



Systematic Review Recent Antifungal Pipeline Developments against Candida auris: A Systematic Review

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Abstract: The alarming spread and impact of multidrug-resistant Candida auris infections alongside the limited therapeutic options have prompted the development of new antifungals. These promising agents are currently in different stages of development, offering novel dosing regimens and mechanisms of action. A systematic search in MEDLINE, EMBASE, Web of Science, and Scopus up to 27 June 2022 was conducted to find relevant articles reporting data of in vitro activity and in vivo efficacy of investigational antifungals against C. auris. These included new additions to existing antifungal classes (rezafungin and opelconazole), first-in-class drugs such as ibrexafungerp, manogepix/fosmanogepix, olorofim and tetrazoles (quilseconazole, oteseconazole and VT-1598), as well as other innovative agents like ATI-2307, MGCD290 and VL-2397. From 592 articles retrieved in the primary search, 27 met the eligibility criteria. The most studied agent was manogepix/fosmanogepix (overall MIC₉₀: 0.03 mg/L), followed by ibrexafungerp (overall MIC₉₀: 1 mg/L) and rezafungin (overall MIC mode: 0.25 mg/L), while VT-1598 and ATI-2307 were the least explored drugs against C. auris. All these compounds demonstrated significant improvements in survival and reduction in tissue fungal burden on neutropenic animal models of candidemia due to C. auris. Continual efforts towards the discovery of new treatments against this multidrugresistant fungus are essential.

Keywords: antifungal agents; novel therapies; Candida auris; systematic review

1. Introduction

Candida auris is a notable fungal pathogen which is an important cause of invasive infections, especially among critically ill and immunosuppressed patients, associated with mortality rates in excess of 50% [1,2]. This opportunistic yeast is resistant to some standard disinfectants, can colonize skin and mucous membranes, form biofilms, and is transmitted by contact [3]. All these attributes have led to the increased appearance of healthcare-associated outbreaks due to *C. auris* in different regions around the world. Five phylogenetically distinct clades (South Asian, East Asian, South African, South American, and Iranian) have been described based on whole-genome sequencing of clinical isolates from different continents, suggesting a simultaneous emergence [4,5].

Azoles, polyenes and echinocandins are the main classes of systemic antifungals [6]. It is well-known that these agents possess several limitations, including a narrow spectrum of activity, high toxicity, drug interactions, suboptimal pharmacokinetics, and poor bioavailability. Added to this complicated context, *C. auris* is characterized by reduced susceptibility to the three main antifungal groups [7]. Although echinocandins are recommended as first-line therapy for bloodstream *C. auris* infections [8], the emergence of pandrug-resistant *C. auris* isolates significantly compromises therapeutic options [9].



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Therefore, the development and introduction of novel treatment strategies are crucial to overcome the serious challenge of resistance and to have effective agents for managing *C. auris* infections.

Conveniently, new therapeutic candidates with excellent activity against *C. auris* are in the antifungal pipeline [10]. Some developments have focused on adding new agents within existing antifungal classes, while other efforts have been aimed at improving previously approved drug formulations. Novel classes of antifungals are also being actively developed, among these are manogepix/fosmanogepix and tetrazoles. In this systematic review, we have selected twelve investigational antifungal agents for qualitative analysis and present the most recent evidence of their in vitro susceptibility and advances in in vivo studies, particularly against *C. auris*.

2. Methods

2.1. Study Design

This systematic review was conducted in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines [11]. Due to the basic science nature of the protocol, it was not submitted to the International Prospective Register of Systematic Reviews (PROSPERO).

2.2. Information Sources and Search Strategy

The search strategy was designed and executed by an experienced librarian with input from the principal investigator and the research team. A comprehensive search was conducted in MEDLINE, EMBASE, Web of Science, and Scopus electronic databases from inception to 27 June 2022 to cover all published articles relevant to our study. MeSH terms, controlled vocabulary, and keywords (File S1) were combined to search within titles and abstracts. All retrieved records were uploaded to an online software program (DistillerSR; Evidence Partners, Ottawa, ON, Canada).

