

## SUPPLEMENTARY MATERIAL

### Stem lettuce and its metabolites: Does the variety make any difference?

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Figures:

Fig. S1. <sup>1</sup>H NMR spectrum of (+)-dehydrovomifoliol (**1**)

Fig. S2. <sup>1</sup>H NMR spectrum of (-)-loliolide (**2**)

Fig. S3. <sup>1</sup>H NMR spectrum of blumenol A (**3**)

Fig. S4. <sup>1</sup>H NMR spectrum of corchoionoside C (**14**) in a mixture with benzyl glucoside

Fig. S5. <sup>1</sup>H NMR spectrum of (+)-syringaresinol (**5**)

Fig. S6. <sup>1</sup>H NMR spectrum of (±)-syringaresinol-4-*O*-β-glucopyranoside (**8**)

Fig. S7. <sup>1</sup>H NMR spectrum of 9α-hydroxy-11β,13-dihydrozaluzanin C (**6**) in a mixture with 9α-hydroxy-4β,11β,13,15-tetrahydrozaluzanin C (**7**)

Fig. S8. <sup>1</sup>H NMR spectrum of 1,2,3,4-tetrahydro-β-carboline-3-carboxylic acid (lycoperodine-1, **16**)

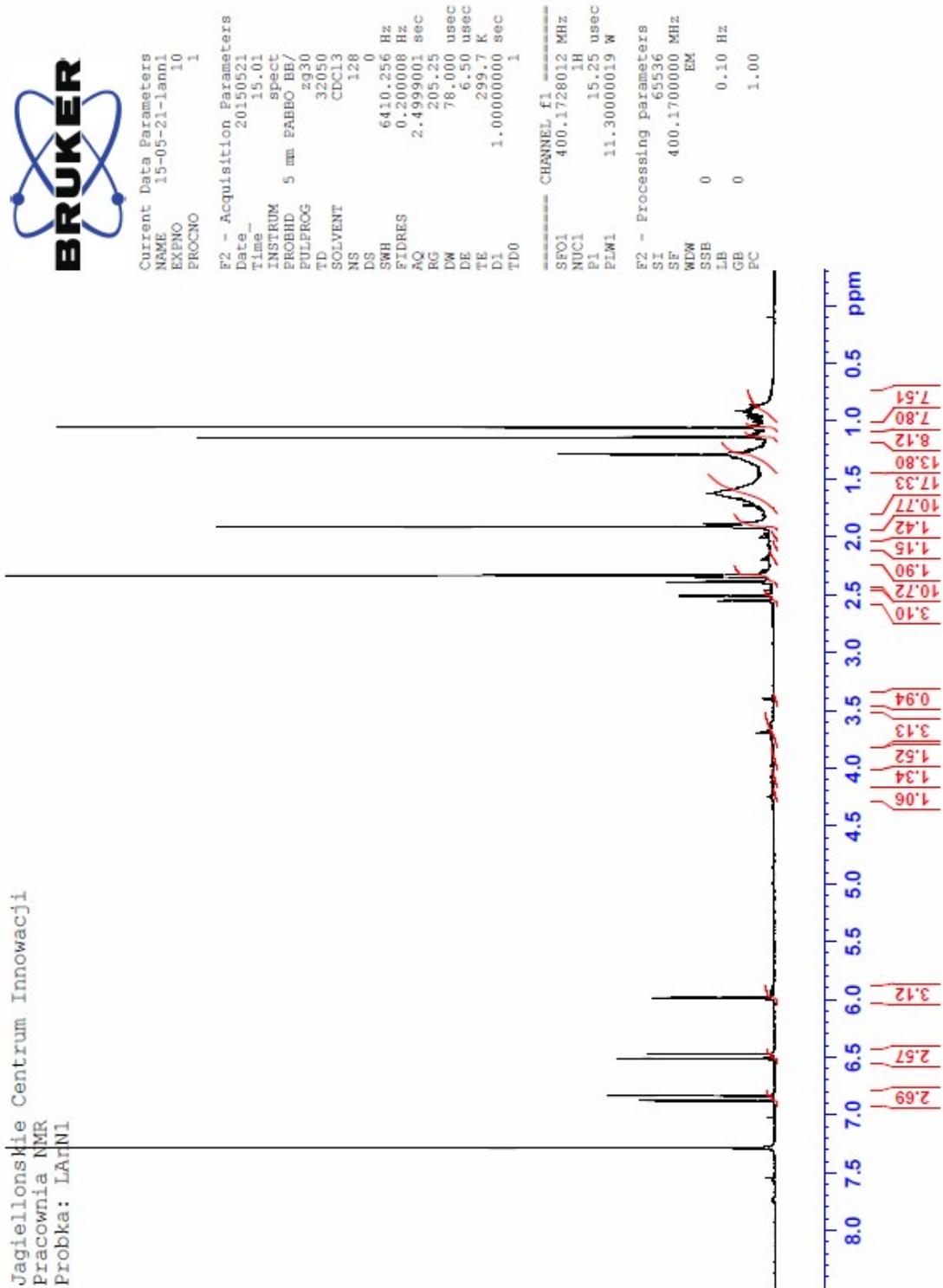


Fig. S1.  $^1\text{H}$  NMR spectrum of (+)-dehydrovomifoliol (**1**)

Jagiellonskie Centrum Innowacji  
Pracownia NMR  
Probka: LAnN3



Current Data Parameters  
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EXPNO 10  
PROCNO 1

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Time\_ 13.32  
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PULPROG zg30  
TD 32050  
SOLVENT CDCl3  
NS 8  
DS 0  
SWH 6410.256 Hz  
FIDRES 0.200008 Hz  
AQ 2.4999001 sec  
RG 205.25  
DW 78.000 usec  
DE 6.50 usec  
TE 298.4 K  
D1 1.00000000 sec  
TDO 1

CHANNEL f1  
SFO1 400.1728012 MHz  
NUC1 1H  
P1 15.25 usec  
PLW1 11.30000019 W

F2 - Processing parameters  
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SF 400.1700000 MHz  
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PC 1.00

