





Article

Arsenic Removal Using Unconventional Material with Iron Content: Batch Adsorption and Column Study

Cosmin Vancea ¹, Georgiana Mladin ¹, Mihaela Ciopec ^{1,*}, Adina Negrea ¹, Narcis Duteanu ¹, Petru Negrea ¹, Giannin Mosoarca ^{1,*} and Catalin Ianasi ²

- ¹ Faculty of Industrial Chemistry and Environmental Engineering, Politehnica University Timisoara, Bd. V. Parvan, No. 6, 300223 Timisoara, Romania; cosmin.vancea@upt.ro (C.V.); georgiana.mladin@student.upt.ro (G.M.); adina.negrea@upt.ro (A.N.); narcis.duteanu@upt.ro (N.D.); petru.negrea@upt.ro (P.N.)
- ² "Coriolan Drăgulescu" Institute of Chemistry, Bv. Mihai Viteazul, No. 24, 300223 Timisoara, Romania; ianasic@acad-icht.tm.edu.ro
- * Correspondence: mihaela.ciopec@upt.ro (M.C.); giannin.mosoarca@upt.ro (G.M.); Tel.: +40-256404192 (M.C.); +40-256404185 (G.M.)

Abstract: The remediation of arsenic contamination in potable water is an important and urgent concern, necessitating immediate attention. With this objective in mind, the present study investigated arsenic removal from water using batch adsorption and fixed-bed column techniques. The material employed in this study was a waste product derived from the treatment of groundwater water for potable purposes, having a substantial iron composition. The material's properties were characterized using scanning electron microscopy (SEM), energy-dispersive X-ray spectroscopy (EDX), and Fourier-transformed infrared spectroscopy (FT-IR). The point of zero charge (pH_{PZC}) was measured, and the pore size and specific surface area were determined using the BET method. Under static conditions, kinetic, thermodynamic, and equilibrium studies were carried out to explore the influencing factors on the adsorption process, namely the pH, contact time, temperature, and initial arsenic concentration in the solution. It was found that the adsorption process is spontaneous, endothermic, and of a physical nature. In the batch adsorption studies, the maximum removal percentage was 80.4% after 90 min, and in a dynamic regime in the fixed-bed column, the efficiency was 99.99% at a sludge:sand = 1:1 ratio for 380 min for a volume of water with arsenic of ~3000 mL. The kinetics of the adsorption process conformed to a pseudo-second-order model. In terms of the equilibrium studies, the Sips model yielded the most accurate representation of the data, revealing a maximum equilibrium capacity of 70.1 mg As(V)/g sludge. For the dynamic regime, the experimental data were fitted using the Bohart–Adams, Thomas, and Clark models, in order to establish the mechanism of the process. Additionally, desorption studies were conducted, serving as an essential step in validating the practical applicability of the adsorption process, specifically in relation to the reutilization of the adsorbent material.

Keywords: arsenic removal; unconventional material with iron content (UMIC); batch adsorption; fixed-bed column adsorption; mechanism of adsorption



Citation: Vancea, C.; Mladin, G.; Ciopec, M.; Negrea, A.; Duteanu, N.; Negrea, P.; Mosoarca, G.; Ianasi, C. Arsenic Removal Using Unconventional Material with Iron Content: Batch Adsorption and Column Study. *Toxics* **2023**, *11*, 849. <https://doi.org/10.3390/toxics11100849>

Academic Editors: Yuezhou Wei, Yan Wu and Xinpeng Wang

Received: 7 September 2023

Revised: 27 September 2023

Accepted: 8 October 2023

Published: 10 October 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

The protection of the environment assumes a position of major significance, as it encompasses the preservation of ecological equilibrium, the enhancement of natural elements' quality, and the assurance of suitable habitation and labor conditions for present and forthcoming generations. The pervasive degradation of the environment in specific regions across the globe, coupled with the depletion of non-renewable resources, remains a perpetual concern for environmentalists striving to uphold environmental quality [1,2].

Arsenic is an element that permeates the environment through a variety of natural and anthropogenic sources. The arsenic contamination of potable water has emerged as a

widespread issue, focusing international attention in recent times. The levels of arsenic in rivers, lakes, and groundwater exhibit a broad spectrum of concentrations, as documented by different researchers, yielding contradictory findings. Nevertheless, in contaminated water, the arsenic content can vary from hundreds to thousands of micrograms per liter, starkly surpassing the maximum permissible threshold of 10 micrograms per liter, as stipulated by the World Health Organization [3–6].

The arsenic contamination of drinking water gives rise to major problems due to arsenic poisoning. Chronic exposure to arsenic includes cutaneous diseases (pigmentation, skin cancer), as well as a variety of maladies impacting the cardiovascular, neurological, hematological, renal, and respiratory systems, in addition to a heightened risk of developing lung, bladder, liver, kidney, and prostate cancer. The populations most profoundly affected by arsenic contamination predominantly hail from economically disadvantaged backgrounds or marginalized communities [7].

The perils associated with prolonged exposure to arsenic are widely recognized, with the afflicted populace enduring a multitude of health problems that manifest not only as dermatological disorders, but also implicating vital internal organs such as the bladder, kidneys, and lungs, while further encompassing cardiovascular complications, respiratory ailments, diabetes, and other related conditions [5,8].

Underground sources of potable water are widely recognized as a primary contributor responsible for the chronic health problems related to arsenic poisoning of the population worldwide. Arsenic in drinking water sources is primarily found as As(V) and more frequently as As(III), with the latter being even more toxic [4,7–11].

Various techniques have been developed to mitigate arsenic contamination in water sources: precipitation–filtration processes [3,12], coagulation–precipitation using aluminum salts, iron, and/or lime water as coagulation agents [12], combined processes such as photocatalysis coupled with complexation and filtration [4,13], aeration, chemical oxidation, oxidation–coagulation, or oxidation–precipitation [14,15], electro-coagulation [14], membrane separation techniques like nanofiltration, reverse osmosis, and electro-dialysis [3], ion exchange [16], and adsorption [3–5,17].

However, techniques based on reverse osmosis and electro-dialysis [5] are generally expensive and exhibit limited efficacy if the oxidation of As(III) to As(V) is not executed beforehand, presenting a superior effectiveness in removing As(V) compared to As(III) [4]. Other techniques such as solvent extraction or bioremediation [4,18] are encumbered by their high costs, and are not well-suited for small-scale water treatment systems.

The mechanism underlying the process of removing arsenic from water by adsorption depends primarily on the nature of the adsorbent material. The utilization of selective adsorption using a diverse range of substances, including biological materials, mineral oxides, activated carbon, waste and industrial by-products, and polymeric resins, has garnered considerable attention due to the promising outcomes achieved [4].

The arsenic removal mechanisms using iron compounds involve its adsorption onto the surface of the adsorbent, entrapment and binding of the arsenic within hydroxide flocs, and the formation of ferric arsenate (FeAsO_4) through oxidation–reduction reactions [3–5].

Illustrative examples of low-cost, biomass and sludge adsorbents include agricultural waste or by-products [19,20], industrial sludges containing metal oxides/hydroxides [1–3], hydroxides, hydroxo-oxides, or iron oxides [4], hydrotalcites [4], algae, fungi, various bacteria [18], cellulose [4], and even human hair [21], which have proven their viability. The literature reports several iron-containing adsorbents, but their arsenic adsorption capacities are relatively low: 0.67 mg/g for iron oxide coated cement [22] and 10.6 mg/g for iron oxide-coated sand [23].

In this context, the objective of this study centered on the static and dynamic adsorption of As(V) using an unconventional material with iron content (UMIC) derived from groundwater treatment for drinking purposes; the process is affordable and eco-friendly, with a high iron content, rendering it ideal for As(V) removal.

2. Materials and Methods

2.1. Unconventional Material (UMIC) Characterization

The material used for the studies in static and dynamic modes in a fixed-bed column was the sludge obtained from a local groundwater treatment plant for drinking purposes. The sludge was dried at room temperature (25 °C), milled, and sieved, and the fraction under 1.25 mm was used without any other chemical treatment.

To ascertain its chemical composition, a sample comprising 3 g of the sludge was used. The sample underwent extraction with vigorous stirring, utilizing 21 mL of concentrated hydrochloric acid (37 wt.%, Sigma Aldrich, St. Louis, MO, USA) and 7 mL of nitric acid (63.013 wt.%, Sigma Aldrich, St. Louis, MO, USA), for 16 h at room temperature, followed by boiling under reflux for 2 h. The extract was then clarified and brought to the required volume with nitric acid. The contents of iron, manganese, calcium, magnesium, sodium, and potassium in the extract were determined via atomic absorption using a Varian SPEC-TRAA FS 280 atomic absorption spectrophotometer (Varian Inc., Mulgrave, Australia).

The material was characterized using scanning electron microscopy coupled with energy dispersive X-ray spectroscopy (SEM–EDX), using an X-ray energy dispersive spectrometer, FEI Quanta FEG 250 instrument (FEI, Eindhoven, The Netherlands), to establish the morphology and the predominant elements present in the material composition.

The presence of specific peaks related to the functional groups present in the material structure were studied using FT-IR spectroscopy with a Bruker Platinum ATR-QL Diamond FT-IR spectrometer (Bruker Optik GmbH, Ettlingen, Germany) in the range of 4000–400 cm^{-1} .

The material pore size and the specific surface area were determined using the BET method (Brunauer, Emmett, Teller), using a Nova 1200e Quantachrome apparatus (Anton Paar GmbH, Graz, Austria).

The point of zero charge was determined using the method of setting the studied system to equilibrium [24,25]. For this study, 0.1 g of material was mixed with 25 mL of KCl 0.1 N solution, and then stirred with 200 rotations/minute at 298 K using a Julabo SW23 type thermostatic water bath (Julabo GmbH, Seelbach, Germany). The pHs of the KCl solutions were adjusted in a range of 2–12 using NaOH solutions in a concentration range between 0.05 N and 2 N, or HNO₃ solutions with a concentration between 0.05 N and 2 N. The samples were filtered, and later the pH of the resulting solution was determined using a Mettler-Toledo, SevenCompact, S 210 pH meter (Mettler-Toledo, Columbus, OH, USA).

2.2. Batch Adsorption Study

The static adsorption mechanism was proposed based on kinetic, thermodynamic, and equilibrium studies, varying the contact time, temperature, and initial concentration of As(V). Simultaneously, the dynamic mode mechanism was studied through the examination of variations in the height of the fixed-bed column and the time evolution of the material quantity employed. Adsorption experiments were performed using three independent replicates.

In this research, the influence of pH on the adsorption process of As(V) (As₂O₃, Fluka, pa, ≥99.5%, Honeywell Research Chemicals, Seelze, Germany) on the material was studied, varying the pH in a range of 1–10, at an initial concentration of As(V) of $C_0 = 100 \mu\text{g/L}$, for 0.1 g of material, 25 mL of solution, a contact time of 60 min, and a temperature of 298 K.