2.3. Selection Process and Eligibility Criteria

Reviewers, working independently and in duplicate, screened studies for eligibility using standardized and prepiloted instructions in a round of title and abstract and then a full-text screen. Any disagreement was resolved by consensus or arbitration by a third reviewer. A pilot review was carried out before each phase, and the chance-adjusted agreement was quantified using the kappa statistic (k = 0.90). Original articles written exclusively in English and reporting data of in vitro susceptibility tests and animal models for therapeutic efficacy evaluation of the following antifungal agents: ibrexafungerp (IBX; SCY-078, SCY078 and MK-3118), rezafungin (RZF; CD101 and SP3025), manogepix (MGX; APX001A and E1210), fosmanogepix (FGX; APX001 and E1211), olorofim (F901318), opelconazole (OPC; PC945), quilseconazole (VT-1129), oteseconazole (VT-1161), VT-1598, ATI-2307, MGCD290 and VL-2397 tested in *C. auris* were of interest for the study and eligible. Studies that did not test the aforementioned antifungals in *C. auris* were excluded, as well as narrative and systematic reviews, opinion articles, conference posters and articles that only had the abstract available without the necessary information.

2.4. Data Collection

Detailed information was extracted independently and in duplicate using a standardized data extraction format, according to the type of study (in vitro susceptibility or animal model). Eligible articles were carefully reviewed, and data of interest were extracted. Basic information of each article, such as the name of the first author, country and publication date were collected regardless the type of study. When there was uncertainty regarding the results of particular articles, the corresponding authors were contacted by email for clarification.

3. Results

As depicted in Figure 1, a total of 592 articles were found in the database search step, of which twenty-seven were finally eligible for inclusion in the present study. No further relevant articles were identified by cross-checking their references. The 27 studies included in this work were published between 2017 and 2022 and were conducted by renowned researchers from different countries, mainly from the USA. Additional details of the articles are shown in Table S1.

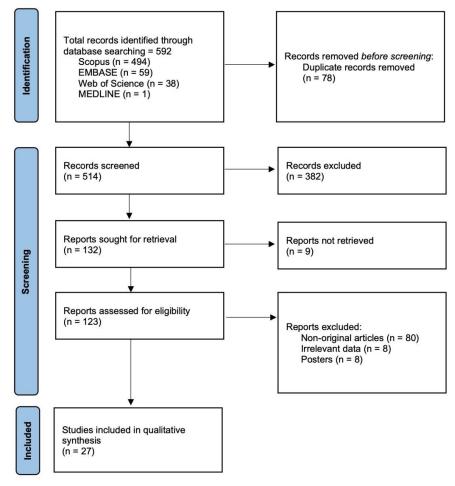


Figure 1. PRISMA flow diagram for selection of articles reporting data of in vitro antifungal susceptibility and therapeutic efficacy evaluation of investigational antifungals tested against *Candida auris* up to 27 June 2022.

The data extracted from the articles were conveniently classified according to the type of study in two groups: (i) in vitro studies of antifungal susceptibility tests against *C. auris* isolates (Table 1), and (ii) in vivo studies of therapeutic efficacy in experimental infections due to *C. auris* (Table 2). The first group of studies originally consisted of 18 articles, while the other one just included 2. In a further revision, 7 articles were detected that evaluated the activities both in vitro and in vivo against *C. auris* of the tested drug.

The most studied investigational agent against *C. auris* was MGX/FGX with a MIC₉₀ of 0.03 mg/L being the most commonly found among 10 different studies, followed by IBX (MIC₉₀: 1 mg/L) and RZF (MIC mode: 0.25 mg/L) with 7 studies each. VT-1598 (MIC₉₀: 1 mg/L) and ATI-2307 (MIC₉₀: 0.015 mg/L) were the least explored drugs against *C. auris*. All these compounds demonstrated significant improvements in survival and reductions in tissue fungal burden (FB) in neutropenic murine models of disseminated infection caused by *C. auris*. At the moment of the search, no studies were found that evaluated the activity of olorofim (lacks in vitro activity against yeasts [12]), quilseconazole, oteseconazole, MGCD290 or VL-2397 against *C. auris*.

