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# Resin Adsorption of Phenolic Compounds from Olive Leaf and Coffee Residue Extracts: Batch and Packed Column Adsorption Experimental Investigation and Mathematical Modeling

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**Abstract:** Phenolic compounds are important secondary metabolites often found in nature, and most prominently in plants. Plant biomass residues can be a sustainable source of this high-added-value group of compounds that can be used in the food and cosmetics industries due to their antioxidant properties. *Olea europaea* is a widely studied source of phenolic compounds, with olive leaves being an untapped solid residue with high phenolic content. Coffee residues after coffee extraction is another biomass residue stream rich in phenols. In this work, phenolic extracts of these two substrates, alongside different fractions produced through ultrafiltration and nanofiltration, were examined in resin adsorption experiments. Amberlite XAD16N was used as adsorbent in both batch and packed column experiments, with the experimental results being fitted with mathematical models for batch kinetics, adsorption isotherms, and column adsorption. The tested adsorbent proved capable of separating the target compounds, exhibiting a capacity of 72 mg of olive leaf phenols from nanofiltration retentate per g of resin in batch adsorption experiments, second order kinetics better described the batch adsorption process in packed columns (R<sup>2</sup> > 0.9).

Keywords: phenols; adsorption; membrane filtration; olive leaves; coffee residues; modeling

# 1. Introduction

Circular economy is an economic system that maximizes the value of goods and materials throughout their entire lifespan in order to reduce waste and encourage the sustainable use of resources. With this strategy, the conventional linear paradigm of "take-make-dispose" has been fundamentally replaced with a more circular one of "reduce-reuse-recycle". The biorefinery concept, a cornerstone of the circular economy model, focuses on converting biomass and waste streams into a variety of products, such as biofuels, biochemicals, and biomaterials [1,2]. The biorefinery concept aims to create a closed-loop system where waste is minimized, and valuable products are produced from renewable resources. The integration of biorefinery technologies into existing processes has the potential to reduce greenhouse gas emissions, create new economic opportunities, and improve resource efficiency. In this context, the development of sustainable and efficient biorefinery processes is crucial to the success of the circular economy paradigm.

Phenolic compounds are a class of naturally occurring compounds that are widely distributed in the plant kingdom. These compounds have been shown to exhibit a wide range of beneficial properties for human health, including strong antioxidant activity, antiinflammatory effects, and potential anti-cancer and anti-microbial properties [3–5]. The



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). antioxidant activity of phenolic compounds is due to their ability to scavenge free radicals and prevent oxidative damage to cells and tissues [6]. The potential health benefits of phenolic compounds have led to increased interest in their isolation, characterization, and incorporation into functional foods and nutraceuticals.

*Olea europaea* byproducts and coffee residues are two examples of biomass wastes that contain phenolic compounds, with secoiridoids, flavonoids, and phenolic acids being particularly abundant in olive leaves [7–10]. Among these compounds, oleuropein is the most abundant and well-studied secoiridoid found in olive leaves. This compound has been shown to exhibit a wide range of biological activities, including antioxidant, anti-inflammatory, and anti-cancer effects [11,12]. Other phenolic compounds found in olive leaves, such as hydroxytyrosol and tyrosol, also have strong antioxidant and anti-inflammatory properties and have been linked to numerous health benefits, including reduced risk of cardiovascular disease, neurodegenerative disorders, and certain types of cancer [13,14]. Olive leaf phenolic content might vary based on the cultivar, harvest period, and extraction technique. To maximize these compounds' potential health benefits and commercial applications, it is essential to optimize their extraction and purification processes. Olive leaf phenols have considerable health-promoting qualities, and the food and pharmaceutical sectors are becoming more and more interested in using them as functional additives.

Additionally, it is known that large levels of phenolic compounds are present in coffee residues, such as coffee pulp and coffee grounds, which might vary based on the kind of coffee, the degree of roasting, and the extraction technique employed [15,16]. Nevertheless, coffee residues are now recognized to be a promising source of bioactive substances and natural antioxidants that may be utilized in the food and pharmaceutical sectors. Additionally, recent studies have demonstrated that the phenolic compounds in coffee residues may have anti-inflammatory and anti-cancer effects, making them an appealing subject for further study and development [17].