For the influence of contact time and temperature on the adsorption capacity of the studied material, 0.1 g of adsorbent and 25 mL of As(V) solution with a concentration of $C_0 = 100 \mu\text{g/L}$ were used. The samples were stirred at 200 rpm for different times (15, 30, 45, 60, 90, and 120 min) in a Julabo SW23 type water bath (Julabo GmbH, Seelbach, Germany) with a thermostat, and agitated at different temperatures (298 K, 308 K, 318 K, and 328 K).

In order to establish the effect of the initial concentration of As(V) on the adsorption capacity of the material, As(V) solutions with concentrations of 50, 75, 100, 150, 200, 250, 300, 350, and 500 mg/L were prepared. The adsorption was carried out at pH = 7–8, for 90 min

and at a temperature of 298 K. The residual concentration of As(V) was measured using an atomic AA 6800, Shimadzu absorption spectrophotometer (Shimadzu Corporation, Kyoto, Japan) equipped with a graphite furnace.

To explore the kinetics governing the adsorption process of As(V) onto the material, the acquired experimental data were subjected to modeling, utilizing the pseudo-first-order and pseudo-second-order equations shown in Table 1.

Table 1. Kinetic models used to describe the adsorption process.

Kinetic Model	Equation	References
Pseudo-first-order	$q_t = q_e (1 - \exp^{-k_1 \times t})$	[26]
Pseudo-second-order	$q_t = \frac{k_2 \times t \times q_e^2}{1 + k_2 \times t \times q_e}$	[27]
Elovich	$q_t = \frac{1}{a} \ln(1 + a \times b \times t)$	[28]
Intraparticle diffusion model	$q_t = k_p \sqrt{t} + C_1$	[28]

q_t is the arsenic amount adsorbed at time t ; k_1 , k_2 , and k_p are the rate constants of pseudo-first-order, pseudo-second-order, and intraparticle diffusion models; q_e are the theoretical values for the adsorption capacity; a is the desorption constant of the Elovich model; b is the initial velocity; and C_1 is the boundary layer thickness.

Thermodynamic studies were performed in the temperature range of 298–328 K. The Gibbs free energy value was calculated using the Gibbs–Helmholtz equation (Table 2). Using the van’t Hoff equation and from the equation describing the graphical evolution of $\ln K_d = f(1/T)$, the standard variation of entropy ΔS^0 and the standard variation of enthalpy ΔH^0 can be calculated. The equilibrium constant is the ratio between the equilibrium adsorption capacity q_e and the equilibrium concentration C_e . The activation energy E_a and the rate constant from the pseudo-second-order kinetic model k_2 were calculated using the Arrhenius equation.

Table 2. Equation used for thermodynamic study.

Equation Name	Equation	References
Gibbs–Helmholtz	$\Delta G^0 = \Delta H^0 - T \times \Delta S^0$	
Van’t Hoff	$\ln K_d = \frac{\Delta S^0}{R} - \frac{\Delta H^0}{RT}; K_d = \frac{q_e}{C_e}$	[29]
Arrhenius	$\ln k_2 = \ln A - \frac{E_a}{R \times T}$	

ΔG^0 is the free Gibbs energy standard variation, ΔH^0 is the enthalpy standard variation, ΔS^0 is the entropy standard variation, T is the absolute temperature, K_d is the equilibrium constant, being calculated as ratio between the equilibrium adsorption capacity (q_e) and the equilibrium concentration (C_e), k_2 is a speed constant, A is the Arrhenius constant, E_a is the activation energy, and R is the ideal gas constant.

In order to establish the adsorption mechanism, the experimental data were fitted with OriginPro software (version 9.0.0), using three adsorption isotherms: Langmuir, Freundlich, and Sips (Table 3).

Table 3. Adsorption isotherms used to describe the adsorption process.

Isotherm	Equation	References
Langmuir	$q_e = \frac{q_L K_L C_e}{1 + K_L C_e}$	[30]
Freundlich	$q_e = K_F C_e^{1/n_F}$	[31]
Sips	$q_e = \frac{q_S K_S C_e^{1/n_S}}{1 + K_S C_e^{1/n_S}}$	[32]

q_L and q_S are the maximum absorption capacities; K_L , K_F , and K_S are the Langmuir, Freundlich, and Sips isotherms constants; $1/n_F$ is an empirical constant indicating the intensity of adsorption, and n_S is the Sips isotherm exponent.

2.3. Fixed-Bed Column Adsorption Study

For the dynamic adsorption study of As(V) from aqueous solutions using the sludge obtained from the treatment of deep drinking water, a column with a diameter of 2 cm

and a length of 30 cm was employed. The height of the material layer in the column was $H_{layer} = 10$ cm. The total mass of material in the column was 10 g (5 g of UMIC and 5 g of sand).

To initiate the adsorption process, a solution containing 350 mg/L of As(V) was continuously introduced into the column using a peristaltic Heidolph SP quick pump (Heidolph Instruments GmbH & Co., Schwabach, Germany) at a flow rate of 10 mL/min. A volume of 3000 mL of water containing arsenic was passed through the column for 380 min. Sequential samples of 25 mL were collected, and the residual concentration of As(V) was analyzed using atomic absorption spectrophotometry.

Critical parameters for evaluating the effectiveness of the adsorbent material in a dynamic regime include the effluent flow rate within the column, the height of the fixed bed, and absorption time. These parameters play a significant role in characterizing the performance of the adsorption system [33,34].

Breakthrough curves are used to describe the dynamics of the adsorption process. These curves represent concentration plots that relate the initial concentration of As(V) to the duration of the process [35,36]. The shape and characteristics of these curves provide insight into the progression of the process, illustrating the saturation of the bed with the target substance.

To determine the adsorption mechanism in the dynamic regime and facilitate the design of the dynamic adsorption process, three models were utilized: the Adams–Bohart model, the Clark model, and the Thomas model (Table 4). The Adams–Bohart model focuses on describing the initial phase of the breakthrough curve, while the Clark model assumes a constant mass transfer zone and complete removal of adsorbate at the column's end. The Clark model successfully works for other cases, including systems that have a variable mass transfer area. The Thomas model is widely employed to evaluate the performance of adsorption columns and establish breakthrough curves. It is frequently utilized for determining the adsorption capacity of the adsorbent material.

Table 4. Kinetic models used to describe the fixed-bed column adsorption.

Kinetic Model	Equation	References
Bohart–Adams	$\ln\left(\frac{C_t}{C_0}\right) = k_{BA} \cdot C_0 \cdot t - k_{BA} \cdot N_0 \cdot \frac{Z}{F}$	[37]
Thomas	$\ln\left(\frac{C_0}{C_t} - 1\right) = \frac{k_{Th} \cdot q_{Th} \cdot m}{Q} - k_{Th} \cdot C_0 \cdot t$	[38]
Clark	$\ln\left(\left(\frac{C_t}{C_0 - C_t}\right)^{n-1}\right) = \ln A - r \cdot t$	[39]

C_0 is the influent concentration; C_t is the solution concentration at time t in the effluent; t is time; k_{BA} is the kinetic constant of the Bohart–Adams model; F is the linear velocity calculated by dividing the flow rate by the column section area; Z is the bed depth of column; N_0 is the saturation concentration; k_{Th} is the Thomas rate constant; q_{Th} is the equilibrium compound uptake per g of the material; m is the mass of sorbent material; Q is the flow rate; r is the Clark model constant; and A is the Clark model constant.

2.4. Statistical Analysis of Errors

To select the best model that fits the experimental data, a statistical analysis of errors is essential. This is because kinetic models and adsorption isotherms have different numbers of parameters, making it difficult to compare them using the same criteria. Furthermore, the determination coefficient (R^2) is not a sufficient indicator of model fit. The following statistical equations (Table 5) are commonly used in error analysis for kinetic models and adsorption isotherms: residual sum of squares (RSS) and Bayesian information criterion (BIC). Based on these statistical tests, the model with the lowest RSS and BIC values is the best fitting model.

Table 5. Statistical parameters used in error analysis for kinetic models and adsorption isotherms.

Parameter	Equation	Reference
Residual sum of squares	$RSS = \sum_i^n (q_{e,exp} - q_{e,calc})^2$	[28]
Bayesian information criterion	$BIC = n \times \ln\left(\frac{RSS}{n}\right) + p \times \ln(n)$	

$q_{e,exp}$ is the experimental adsorption capacity; $q_{e,calc}$ is the theoretical adsorption capacity determined by the model; n is the number of experimental data; and p is the number of parameters estimated in the fit model.

3. Results and Discussion

3.1. Adsorbent Characterization

Table 6 shows the chemical composition of the sludge resulting from the process of treating underground water for potable purposes. The studied sludge has a high iron content, recommended as a possible adsorbent material for the removal of arsenic from aqueous solutions.

Table 6. Sludge chemical composition.

Content (mg/kg d.m.)					
Fe	Mn	Mg	K	Ca	Na
431.75	22.77	3.20	0.30	36.07	1.05

To highlight the morphology and the elemental composition of the studied material, the SEM image and the EDX spectrum are presented in Figure 1. Figure 1a reveals the distinctive granular architecture of the material, while Figure 1b unveils discernible peaks that correspond to the chemical elements comprising the material's composition, namely iron (Fe), manganese (Mn), and calcium (Ca) in significant proportions. Furthermore, a minor presence of carbon (C) was observed, likely attributable to the carbon substrate utilized during the sample analysis. The Silicon (Si) present in smaller quantities is attributed to the natural fund (sand). The existence of oxygen (O) substantiates the occurrence of the cations primarily in oxide form.

FT-IR spectroscopy is a useful tool for identifying functional groups in a molecule because each specific chemical bond has a unique energy absorption band, and can obtain structural information about a complex such as iron or manganese oxy-hydroxides, as presented in Figure 2.

Within the spectral analysis, two discernible vibrational modes associated with the -OH group were observed at 3387 cm^{-1} and 1634 cm^{-1} . These vibrations can be attributed to the bending motion of absorbed water molecules and the surface hydroxyl groups. Furthermore, the emergence of distinct peaks at 478 cm^{-1} correlated with the stretching vibrations corresponding to the Fe-O bond, indicating the presence of iron oxide-hydroxide compounds [40,41].

The material pore size and the specific surface area were determined using the BET method, after the samples were degassed in a vacuum for 12 h at $100 \text{ }^\circ\text{C}$. In Figure 3, the N_2 adsorption-desorption isotherms obtained by 44 points are presented. In the inset, the pore size distribution obtained by the BJH method is shown. For determining the surface area, the BET method was used. Figure 3 illustrates a type IVa isotherm with an H3 hysteresis specific for plate-like particles. The textural parameters From N_2 obtained from the sorption isotherms are presented in Table 7 [42].