				Susceptibility Results					
Study		C. auris Isolates Evaluated		Methodology			MIC (mg/L)	4IC (mg/L)	
First Author	Year n	Origin	Clades ^a		MIC ₅₀	MIC ₉₀	C ₉₀ Range GM (Mod		
			Ibrex	kafungerp					
Berkow	2017 100	NS	NS	CLSI	0.5	1	0.06-2	(1)	[13]
Larkin	2017 16	Blood (15), ear (1)	NS	CLSI	1	1	0.5–2	NS	[14]
Zhu	2020 195	NS Placed (100)	NS	CLSI	NS	NS	0.06–8	0.407 (0.5)	[15]
Arendrup	2020 122	Blood (100), miscellaneous (22)	NS	EUCAST	0.5	NS	0.06-2	(0.5)	[16]
Wiederhold	2021 54	NS	NS	CLSI	1	1	0.25-2	0.764	[17]
Quindós	2022 22	Blood (8), oral specimens (7), urine (7)	NS	EUCAST	0.5	2	0.5–8	0.753 (0.5)	[18]
		1	Rez	zafungin					
Berkow	2018 100	NS	NS	CLSI	0.125	0.5	0.03-8	(0.25)	[19]
Lepak	2018 4	NS	NS	CLSI	-	-	0.06-2	-	[20]
Tóth	2019 19	NS	NS	CLSI	0.125	0.25	0.03-0.25	(0.125–0.25)	[21]
Helleberg	2020 122	Blood (100),	NS	EUCAST	0.25	1	0.06-16	NS	[22]
0		miscellaneous (22)	Clade I (8),						
Tóth	2020 16	NS	clade II (2),	CLSI	NS	NS	0.25-1	NS	[23]
rour	2020 10	110	clade III (6)	CLOI	110	110	0.20 1	100	[20]
			Clade I (3),						
Kovács	2021 13	Blood (4), miscellaneous	clade II (3),	CLSI	NS	NS	0.03-0.25	NS	[24]
KOVACS	2021 13	(7), environmental (2)	clade III (3),	CL5I	115	185	0.03-0.25	185	[24]
			clade IV (4)						
			Ma	nogepix					
Arendrup	2018 122	Blood (100), miscellaneous (22)	NS	EUCAST	0.016	0.03	0.001-0.125	(0.016)	[25]
Berkow	2018 100	NS	NS	CLSI	0.002	0.008	< 0.005-0.015	(<0.005)	[26]
Hager	2018 16	Blood (15), ear (1)	NS	CLSI	0.004	0.03	0.002-0.06	NS	[27]
Zhao	2018 4	NS	NS	CLSI	-	-	0.004-0.03	-	[28]
Wiederhold	2019 13	NS	NS	CLSI	0.03	0.125	< 0.002-0.03	0.013	[29]
Pfaller	2019 1	NS	NS	CLSI	-	-	0.06	-	[30]
		Blood (42), urine (36),							
Zhu	2020 200	nares (21), miscellaneous (83), environmental (18)	NS	CLSI	0.03	0.03	0.004-0.06	0.02 (0.03)	[31]
Arendrup	2020 122	Blood (100), miscellaneous (22)	NS	CLSI	0.008	0.03	0.001-0.25	0.01	[32]
			Clade I (5),	~~~~					
Pfaller	2021 11	NS	clade IV (6)	CLSI	0.015	0.03	$\leq 0.002 - 0.06$	NS	[33]
			Clade I (13),						
Maphanga	2022 394	Blood	clade III	CLSI	0.008	0.016	0.002-0.06	0.008 (0.008)	[34]
in pranga	2022 071	biood	(70), clade	CLOI	0.000	0.010	0.002 0.00		[0 -]
			IV (1)	lconazole					
Rudramurthy	2019 72	NS	NS	CLSI	0.06 ^b	0.25 ^b	NS	0.06 (0.06) ^b	[35]
	2017 72	110		T-1598	0.00	0.20	10	0.00 (0.00)	[00]
				1 1070					
			Clade I (47), clade II (3),						
Wiederhold	2019 100	NS	clade II (5),	CLSI	0.25	1	0.03-8	(0.25)	[36]
wiedemold	2017 100	110	(11), clade	CLOI	0.25	1	0.05-0	(0.23)	[50]
			IV (39)						
			. ,	TI-2307					
Wiederhold	2020 23	NS	Clade I,	CLSI	0.015 ^c	0.015 0	≤0.008–0.015 ^c	0.011 ^c	[27]
vieuemoiu	2020 23	110	clade IV	CL5I	0.015	0.015	<u>~0.006-0.015</u>	0.011	[37]

Table 1. Studies of in vitro antifungal susceptibility of investigational antifungals against Candida auris.