Membrane technology has become one of several potential methods for recovering phenolic fractions from food by-products, using a semi-permeable membrane to selectively separate components according to their size, charge, and/or solubility [18]. Membrane technologies' capacity to selectively extract phenolic fractions from food by-products while excluding unwanted components is one of their main benefits. Reverse osmosis, ultrafiltration, and nanofiltration are examples of processes that may successfully separate phenolic fractions from these by-products to provide concentrated phenolic extracts [19]. Additionally, membrane technology may be easily modified to meet various phenolic recovery requirements. The phenolic fraction recovery efficiency and quality may be achieved by choosing the right membrane type, pore size, and working conditions [20]. In order to improve the recovery of phenolic fractions, membrane technology can also be coupled with other separation methods such as adsorption and precipitation [21–25]. Adsorption resins have been widely used for the separation of phenolic compounds from complex mixtures. These resins are usually made of porous polymeric materials that contain functional groups with high affinity towards phenolic compounds, such as hydroxyl, carboxyl, and amino groups [26,27]. The adsorption process is usually carried out in a column packed with the resin, where the mixture is passed through the resin bed under controlled conditions of temperature, pH, and flow rate. Phenolic compounds are selectively retained by the resin, while other components of the mixture are eluted out. The bound phenolic compounds can then be eluted from the resin using an appropriate solvent, such as methanol or ethanol, and further purified using techniques such as chromatography or crystallization [24].

Extensive work has been carried out in the literature regarding the use of resins for the separation of phenols from biomass extracts or agroindustrial wastewaters. The commercial resins amberlite XAD4, XAD7HP, and XAD16 were utilized by Zagklis et al. [22,24] to treat a membrane fraction of olive mill wastewater in order to extract small molecular weight phenolics. Olive mill wastewaters have also been treated directly using XAD16, for phenols separation [28], but in that case, the absence of pretreatment led to a product with

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decreased phenol purity. Other resins that have been used for the same purpose include the ion-exchange IRA958 Cl, Optipore SD-2, FPX66, and XAD761 [29] after a microfiltration pretreatment for the removal of suspended solids. Another study found that XAD16 exhibited better performance when phenolic adsorption was evaluated between neutral (XAD16) and ionic resins (IRA958 Cl, IRA 67) [30]. According to Vavouraki et al. [31], the FPX66 resin performed better than XAD4 and XAD16 in aqueous phenolic solutions as opposed to olive mill wastewater.

The food, pharmaceutical, cosmetic, agricultural, animal, and environmental industries all have a variety of potential uses for phenolic compounds that may be extracted from by-products. Using phenolic-rich extracts as functional food ingredients to boost food products' nutritional value [32], natural food preservatives to lengthen shelf life [33], nutraceuticals and dietary supplements for their potential health benefits [34,35], cosmetics and personal care items for their antioxidant and anti-inflammatory properties [36,37], and agricultural and livestock feed additives for plant growth regulation [38] and animal health [39] are some of these applications. The type, content, purity in the extracts, and specifications and rules of the target industry will all affect the specific use of phenolic compounds. The aim of this work is to study the separation of phenolic compounds from residual biomass extracts. Olive leaves and coffee residues were examined, using raw phenolic extracts and their fractions produced through membrane filtration. The experimental data were then used to estimate the parameters of established mathematical models. The trained models presented in this work can be used to estimate the performance of phenol adsorption systems and help for the optimization of this kind of processes. While resins such as XAD16 have been extensively examined in the existing literature for the adsorption of phenols, very few studies present modeling results of column adsorption processes (indicatively, out of all the cited works in this study, only two present this kind of data [28,30]), especially for adsorption processes that follow membrane filtration.

# 2. Materials and Methods

The fractions of aqueous phenolic extracts originating from olive leaves and coffee residues were obtained using in-line membrane filtration. The first step of the membrane filtration process was the use of UF followed by the filtration of UF permeate with an NF membrane. The trans-membrane pressure used during filtration was 1 bar and 20 bar for the UF and NF membranes, respectively. The membrane units used were of pilot scale and the filtration was cross-flow in batch operation. The UF module was ceramic (zirconia) with pore diameter 100 nm, with 19 channels of 1020 mm length and an active area of 0.24 m<sup>2</sup>. The NF module was spiral wound, polymeric with 2.4 m<sup>2</sup> active area and 95% rejection of MgSO<sup>4</sup>. The MWCO of the NF module was determined experimentally using different molecular weight PEGs, at 470 Da. Both membrane modules were supplied by Hydro Air Research SpA, Milan, Italy.

