

Article



Strength and Absorption Study on Eco-Efficient Concrete Using Recycled Powders as Mineral Admixtures under Various Curing Conditions

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Abstract: Durable building materials are essential for sustainability in construction projects, aiming to reduce environmental damage from the start to the end of a building's life. Reducing the use of Portland cement in concrete production is essential because of the significant CO_2 emissions generated globally during its production process. This study investigates the workability, compressive strength, and water absorption of concrete when Portland cement is partially substituted with waste glass powder (WGP) and recycled concrete powder (RCP). These two waste powders can be used to partially substitute Portland cement in order to produce environmentally friendly concrete. The activity of the particles in concrete made from these two waste powders is mostly determined by the type and rate of the powders, as well as the curing methods. Therefore, the current research examines how different curing conditions impact the workability, compressive strength, and water absorption characteristics of this innovative eco-friendly concrete that includes the abovementioned waste powders. According to the experimental results obtained, adequate strength can be achieved using an appropriate replacement level of the powders and curing methods. Therefore, the application of these two recycled mineral admixtures in concrete can save Portland cement and has certain environmental and economic benefits.

Keywords: admixture; compressive strength; curing; durability; eco-efficient concrete; recycled concrete powder; sustainability; waste glass powder; water absorption

1. Introduction

Sustainable building materials are essential for advancing the sustainability of construction and infrastructure projects by reducing the environmental impact at every stage. These resources are designed to lower energy usage, decrease waste, reduce greenhouse gas emissions including CO₂, and promote eco-friendly construction methods. As the amount of waste produced worldwide grows, it becomes more important to have effective waste management plans, as improper disposal can damage the environment. Sustainable development focuses on incorporating recycled materials into construction, especially in concrete production, to meet current needs without destroying future generations' abilities [1,2]. Incorporating materials such as recycled aggregates, silica fume, fly ash, waste glass, waste plastic, and other industrial byproducts can greatly decrease the construction industry's carbon footprint. Using a combination of different waste materials in concrete production improves waste management sustainability, while also preserving natural resources and cutting down on expenses [1–3].

Concrete sustainability is receiving more attention in engineering projects, resulting in efforts to reduce the environmental impact of the construction industry. The rapid expansion of this industry is driven by the strong demand for cement in the construction of infrastructure and buildings, particularly in less developed, developing, and developed countries [3,4].



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Copyright: © 2024 by the author. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). The global construction sector, essential for economic progress and societal advancement, is largely dependent on concrete as a key construction material. Concrete is essential for building a range of civil engineering structures, including homes, roads, bridges, and dams. Yet, the conventional linear process of producing concrete, which includes its extraction, processing, use, and disposal, has notable environmental and sustainability disadvantages [5,6]. The extraction of natural resources, especially sand, gravel, and cement, leads to the destruction of habitats, erosion, and changes in waterways. Furthermore, the manufacturing of cement, an essential ingredient in concrete, requires a significant amount of energy and contributes significantly to the worldwide release of carbon dioxide [7,8]. Moreover, the concrete waste produced during construction, renovation, and demolition activities creates a notable problem by taking up space in landfills and hindering opportunities for resource recycling. Therefore, it is worth mentioning here that, in the quest for sustainable development, it is crucial that we prioritize durability alongside the mechanical properties of construction materials to extend the service life, to avoid depleting natural resources and causing damage to the environment in construction practices.

First and foremost, it is crucial that we reduce the extraction of raw materials. This includes examining different sources of aggregates and cement, like recycled concrete powder (RCP) or industrial by-products, to decrease the dependence on new resources. Moreover, maximizing the mixture composition guarantees that the concrete attains the necessary characteristics using a reduced quantity of raw ingredients. Another crucial element is optimizing the reutilization and recycling of concrete waste. Concrete waste from the construction, renovation, and demolition stages can be transformed into recycled aggregates or recycled powders, diverting materials from landfills and decreasing the demand for new extraction [9].

In construction materials engineering, affordable concrete is crucial, providing costeffective choices for building projects. The focus of sustainable concrete production is to minimize environmental damage by utilizing recycled materials and decreasing global CO₂ emissions, particularly in the production of Portland cement [10]. According to the literature, the mass production of Portland cement (PC) is subject to significant energy pressure due to its synthesis temperature of up to 1450–1500 °C. In contrast, there are some other types of cements with a lower energy consumption such as calcium sulfoaluminate (CSA) cement. It has a lower calcination temperature (1250 $^{\circ}$ C) during production; therefore, CSA cement can reduce energy pressure and CO_2 emissions through research and promotion [11,12]. In the production process of this type of cement, raw materials can be replaced by other industrial wastes, such as calcium carbide slag, red mud, and desulfurization gypsum. Because of its quick setting time, high strength and durability properties, and excellent early strength characteristics, CSA cement is typically utilized in grouting materials. Recently, the impacts of sodium aluminate and quicklime, and potassium and sodium sulfates on the characteristics and hydration process of a double-liquid grouting material based on calcium sulfoaluminate (CSA) cement were investigated [11,12]. They concluded that the sodium sulfate and potassium sulfate accelerate the hydration of CSA cement and the formation of ettringite from the very beginning. Furthermore, sodium aluminate accelerated the early formation of ettringite but did not increase the overall amount of hydration products. The initially accelerated hydration by sodium aluminate and quicklime facilitated the later strength development of CSA cement.

