscope (FESEM, Zeiss Sigma 300, Oberkochen, Germany) was used to observe the morphology of the samples. Transmission electron microscope (TEM) images were obtained using a JEM-3010 transmission electron microscope (JEOL Co., Ltd., Tokyo, Japan). Zeta potential (ζ-potential) analysis was performed with a Nano-Zetasizer (Malvern Instruments Ltd., Worcestershire, UK). All the electrochemical measurements, including cyclic voltammetry (CV) and chronoamperometry, were performed with the Reference 600 workstation (Gamry Instruments Co., Ltd., Warminster, PA, USA).

A platinum foil electrode was used as the counter electrode and a saturated Ag/AgCl as the reference electrode. The ECL intensity was measured using an ultraweak luminescence analyzer (MPI-H, Xi'an Remax Electronic Science & Technology Co., Ltd., Xi'an, China), and the PMT was placed at the bottom.

## 2.2. Fabrication of the Biomimetic Chip

In the previous reports, *Nepenthes* peristome microstructures (Figure 2a) have been studied with unique capillary phenomena. The design criteria for the biomimetic chip with *Nepenthes* peristome microstructures for developing 5  $\mu\text{m}$  microbead arrays are presented [19] and illustrated in Supplementary Materials Figure S1. To fabricate arrays for 2.8  $\mu\text{m}$  microbeads, the biomimetic chip was manufactured with a smaller size and larger oblique angle, as is shown in Figure 2b. The fabrication process of the biomimetic *Nepenthes* peristome microstructures is exhibited in Figure 2c. Initially, to increase adhesion to the photoresist, the ITO substrate was exposed to heating in a closed oven to 120  $^{\circ}\text{C}$  and plasma treatment for 5 min. Subsequently, SU-8 3005 was spun at 500 rpm for 10 s and then at 4000 rpm for 30 s. Following a soft bake, the oblique exposure with a dose of 50  $\text{mJ}/\text{cm}^2$  was performed, with the angle between the light path and the horizontal plane being  $\arccos(52/77)$ . The chip was then subjected to a post-exposure bake on a hotplate at 65  $^{\circ}\text{C}$  for 1 min and 95  $^{\circ}\text{C}$  for 2 min. The chip was subsequently soaked in SU-8 developer solution and developed at room temperature for 1 min, along with ultrasonic treatment for 4 s. The developing solution was removed by washing with ethanol. At this stage, semi-ellipsoidal inclined microwell arrays were successfully formed on the ITO substrate.



**Figure 2.** (a) Image of a pitcher plant (*Nepenthes*), where the orange area is the peristome microstructures. (b) Illustration of the biomimetic NPS design for 2.8  $\mu\text{m}$  size microparticle trapping. (c) Fabrication process of the biomimetic *Nepenthes* peristome microstructures.

## 2.3. Synthesis of Pt-DENs

The synthesis of Pt-DENs followed a modified protocol based on previous research [22] with reduced half amounts of  $\text{K}_2\text{PtCl}_4$  and  $\text{NaBH}_4$ . Initially, reagent bottles were immersed in aqua regia for six hours and subsequently rinsed with deionized water. Subsequently, 50  $\mu\text{L}$  of 200 mM  $\text{K}_2\text{PtCl}_4$  was added to 5 mL of a 10  $\mu\text{M}$  G6NH<sub>2</sub>-PAMAM aqueous solution. The pH of the resulting mixture was adjusted to 5.0 using a 10% HCl solution, and the solution was stirred for 76 h to ensure the complexation of platinum ions with the dendrimer's amine groups. Next, a chilled  $\text{NaBH}_4$  solution (0.2 mL of 7.566 mg) was prepared, equivalent to 20 times the molar amount of platinum chloride, and it was gradually added to the mixture under vigorous stirring. The pH of the mixture was then adjusted to between 7 and 8, and the solution was maintained in a sealed vial for 24 h. Finally, the synthesized Pt-DEN solution was dialyzed using a cellulose dialysis bag with a molecular weight cut-off of 12,000 to 14,000 Daltons for 24 h to remove any impurities.