^{*a*} Clades: clade I (South Asia), clade II (East Asia), clade III (South Africa), clade IV (South America). ^{*b*} Data obtained from the 24 h MIC readings. ^{*c*} Data obtained from the 24 h MIC readings (50% inhibition). NS: not specified; MIC: minimum inhibitory concentration; GM: geometric mean; CLSI: clinical & laboratory standards institute; EUCAST: European committee on antimicrobial susceptibility testing.

Study	Animal Model									
First Author	Year	<i>C. auris</i> Isolate (Origin, Country)	Model	Immunosupre- ssion Regimen & Administra- tion	Infection Route	[Inoculum]	Antifungal Posology & Administration	Relevant Findings	Ref	
				Ibrexa	fungerp					
Ghannoum	2020	MRL 35368	Guinea pig	Prednisolone 30 mg/kg (days -1, +1 and +3), s.q.	cut.	1 × 10 ⁹ CFU/mL	10, 20 and 30 mg/kg, p.o.	The dose of 10 mg/kg reduced severity of lesions and significantly reduced FB (average log ₁₀ CFU/g: 2.8) vs. untreated control	[38]	
Wiederhold	2021	UTHSCSA DI17–46 (blood, USA)	Male ICR mice	5-fluorouracil 5 mg/mouse (day —1), i.v.	i.v.	$\begin{array}{c} 1\times 10^7 \\ \text{cells/mouse} \\ (\text{survival} \\ \text{arm}) 5\times 10^6 \\ \text{cells/mouse} \\ (\text{FB arm}) \end{array}$	20, 30 and 40 mg/kg BID for 7 days, p.o.	>60% survival, reductions in kidney FB (average log ₁₀ CFU/g: 1.83–3.85) vs. untreated control	[17	
				Reza	fungin					
Lepak	2018	B11220 (Japan), B11785 (Colombia), B11799 (Colombia), B11211 (India)	Mice	Cyclophosphamidd 150 mg/kg (day -4) and 100 mg/kg (days -1, +2) and +4), s.q.	e i.v.	$\begin{array}{c} 5.99 \pm 0.29 \\ log_{10} \\ CFU/mL \end{array}$	1, 4, 16 and 64 mg/kg q 3rd day for 7 days, i.p.	Stasis free-drug 24 h AUC/MIC target: 1.88 1-log-kill free-drug 24 h AUC/MIC target: 5.77	[20	
Hager	2018	MRL 35368	Female CD-1 mice	Cyclophosphamidd 200 mg/kg (day –3) and 150 mg/kg (day +1), i.p.	e i.v.	3 × 10 ⁷ blastospores /0.1 mL	20 mg/kg days +1, +3 and +6, i.p.	Significantly lower FB in kidney vs. untreated control on all time points (~4 log ₁₀ CFU/g for day +10)	[39	
				Fosma	nogepix					
Hager	2018	CBS 12766 (blood, India)	Female CD1 mice	Cyclophosphamid 200 mg/kg (day –3) and 150 mg/kg (day +1), i.p.	e i.v.	3 × 10 ⁷ blas- tospores/0.1 mL	78 mg/kg BID, 78 mg/kg TID and 104 mg/kg BID, i.p.	80–100% survival in all groups, significant FB reduction (1.03–1.83 log ₁₀ CFU/g) in kidney, lung and brain vs. untreated control	[27]	
Zhao	2018	B11104, B11221, B11219, B11804 (C54007)	Female ICR/Swis mice	Cyclophosphamide 150 mg/kg (day -4), s 100 mg/kg (day -1) and 100 mg/kg (day +2), s.q.	e i.v.	$\begin{array}{c} 6.30 \pm 0.07 \\ log_{10} \\ CFU/mL \end{array}$	1–256 mg/kg q 6 h for 96 h, p.o.	$\begin{array}{c} \text{ED}_{50}\text{:}~7.14\pm4.54\\ \text{Stasis}\\ f\text{AUC}/\text{MIC}\\ \text{target:}\\ 14.67\pm8.30 \end{array}$	[28	
Wiederhold	2019	UTHSCSA DI17–46 (blood, USA)	Mice	5-fluorouracil 5 mg (day –1), i.v.	i.v.	1×10^7 cells/mouse (survival arm) 5×10^6 cells/mouse (FB arm)	104 mg/kg TID, 130 mg/kg TID and 260 mg/kg BID, for 7 days, i.p.	90–100% survival, reductions in FB in kidney (3.86 log_{10} CFU/g) and brain (2.99 log_{10} CFU/g) vs. untreated control with the highest dose in FB arm and in each group of survival arm	[29	

Table 2. In vivo studies of investigational antifungals tested in experimental infections due to *C. auris*.