The concrete sector currently requires focused initiatives to investigate substitute materials, especially waste materials, that do not consume natural resources and tackle environmental issues. Waste glass powder (WGP), obtained from different sources such as bottles and containers, offers a potential option for the cement and concrete sectors as supplementary cementitious materials (SCMs) because of its chemical makeup and pozzolanic characteristics. By grinding waste glass to a fine powder, it can be used in place of certain elements in normal concrete, providing a sustainable option that helps preserve natural resources and lower CO_2 emissions. Incorporating WGP into concrete mixes helps reduce the increasing amount of waste glass and supports sustainability objectives in the

construction industry [13–16]. Many studies have been conducted on the use of WGP as SCMs in the production of geopolymer concrete due to its high concentration of amorphous silica, which is required for pozzolanic reactivity. This innovative method lowers the quantity of glass trash produced, the price of producing concrete, and the quantity of CO₂ emissions that have a negative impact on the environment when cement is produced. Contradictory findings about the benefits or disadvantages of utilizing WGP in concrete have been documented due to the variety of glass varieties and their varying compositions and particle sizes. While some studies have found improvements in concrete's workability and compressive strength, others have found decreases in the material's compressive strength [17–19]. Research from the past [20–23] has demonstrated that adding WGP, fibers, and micro-silica to concrete can improve its behavior. Some researchers have even gone so far as to propose the practical application of waste glass in the subbase and base of roads as well as asphalt concrete [24]. Although the use of WGP in concrete has been shown to increase the tensile strength in numerous research projects, it has also been reported by some researchers to decrease the mechanical properties [24].

In civil engineering, emphasis is being placed on substituting natural aggregates with recycled resources, such as recycled concrete aggregates (RCAs) from the construction, renovation, and demolition stages [25–32]. One issue with employing RCAs is that it causes the concrete sample to absorb water at a higher rate and have significant porosity. This is because the cement paste bonded to the RCA hydrates, which reduces the mechanical and durability properties of recycled aggregate concrete (RAC) [33]. Reducing the amount of old cement paste adhered to RCA has, regrettably, limited their use on a broad scale and increased energy consumption [34,35]. However, eliminating the cement paste that is connected on its own accelerates the rate at which waste is produced and accumulates at landfill locations. Thankfully, there have been encouraging developments lately regarding the use of recycled concrete powder (RCP) as a cementitious material in concrete mixtures [35].

A recently published study [35] investigated the characteristics of RCP and analyzed the engineering properties of concrete mixes with different percentages of RCP replacement. Their investigation found that changing the replacement rate of recycled concrete powder (RCP) had an effect on the slump of the newly made RAC. The findings also showed a reduction in compressive strength as the replacement rate of RCP increased at all ages. In another study [36], fully recycled concrete with 100% recycled cement + 100% recycled aggregates were investigated. According to their results, the water absorption (WA) behavior of fully recycled concrete can be divided into three stages, with the initial stage being three times faster than ordinary concrete. In another work of research [37], the effect of different factors, including the burn temperature for preparing recycled cement, the carbonation degree of the precursor, the particle size of the recycled cement, and the water-cement (w/c) ratio on the compressive strength, was studied. The results showed that the burn temperature is the most important parameter for recycled cement, and a temperature of 650 °C performed best and resulted in the highest compressive strength of the paste.

The objective of this study is to develop a concrete solution that is both financially viable and environmentally friendly, tailored for various civil engineering applications including low strength uses like pedestrian walkways, in order to contribute to sustainable development. The current research examines how various curing conditions impact the fresh and hardened characteristics of this innovative eco-efficient concrete that includes WGP and RCP mineral admixtures. Although there is similar research in the literature, due to the lack of the available data on the performance of concrete, and contradictions and variations of the available test results of concrete modified with WGP and RCP, this work presents an experimental program to study in detail the effect of these two recycled powders on concrete properties. Specifically, the influence of using WGP and RCP on the workability, compressive strength, and water absorption under various curing conditions have been explored in the present study. The outcome of the present investigation would be communicated to engineers, construction companies, and concrete production plants in

order to obtain concrete with an adequate performance utilizing recycled powders while saving large quantities of natural resources.

2. Materials and Methods

2.1. Fine Aggregates

Table 1 provides a detailed description of the physical properties of river sand originating from Soran, Kurdistan region, Iraq. Additionally, the ASTM C136-06 [38] standard is followed to show the particle size distribution of fine aggregate (FA), which is illustrated in Figure 1.

Table 1. Physical properties of FA.