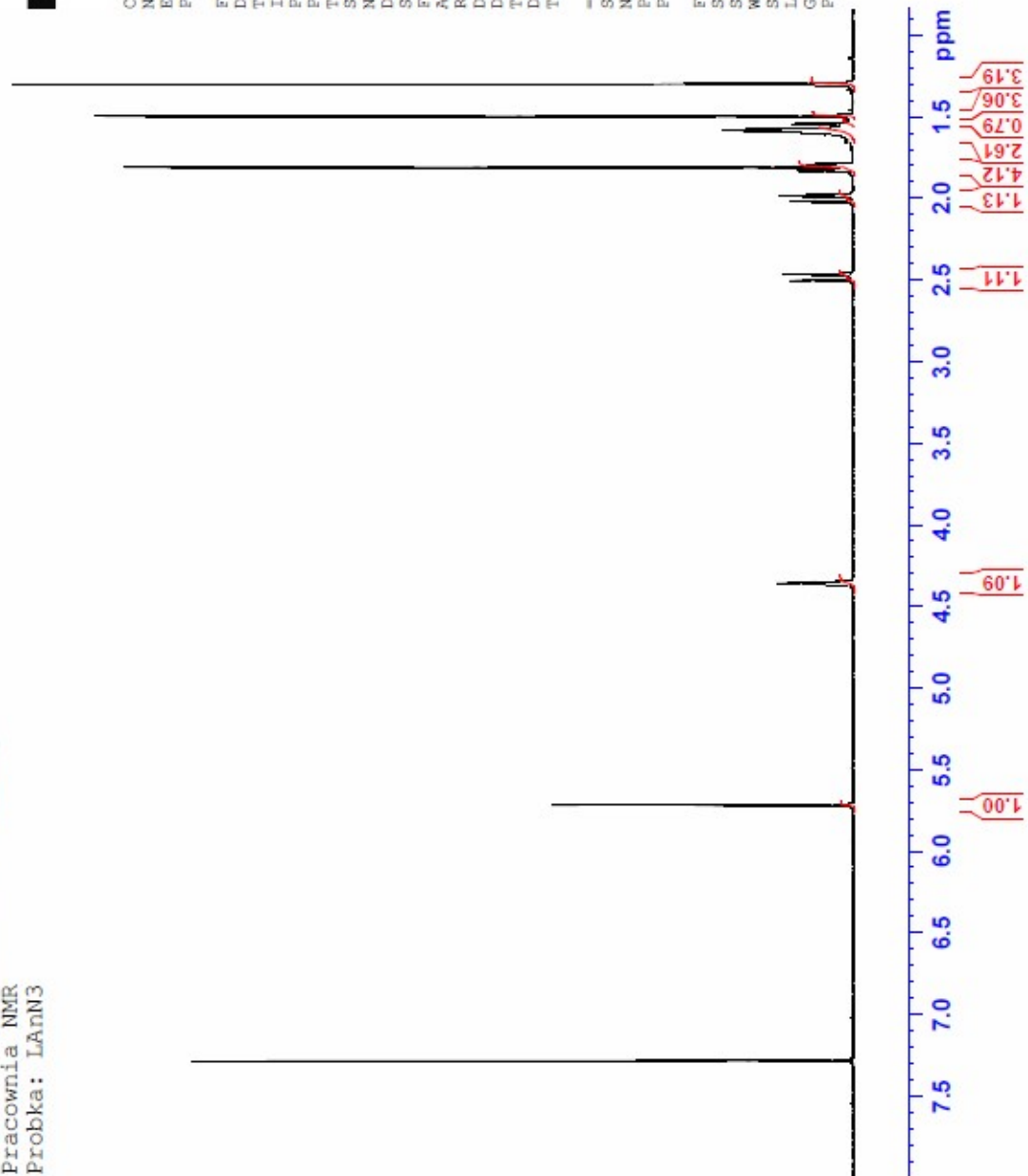


Fig. S2. <sup>1</sup>H NMR spectrum of (-)-loliolide (2)

Jagiellońskie Centrum Innowacji  
Pracownia NMR  
Probka: LAnN4



Current Data Parameters  
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EXPNO 10  
PROCNO 1

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Time\_ 13.28  
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PULPROG zg30  
TD 32050  
SOLVENT CDCl3  
NS 32  
DS 0  
SWH 6410.256 Hz  
FIDRES 0.200008 Hz  
AQ 2.4999001 sec  
RG 205.25  
DW 78.000 usec  
DE 6.50 usec  
TE 298.4 K  
D1 1.00000000 sec  
TD0 1

CHANNEL f1  
SFO1 400.1728012 MHz  
NUC1 1H  
P1 15.25 usec  
PLW1 11.30000019 W

F2 - Processing parameters  
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SF 400.1700000 MHz  
WDW EM  
SSB 0  
LB 0.10 Hz  
GB 0  
PC 1.00

