

Table S1: Frequency Distributions by Categorical Characteristics

| Characteristics | Frequency | Percent |
|-------------------------------------|------------------|----------------|
| Semester | | |
| First Year First Semester | 30 | 17.1 |
| Second Year First Semester | 28 | 16.0 |
| Third Year First Semester | 29 | 16.6 |
| Fourth Year First Semester | 34 | 19.4 |
| Masters First Semester | 27 | 15.4 |
| Masters Second Semester | 27 | 15.4 |
| Gender | | |
| Male | 120 | 68.6 |
| Female | 55 | 31.4 |
| Father's Education | | |
| Below Secondary | 21 | 12.0 |
| Secondary or Above | 154 | 88.0 |
| Mother's Education | | |
| Below Secondary | 24 | 13.7 |
| Secondary or Above | 151 | 86.3 |
| Father's Occupation | | |
| Agri Worker | 10 | 5.7 |
| Job/Service | 81 | 46.3 |
| Non-Agriculture Worker | 18 | 10.3 |
| Others | 66 | 37.7 |
| Mother's Occupation | | |
| Housewife | 159 | 90.9 |
| Job/Service | 16 | 9.1 |
| Type of Family | | |
| Joint | 28 | 13.7 |
| Nuclear | 151 | 86.3 |
| Place of Residence in Sylhet | | |
| Hall | 40 | 22.9 |
| Own Residence | 30 | 17.1 |
| Student Mess | 105 | 60.0 |
| Area of Residence | | |
| Rural | 58 | 33.1 |
| Urban | 117 | 66.9 |
| Chronic Complications | | |
| No | 155 | 88.6 |
| Yes | 20 | 11.4 |
| Symptoms of COVID-19 | | |
| No | 164 | 93.7 |
| Yes | 11 | 6.3 |

Table S2: Descriptive Statistics of Non-Categorical Characteristics

| Characteristics | Mean (SD) |
|--------------------------|---------------|
| Age (in Years) | 21.92 (1.75) |
| Height (in Meters) | 1.67 (0.10) |
| Weight (in Kilograms) | 63.38 (12.51) |
| BMI (kg/m ²) | 22.26 (3.36) |
| RAI | 6.19(4.10) |

SD = Standard Deviation.

Table S3: Family Income (in Taka) of Students in Two Situations

| Situation | Mean | SD | Range | | Difference | | Correlation | p-value |
|-----------|----------|----------|--------|------|------------|----------|-------------|---------|
| | | | High | Low | Mean | SD | | |
| B | 47574.71 | 51897.66 | 600000 | 3000 | 13387.93 | 22215.19 | 0.91 | <.001 |
| D | 34186.78 | 3358.82 | 500000 | 0.00 | | | | |

SD = Standard Deviation, B = Before COVID-19, D = During COVID-19.