The fractions used, their phenolic content, and the characteristics of the membranes are displayed in Table 1.

The adsorbent used was the resin Amberlite<sup>TM</sup> XAD<sup>TM</sup>16N Polymeric Adsorbent (Sigma Aldrich, Burlington, MA, USA). This resin is a non-ionic, hydrophobic, cross-linked polymer with excellent adsorptive properties due to its macroporous structure and high specific surface area. This material can be used to adsorb hydrophobic molecules from polar solvents and volatile organic compounds.

Batch experiments were conducted using a Jar Test (Raypa<sup>®</sup>) device with programmable stirring rate and time. The experiments were performed under constant stirring rate equal to 250 rpm. Five beakers of 500 mL were used; each contained 200 mL of the extract. One beaker did not contain sorbent, while in the rest of the beakers, 4, 8, 16, and 24 g of resin were added, respectively. Samples were collected from the supernatant liquid for the measurement of phenolics. Column adsorption experiments were carried out using a packed column, 3.2 cm in diameter with a height of 8.1 cm (65 mL volume). The elution rate was 300 mL/h. The bed was completely packed with 60 g of resin. The resin's

density ranged between 1.015 and 1.025 g/mL and the porosity of the bed was estimated experimentally to be ~22%. All experiments were carried out at ambient temperature. The concentration of phenols in the supernatant (batch experiments) and eluent (column adsorption experiments) was measured using the Folin–Ciocalteu reagent [40], using gallic acid as the standard.

**Table 1.** Fractions of phenolic extracts used in this study and their phenolic content expressed as average value  $\pm$  standard deviation of the measurement.

Sample	Dilution	Phenols [mg/L]
Olive leaf extract	X5	$145\pm4.33$
Olive leaf extract, UF retentate	X2	$335\pm11.7$
Olive leaf extract, NF retentate	-	$8282\pm299$
Olive leaf extract, NF permeate	-	$320\pm9.11$
Coffee residue extract	X2	$125\pm1.55$
Coffee residue extract UF retentate	X2	$150\pm1.14$
Coffee residue extract UF permeate	X2	$490\pm2.92$
Coffee residue extract NF retentate	-	$560\pm16.9$
Coffee residue extract NF permeate	-	$44 \pm 1.75$

UF membrane module: Ceramic, zirconia, tubular, 100 nm pore size, 0.24 m<sup>2</sup>. NF membrane module: Advanced polyamide, spiral wound, 470 MWCO, 2.4 m<sup>2</sup>.

The qualitative determination of the composition of olive leaf extract NF retentate was performed using a Waters 2695 Alliance HPLC separation Module (Waters Inc., Milford, CT, USA) equipped with a Waters 2487 Dual wavelength Detector and a Phenomenex Prodigy 5u ODS3, 100 A, 250  $\times$  4.6 mm, column with an Phenomenex ODS, 4  $\times$  3.0 mm guard column. The solvents 0.1% Trifluroacetic acid (Carlo Erba Reagents, Milan, Italy, RS-Pour LC-MS) in water (Honeywell, Charlotte, NC, USA, HPLC grade) as solvent (A) and acetonitrile (Honeywell, HPLC grade) as solvent (B) were used in gradient elution under following conditions: 0-5 min 90% A/10% B, 5-7 min 83% A/17% B, 7-14 min 83% A/17% B, 14–17 min 78% A/22% B, 17–28 min 78% A/22% B, 28–32 min 74% A/26% B, 32–42 min 74% A/26% B, 42–45 min 10% A/90% B, 45–50 min 10% A/90% B, 50–55 min 90% A/10% B, 55-60 min 90% A/10% B. The injection volume of samples and standards solutions was 10  $\mu$ L, the flow rate 0.8 mL/min, the temperature 25, and the detector were set at 280 nm and 360 nm. Before carrying out the analysis, samples were centrifuged under 4000 rpm and filtered through 0.2 µm pore size syringe filters (Nylon). The standard compounds examined were Gallic acid monohydrate (Sigma-Aldrich,  $\geq$  98%, 2-(4-Hydroxyphenyl)ethanol (Aldrich, Burlington, MA, USA, 98%), 2-(3,4-Dihydroxyphenyl)ethanol (Sigma-Aldrich,  $\geq$ 98%), p-Coumaric acid (Sigma, Burlington, MA, USA,  $\geq$ 98%), Caffeic acid (Sigma, >98%), trans-Ferulic acid (Aldrich, 99%), L-Tryptophan (PanReac AppliChem, Darmstadt, Germany, 98.5–101.0%), Oleuropein (Sigma, ≥98%), 9) (+)-Catechin hydrate (Sigma, ≥98%), and (-)-Epicatechin (Sigma,  $\geq$ 98%).