Study	Animal Model									
First Author	Year	<i>C. auris</i> Isolate (Origin, Country)	Model	Immunosupre- ssion Regimen & Administra- tion	Infection Route	[Inoculum]	Antifungal Posology & Administration	Relevant Findings	Ref.	
				V	T-1598					
Wiederhold	2019	UTHSCSA DI17–46 (blood, USA)	Mice	5-fluorouracil 5 mg/mouse (day –1), i.v.	i.v.	1×10^7 cells/mouse (survival arm) 5×10^6 cells/mouse (FB arm)	5, 15 and 50 mg/kg for 7 days, p.o.	Significant and dose-dependent improvements in survival (90%), reductions in kidney and brain FB (1.88–3.61 log ₁₀ CFU/g) vs. untreated control	[36]	
				A	ГІ-2307					
Wiederhold	2020	UTHSCSA DI17–46 (blood, USA)	Male ICR mice	5-fluorouracil 5 mg/mouse (day —1), i.v.	i.v.	1×10^7 cells/mouse (survival arm) 5×10^6 cells/mouse (FB arm)	0.75, 1.5 and 3 mg/kg for 7 days, s.c.	The dose of 3 mg/kg significantly improved survival (70%) and reduced kidney FB (5.06 log ₁₀ CFU/g) vs. untreated control	[37]	

i.p.: intraperitoneal; s.q.: subcutaneous; i.v.: intravenous; p.o.: oral (oral gavage); cut.: cutaneous; BID: twice daily; TID: three times daily; FB: fungal burden; CFU: colony forming units; ED₅₀: dose required to achieve 50% of the maximum effect; AUC: area under the curve.

4. Discussion

Table 2. Cont.

Antifungal resistance is a growing threat that presents a major clinical challenge in the treatment of *C. auris* infections due to the multidrug-resistant profile of this remarkable fungus. Hence, there is a critical need to expand our antifungal armamentarium and develop new effective agents with novel fungal targets, low toxicity, and preferably high oral bioavailability. Nevertheless, there is hope on the horizon, the antifungal pipeline has finally responded with some promising prospects for managing these deadly infections.

Investigational agents currently in phase III clinical trials are IBX and RZF. IBX (Scynexis, Inc.; Jersey City, NJ, USA) is a semi-synthetic derivative from the natural product enfumafungin, which represents the first of the triterpenoid antifungals [40]. Like echinocandins, it inhibits 1,3-β-D-glucan synthase but via alternative binding sites resulting in limited cross-resistance with conventional candins [41]. IBX is highly bioavailable and was developed for both oral and intravenous administration [40], but only the former formulation has been studied in humans to date. The in vitro activity of this investigational agent against *C. auris* has been studied since 2017 (Table 1) [13–18]. Berkow et al. [13] examined the in vitro susceptibility of IBX against a collection of 100 isolates of *C. auris*, which included each of the original four phylogenetic clades and originated from various countries, including India, Pakistan, Colombia, South Africa, and the United States. They reported an excellent antifungal activity of IBX (MIC mode and MIC₉₀ of 1 mg/L), without significant differences among MIC values between the clades. Larkin et al. [14] also reported similar findings in a small subset of 16 clinical isolates of *C. auris*, mainly from bloodstream. Additionally, they demonstrated that C. auris biofilms treated with IBX exhibit reduced metabolic activity and thickness in comparison with untreated control biofilms [14]. Later, Zhu et al. [15] informed that amongst 195 isolates of *C. auris* from an outbreak in New York State, USA, 194 were susceptible to IBX with a mean MIC of 0.407 mg/L, including 5 pan-resistant isolates. Interestingly, they found one isolate with an IBX MIC of 8 mg/L. More recently, Arendrup et al. [16] and Quindós et al. [18] evaluated the invitro activity of IBX following the EUCAST protocol in a collection of 122