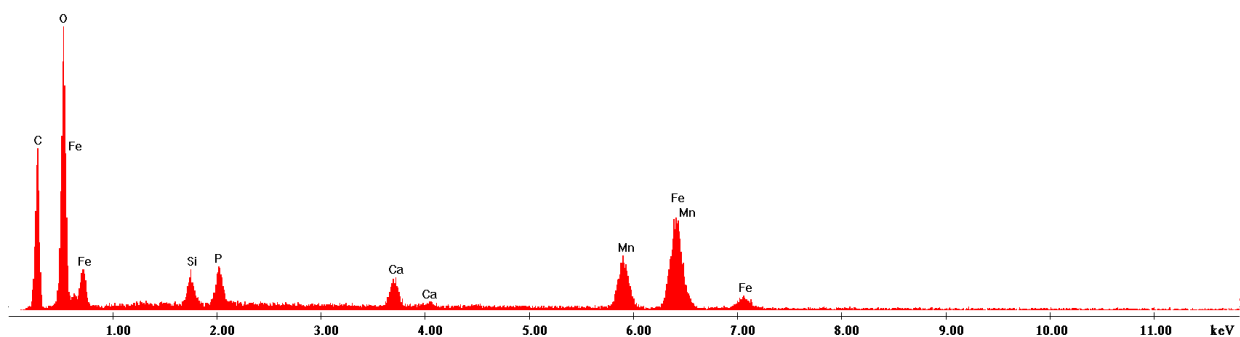
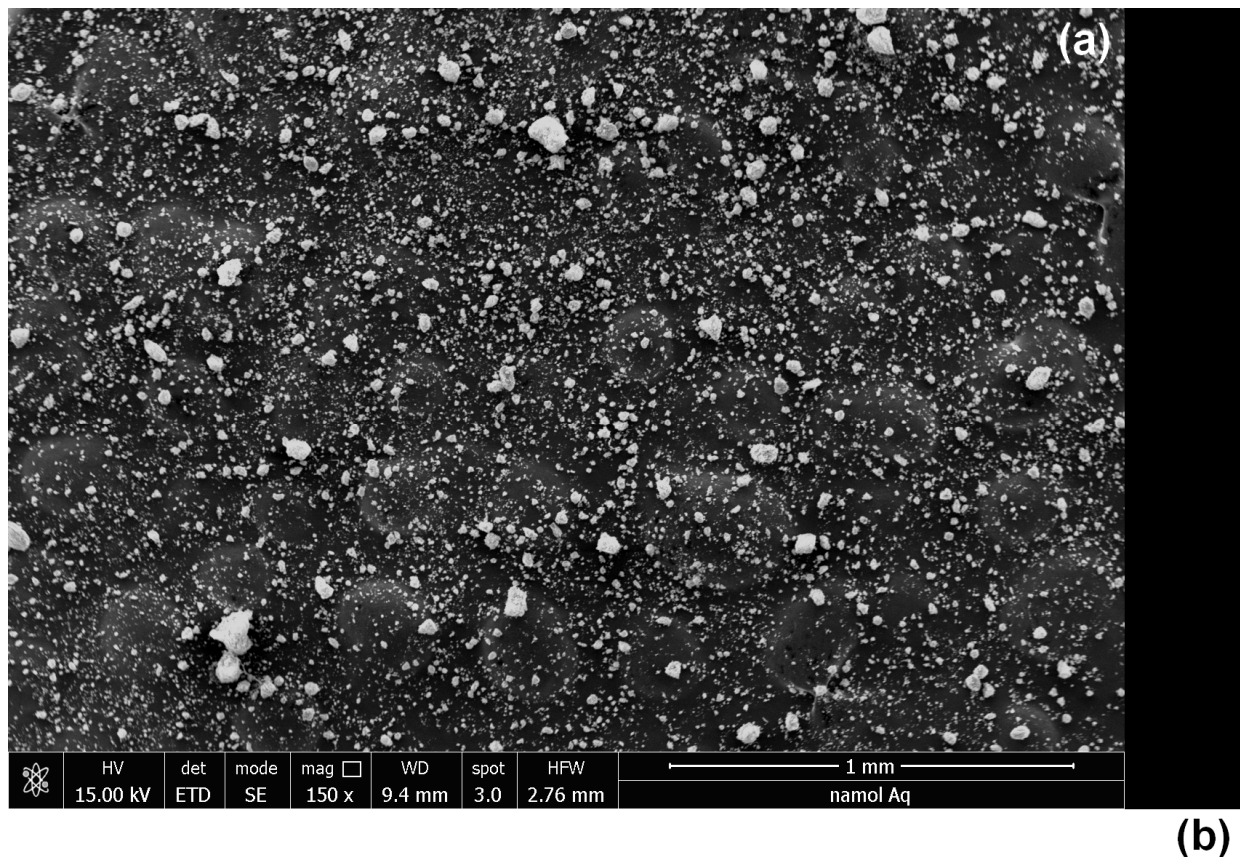


Figure 1. Scanning electron microscopy SEM (a) and energy-dispersive X-ray spectroscopy EDX (b) for adsorbent material (UMIC).

The pH_{PZC} represents the pH at which the surface exhibits a neutral electric charge density, suggesting the likelihood of adsorption through the ion exchange mechanism. The determination of the material's point of zero charge (pH_{PZC}) serves as a valuable instrument to ascertain its surface charge properties, and provides insights into the adsorbate species that are prone to adsorption on its surface. The pH_{PZC} determination for the studied adsorbent is presented in Figure 4. The pH_{PZC} value for using the sludge resulting from the treatment of groundwater is 7.65. At pH values lower than 7.65, the material's surface predominantly carries a positive charge, while at higher pH values, it tends to exhibit a negative charge. It is noteworthy that the pH_{PZC} value falls within the pH range typically encountered in natural water systems. The primary adsorbing species for As(V) are neutral in nature, namely $H_2AsO_4^-$ and $HAsO_4^{2-}$ [43].

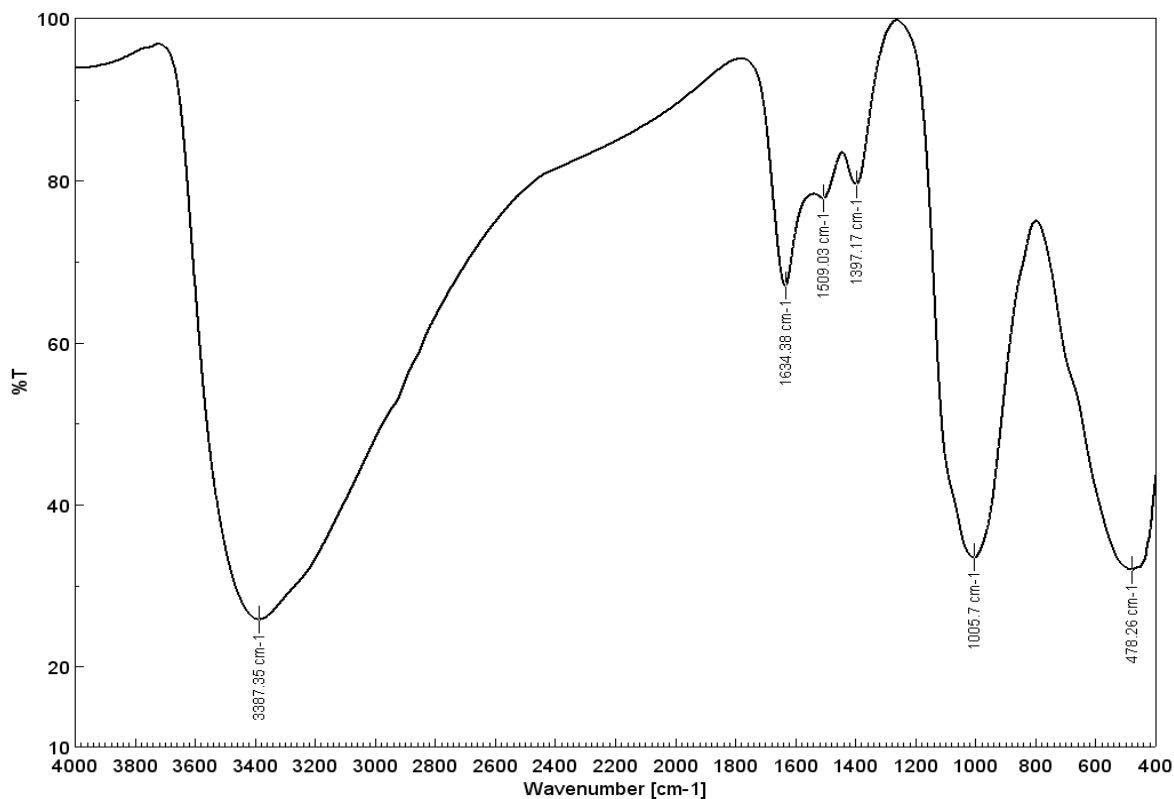


Figure 2. FT-IR spectrum recorded for the adsorbent material (UMIC).

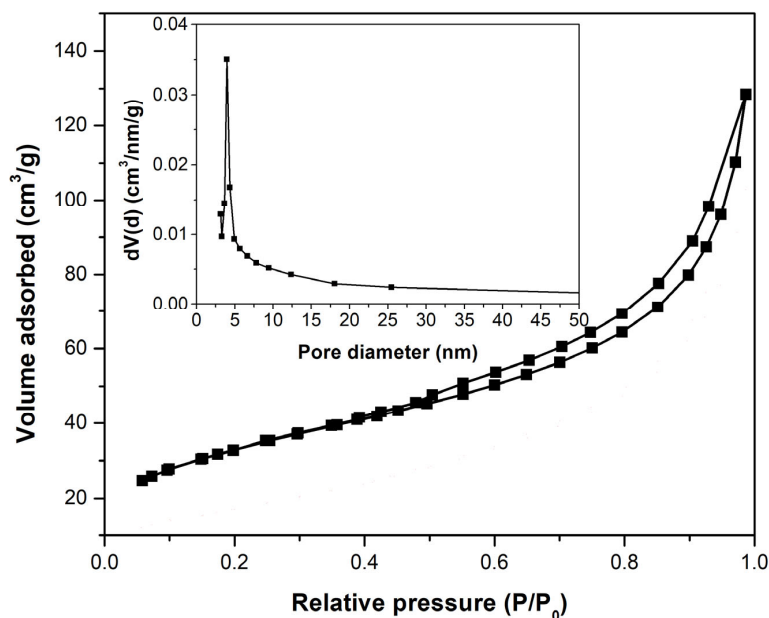


Figure 3. BET analysis of the adsorbent material (UMIC).