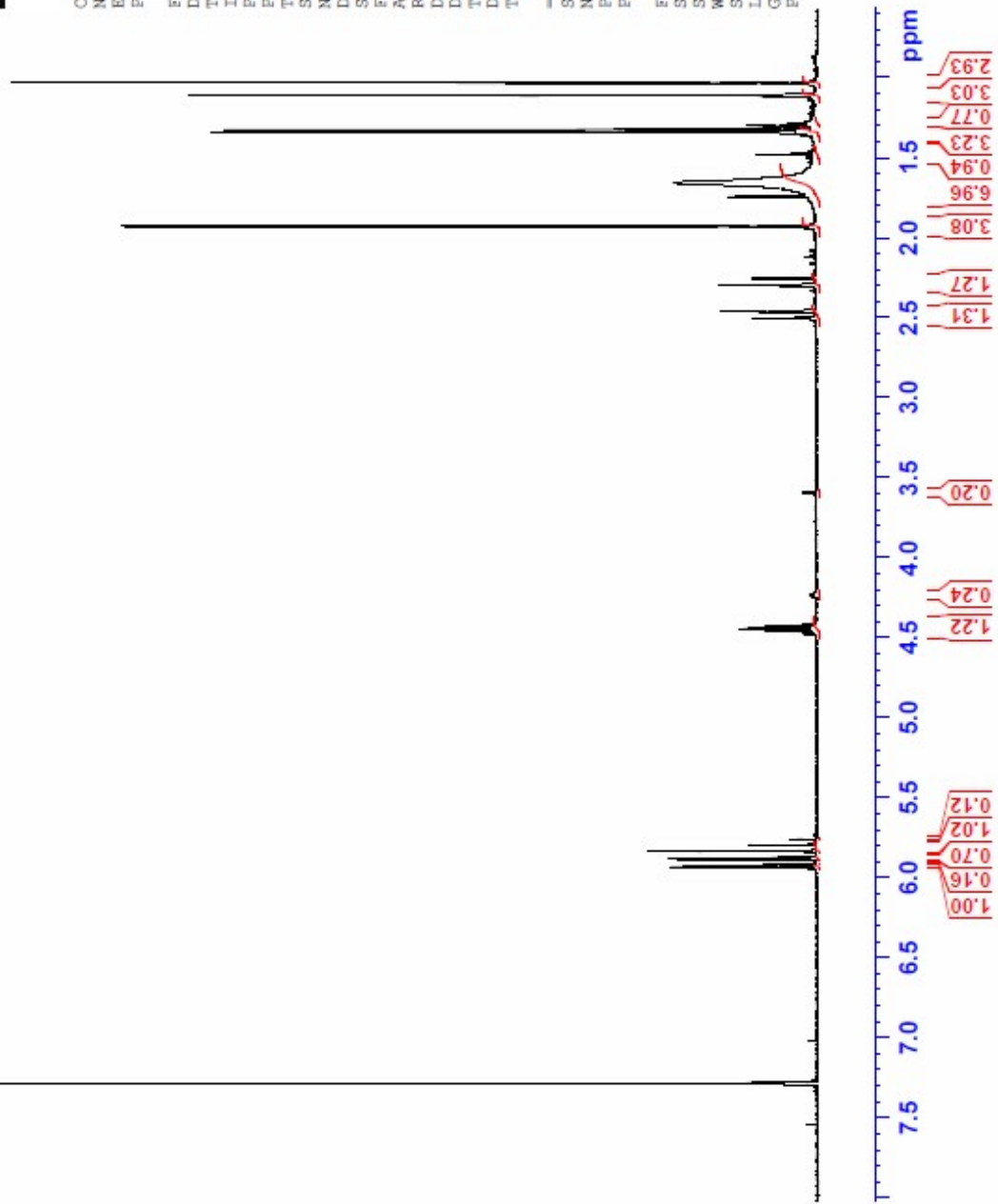


Fig. S3. <sup>1</sup>H NMR spectrum of blumenol A (3)

Jagiellonskie Centrum Innowacji  
Pracownia NMR  
Probka: LAnN 25



Current Data Parameters  
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EXPNO 10  
PROCNO 1

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Time\_ 14.13 h  
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PULPROG zg30  
TD 32650  
SOLVENT MeOD  
NS 80  
DS 0  
SWH 6410.256 Hz  
FIDRES 0.400016 Hz  
AQ 2.4999001 sec  
RG 140.97  
DW 78.000 usec  
DE 6.50 usec  
TE 297.2 K  
D1 1.00000000 sec  
TD0 1  
SFO1 400.1728012 MHz  
NUC1 1H  
P1 15.25 usec  
PLW1 11.30000019 W

