

Supplementary Materials:

Table S1: Competitive inhibition of adherence of food borne pathogens to the Caco- 2 cells by selected probiotic strains.

Strains	Adhesion (%)			
	Control	L _{syn-0}	L _{syn-7}	L _{syn-15}
<i>L. rhamnosus</i>	8.99 ± 0.53 ^d	11.82 ± 0.79 ^c	23.66 ± 0.47 ^a	14.84 ± 0.83 ^b
<i>L. casei</i>	11.02 ± 0.97 ^d	15.46 ± 0.57 ^b	26.82 ± 0.52 ^a	15.36 ± 0.50 ^b
<i>L. plantarum</i>	8.35 ± 1.03 ^d	15.38 ± 0.43 ^c	26.69 ± 0.91 ^a	17.82 ± 0.44 ^b
<i>L. monocytogenes</i>	10.31 ± 1.76 ^a	10.04 ± 1.09 ^a	7.30 ± 1.92 ^b	7.76 ± 1.68 ^b
<i>S. Typhimurium</i>	8.00 ± 1.18 ^a	8.18 ± 0.94 ^a	6.77 ± 1.39 ^b	6.66 ± 1.67 ^b
<i>S. aureus</i>	8.35 ± 1.14 ^a	8.56 ± 1.20 ^a	4.01 ± 1.61 ^b	4.83 ± 1.71 ^b

Different lowercase superscripts in columns point out significant ($P < 0.05$) differences between the values for different treatments.