Table 7. Textural parameters of samples.

Sample	Surface Area, BET, (m ² /g)	BJH, Pore Size Distribution, Desorption, (nm)	Average Pore Size, (nm)	Total Pore Volume (cm ³ /g)
UMIC	117	3.974	6.814	1.99 × 10 ⁻¹ for pores smaller than 145.9 nm

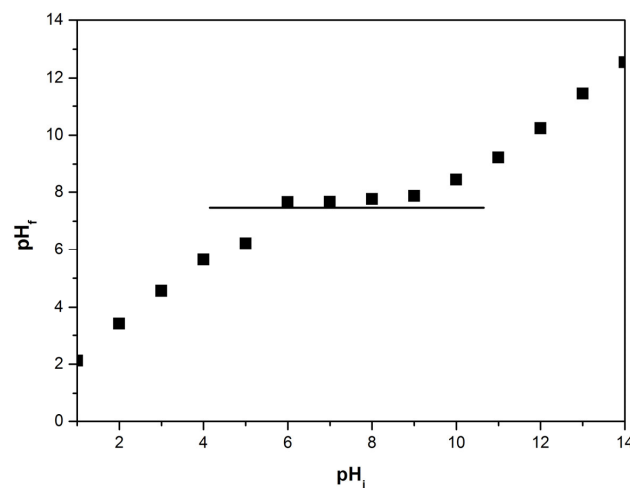


Figure 4. Determination of point of zero charge, pH_{PZC} , for adsorbent material (UMIC).

3.2. Batch Adsorption Study

3.2.1. pH Effect

The effectiveness of the adsorption process is highly dependent on the pH of the solution, as pH variations lead to changes in the degree of ionization of the adsorbed molecules and the properties of the adsorbent surface [44]. To identify the optimal conditions for the removal of As(V) from aqueous solutions, the adsorption capacity of the studied material was investigated in relation to the pH variation (Figure 5). The optimum pH for As(V) removal from solutions should be greater than 6. It can be found that the optimum pH for As(V) removal coincides with the pH_{PZC} of the material, and falls within the optimum pH range of drinking water.

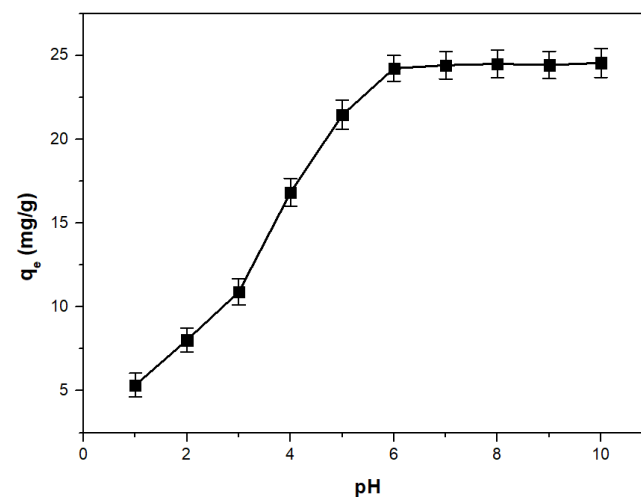


Figure 5. The pH effect on the adsorption capacity of the adsorbent material (UMIC) for arsenic adsorption.

3.2.2. Contact Time and Temperature Effect

The contact time and temperature affect the adsorption process influencing the adsorption capacity of the material. Figure 6 shows the effect of the contact time upon the adsorption capacity of the studied material at four distinct temperatures. The experimental data illustrate the influence of contact time and temperature on the adsorption capacity, yielding a positive effect. It was observed that the adsorption capacity increases with prolonged contact time, reaching a point where further increases in contact time do not lead to a significant change in the adsorption capacity. Consequently, after 90 min, the adsorption capacity stabilizes at approximately 21 mg/g.

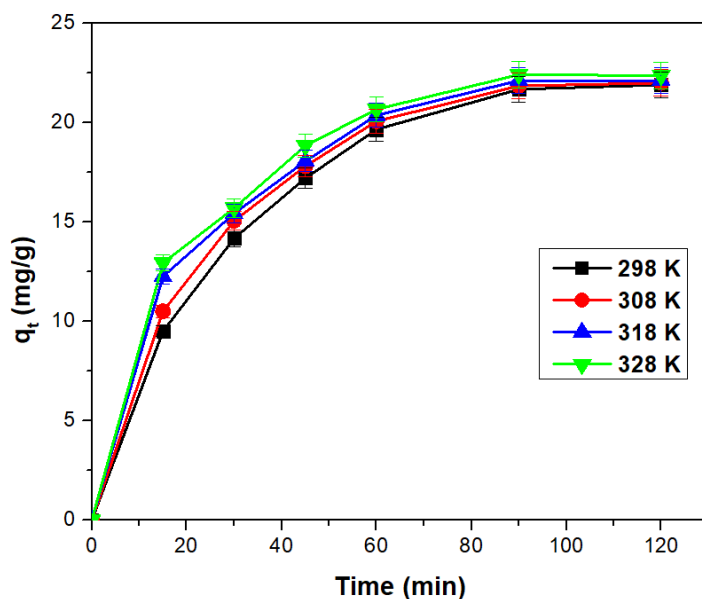


Figure 6. Contact time and temperature effect on the adsorption capacity of the adsorbent material (UMIC) for arsenic adsorption.

Regarding the temperature, an increase in temperature results in a slight increase in the adsorption capacity, but insignificantly, not justifying further studies at temperatures higher than 298 K. Moreover, considering the economic perspective, the benefits of increasing the temperature may not be justified.

3.2.3. As(V) Initial Concentration Effect

In order to establish the adsorption process equilibrium of the As(V) on the studied adsorbent, it is very important to know what the maximum concentration of the adsorbant is.

The results we obtained illustrate that as the initial concentration of As(V) ions rises, the material’s adsorption capacity increases until it reaches saturation, at which point the adsorption capacity stabilizes (Figure 7). Consequently, the material’s maximum adsorption capacity is approximately 70.1 mg of As(V) per gram when the initial As(V) concentration is around 350 mg/L.

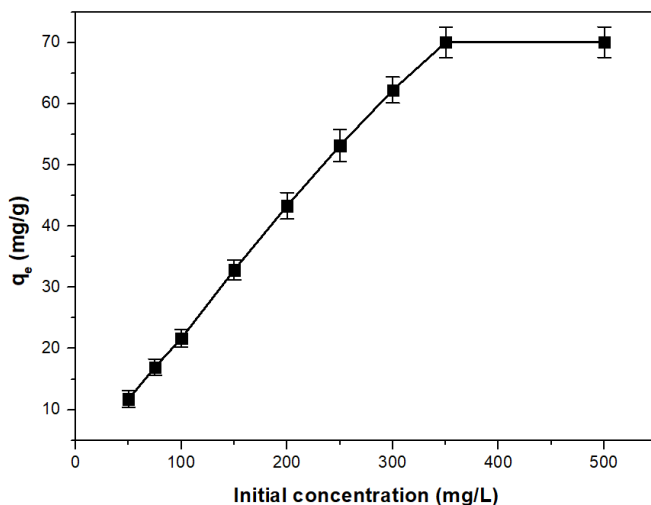


Figure 7. As(V) initial concentration effect on the adsorption capacity of the adsorbent material (UMIC) for arsenic adsorption.

3.2.4. Kinetic Study

The kinetics of the recovery process of As(V) by adsorption on the proposed material was studied using four kinetic models (Figure 8). The nonlinear forms of the two kinetic models were used to model the experimental data. The values of the rate constants and of the adsorption capacity calculated following the modeling are presented in Table 8. Furthermore, the values of the determination coefficient R^2 are presented in the same table. The experimental data indicate an excellent fit with the pseudo-second-order kinetic model, confirmed by the value of the determination coefficient R^2 that was between 0.9956 and 0.9970. In contrast, when modeling the data with the pseudo-first-order kinetic model, the determination coefficient deviated from 1. Additionally, the calculated $q_{e,calc}$ values based on the pseudo-second-order isotherm closely matched the experimental $q_{e,exp}$ values.

The temperature does have an influence on the parameters k_2 and $q_{e,calc}$, but this effect is not substantial. As a result, it is advisable to conduct the experiments at temperatures lower than 298 K to enhance the efficiency of the process.

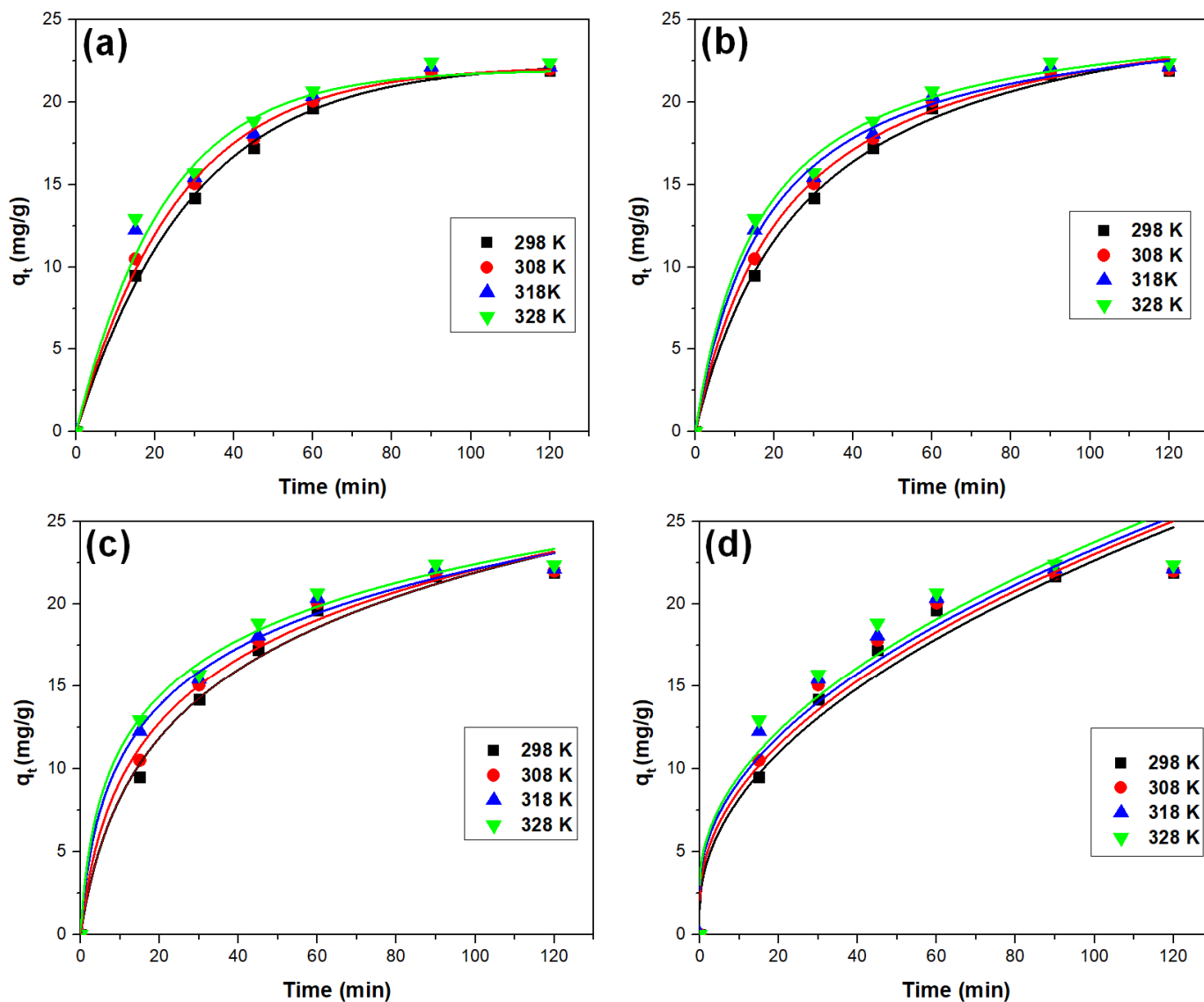


Figure 8. Kinetic studies: the fitted pseudo-order kinetic model (a), the pseudo-order kinetic model (b), the Elovich model (c), and intraparticle diffusion model (d).