Both batch and column adsorption experiments were carried out in duplicate, with the results being expressed as average values and the error bars corresponding to the standard deviation of the measurements.

For the modelling of batch adsorption kinetics, pseudo-first and pseudo-second order kinetics equations were used (Equations (1) and (2)), where *q* corresponds to the adsorbed amount of phenols on the adsorption resin at time *t* in mg/g,  $q_e$  corresponds to the amount of adsorbed phenol at equilibrium (mg/g), and the parameters  $k_1$  and  $k_2$  are kinetic constants (in min<sup>-1</sup> and min<sup>-1</sup> mg<sup>-1</sup> g, respectively).

$$\frac{dq}{dt} = k_1(q_e - q) \tag{1}$$

$$\frac{dq}{dt} = k_2 (q_e - q)^2 \tag{2}$$

For the modeling of the adsorption isotherms, the linear, Langmuir, and Freundlich models were used (Equations (3), (4), and (5), respectively), where  $C_e$  corresponds to the concentration of phenols at equilibrium in the bulk (mg L<sup>-1</sup>),  $q_{max}$  corresponds to the maximum adsorption capacity of the adsorption resin (mg g<sup>-1</sup>), n is a constant that depends on the adsorbent and adsorbate, and  $K_{lin}$ ,  $K_{lang}$ , and  $K_f$  are model constants (in L g<sup>-1</sup>, L g<sup>-1</sup>, and L<sup>1/n</sup> g<sup>-1</sup> mg<sup>1/n-1</sup>, respectively).

$$q_{e=K_{lin}C_e} \tag{3}$$

$$q_e = \frac{q_{max} K_{lang} C_e}{1 + K_{lang} C_e} \tag{4}$$

$$q_e = K_f C_e^{1/n} \tag{5}$$

Finally, for the modeling of the adsorption experiments carried out in adsorption columns, the Thomas model was used (Equation (6)), where  $C_t$  corresponds to the concentration of phenols in the bulk at the effluent of the adsorption column at time t,  $C_{in}$  corresponds to the input concentration of phenols,  $k_{TH}$  is the Thomas rate parameter (mL min<sup>-1</sup> mg<sup>-1</sup>), x is the amount of adsorption resin in the column (g), and v is the flow rate (mL min<sup>-1</sup>).

$$\frac{C_t}{C_{in}} = \frac{1}{1 + \exp\left(k_{Th}q_e\frac{x}{v} - k_{Th}C_{in}t\right)} \tag{6}$$

Optimization of model parameters in all cases was carried out by minimizing the residual error between experimental and-model predicted values, using the solver add-on in Microsoft Excel version 2304.

# 3. Results and Discussion

# 3.1. Batch Adsorption of the Olive Leaf Extract NF Retentate

The first set of experiments consisted of the adsorption of the NF retentate fraction of olive leaf extract phenols in batch mode. This fraction was selected due to the removal of suspended solids in the UF step, and the higher concentration of phenols that were separated according to their molecular weight through NF filtration. These experiments were carried out to estimate the adsorption kinetics and in order to construct the adsorption isotherms from equilibrium data.

# 3.1.1. Batch Adsorption Kinetics

Four batch adsorption experiments were carried out, with different concentrations of resin added, with the concentration of not adsorbed phenols (bulk) being measured every few minutes (Figure 1a). The initial concentration of phenols was identical in all four batch experiments, with the addition of different amounts of adsorbent leading to different equilibrium concentrations in the bulk. As it was expected, higher concentrations of adsorbent led to lower concentrations of free phenols at equilibrium. In order to evaluate the first and second order adsorption kinetic models, the data of Figure 1a were processed in order to linearize the corresponding models (Figure 1b for pseudo-first order kinetics and Figure 1c for pseudo-second order kinetics). Even though both models appear to fit the data quite well, second order kinetics seems to be the most accurate as can be seen by the R<sup>2</sup> values in Figure 1c. The optimized kinetic model parameters for both first and second order kinetics are presented in Table 2.