F2 - Processing parameters  
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SF 400.1700000 MHz  
WDW EM  
SSB 0  
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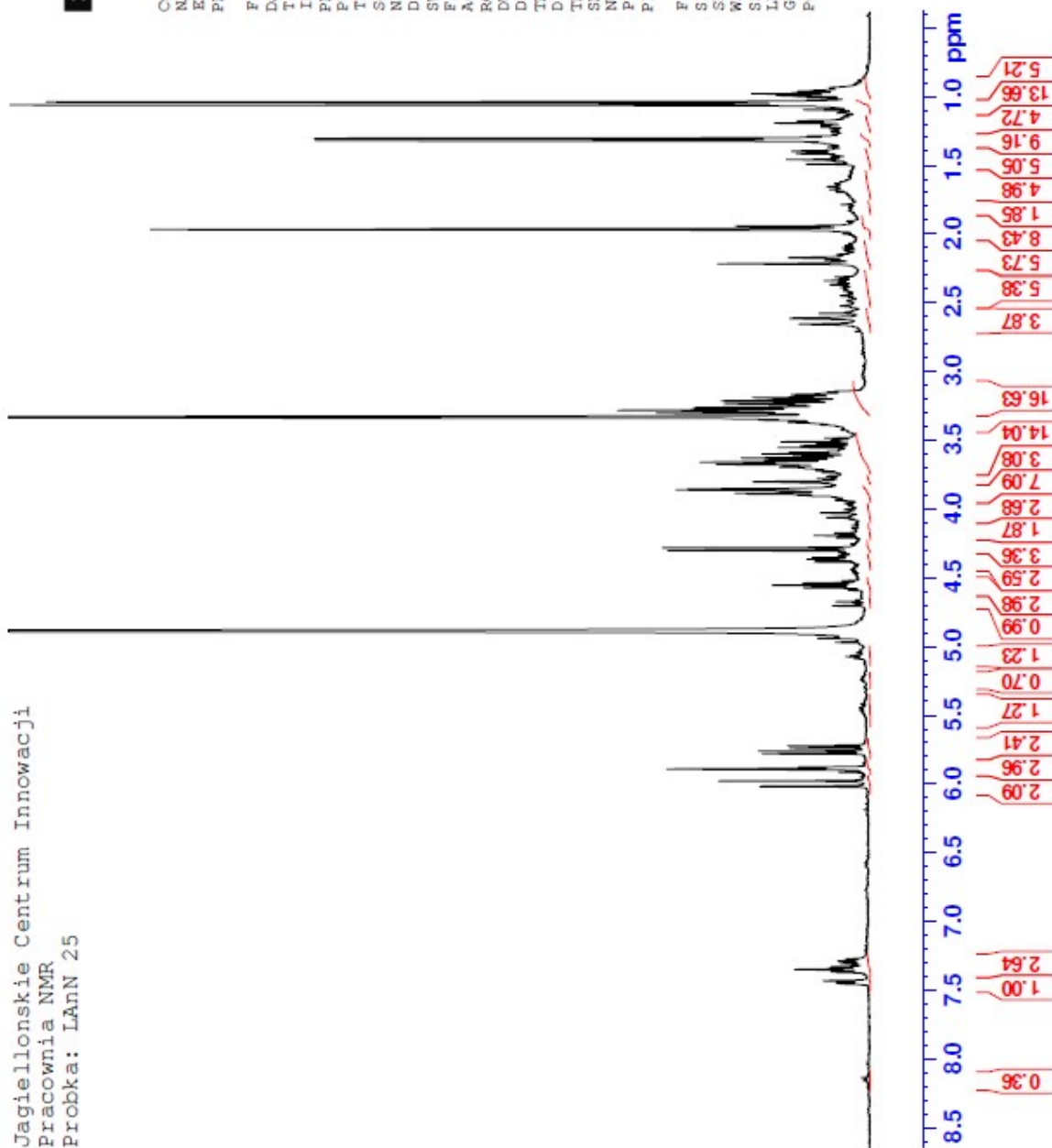


Fig. S4.  $^1\text{H}$  NMR spectrum of corchoionoside C (**14**) in a mixture with benzyl glucoside

Jagiellonskie Centrum Innowacji  
Pracownia NMR  
Probka: LAnn



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EXPNO 10  
PROCNO 1

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Time\_ 14.35  
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PULPROG zg30  
TD 32050  
SOLVENT CDCl3  
NS 128  
DS 0  
SWH 6410.256 Hz  
FIDRES 0.200008 Hz  
AQ 2.4999001 sec  
RG 205.25  
LW 78.000 usec  
DE 6.50 usec  
TE 298.1 K  
D1 1.00000000 sec  
TD0 1

===== CHANNEL f1 =====  
SFO1 400.1728012 MHz  
NUC1 1H  
P1 15.25 usec  
PLW1 11.30000019 W

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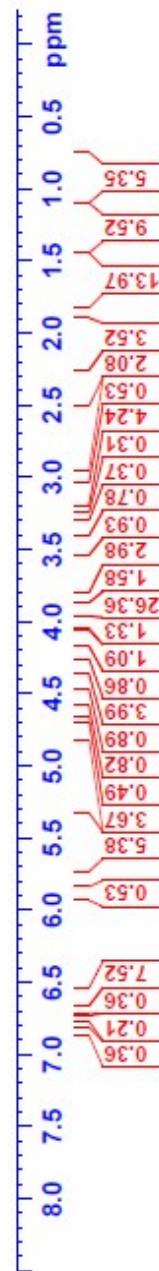


Fig. S5. <sup>1</sup>H NMR spectrum of (+)-syringaresinol (5)



Jagiellonskie Centrum Innowacji  
Pracownia NMR  
Probka: lann15



Current Data Parameters  
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EXPNO 92  
PROCNO 1