and 22 *C. auris* isolates, respectively. Both studies found similar results with a MIC mode and MIC₅₀ of 0.5 mg/L. In parallel, in vivo studies evaluating the efficacy of IBX against *C. auris* have also been carried out (Table 2). This agent has been shown to improve survival and decrease tissue FB in an immunosuppressed mouse [17] and guinea pig [38] models of *C. auris* infections. An open-label phase III study (CARES; NCT03363841) is currently underway in India and the US to evaluate the safety and efficacy of IBX for *C. auris* infection is ongoing and 2 cases of *C. auris* candidemia successfully treated with oral IBX have been preliminary reported [42].

RZF (Cidara Therapeutics; San Diego, CA, USA) is a novel echinocandin with enhanced PK/PD pharmacometrics, which is structurally similar to anidulafungin. Chemical modifications have increased its stability and solubility, granting a prolonged halflife that allows for intravenous dosing once weekly [43]. As depicted in Table 1, there are some reports showing encouraging in vitro activity of RZF against C. auris [19–24]. Berkow et al. [19] described the in vitro susceptibilities of a large collection of 100 C. auris isolates employing the CLSI methodology and reported a good antifungal activity with a MIC₅₀ and MIC₉₀ of 0.125 mg/L and 0.5 mg/L, respectively. Interestingly, they found 4 isolates exhibiting high RZF MICs harboring the S639P substitution in FKS1 hot spot 1. Helleberg et al. [22] communicated similar results later following the EUCAST protocol. They tested RZF in 122 clinical isolates of *C. auris* from India and informed that ~15% were non-wild type isolates and 8 harbored the S639F substitution in Fks1 hot spot, displaying MICs of 8–16 mg/L. In addition, trailing effect has been recently reported for this next-generation candin when tested in C. auris isolates [23]. On the other hand, RZF has also been evaluated in vivo, particularly in models of invasive candidiasis in neutropenic mice (Table 2). Lepak et al. [20] estimated a MIC ceiling of 1–2 mg/L to achieve 1-log-kill target exposures against *C. auris*, and of 2–4 mg/L for the stasis target. Importantly, there have been reported C. auris isolates exhibiting MICs that are at or above the aforementioned estimated MIC ceilings, as mentioned in the previous studies [19,22]. Moreover, the in vivo therapeutic efficacy of RZF was superior in terms of tissue FB reduction compared to micafungin and amphotericin B in an experimentally induced disseminated C. auris infection [39].

Other drugs, like FGX and OPC, are now in phase II clinical trials. FGX (Amplyx Pharmaceuticals, Inc. [recently acquired by Pfizer, Inc.]; San Diego, CA, USA) is a prodrug that is rapidly hydrolyzed by systemic phosphatases to the active moiety MGX following oral or intravenous administration. This first-in-class broad spectrum agent inhibits Gwt1, a fungal-specific enzyme involved in the glycosylphosphatidylinositol (GPI)-anchor biosynthesis, compromising cell wall integrity and restricting fungal growth [44]. MGX is a highly active compound against C. auris [25–34], with an overall MIC₉₀ of 0.03 mg/L (Table 1). Arendrup et al. [25] reported a MGX MIC range of 0.001–0.125 mg/L and a wild-type upper limit (WT-UL) of 0.016 mg/L for a collection of 122 Indian C. auris isolates evaluated by the EUCAST methodology. The same research group then determined the in vitro susceptibilities of these isolates to MGX following the CLSI protocol in order to compare head-to-head the MIC data sets, encountering an excellent essential agreement between both reference methodologies [32]. One of the largest collections of C. auris isolates evaluated for MGX susceptibility was that tested by Zhu et al. [31]. Among 200 isolates from the New York outbreak recovered from diverse origins, they reported a MGX MIC range of 0.004-0.06 mg/L, which is within two dilutions of the ranges reported by other authors [26,27,33,34]. In addition, they did not find non-WT C. auris isolates for MGX at the WT-UL of 0.06 mg/L and MGX retained potent in vitro activity against pandrug-resistant C. auris isolates, agreeing with Maphanga et al. [34]. It is worth mentioning that while Arendrup et al. [32] found a positive correlation between fluconazole and MGX MICs in those isolates, Maphanga et al. [34] did not encounter any difference in MGX activity among isolates resistant or susceptible to fluconazole. The FGX PK/PD was recently assessed in an immunosuppressed murine model of candidemia, in which concentrationdependent efficacy against C. auris was demonstrated [28]. Furthermore, in a similar animal