## 2.4. Preparation of Immunomagnetic Beads

For the highly specific and sensitive detection of target proteins, we designed a classical sandwich of immunomagnetic beads (IMBs) utilizing two functionalized components: primary antibody-modified magnetic beads (MB-Ab<sub>1</sub>) and secondary antibody-modified quantum dot nanoparticles (Ru@SiO<sub>2</sub>-Ab<sub>2</sub>). Magnetic beads (MBs) have been extensively used in immunoassays due to their efficient dispersion capability, simplified separation steps, and effective magnetic pre-enrichment of low-abundance analytes in complex ma-

trices. Ultra-bright Ru@SiO<sub>2</sub>, filled with large amounts of [Ru(bpy)<sub>3</sub>]<sup>2+</sup>, functions as ECL labels that record optical information regarding antigen concentrations. The preparation of sandwich IMBs involves three steps: the preparation of MB-Ab<sub>1</sub> bioconjugate, the preparation of Ru@SiO<sub>2</sub>-Ab<sub>2</sub> bioconjugate, and the assembly of sandwich IMBs, which are detailed in our previous work [25]. The modification of ITO MEAs with the Pt-DEN chemical reduction of the aqueous G6 PAMAM-OH (Pt<sup>2+</sup>) complexes with excess NaBH<sub>4</sub> produced a solution containing Pt-DENs. The biomimetic chip with ITO MEAs underwent 2 min plasma cleaning at medium power. Subsequently, the electrode was introduced to a freshly prepared solution of 10 μM Pt-DENs containing 0.1 M LiClO<sub>4</sub>. A cyclic potential was then applied to the electrode three times, ranging between 1.20 and 1.75 V (vs. Ag/AgCl), with the scan rate of 10 mV/s. After electrochemical grafting of the Pt-DENs, the modified ITO MEAs were rinsed with deionized water and air-dried.

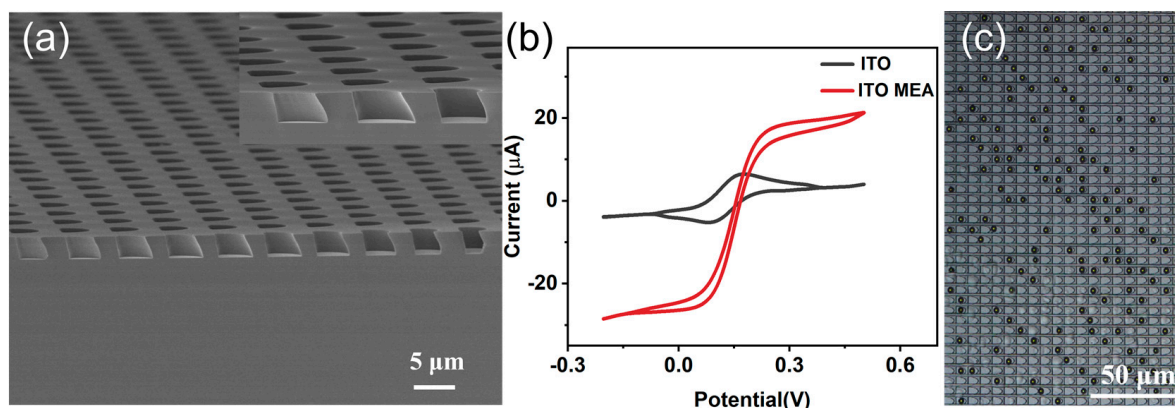
### 2.5. On-Chip Immunoassay Operation

ECL signals for various concentrations of cTnI antigen were recorded using an ultra-weak luminescence analyzer (MPI-H, Xi'an Remax Electronic Science Technology Co., Ltd., Xi'an, China), with potentials applied synchronously via an electrochemical Reference 600 workstation (Gamry Instruments Co., Ltd., Warminster, PA, USA). All the electrochemical measurements were conducted using a three-electrode system, comprising the fabricated chip with a Pt-DENs-modified ITO MEA electrode as the working electrode, a Pt wire as the counter electrode, and an Ag/AgCl reference electrode. Cyclic voltammetry (CV) measurements in solutions containing cTnI were performed at a scanning rate of 100 mV/s, within the potential range of 0 V to 1.40 V (vs. Ag/AgCl). The voltage of the photomultiplier tube (PMT), placed at the bottom of the analyzer, was set to 600 V.