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Date\_ 20200617  
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TD 32050  
SOLVENT MeOD  
NS 128  
DS 0  
SWH 6410.256 Hz  
FIDRES 0.400016 Hz  
AQ 2.4999001 sec  
RG 205.25  
EW 78.000 usec  
DE 6.50 usec  
TE 297.6 K  
D1 1.00000000 sec  
TD0 1  
SFO1 400.1728012 MHz  
NUC1 1H  
P1 15.25 usec  
PLW1 11.30000019 W

F2 - Processing parameters  
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SF 400.1700000 MHz  
WDW EM  
SSB 0  
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GB 0  
PC 1.00

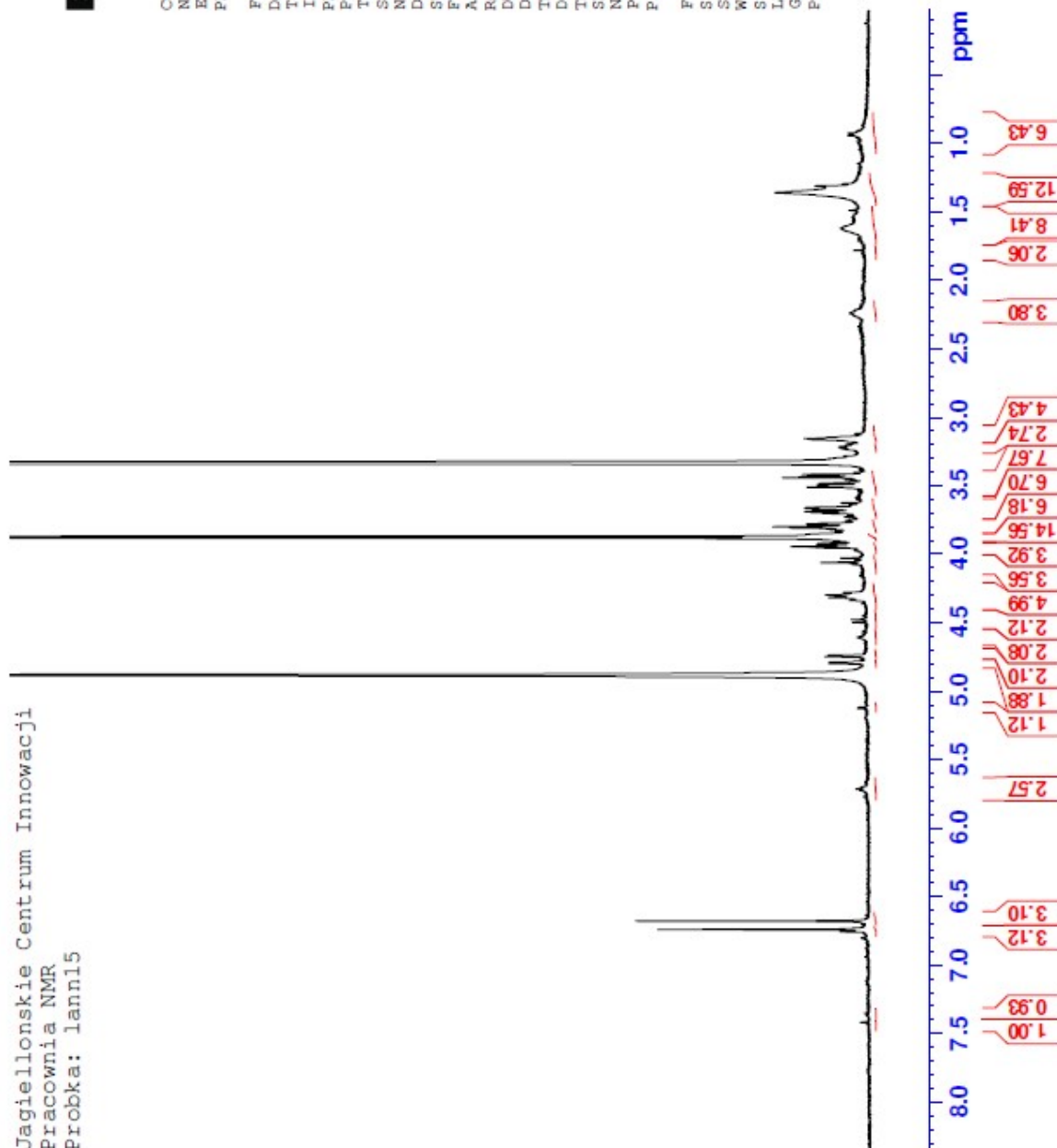


Fig. S6. <sup>1</sup>H NMR spectrum of (±)-syringaresinol-4-O-β-glucopyranoside (8)