model, treatment with FGX led to an increased survival and decreased brain FB compared to anidulafungin [27]. Likewise, FGX exhibited significant improvements in survival and kidney FB reductions in a delayed therapy model of invasive candidiasis caused by *C. auris* [29]. An open-label phase II study (APEX, NCT04148287) addressing the safety and efficacy of FGX for the treatment of candidemia and/or invasive candidiasis due to *C. auris* has just been completed. In this trial, FGX therapy was instituted for up to 42 days, with a follow-up of 4 weeks after study completion. Otherwise, OPC (Pulmocide Ltd.; London, UK) is the first broad-spectrum triazole designed and optimized for once-daily, topical or inhaled therapy for mycoses of the sinopulmonary tract [45]. Its mechanism of action is familiar and comparable to established azoles. Among a global collection of 72 clinical isolates of *C. auris*, OPC (MIC₉₀: 0.25 mg/L) exhibited 7.4-fold and 1.5-fold more potent in vitro activity than voriconazole and posaconazole, respectively [35]. This new triazole is under clinical development (NCT02715570).

In addition to the above-mentioned agents being at the stage of phase III/II clinical trials, other promising compounds are contemplated for future clinical application for C. auris infections. These include the fungal Cyp51-specific inhibitor VT-1598 and the mitochondrial respiratory chain inhibitor ATI-2307. VT-1598 (Mycovia Pharmaceuticals, Inc.; Durham, NC, USA) is part of the next-generation of oral azoles, in which the characteristic 1-(1,2,4-triazole) metal-binding group has been replaced with a tetrazole [46]. It demonstrated in vitro activity against a large collection of 100 C. auris isolates (MIC mode: 0.25 mg/L), which also translated into in vivo efficacy in a neutropenic murine model of candidemia significantly improving survival and reducing tissue FB in a dose-dependent manner compared to control [36]. This investigational agent is currently in phase I trials for potential use in C. auris infections (NCT04208321). On the other hand, ATI-2307 (Toyamara Chemical Co. [recently acquired by Appili Therapeutics, Inc.; Halifax, NS, Canada]) is a first-in-class arylamidine that selectively causes the collapse of fungal mitochondrial membrane potential [47], it is only available as a parenteral formulation at present. ATI-2307 exhibited in vitro activity against *C. auris* (MIC ranges: $\leq 0.008-0.015$ mg/L), as well as in vivo efficacy in a mouse model of disseminated infection caused by the same fungal pathogen [37]. Of note, other novel compounds, MYC-053 and SCY-247, with potent in vitro activity against *C. auris* have recently been developed [48,49].

Overall, among the investigational agents reviewed in this study, MGX exhibited the most potent in vitro activity against *C. auris*, which was also corroborated in vivo with a considerable survival advantage and significant reductions in tissue FB. Although differences in antifungal efficacy against *C. auris* are evident between all these compounds, the different designs and methodology of the analyzed studies make it unreasonable to establish direct comparisons. Further studies must be carried out in order to verify its effectiveness in the clinical setting.

5. Conclusions

We systematically reviewed investigational antifungals in clinical phases of development with activity against *C. auris*, including two agents within two novel antifungal classes targeting the fungal cell wall, IBX and FGX; both have a selective advantage as oral fungicidal therapy for *C. auris*. Additionally, two other compounds within existing antifungal classes, RZF and OPC, demonstrate enhanced PK/PD properties that, importantly, afford improved safety and tolerability profiles. Moreover, VT-1598 and ATI-2307 are first-in-class fungal specific inhibitors that have recently shown potent in vitro and in vivo activity against *C. auris*. All these agents are a very welcome addition to replenishing the antifungal arsenal, so that the results of ongoing clinical trials are eagerly awaited. **Supplementary Materials:** The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/jof8111144/s1, File S1: Search strategy, Table S1: Basic characteristics of the articles included in this systematic review.

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