## 3. Results and Discussion

### 3.1. Characterization of the Fabricated Biomimetic Microstructures

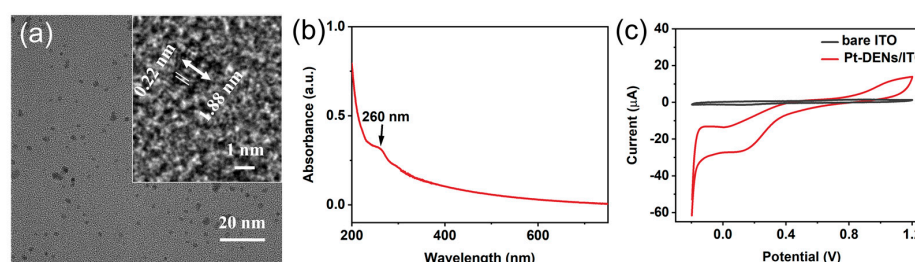
Scanning electron microscope (SEM, Zeiss Sigma 300, Oberkochen, Germany) images of the micro-fabricated biomimetic microstructures with semielliptical oblique microcavities with an oblique angle ( $\arccos 52/77$ ) are shown in Figure 3a. The enlarged cross-section view indicates that the semi-ellipsoidal inclined microwell arrays are developed on the ITO substrate, and the long semi-axis and the short semi-axis of the ellipse are 2 μm and 7 μm, respectively. The substrate of the biomimetic NPE structures is integrated with the MEAs. MEAs have been proven to be beneficial for ECL systems with fast electron transport and high current response [26,27]. The MEAs were characterized by cyclic voltammetry in a 5 mM ferricyanide solution containing 0.1 M KCl (Figure 3b). As anticipated, the electrochemical behavior of the MEAs varied significantly with the bulk electrode. The common ITO bulk electrode produced a peak-shaped voltammogram, while ITO MEA exhibited a sigmoidal curve, indicative of hemispherical diffusion of ferricyanide towards the working microelectrode surface. Figure 3c shows the bright-field microscope image of the trapped IMB arrays on the biomimetic chip. By incorporating the functional elements of biomimetic nepenthes peristome structures (NPS), a series of semielliptical oblique microcavities were positioned within the parallel microchannel. By leveraging the capillary effect, the parallel microgroove evenly distributed particles along the microchannel, while the semielliptical oblique microcavities accurately captured individual IMBs in a specific tilted direction. The tilted evaporation conditions used on a similar structure were set with the contact angle of 11° and tilt angle of -5°, based on our previous study [19]. The coverage rate of 2.8 μm IMBs is estimated to be about 40%, which is attributed to the curvature-induced Laplace pressure in the slipping mode and the evaporation-driven Marangoni effect in the climbing mode, respectively [28].



**Figure 3.** (a) SEM images for the cross-section view of semielliptical oblique microcavities. (b) CV curves of 5 mM ferricyanide on the bulk ITO electrode and ITO MEA at a scan rate of  $50 \text{ mV s}^{-1}$ . (c) Bright-field microscope image of trapped IMB array on the biomimetic surfaces.