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PROCNO    1

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PULPROG   zg30
TD         32050
SOLVENT   CDCl3
NS         128
DS         0
SWH        6410.256 Hz
FIDRES     0.200008 Hz
AQ         2.4999001 sec
RG         205.25
LW         78.000 usec
DE         6.50 usec
TE         300.4 K
D1         1.00000000 sec
TD0        1

===== CHANNEL f1 =====
SFO1      400.1728012 MHz
NUC1       1H
P1         15.25 usec
PLW1      11.30000019 W

F2 - Processing parameters
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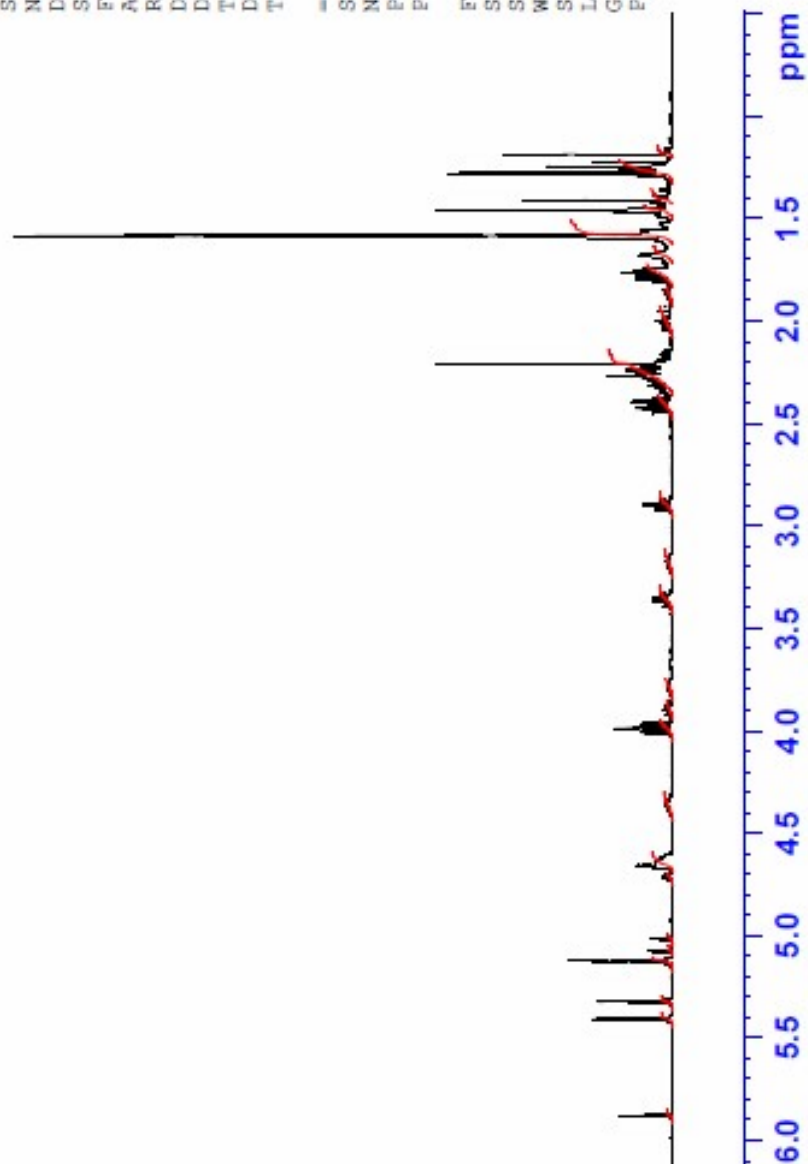


Fig. S7. <sup>1</sup>H NMR spectrum of 9 $\alpha$ -hydroxy-11 $\beta$ ,13-dihydrozaluzanin C (6) in a mixture with 9 $\alpha$ -hydroxy-4 $\beta$ ,11 $\beta$ ,13,15-tetrahydrozaluzanin C (7)