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**Figure 1.** Experimental results of batch adsorption of the NF retentate fraction of olive leaf extract using different adsorbent concentrations ( $C_1 = 20 \text{ g/L}$ ,  $C_2 = 40 \text{ g/L}$ ,  $C_3 = 80 \text{ g/L}$ , and  $C_4 = 120 \text{ g/L}$ ) (**a**) and fitting after linearization for pseudo-first (**b**), and pseudo-second (**c**) order kinetics.

Table 2. Estimated parameters for batch adsorption kinetics of olive leaf extract NF retentate.

Experiment	$k_1  [\min^{-1}]$	$k_2  [\min^{-1}  \mathrm{mg}^{-1}  \mathrm{g}]$
C <sub>1</sub>	$1.07 \times 10^{-2}$	$7.09 imes10^{-4}$
C <sub>2</sub>	$1.94 imes10^{-2}$	$4.16 imes 10^{-4}$
C <sub>3</sub>	$1.79 \times 10^{-2}$	$5.02 imes10^{-4}$
$C_4$	$1.69  imes 10^{-2}$	$3.76 imes10^{-4}$

The pseudo-second order kinetics that fit the interaction of the examined phenols with the XAD16 resin is an indication that the process rate, in the range of adsorbate/adsorbent ratio examined, is mostly dependent on the adsorption capacity of the resin and not the concentration of the adsorbate [41]. Moreover, pseudo-second order kinetics indicate a strong interaction between the adsorbate and the adsorption sites. This type of nonionic resins are capable of adsorbing phenols through hydrogen bonding [42], a mechanism that may be involved in the examined process as well.

In the work of Park and Lee [43], the authors examined the adsorption of Ecklovia cava phenols on microporous resins, including XAD16N. Regarding adsorption kinetics, they observed that pseudo-second order model better fitted the experimental results, with  $k_2$ equal to  $0.119 \text{ h}^{-1} \text{ mg}^{-1}$  g, which is equal to  $1.90 \text{ 10}^{-3} \text{ min}^{-1} \text{ mg}^{-1}$  g, a value approximately one order of magnitude greater than the one estimated in this study. The differences of the kinetic parameters may be attributed to the different nature of the phenolic compounds being adsorbed. Thi Le et al. [44] examined the adsorption of sunflower phenols on XAD16, once again identifying pseudo-second order kinetics as most suitable to describe the adsorption data, with a  $k_2$  of  $6.33 \times 10^{-5}$ . Niknam et al. [45] examined the adsorption of olive mill solid residue phenols on XAD16 resin, estimating the pseudo-first and pseudosecond order kinetic parameters  $k_1 1.57 \times 10^{-2}$  min<sup>-1</sup> for  $k_1$  and  $1.19 \times 10^{-2}$  for  $k_2$ . Yang et al. [46] studied the adsorption of adlay bran phenols on XAD16 resin, identifying pseudo-second order kinetics as the most appropriate kinetic model to describe the process, calculating a  $k_2$  of 1.307 × 10<sup>-2</sup> min<sup>-1</sup> mg<sup>-1</sup> g. It is apparent that, even though there is a variation in the estimated parameters for batch adsorption kinetics present in the literature, most of the published studies identify pseudo-second order kinetics as the most appropriate model to describe the process. The variation of parameter values may be partially attributed to the expression of phenols concentration (in this work it is expressed in gallic acid equivalents, but other researchers use different phenolic compounds with significant differences in their molecular weight), as well as the type of phenolic compounds to be adsorbed in each sample. Different phenols may exhibit different extends of affinity with the adsorption resin, higher molecular weight phenols may not be able to access all the available adsorption surface inside the pore structure of the resin, and if one adsorbed molecule occupies one adsorption site, higher molecular weight phenols will result in higher values of adsorbed mass for a fixed number of adsorption sites.