Table 8. Kinetic parameters for the adsorption of As(V) onto adsorbent (UMIC).

Pseudo-First-Order						
Temperature (K)	$q_{e,exp}$ (mg/g)	k_1 (1/min)	$q_{e,calc}$ (mg/g)	R^2	RSS	BIC
298	21.66 ± 0.57	0.025 ± 0.002	14.95 ± 0.32	0.9594	1.19	−8.49
308	21.83 ± 0.62	0.025 ± 0.001	15.12 ± 0.41	0.9525	0.94	−10.28
318	22.10 ± 0.47	0.026 ± 0.002	16.06 ± 0.27	0.9356	4.24	0.39
328	22.40 ± 0.71	0.029 ± 0.003	17.71 ± 0.68	0.9282	4.92	1.43
Pseudo-Second-Order						
Temperature (K)	$q_{e,exp}$ (mg/g)	k_2 (g/mg·min)	$q_{e,calc}$ (mg/g)	R^2	RSS	BIC
298	21.66 ± 0.57	767.70	25.73 ± 0.54	0.9956	0.58	−13.49
308	21.83 ± 0.62	854.64	25.77 ± 0.51	0.9970	0.92	−10.34
318	22.10 ± 0.47	964.08	26.45 ± 0.46	0.9967	1.63	−6.29
328	22.40 ± 0.71	1057.39	27.32 ± 0.34	0.9968	1.95	−5.02
Elovich						
Temperature (K)	a (g/mg)	b (mg/g·min)	R^2	RSS	BIC	
298	0.16 ± 0.02	2.14 ± 0.51	0.9891	3.71	−0.54	
308	0.14 ± 0.01	1.59 ± 0.34	0.9881	3.38	−1.19	
318	0.18 ± 0.02	3.28 ± 0.80	0.9924	2.31	−3.84	
328	0.19 ± 0.02	4.01 ± 0.93	0.9917	2.58	−3.08	
Intraparticle Diffusion Model						
Temperature (K)	k_p (g/mg)	C_1 (mg/g·min)	R^2	RSS	BIC	
298	2.37 ± 0.20	0.49 ± 0.05	0.9556	25.53	12.95	
308	2.09 ± 0.17	1.98 ± 0.07	0.9417	21.81	11.84	
318	2.05 ± 0.24	2.74 ± 0.14	0.9263	27.04	13.36	
328	2.07 ± 0.31	3.03 ± 0.11	0.9150	31.94	14.51	

3.2.5. Thermodynamic Study

The primary thermodynamic parameters, which encompass enthalpy (ΔH^0), free energy (ΔG^0), and entropy (ΔS^0), were determined from the slope of the line established by the equation $\ln K_d = f(1/T)$, as illustrated in Figure 9a. The values for ΔG^0 , ΔH^0 , and ΔS^0 are presented in Table 9.

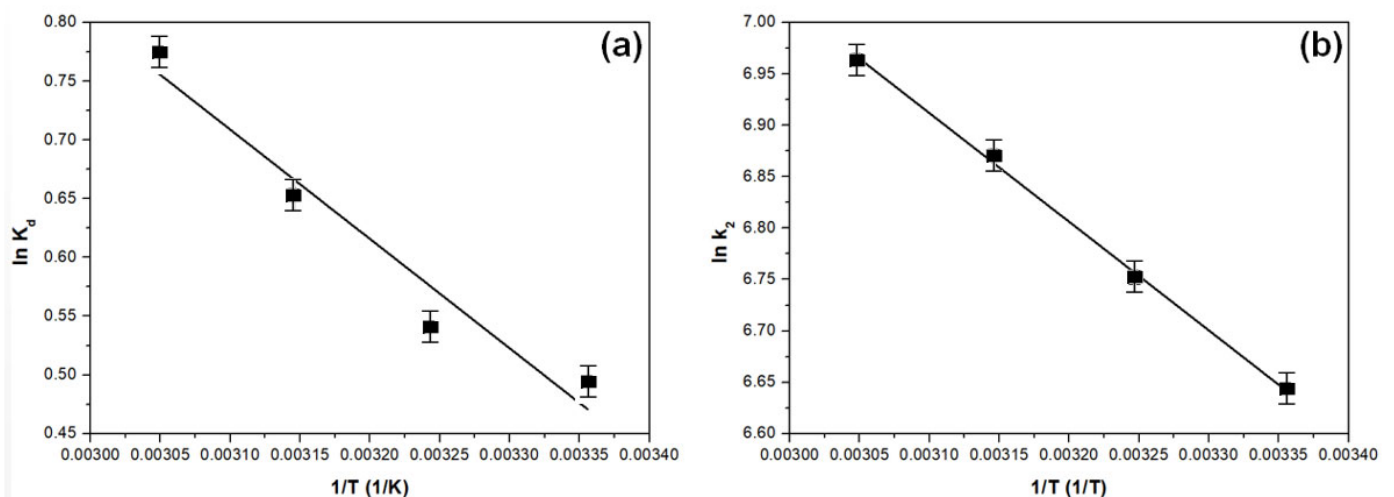


Figure 9. Thermodynamic studies: the fitted Van't Hoff (a) and Arrhenius (b) equations.

Table 9. Thermodynamic parameters for adsorption of As(V) onto adsorbent (UMIC).

ΔH^0 (J/mol)	ΔS^0 (J/mol·K)	ΔG^0 (kJ/mol)				R^2
		298 K	308 K	318 K	328 K	
7.73	29.87	−8.89	−9.19	−9.49	−9.79	0.9847

The activation energy (E_a) value offers information about the adsorption process’s characteristics. It represents the minimum energy required by the reactants to transform into the reaction products, and can be determined from the relationship $\ln k_2 = f(1/T)$.

Based on the experimental data shown in Figure 9b, the calculated activation energy is approximately 8.15 kJ/mol. Given that the activation energy for the recovery of As(V) through material adsorption is approximately 8 kJ/mol, it suggests that the adsorption process primarily exhibits physical characteristics [45].

3.2.6. Equilibrium Study

The As(V) adsorption process mechanism on the studied material was established using the Langmuir, Freundlich, and Sips models. The adsorption isotherms, obtained using the graphical representation of $q_e = f(C_e)$, are illustrated in Figure 10. The isotherms’ specific parameters are presented in Table 10. According to the results of modeling the experimental data, the Sips isotherm proved to be the most suitable model for accurately representing the experimental data, with an R^2 value of 0.9894, very close to the ideal value of 1. Furthermore, the maximum adsorption capacity calculated using the Sips isotherm, 76.8 mg/g, closely aligns with the experimentally obtained value of 70.1 mg/g (for an initial concentration of 350 mg As(V)/L).

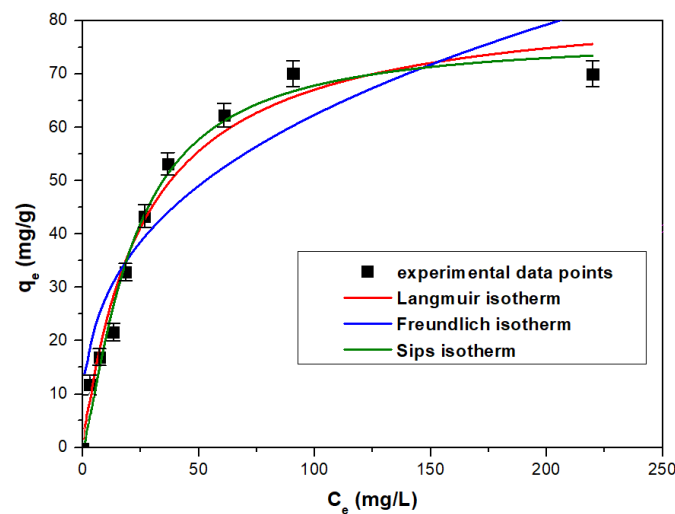


Figure 10. Equilibrium studies: the fitted equilibrium isotherms for modeling the experimental data.

Table 10. Parameters of isotherm model for adsorption of As(V) onto unconventional material.

Langmuir Isotherm					
$q_{m,exp}$ (mg/g)	K_L (L/mg)	q_L (mg/g)	R^2	RSS	BIC
70.1	0.04	84.64	0.9633	132.9	30.47
Freundlich Isotherm					
K_F (mg/g) (L/g) ^{1/n}	$1/n_F$		R^2	RSS	BIC
12.64	0.35		0.8258	632.4	46.04
Sips Isotherm					
K_S	q_S (mg/g)	$1/n_S$	R^2	RSS	BIC
0.38	76.8	0.11	0.9894	95.02	27.12

Table 11 provides an overview of various materials documented in the literature that have been employed for the removal of As(V).

Table 11. Comparison of the studied adsorbent with other materials found in the literature that have been employed for the removal of As(V) in static mode.