### 3.2. Characterization of the Prepared Pt-DENs

The morphology, size, and absorbance spectrum of the Pt-DENs were monitored using transmission electron microscopy (TEM) and UV–visible techniques. As shown in Figure 4a, TEM images of the Pt-DENs revealed that the nanoparticles were monodispersed and approximately spherical, indicating that the Pt-DENs were stably encapsulated by dendrimers, as reported previously [22]. The average size of the Pt-DENs was approximately 1.88 nm, according to the statistical data of the particle size measured with ImageJ software (version 1.51j8, National Institutes of Health, Bethesda, MD, USA). And the inset figure shows that the lattice size was measured to be about 0.222 nm. Figure 4b shows the UV-vis absorbance spectrum of the Pt-DEN solution after a 2 h reduction. It was found that wavelengths greater than 300 nm had broad and featureless absorption lines, which is consistent with the formation of colloidal platinum [29] and indicates the formation of Pt DENs. There is a peak near 265 nm that may originate from the unreduced part that is still bound to the amine group in the dendrimer  $\text{Pt}^{2+}$ . Furthermore, the optical transmittance of bare ITO and Pt-DENs/ITO was measured to be approximately 88.65% and 82.45%, respectively, in the wavelength range of 580 nm to 700 nm. In comparison to bare ITO, Pt-DEN-modified ITO exhibited platinum-characteristic redox waves, including hydrogen adsorption/desorption, Pt surface oxidation, and the corresponding oxide reduction, as illustrated in Figure 4c. This observation confirms the successful generation of Pt-DENs on the electrode surfaces.

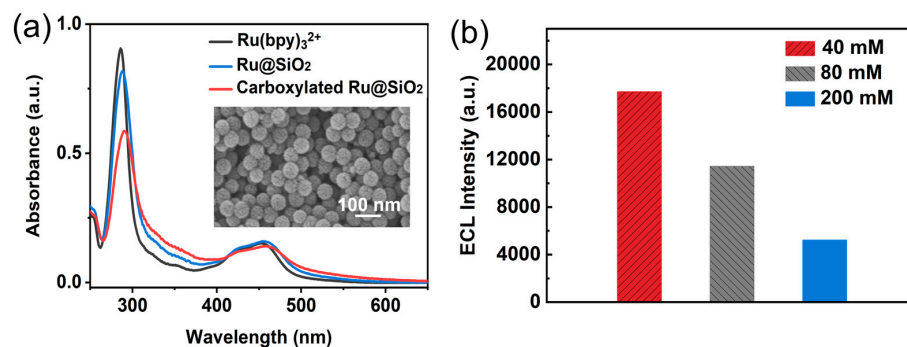


**Figure 4.** (a) TEM images of as-synthesized Pt-DENs. (b) UV-vis absorption spectroscopy of prepared Pt-DENs. (c) The electrochemical behavior of Pt-DEN-modified ITO and bare ITO electrode in the presence of 5 mM  $\text{H}_2\text{SO}_4$  solutions.

### 3.3. Characterization and Optimization of $\text{Ru@SiO}_2$

The absorbance spectrum and morphology of the  $\text{Ru@SiO}_2$  nanoparticles were characterized using UV–visible spectroscopy and scanning electron microscopy (SEM). The successful loading of  $\text{Ru}(\text{bpy})_3^{2+}$  into the  $\text{SiO}_2$  NPs is demonstrated by the absorbance spectra in Figure 5a. Distinct peaks are observed at approximately 292 nm and 476 nm,

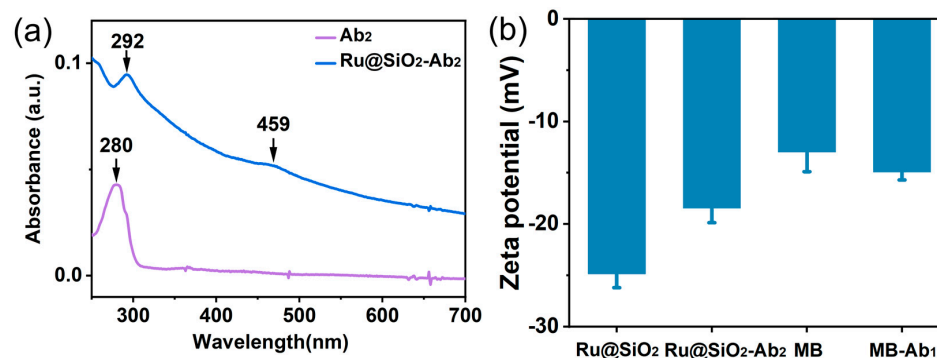
which correspond to the  $\pi$ - $\pi^*$  electronic transition of bipyridine and metal-to-ligand charge transfer absorption, respectively. A slight red shift of the bipyridine absorbance peak is noted for the carboxylated Ru@SiO<sub>2</sub>. Furthermore, the Ru@SiO<sub>2</sub> NPs exhibit a uniform, stable spherical structure with an average diameter of approximately 64 nm. The preparation condition of Ru@SiO<sub>2</sub> loaded with different concentrations of Ru(bpy)<sub>3</sub><sup>2+</sup> was optimized. It is observed in Figure 5b that the highest ECL response is obtained from Ru@SiO<sub>2</sub> loaded with 40 mM Ru(bpy)<sub>3</sub><sup>2+</sup>.