#### 3.1.2. Adsorption Isotherms

The equilibrium data of the four batch experiments were used to examine the adsorption isotherm. Three models were used: the linear, Langmuir, and Freundlich models. The linear model was fitted to the raw equilibrium data (Figure 2a), while for the Langmuir and Freundlich models, the equilibrium data were processed in order to linearize the corresponding models (Figures 2b and 2c, respectively). The optimized parameters for the three isotherm models are presented in Table 3.

**Table 3.** Estimated parameters for the three isothem model for the batch adsorption of olive leaf

 NF retentate.

Model	Parameter 1	Parameter 2	<b>R</b> <sup>2</sup>
Linear	$K_{lin}  [\text{Lg}^{-1}] = 3.46 \times 10^{-3}$	-	0.98
Langmuir	$K_{lang} [Lg^{-1}] = 4.59 \times 10^{-4}$	$q_{max}  [mg/g] = 72.0$	0.94
Freundlich	$K_f [L^{1/n} g^{-1} m g^{1/n-1}] = 2.90$	n = 3	0.96

80

60

20

0 <u>3000</u>

0.025

0.023

0.021

0.019

0.017

1/qe

(b)

4000

6 6 6 (a)





**Figure 2.** Adsorption isotherms for the adsorption of the NF retentate fraction of olive life extract on XAD16N resin, using the linear model (**a**), and after linearization the Langmuir (**b**), and Freundlich (**c**) models.

In the work of Thi Le et al. [44] examining the adsorption of sunflower phenols, the authors estimated a  $K_{Ilang}$  equal to  $3.21 \times 10^{-3}$  L/g and a  $q_{max}$  of 78 mg/g. Vavouraki et al. [31] examined the adsorption of OMW phenols on XAD16 resin, estimating a  $q_{max}$  of 288 mg/g for the Langmuir model and a  $K_f$  of  $1.80 \times 10^{-2}$  and n equal to 1.7. In the work of Yang et al. [46] testing the adsorption of adlay bran phenols, the authors estimated a  $K_f$  of 0.12 and an n equal to 0.97. As in the case of kinetic parameters, the variation in the estimated isotherm model parameters can once again be partially attributed to the expression of phenolic concentration and the nature of the adsorbed phenols. The fact that all

three examined model adequately describe the obtained experimental data may be an indication that a wider range of experimental conditions should be examined in order to better evaluate the adsorption process taking place.

# 3.2. Column Adsorption of Olive Leaf and Coffee Residue Extracts and Their Fractions

Most of the applications involving adsorption processes are operated in continuous mode. After the results and modeling of the batch adsorption experiments, continuous experiments with resin-packed columns were conducted. The samples tested included the raw extracts of olive leaves and coffee residues, as well as fractions that were produced after their in-line membrane filtration. For modeling of the eluent concentration of phenols at the adsorption column outflow, the Thomas model was used. The results and model fitting for olive leaf phenols are presented in Figure 3, while the results and model fitting for coffee residue extracts are presented in Figure 4. The estimated model parameters and model fitting accuracy (in terms of  $\mathbb{R}^2$ ) are presented in Table 4.



**Figure 3.** Experimental results (scattered symbols) and Thomas model fitting (continuous line) of the use of adsorption resin packed columns for the adsorption of phenols from olive leaf extract (**a**), UF retentate of olive leaf extract (**b**), NF retentate of olive leaf extract (**c**), and NF permeate of olive leaf extract (**d**).



**Figure 4.** Experimental results (scattered symbols) and Thomas model fitting (continuous line) of the use of adsorption resin packed columns for the adsorption of phenols from coffee residues extract (**a**), UF retentate of coffee residue extract (**b**), UF permeate of coffee residue extract (**c**), NF retentate of coffee residue extract (**d**), and NF permeate of coffee residue extract (**e**).

Sample	$k_{Th}$ [mL min <sup>-1</sup> mg <sup>-1</sup> ]	$q_e  [\mathrm{mg}  \mathrm{g}^{-1}]$	R <sup>2</sup>
Olive leaf extract	$2.21  imes 10^{-3}$	75.9	0.992
Olive leaf extract, UF retentate	$7.07 imes10^{-4}$	229	0.996
Olive leaf extract, NF retentate	$6.22  imes 10^{-5}$	23	0.938
Olive leaf extract, NF permeate	$1.26 imes10^{-4}$	170	0.999
Coffee residue extract	$5.83  imes 10^{-4}$	257	0.974
Coffee residue extract UF retentate	$6.40 imes10^{-4}$	24.3	0.972
Coffee residue extract UF permeate	$1.12  imes 10^{-4}$	317	0.993
Coffee residue extract NF retentate	$5.86  imes 10^{-5}$	1618	0.993
Coffee residue extract NF permeate	$7.65 imes10^{-4}$	118	0.966

**Table 4.** Estimated Thomas model parameters for the different samples used in packed column adsorption experiments and model fitting  $R^2$ .