Jagiellonskie Centrum Innowacji  
Pracownia NMR  
Probka: LAnN 31

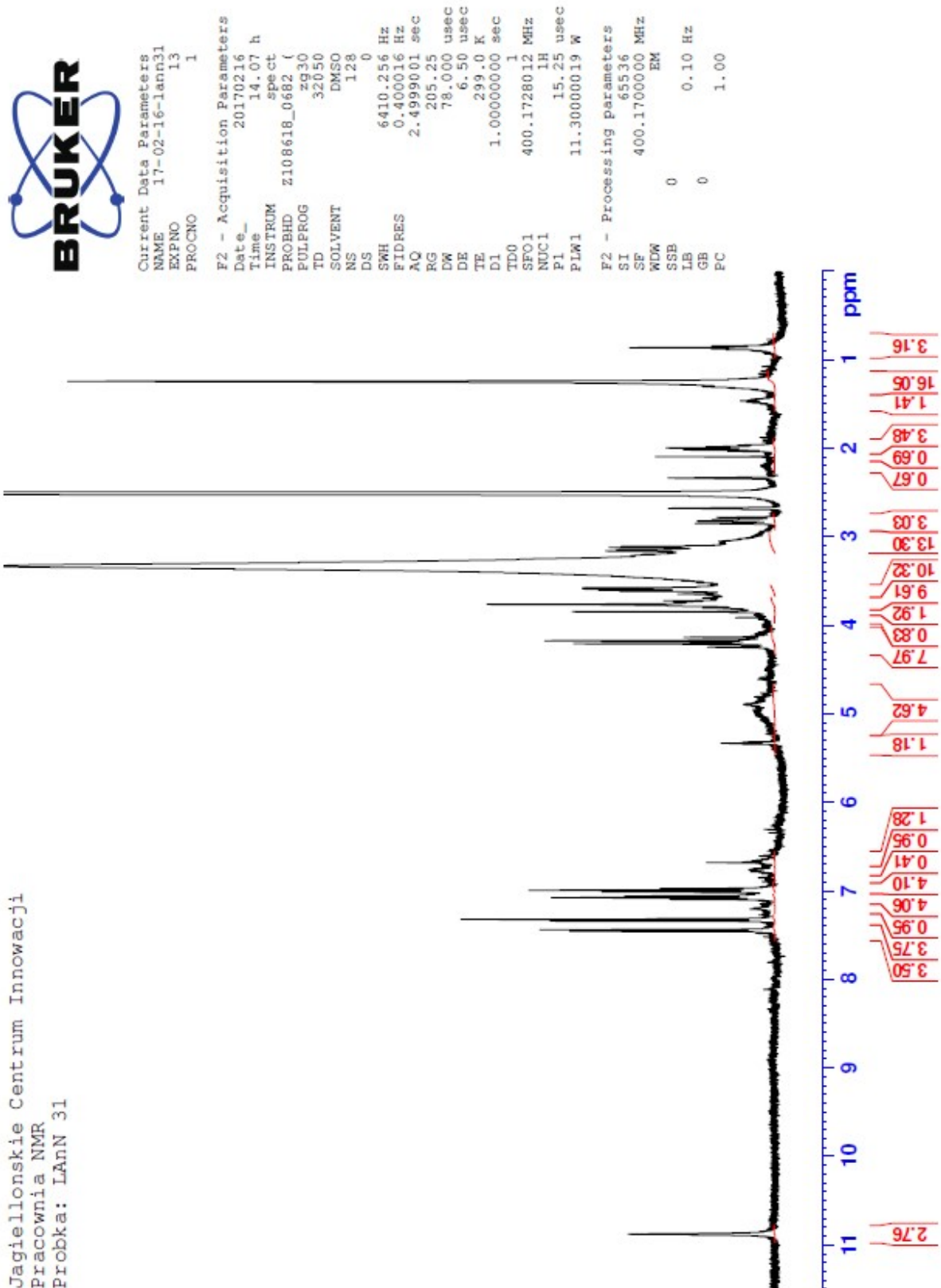


Fig. S8. <sup>1</sup>H NMR spectrum of 1,2,3,4-tetrahydro-β-carboline-3-carboxylic acid (lycoperodine-1, 16)