**Figure 5.** (a) UV-visible absorbance spectra of Ru(bpy)<sub>3</sub><sup>2+</sup>, Ru@SiO<sub>2</sub> NPs and carboxylated Ru@SiO<sub>2</sub>. (b) Condition optimization in preparing Ru@SiO<sub>2</sub> with different concentrations of Ru(bpy)<sub>3</sub><sup>2+</sup>.

### 3.4. Characterization of the Construction of IMBs

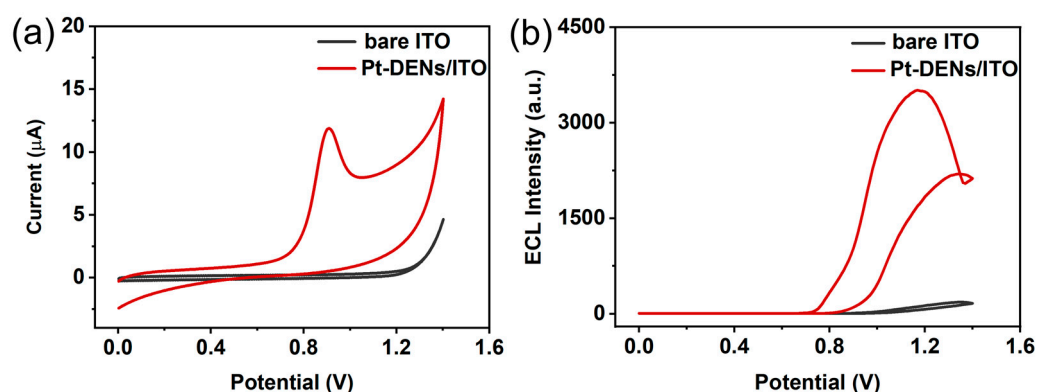
The construction of IMBs is characterized by both the UV-visible spectrum and the zeta potential. The UV-visible spectrum of the Ru@SiO<sub>2</sub>-Ab<sub>2</sub> conjugate, obtained through EDC/NHS immobilization, is illustrated in Figure 6a. The distinctive absorption peaks of Ru@SiO<sub>2</sub> nanoparticles at 292 nm and 476 nm confirm the successful encapsulation of [Ru(bpy)<sub>3</sub>]<sup>2+</sup> within the SiO<sub>2</sub> nanoparticles. In the case of Ru@SiO<sub>2</sub>-Ab<sub>2</sub>, absorption peaks appear at 293 nm and 463 nm, with a notable decrease in the intensity of the 293 nm peak compared to Ru@SiO<sub>2</sub>, which aligns with observations reported in the literature. There is a slight decrease observed in the zeta potential from -12.97 to -14.92 mV for MB (Figure 6b) following the immobilization of the biotinylated primary antibodies (Ab<sub>1</sub>-biotin). This observation is consistent with a previous study, where the negative surface charge of the Ru(bpy)<sub>3</sub><sup>2+</sup>-SA complex shifted further negatively after conjugation with a biotinylated CRP antibody [30]. Specifically, the Ru@SiO<sub>2</sub> exhibited a negative surface charge of -24.85 mV due to the presence of -COOH groups on their surfaces. Following the NHS-EDC conjugation of Ru@SiO<sub>2</sub> with Ab<sub>2</sub>, the surface charge of the Ru@SiO<sub>2</sub> shifted positively to -18.42 mV; this is attributable to the increased number of amine groups introduced by the antibody molecules [31].