Materials	Adsorption Capacity (mg/g)	References
Magnetic graphene oxide, MGOH	74.20	[46]
Graphene macroscopic composites, PGA/P-Fe ₂ O ₃	76.72	[47]
Char carbon	34.46	[48]
Activated carbon	30.48	[48]
TiO ₂	41.00	[49]
Iron-containing material obtained by iron oxalate calcination, Fe ^{II} (COO) ₂ ·2H ₂ O	0.49	[17]
Iron-containing material obtained by ferriammoniacal alum calcination, Fe ^{III} (NH ₄)(SO ₄) ₂ ·12H ₂ O	0.53	[17]
Iron-containing material obtained by Mohr's salt calcination, Fe ^{II} (NH ₄) ₂ (SO ₄) ₂ ·6H ₂ O	0.51	[17]
Fe(III)-loaded Amberlite XAD7-impregnated resin containing di(2-ethylhexyl) phosphoric acid, XAD-7-DEHPA-Fe impregnated by the dry method	0.176	[50]
Fe(III)-loaded Amberlite XAD8-impregnated resin containing di(2-ethylhexyl) phosphoric acid, XAD-8-DEHPA-Fe	0.226	[51]
Fe(III)-loaded Amberlite IR 120 (Na)-impregnated resin containing di(2-ethylhexyl) phosphoric acid, IR-120 (Na)-DEHPA-Fe	0.22	[52]
Fe(III)-loaded Amberlite XAD7-impregnated resin containing di(2-ethylhexyl) phosphoric acid and tri-n-octylphosphine oxide, XAD-7-DEHPA-TOPO-Fe	0.355	[53]
Fe(III)-loaded Amberlite XAD7-impregnated resin containing di(2-ethylhexyl) phosphoric acid and triphenylphosphine oxide, XAD-7-DEHPA-TPPO-Fe	0.298	[53]
Iron oxide-coated cement	0.670	[22]
Laterite	0.51	[54]
Chitosan Alginate Fe–sludge Beds (CAFBS) strengthened with manganese sludge	21.90	[55]
Iron oxide amended with rice husk	82.00	[56]
Coconut coir pith anion exchanger	2.36	[57]
Waste residues containing Fe and Mn oxides	132.0	[58]
Synthetic akaganeite (β-FeO(OH))	110.0	[59]
Chitosan–graphene oxide/gadolinium composite	252.1	[60]
UMIC	70.1	This study

The material examined in this research, derived from the sludge generated during the treatment of drinking groundwater, proves to be an economical and environmentally sustainable option for effectively removing As(V) from aqueous solutions through static-mode adsorption.

3.3. Fixed-Bed Column Adsorption Study

3.3.1. Mass Transfer Zone

Batch operations are straight forward for laboratory investigations. Additionally, the data needed to design a pilot-scale fixed-bed system cannot be derived solely from adsorption isotherms obtained from batch-type experiments. Fixed-bed column adsorption offers several advantages, including ease of operation, high efficiency, and seamless scalability, from laboratory research to pilot or industrial setups [17,22].

In general, an effective arsenic adsorbent must meet the following specific criteria: (1) cost-effectiveness, (2) granular form, (3) high adsorption capacity and selectivity, (4) strong physical durability (resistance to disintegration in water), and (5) regenerability

or reusability [61]. In order to fulfill the first and third requirements among all the materials studied, the unconventional option with iron content, namely, sludge derived from the treatment of deep drinking water, demonstrates substantial adsorption capacity in the removal of arsenic from water. The utilization of sludge offers notable advantages, both economically and in terms of environmental protection, as it repurposes waste from another technological process.

As the adsorbent is in powder form, it was mixed with sand to prevent column clogging. Previous studies have determined that the optimal sludge-to-sand ratio is 1:1, resulting in the highest adsorption capacity [62]. The fine particles of the sludge permeate the gaps between the sand grains, creating an extensive contact surface that promotes efficient adsorption. If a larger quantity of sludge is used, the column becomes clogged prematurely. Conversely, with an increased amount of sand, the mixture contains insufficient sludge (the active phase responsible for arsenic removal), leading to a decrease in the adsorption capacity.

Predicting the effluent breakthrough curve is an essential step in effectively designing a column adsorption process. The effect of the height of the adsorbent layer and the flow rate on the breakthrough curve for As(V) adsorption on the sludge:sand adsorbent mixture were investigated.

The empty bed contact time (EBCT) serves as a critical parameter that dictates the residence time during which the solution being treated comes into contact with the adsorbent. The EBCT can significantly influence adsorption, especially when the adsorption process depends on the duration of contact between the adsorbent and the adsorbate [63]. For our column, the EBCT fell within the range of 27 to 380 min when the sludge:sand ratio was 1:1.

The time required for penetration decreases as the amount of sludge increases. This, in turn, results in uneven distribution of the liquid within the column, which leads to a poor diffusion of the solution among the adsorbent particles.

In conclusion, the most effective performance of the sludge:sand mixture in the dynamic removal of As(V) from water is achieved when using a sludge:sand ratio of 1:1 and a flow rate of 10 mL/min.

3.3.2. Adsorption Models for Column Study

In an adsorption column, phenomena such as axial dispersion, the external resistance of the film, and resistance to intraparticle diffusion may occur. To determine the adsorption mechanism of, and to effectively design the adsorption process in a dynamic environment, it is necessary to understand how the effluent’s residual concentration changes over time [64,65]. For this purpose, three models were used: the Bohart–Adams, the Thomas, and the Clark models.

The tested models’ plots for the adsorption of As(V) and their specific parameters are illustrated in Table 12 and Figure 11. Analyzing the data, it can be found that the Clark model best characterizes the adsorption process. The model assumes that the shape of the mass transfer zone is constant, and that all of the adsorbents are removed at the end of the column [66]. The Clark model best described other adsorption processes of some metal ions in the column, such as Pd²⁺ on modified MgSiO₃ [65] or Ag⁺ and Cu²⁺ on vermiculite [66].

Table 12. The tested models for the adsorption of As(V) and their specific parameters.

Column Adsorption Parameters Specifications					
Bohart–Adams model	k_{BA} (L/mg·min)	N_0 (mg/L)	R^2	RSS	BIC
	9.88×10^{-5}	1477	0.9895	0.36	−234
Thomas model	k_{Th} (L/mg·min)	q_{Th} (mg/g)	R^2	RSS	BIC
	1.04×10^{-4}	45,224	0.9770	0.55	−203
Clark model	r (1/min)	A	R^2	RSS	BIC
	0.086	2.71	0.9910	0.20	−276

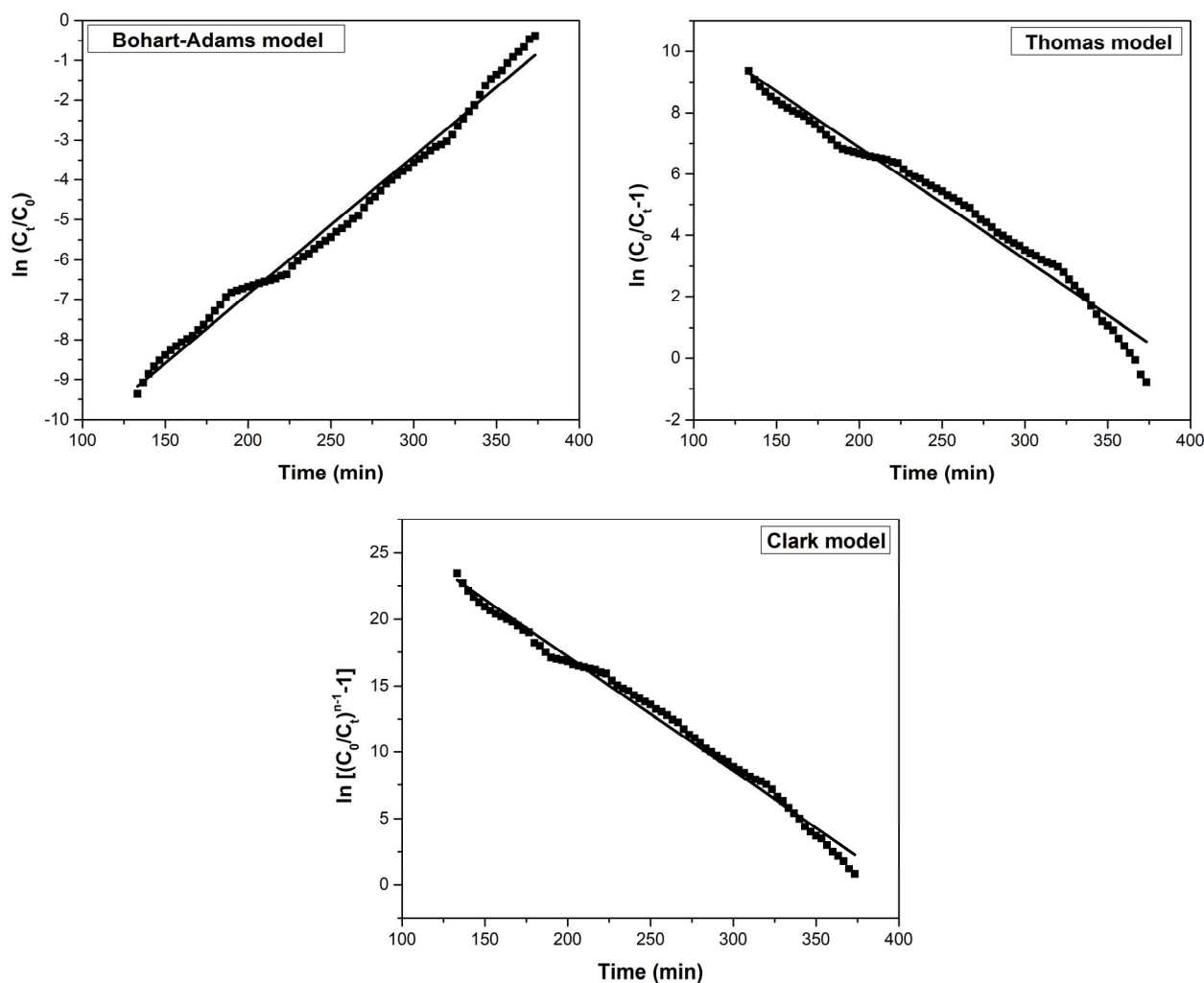


Figure 11. The tested column models' plots for the adsorption of As(V).