The Thomas model was proven very sufficient in describing the adsorption of olive leaf and coffee residue extracts and their fractions in columns packed with XAD16 resin. In all cases, the R<sup>2</sup> was higher than 0.9, indicating the good fit of the model. Limited literature data are available for packed column adsorption of phenols on this type of adsorbent, with most of the published works focusing on batch experiments, as already discussed in Section 3.1. The estimated kinetic constants for the Thomas model have similar values to the second order kinetics constant calculated using the batch experiments data. In general, XAD16 seems to have a higher affinity towards the phenolic compounds found in coffee residues, as can be observed by the higher values of adsorbed phenols at equilibrium in Table 4.

### 3.3. Qualitative Determination of the Composition of Olive Leaf Extract NF Retentate

The NF retentate of olive leaf extract is a fraction of increased interest because of the well-known value of olive leaf phenols and their concentration in this membrane fraction. The analysis using HPLC for the phenolic content of the olive leaf extract NF retentate and the effluent of its column adsorption process at 6.55 min (Figure 3c) are presented in Figure 5, alongside the relevant standard compounds.

As can be seen in Figure 5, Tyrosol and oleuropein were amongst the most prominent phenolic compounds identified in the analysis of the sample prior to the adsorption process but were absent in the analysis of the adsorption column effluent, were caffeic and coumaric acid were the only two identified phenolic compounds (out of the ones examined). Moreover, the less polar phenolic compounds (eluted at later times in the HPLC analysis) seem to be better adsorbed by the used resin, indicating that hydrophobic interactions may contribute the adsorption mechanism taking place.



**Figure 5.** HPLC analysis of the phenolic content of olive leaf extract NF retentate prior (**a**) and after the column adsorption process at elution time 6.55 min (**b**), and the standards used for the qualitative analysis (**c**). 1: Gallic acid monohydrate, 2: Hydroxytyrosol, 3: Tyrosol, 4: L-Tryptophan, 5: (+)-Catechin hydrate, 6: (-)-Epicatechin, 7: Caffeic acid, 8: p-Coumaric acid, 9: trans-Ferulic acid, 10: Oleuropein.

# 4. Conclusions

The use of adsorption resins for the separation of phenolic compounds from complex mixtures has been extensively studied in the literature. The Amberlite XAD16 resin has been found to be effective in the separation of phenols from biomass extracts and agroindustrial wastewaters and has been compared favorably to other resins. In this study, fractions of aqueous phenolic extracts from olive leaves and coffee residues were used to evaluate the performance of the Amberlite XAD16 resin through batch and column adsorption experiments. From batch experiments, it was found that resin may adsorb up to 72 mg of phenols/g for the case of olive leaf extract NF retentate. In the case of the continuous experiments, the observed capacity for the same sample was at 23 mg of phenols/g. During the continuous flow experiments through packed beds, the resin's saturation in phenolics

took place much later for the case of the coffee residue NF concentrate, a fact that can be attributed to the lower initial concentration of phenols for the sample compared to the olive leaf extract, and to the higher affinity exhibited by the resin for this kind of phenols (higher  $q_e$  parameter). Pseudo-second order kinetics seem to better describe the examined process, while the Thomas model was capable of accurately predicting the column adsorption experimental values. The trained mathematical models can be used to estimate the performance of phenol adsorption systems and optimize such processes. Overall, the use of adsorption resins such as Amberlite XAD16 provides an effective method for the separation and purification of phenolic compounds from complex mixtures, with potential applications in the food, pharmaceutical, and environmental industries. The next steps of this study will include the investigation of the desorption step using different solvents and their mixtures, followed by HPLC analysis of the occurring extracts. The mathematical modeling of the desorption step will also follow. Finally, the use of different elution rates in column adsorption and desorption processes and their effect on the Thomas model parameters will also be examined.

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