**Figure 6.** (a) UV-visible adsorption spectra of Ab<sub>2</sub> antibody (blue line), and Ru@SiO<sub>2</sub>-Ab<sub>2</sub> (purple line). (b) Zeta potentials of Ru@SiO<sub>2</sub> and MB before and after conjugation with corresponding antibodies.

### 3.5. Analytical Performance of the Magneto-Immunosensor

It is evident that the use of dendrimer polymers to encapsulate Pt nanoparticles and form a film on the ITO electrode surface results in pronounced electrooxidation capability (Figure 7a) and significant enhancement of electrochemiluminescence (ECL) (Figure 7b), without compromising optical transmittance. Compared to bare ITO, the initial oxidation potential (+0.73 V) and peak potential (+0.89 V) of TPA are shifted forward by Pt-DENs/ITO. This shift is likely due to the amino groups in the Pt-DENs promoting the formation of free radicals, while the modified electrode architecture accelerates the electron and mass transfer processes. The ECL intensity at Pt-DENs/ITO in the Ru@SiO<sub>2</sub>-TPA system is approximately 20 times greater than that observed with the bare ITO electrode. Given that the luminophores of Ru@SiO<sub>2</sub> are immobilized on 2.8 μm IMBs, direct electron transfer is not feasible. Nevertheless, it has been confirmed that ECL can be generated several microns above the electrode surface by employing TPA as a sacrificial oxidative–reductive coreactant [32]. This implies that immobilized Ru@SiO<sub>2</sub> can react with the diffusing electrogenerated TPA radicals, especially for Pt-DEN-modified MEAs. The possible ECL process of the proposed magneto-immunosensor is demonstrated in Figure 1c and the Supplementary Materials.

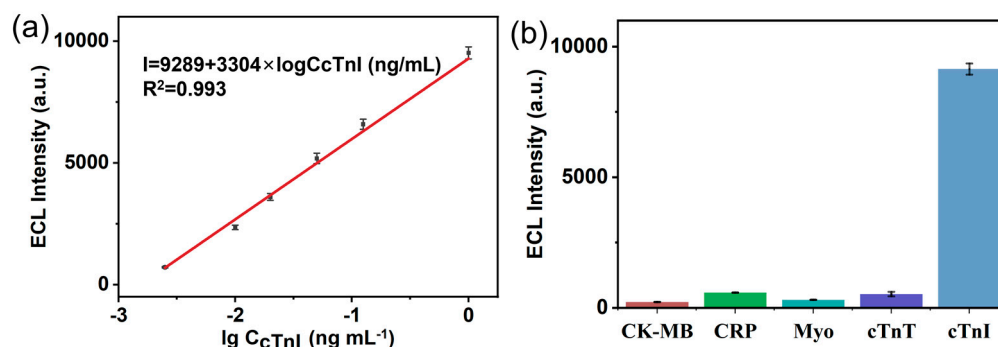


**Figure 7.** (a) CV curves of the Pt-DEN-modified ITO and bare ITO in the solution of 0.1 M PBS (pH = 7.0) in the presence of 0.16 M TPA. (b) ECL curves of the Pt-DENs/ITO and bare ITO electrodes in a solution of 0.1 M PBS (pH = 7.0) in the presence of 0.16 M TPA and cTnI IMBs.

The proposed ECL immunosensor was utilized to detect various concentrations of cTnI in the presence of TPA. As shown in Figure 8a, an increase in cTnI concentration from 2.5 pg/mL to 1000 pg/mL leads to a corresponding increase in ECL signals. Furthermore, the ECL intensity exhibited a favorable linear relationship with the logarithm of the cTnI concentration. The limit of detection was calculated to be 0.38 pg/mL ( $S/N = 3$ ). To validate the selectivity of the platform, we investigated its ECL responses using other protein biomarkers, including creatine kinase-myocardial band (CK-MB), C-reaction protein (CRP), myoglobin (Myo), and cardiac troponin T (cTnT) as nonspecific competitors. As demonstrated in Figure 8b, the ECL intensity of cTnI at a concentration ten times lower (125 pg/mL) was significantly higher than that of the other four interference biomarkers, indicating excellent selectivity of the magneto-immunosensor for cTnI; this was partly due to effective immunomagnetic separation. Moreover, the proposed immunosensor demonstrated an outstanding detection limit for the magneto-immunoassay in comparison to other ECL research on cTnI detection (see Table 1). The ECL system, electrode materials, and analytical performances, including detection limit and linear range in the sensing systems [33–37], are compared in Table 1. In the ECL immunosensing systems, most of the antibodies were immobilized on the surface of the electrode. Very few studies have been conducted using magnetic beads as support materials and separation tools through the specific molecular recognition. For example, Zhang’s group developed an ultrasensitive closed bipolar electrode–ECL (CBP-ECL) immunosensor based on a lateral flow assay