4. Conclusions

Recognizing that water is an indispensable element for life and natural processes, our survival and economic activities rely entirely on this invaluable resource. Furthermore, water is a finite global resource, and despite extensive efforts and financial investments aimed at finding solutions, millions of people worldwide continue to consume arsenic-contaminated water daily. In response to the challenges posed by arsenic and the resulting interest from the scientific community, governmental bodies in affected regions, water industry corporations, as well as non-governmental organizations and agencies such as the World Health Organization and UNICEF, this study adopts an innovative approach. It explores the use of an unconventional material, specifically sludge generated from groundwater treatment for potable purposes, which proves to be a cost-effective and environmentally friendly option for efficiently removing arsenic from water. This study introduces a low-cost iron-rich waste material as a promising adsorbent for arsenic removal. The material is granular, has a high surface area ($117 \text{ m}^2/\text{g}$), is iron-rich ($431.75 \text{ mg}/\text{kg dm}$), and has a pH_{PZC} of 7.65, which are optimal for arsenic adsorption. The material reaches its maximum adsorption capacity of $70.1 \text{ mg}/\text{g}$ for an initial arsenic (V) concentration of $350 \text{ mg}/\text{L}$, with a maximum removal rate of 80.4% after 90 min at room temperature. The optimal pH for adsorption is $\text{pH} > 6$, and it is advisable to conduct studies within the pH range typical for drinking water. The pseudo-second-order kinetic model best fits the experimental data, as evidenced by its high R^2 value and low BIC . The static adsorption process is spontaneous, endothermic, and primarily physical, as evidenced by the activation

energy of ~8 kJ/mol. The Sips model best described the equilibrium data, with a maximum adsorption capacity of 70.1 mg/g As(V). The dynamic removal of arsenic(V) using a fixed-bed column containing varying mass ratios of our unconventional material/sludge and sand was studied. The most effective performance was achieved with a UMIC:sand ratio of 1:1 and a flow rate of 10 mL/min, which removed ~99.99% of arsenic(V) from 3000 mL of water in 380 min. To determine the adsorption mechanism and design the adsorption process in a dynamic environment, the authors used three models: the Adams–Bohart, Thomas, and Clark models. The Clark model best described the dynamic adsorption process. The proposed waste-derived adsorbent material is a promising alternative for arsenic removal from water, outperforming other similar low-cost iron-based materials.

Author Contributions: Conceptualization, M.C., G.M. (Georgiana Mladin), A.N. and P.N.; methodology, M.C. and A.N.; software, G.M. (Giannin Mosoarca) and C.V.; validation, M.C., A.N., P.N. and N.D.; formal analysis, M.C., N.D., G.M. (Giannin Mosoarca) and C.V.; investigation, M.C., G.M.(Georgiana Mladin), A.N., P.N. and C.I.; resources, A.N. and P.N.; data curation, M.C., G.M.(Giannin Mosoarca) and C.V.; writing—original draft preparation, M.C. and A.N.; writing—review and editing, M.C., G.M.(Giannin Mosoarca) and C.V.; visualization, A.N., N.D. and P.N.; supervision, M.C. and A.N.; project administration, M.C. and A.N.; funding acquisition, A.N. and P.N. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: All of the experimental data obtained are presented in the forms of tables and/or figures in the article.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Mansoorianfar, M.; Nabipour, H.; Pahlevani, F.; Zhao, Y.; Hussain, Z.; Hojjati-Najafabadi, A.; Hoang, H.Y.; Pei, R. Recent progress on adsorption of cadmium ions from water systems using metal-organic frameworks (MOFs) as an efficient class of porous materials. *Environ. Res.* **2022**, *214*, 114113. [[CrossRef](#)] [[PubMed](#)]
2. Hojjati-Najafabadi, A.; Mansoorianfar, M.; Liang, T.; Shahin, K.; Wen, Y.; Bahrami, A.; Karaman, C.; Zare, N.; Karimi-Maleh, H.; Vasseghian, Y. Magnetic-MXene-based nanocomposites for water and wastewater treatment: A review. *J. Water Process. Eng.* **2022**, *47*, 102696. [[CrossRef](#)]
3. Alka, S.; Shahir, S.; Ibrahim, N.; Ndejiko, M.J.; Vo, D.V.N.; Abd Manan, F. Arsenic removal technologies and future trends: A mini review. *J. Clean. Prod.* **2021**, *278*, 123805. [[CrossRef](#)]
4. Uddin, M.J.; Jeong, Y.K. Review: Efficiently performing periodic elements with modern adsorption technologies for arsenic removal. *Environ. Sci. Pollut. Res.* **2020**, *27*, 39888–39912. [[CrossRef](#)] [[PubMed](#)]
5. Weerasundara, L.; Ok, Y.S.; Bundschuh, J. Selective removal of arsenic in water: A critical review. *Environ. Pollut.* **2021**, *268*, 115668. [[CrossRef](#)]
6. Barringer, J.L.; Reilly, P.A. *Arsenic in Groundwater: A Summary of Sources and the Biogeochemical and Hydrogeologic Factors Affecting Arsenic Occurrence and Mobility*; INTECH Open: Rijeka, Croatia, 2013; pp. 83–116.
7. Podgorski, J.; Berg, M. Global threat of arsenic in groundwater. *Science* **2020**, *368*, 845–850. [[CrossRef](#)] [[PubMed](#)]
8. Joseph, T.; Dubey, B.; McBean, E.A. A critical review of arsenic exposures for Bangladeshi adults. *Sci. Total Environ.* **2015**, *527–528*, 540–551. [[CrossRef](#)] [[PubMed](#)]
9. Li, Z.; Yang, Q.; Yang, Y.; Xie, C.; Ma, H. Hydrogeochemical controls on arsenic contamination potential and health threat in an intensive agricultural area, northern China. *Environ. Pollut.* **2020**, *256*, 113455. [[CrossRef](#)]
10. Mazumder, D.G. Chronic arsenic toxicity & human health. *Indian J. Med. Res.* **2008**, *128*, 436–447.
11. Ratnaik, R.N. Acute and chronic arsenic toxicity. *Post Grad. Med. J.* **2003**, *79*, 391–396. [[CrossRef](#)]
12. Mohan, D.; Pittman, C.U., Jr. Arsenic removal from water/wastewater using adsorbents—A critical review. *J. Hazard. Mater.* **2007**, *142*, 1–53. [[CrossRef](#)]
13. Molinari, R.; Argurio, P. Arsenic removal from water by coupling photocatalysis and complexation-ultrafiltration processes: A preliminary study. *Water Res.* **2017**, *109*, 327–336. [[CrossRef](#)]
14. Kobya, M.; Soltani, R.D.C.; Omwene, P.I.; Khataee, A. A review on decontamination of arsenic-contained water by electrocoagulation: Reactor configurations and operating cost along with removal mechanisms. *Environ. Technol. Innov.* **2020**, *17*, 100519. [[CrossRef](#)]

15. Bora, A.J.; Gogoi, S.; Baruah, G.; Dutta, R.K. Utilization of co-existing iron in arsenic removal from groundwater by oxidation-coagulation at optimized pH. *J. Environ. Chem. Eng.* **2016**, *4*, 2683–2691. [[CrossRef](#)]
16. Al-Jubouri, S.M.; Holmes, S.M. Immobilization of cobalt ions using hierarchically porous 4A zeolite-based carbon composites: Ion-exchange and solidification. *J. Water Process Eng.* **2020**, *33*, 101059. [[CrossRef](#)]
17. Lupa, L.; Ciopec, M.; Negrea, A.; Lazau, R. Closed Cycle Process Investigations for Arsenic Removal from waters using adsorption on iron-containing materials followed by waste immobilization. In *Arsenic: Sources, Environmental Impact and Human Health—A Material Geology Perspective*; Masotti, A., Ed.; Nova Science Publishers: New York, NY, USA, 2013; pp. 325–354.
18. Manoj, S.R.; Karthik, C.; Kadirvelu, K.; Arulselvi, P.I.; Shanmugasundaram, T.; Bruno, B.; Rajkumar, M. Understanding the molecular mechanisms for the enhanced phytoremediation of heavy metals through plant growth promoting rhizobacteria: A review. *J. Environ. Manag.* **2020**, *254*, 109779. [[CrossRef](#)] [[PubMed](#)]
19. Anastopoulos, I.; Pashalidis, I.; Hosseini-Bandegharai, A.; Giannakoudakis, D.A.; Robalds, A.; Usman, M.; Escudero, L.B.; Zhou, Y.; Colmenares, J.C.; Núñez-Delgado, A.; et al. Agricultural biomass/waste as adsorbents for toxic, metal decontamination of aqueous solutions. *J. Mol. Liq.* **2019**, *295*, 111684. [[CrossRef](#)]
20. Mohan, D.; Dey, S.; Dwivedi, S.B.; Shukla, S.P. Adsorption of arsenic using low cost adsorbents: Guava leaf biomass, mango bark and bagasse. *Curr. Sci.* **2019**, *117*, 24315–24322. [[CrossRef](#)]
21. Wasiuddin, N.M.; Tango, M.; Islam, M.R. A novel method for arsenic removal at low concentrations. *Energy Sources* **2002**, *24*, 1031–1041. [[CrossRef](#)]
22. Kundu, S.; Gupta, A.K. Adsorptive removal of As(III) from aqueous solution using iron oxide coated cement (IOCC): Evaluation of kinetic, equilibrium and thermodynamic models. *Sep. Purif. Technol.* **2006**, *51*, 165–172. [[CrossRef](#)]
23. Thirunavukkarasu, O.S.; Viraraghavan, T.; Subramanian, K.S. Arsenic removal from drinking water using iron oxide-coated sand. *Water Air Soil Pollut.* **2003**, *142*, 95–111. [[CrossRef](#)]
24. Borah, D.; Satokawa, S.; Kato, S.; Kojima, T. Surface-modified carbon black for As(V) removal. *J. Colloid. Interface Sci.* **2008**, *319*, 53–62. [[CrossRef](#)]
25. Borah, D.; Satokawa, S.; Kato, S.; Kojima, T. Sorption of As(V) from aqueous solution using acid modified carbon black. *J. Hazard. Mater.* **2009**, *162*, 1269–1277. [[CrossRef](#)] [[PubMed](#)]
26. Ho, Y.S. Citation review of Lagergren kinetic rate equation on adsorption reactions. *Scientometrics* **2004**, *59*, 171–177.
27. Ho, Y.S. Review of second-order models for adsorption systems. *J. Hazard. Mater.* **2006**, *136*, 681–689. [[CrossRef](#)]
28. Mayta-Armas, A.F.; Canchanya-Huaman, Y.; Pomalaya-Velasco, J.; Bendezú-Roca, Y.; Checca-Huaman, N.R.; Ramos-Guivar, J.A. Enhanced Removal of As(V) and Pb(II) from Drinking and Irrigating Water Effluents Using Hydrothermally Synthesized Zeolite 5A. *Water* **2023**, *15*, 1892. [[CrossRef](#)]
29. Atkins, P.W. *Physical Chemistry*; Oxford University Press: Oxford, UK, 1978.
30. Langmuir, I. The adsorption of gases on plane surfaces of glass, mica and platinum. *J. Am. Chem. Soc.* **1918**, *40*, 1361–1403. [[CrossRef](#)]
31. Freundlich, H.M.F. Over the adsorption in solution. *J. Phys. Chem.* **1906**, *57*, 385–470.
32. Sips, R. On the Structure of a Catalyst Surface. *J. Chem. Phys.* **1948**, *16*, 490–495. [[CrossRef](#)]
33. Yang, Q.; Zhong, Y.; Li, X.; Li, X.; Luo, K.; Wua, X.; Chen, H.; Liu, Y.; Zeng, G. Adsorption-coupled reduction of bromate by Fe(II)–Al(III) layered double hydroxide in fixed-bed column: Experimental and breakthrough curves analysis. *J. Ind. Eng. Chem.* **2015**, *28*, 54–59. [[CrossRef](#)]
34. Patel, H. Fixed-bed column adsorption study: A comprehensive review. *Appl. Water Sci.* **2019**, *9*, 45. [[CrossRef](#)]
35. Xavier, A.L.P.; Adarme, O.F.H.; Furtado, L.M.; Ferreira, G.M.D.; Mendes da Silva, L.H.; Gil, L.F.; Gurgel, L.V.A. Modeling adsorption of copper(II), cobalt(II) and nickel(II) metal ions from aqueous solution onto a new carboxylated sugarcane bagasse. Part II: Optimization of monocomponent fixed-bed column adsorption. *J. Colloid Interface Sci.* **2018**, *516*, 431–445. [[CrossRef](#)]
36. Ruiz, M.; Roset, L.; Demey, H.; Castro, S.; Sastre, A.M.; Perez, J.J. Equilibrium and dynamic studies for adsorption of boron on calcium alginate gel beads using principal component analysis (PCA) and partial least squares (PLS). *Mater. Sci. Eng. Technol.* **2013**, *44*, 410–415. [[CrossRef](#)]
37. Bohart, G.S.; Adams, E.Q. Some aspects of the behavior of charcoal with respect to chlorine. *J. Am. Chem. Soc.* **1920**, *42*, 523–544. [[CrossRef](#)]
38. Thomas, H.C. Heterogeneous ion exchange in a flowing system. *J. Am. Chem. Soc.* **1944**, *66*, 1664–1666. [[CrossRef](#)]
39. Clark, R.M. Modeling TOC removal by GAC: The general logistic function. *J. Am. Water Works Assoc.* **1987**, *79*, 33–131. [[CrossRef](#)]
40. Raul, P.K.; Devi, R.R.; Umlong, I.M.; Banerjee, S.; Singh, L.; Purkait, M. Removal of Fluoride from Water Using Iron Oxide-Hydroxide Nanoparticles. *J. Nanosci. Nanotechnol.* **2012**, *12*, 3922–3930. [[CrossRef](#)] [[PubMed](#)]
41. Hwang, S.W.; Umar, A.; Dar, G.N.; Kim, S.H.; Badran, R.I. Synthesis and Characterization of Iron Oxide Nanoparticles for Phenyl Hydrazine Sensor Applications. *Sens. Lett.* **2014**, *12*, 97–101. [[CrossRef](#)]
42. Thommes, M.; Kaneko, K.; Neimark, A.V.; Olivier, J.P.; Rodriguez-Reinoso, F.; Rouquerol, J.; Sing, K.S.W. Physisorption of gases, with special reference to the evaluation of surface area and pore size distribution (IUPAC Technical Report). *Pure Appl. Chem.* **2015**, *87*, 1052–1069. [[CrossRef](#)]
43. Poblete, J.S. Cationic Polyelectrolytes. Synthesis, Characterization and Application in Analysis and Removal of Arsenic. Ph.D. Thesis, Université de Grenoble, Grenoble, France, 1 June 2010.

