

Table S1: Risk of bias assessment

	Random sequence generation	Allocation concealment	Blinding of participants and personnel	Blinding of outcome assessment	incomplete outcome data	Selective reporting	Other Bias	overall risk of bias
Nevins 2011	+	+	-	-	+	+	?	High Risk of Bias
Lee 2019	+	+	+	?	+	+	+	Low Risk of Bias
Lee 2020	+	+	+	?	+	+	+	Low Risk of Bias
Mercado 2021 Single center RCT Australia	+	+	—	+	+	+	+	Low Risk of Bias
Bonta 2022 Single center RCT Argentina	+	+	?	?	+	+	+	High Risk of Bias