for point-of-care testing (POCT) [38]. Although acceptable sensitivity (0.4416 pg/mL) was obtained, there was a slight deficiency in selectivity. In our study, a magnetically assisted electrochemiluminescence biosensor with enhanced ECL intensity was explored by developing single-layer immunomagnetic beads (IMBs) in the vicinity of the electrode surface, as well as excellent electrode modification for the improved electrooxidation of TPA.



**Figure 8.** (a) Calibration curves obtained with Pt DEN-modified ITO MEAs for the analysis of cTnI in 0.1 M PBS solutions containing 0.16 M TPA. (b) Selectivity investigation of the proposed platform for detection of cTnI (1.25 ng/mL), CRP (1.25 ng/mL), Myo (1.25 ng/mL), cTnT (1.25 ng/mL), and cTnI (125 pg/mL); 1.25 ng/mL CK-MB, CRP, Myo, and cTnT were used as the interferents. The error bars represent the standard deviation from three assays ( $n = 3$ ).

**Table 1.** Comparison of the proposed magneto-immunosensor with other ECL methods for the determination of cTnI.

Electrode Material	ECL System	Linear Dynamic Range (pg/mL)	Limit of Detection (pg/mL)
Ir nanorods/Glassy carbon electrode [33]	SnS <sub>2</sub> -Hollow polymeric spherical	1–1,000,000	0.32
Carbon ink screen-printed electrode [34]	Luminol/H <sub>2</sub> O <sub>2</sub>	1000–1,000,000	940
PDMS slab/ITO [35]	Horseradish peroxidase–gold nanoparticles/H <sub>2</sub> O <sub>2</sub> + Ru(bpy) <sub>3</sub> <sup>2+</sup> /TPA	1–50,000	0.5
Screen-printed gold electrode [36]	Ru@SiO <sub>2</sub> /TPA	1–100,000	0.81
Polyethylenimine–graphene oxide/Glassy carbon electrode [37]	Soybean peroxidase/Luminol/H <sub>2</sub> O <sub>2</sub>	5–30,000	3.3
Closed bipolar electrode [38]	Ru(bpy) <sub>3</sub> <sup>2+</sup> /L-cysteine	1–100,000,000	0.4416
Pt-DENs/ITO MEAs	Ru@SiO <sub>2</sub> /TPA	2.5–1000	0.38

#### 4. Conclusions

In summary, we proposed an effective and promising biomimetic chip featuring dendrimer-encapsulated Pt nanoparticle-modified biomimetic surfaces for sensitive ECL magneto-immunoassay. ITO serves as both the substrate for biomimetic nepenthes peristome microstructures and the working electrode for the ECL system. The Pt-DEN-modified ITO MEAs significantly enhanced the formation of TPA free radicals and accelerated the electron transfer process, thereby boosting ECL emission. Furthermore, the detection of cTnI at various concentrations demonstrated good linearity, with a calculated limit of detection of 0.38 pg/mL, thereby aiding in the early diagnosis and treatment of acute myocardial infarction. Furthermore, the proposed platform holds great promise for single-particle ECL imaging for the detection of various biomarkers.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/chemosensors12100214/s1>, Figure S1: Design criteria for biomimetic NPS, Figure S2: Particle size distribution histograms of as-synthesized Pt-DENs. References [19,39–41] are cited in the supplementary materials.

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