44. Nandi, B.; Goswami, A.; Purkait, M. Removing of cationic dyes from aqueous solutions by kaolin: Kinetic and equilibrium studies. *Appl. Clay Sci.* **2009**, *42*, 583–590. [[CrossRef](#)]
45. Mihailescu, M.; Negrea, A.; Ciopec, M.; Davidescu, C.M.; Negrea, P.; Duteanu, N.; Rusu, G. Gold (III) adsorption from dilute waste solutions onto Amberlite XAD7 resin modified with L-glutamic acid. *Sci. Rep.* **2019**, *9*, 8757. [[CrossRef](#)] [[PubMed](#)]
46. Liang, J.; He, B.; Li, P.; Yu, J.; Zhao, X.; Wu, H.; Li, J.; Sun, Y.; Fan, Q. Facile construction of 3D magnetic graphene oxide hydrogel via incorporating assembly and chemical bubble and its application in arsenic remediation. *J. Chem. Eng.* **2019**, *358*, 552–563. [[CrossRef](#)]
47. Guo, L.; Ye, P.; Wang, J.; Fu, F.; Wu, Z. Three-dimensional Fe₃O₄-graphene macroscopic composites for arsenic and arsenate removal. *J. Hazard. Mater.* **2015**, *298*, 28–35. [[CrossRef](#)]
48. Pattanayak, J.; Mondal, K.; Mathew, S.; Lalvani, S.B. A parametric evaluation of the removal of As(V) and As(III) by carbon based adsorbents. *Carbon* **2000**, *38*, 589–596. [[CrossRef](#)]
49. Bang, S.; Patel, M.; Lippincott, L.; Meng, X. Removal of arsenic from groundwater by granular titanium dioxide adsorbent. *Chemosphere* **2005**, *60*, 389–397. [[CrossRef](#)] [[PubMed](#)]
50. Negrea, A.; Ciopec, M.; Lupa, L.; Davidescu, C.M.; Popa, A.; Ilia, G.; Negrea, P. Removal of As(V) by Fe(III) loaded XAD7 impregnated resin containing di(2-ethylhexyl) phosphoric acid DEHPA): Equilibrium, Kinetic, and Thermodynamic modeling studies. *J. Chem. Eng. Data* **2011**, *565*, 3830–3838. [[CrossRef](#)]
51. Ciopec, M.; Negrea, A.; Lupa, L.; Davidescu, C.M.; Negrea, P. Studies regarding As(V) adsorption from underground water by Fe-XAD8-DEHPA impregnated resin. Equilibrium sorption and fixed-bed column tests. *Molecules* **2014**, *19*, 16082–16101. [[CrossRef](#)]
52. Ciopec, M.; Negrea, A.; Lupa, L.; Davidescu, C.M.; Negrea, P.; Sfarloaga, P. Performance evaluation of the Fe-IR-120 (Na)-DEHPA impregnated resin in the removal process of As(V) from aqueous solution. *J. Mater. Sci. Eng.* **2011**, *1*, 421–432.
53. Ciopec, M.; Negrea, A.; Negrea, P.; Lupa, L. Arsenic removal from underground water through adsorption onto XAD-7 impregnated resin with mixed extractants. *Glob. J. Adv. Pure Appl. Sci.* **2013**, *1*, 203–217.
54. Nguyen, T.H.; Tran, H.N.; Vu, H.A.; Trinh, M.V.; Nguyen, T.V.; Loganathan, P.; Vigneswaran, S.; Nguyen, T.M.; Trinh, V.T.; Vu, D.L.; et al. Laterite as a low-cost adsorbent in a sustainable decentralized filtration system to remove arsenic from groundwater in Vietnam. *Sci. Total Environ.* **2020**, *699*, 134267. [[CrossRef](#)]
55. Zeng, H.; Wang, F.; Xu, K.; Zhang, J.; Li, D. Optimization and regeneration of chitosan-alginate hybrid adsorbent embedding iron-manganese sludge for arsenic removal. *Colloids Surf. A* **2020**, *607*, 125500. [[CrossRef](#)]
56. Pillai, P.; Kakadiya, N.; Timaniya, Z.; Dharaskar, S.; Sillanpaa, M. Removal of arsenic using iron oxide amended with rice husk nanoparticles from aqueous solution. *Mater. Today Proc.* **2020**, *28*, 830–835. [[CrossRef](#)]
57. Anirudhan, T.S.; Unnithan, M.R. Arsenic(V) removal from aqueous solutions using an anion exchanger derived from coconut coir pith and its recovery. *Chemosphere* **2007**, *66*, 60–66. [[CrossRef](#)]
58. Ociński, D.; Jacukowicz-Sobala, I.; Mazur, P.; Raczyk, J.; Kociólek-Balawejder, E. Water treatment residuals containing iron and manganese oxides for arsenic removal from water—Characterization of physicochemical properties and adsorption studies. *Chem. Eng. J.* **2016**, *294*, 210–221. [[CrossRef](#)]
59. Deliyanni, E.A.; Bakoyannakis, D.N.; Zouboulis, A.I.; Matis, K.A. Sorption of As(V) ions by akaganéite-type nanocrystals. *Chemosphere* **2003**, *50*, 155–163. [[CrossRef](#)]
60. Choi, J.S.; Lingamdinne, L.P.; Yang, J.K.; Chang, Y.Y.; Koduru, J.R. Fabrication of chitosan/graphene oxide-gadolinium nanorods as a novel nanocomposite for arsenic removal from aqueous solutions. *J. Mol. Liq.* **2020**, *320*, 114410. [[CrossRef](#)]
61. Zeng, L. A method for preparing silica-containing iron (III) oxide adsorbents for arsenic removal. *Water Res.* **2003**, *37*, 4351–4358. [[CrossRef](#)]
62. Negrea, A.; Muntean, C.; Lupa, L.; Lazau, R.; Ciopec, M.; Negrea, P. Arsenite adsorption on some materials containing iron. Effect of anionic species. *Chem. Bull. “Politehnica” Univ. Timis.* **2010**, *55*, 46–49.
63. Guo, H.; Stuben, D.; Berner, Z.; Kramar, U. Adsorption of arsenic species from water using activated siderite-hematite column filters. *J. Hazard. Mater.* **2008**, *151*, 628–635. [[CrossRef](#)]
64. Negrea, A.; Mihailescu, M.; Mosoarca, G.; Ciopec, M.; Duteanu, N.; Negrea, P.; Minzatu, V. Estimation on Fixed-Bed Column Parameters of Breakthrough Behaviors for Gold Recovery by Adsorption onto Modified/Functionalized Amberlite XAD7. *Int. J. Environ. Res. Public Health* **2020**, *17*, 6868. [[CrossRef](#)]
65. Vancea, C.; Mihailescu, M.; Negrea, A.; Mosoarca, G.; Ciopec, M.; Duteanu, N.; Negrea, P.; Minzatu, V. Batch and Fixed-Bed Column Studies on Palladium Recovery from Acidic Solution by Modified MgSiO₃. *Int. J. Environ. Res. Public Health* **2020**, *17*, 9500. [[CrossRef](#)] [[PubMed](#)]
66. Długosz, O.; Banach, M. Sorption of Ag⁺ and Cu²⁺ by Vermiculite in a Fixed-Bed Column: Design, Process Optimization and Dynamics Investigations. *Appl. Sci.* **2018**, *8*, 2221. [[CrossRef](#)]

Disclaimer/Publisher’s Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.