Physical Properties	Values
Relative density (specific gravity) at OD	2.67
Relative density (specific gravity) at SSD	2.69
Apparent relative density (apparent specific gravity)	2.75
Water absorption	1.1%
Density at oven dry condition (OD)	2670 kg/m^3
Density at saturated surface dry condition (SSD)	2690 kg/m ³
Apparent density	2750 kg/m^3



Figure 1. Particle size distribution of FA.

2.2. Coarse Aggregates

This experiment utilized natural crushed stone from Soran, Kurdistan, Iraq. The crushed stones were able to pass through a sieve with a diameter of 12.5 mm. Table 2 displays the physical characteristics, while Figure 2 illustrates the particle size distribution of coarse aggregate (CA) based on ASTM C136-06 [38].

Physical Properties	Values
Relative density (specific gravity) at OD	2.63
Relative density (specific gravity) at SSD	2.65
Apparent relative density (apparent specific gravity)	2.7
Water absorption	1.1%
Density at oven dry condition (OD)	2618.83 kg/m ³
Density at saturated surface dry condition (SSD)	2646.49 kg/m ³
Apparent density	2693.51 kg/m ³

Table 2. Physical properties of CA.



Figure 2. Particle size distribution of CA.

2.3. Portland Cement

The Tasluja cement plant [39] in Kurdistan, Iraq is renowned for its consistent quality, following the Iraqi standard IQS 5:1984 [40], ensuring trustworthiness in building projects. Table 3 details the physical characteristics, verifying its suitability for the planned evaluation. The precise production method guarantees the reliability of the cement as a stable foundation for demanding assessments in various construction scenarios.

Table 3. Physical properties of cement.

No	Physical Properties	Values
1	Specific gravity	3.15
2	Normal consistency	32.8%
3	Initial setting time of cement	210 min
4	Final setting time of cement	342 min

2.4. Waste Glass Powder

During the study, various colored waste from glassware was used and put through a grinding process using an abrasion machine. The powder (Figure 3) from sieve No. 200

was used as an alternative to cement in various ratios. The density of WGP was measured to be 2.6.



Figure 3. (A) WGP and (B) RCP.

2.5. Recycled Concrete Powder

Mixed-aged concrete was used in this study. As with the WGP, it was subjected to grinding using a special machine, then sieved. Afterwards, the powder (Figure 3) passing through sieve No. 200 was used as a substitute for cement in various proportions. The powder's specific gravity was determined to be 2.69. Information on the chemical properties of WGP, RCP, and cement is presented in Table 4.

Table 4. Chemical composition of WGP, RCP and Portland cement.

Composition by Mass %	WGP	RCP	Cement
CaO	18.55	52.52	64.62
SiO ₂	64.94	28.7	19.83
Al ₂ O ₃	1.81	7.4	4.48
Fe ₂ O ₃	1.97	3.6	2.32
SO ₃	-	0.6	2.57
P ₂ O5	-	-	-
MgO	3.12	2.7	3.14
K ₂ O	0.44	1.2	0.68
Na ₂ O	9.16	1.8	0.19

2.6. Mix Proportion

In this experiment, all mixtures were made using a 1:2:4 ratio of cement, fine aggregate, and coarse aggregate. Additionally, the water-to-binder ratio (W/B) of 0.5 remained consistent across all mixtures. The mixture calculation was carried out using the absolute volume method (Equation (1)), with 10% of each material added as a reserve for any dilution during mixing, as detailed in Table 5.

$$\frac{C}{Gsc} + \frac{FA}{Gsfa} + \frac{CA}{Gsca} + \frac{W}{Gsw} = 1$$
(1)

This study involved conducting fifteen different mixtures. Mix 1 was used as a control concrete mix without recycled concrete powder (RCP) and waste glass powder (WGP), cured under water condition, to assess its characteristics in comparison to other mixes with RCP or WGP under the same curing conditions. Mix 2 was used as a second control concrete mix without RCP and WGP, undergoing wrapping curing (covered with wet gunny bags) for comparison with mixes containing RCP or WGP under the same curing conditions. The third control concrete mix, named Mix 3, was prepared without adding RCP and WGP, and instead used 1% PEG-400 for self-curing, with samples kept at room temperature. The self-curing agent used was poly-ethylene glycol PEG-400 [41]. Its properties were compared to other mixes containing RCP or WGP under similar curing conditions. The ratios of 10% and 20% of RCP and WGP by weight of ordinary Portland cement (OPC) were

used, and they were mixed in an electric concrete mixer. Two slump measurements were conducted for every mixture, and then the average was calculated based on the results. For every test/curing age in the study, three samples were prepared. The cubes were carefully stacked in three layers with manual compaction. The samples remained at room temperature in the laboratory for 24 h. Following this period, the cubes were prepared to be taken out of the mold and stored in various curing environments such as water, wrapping, and self-curing. The curing durations were 7 and 28 days.

Table 5. Concrete r	nix pro	portions
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Mix	Mix Code	W.G.P (%)	R.C.P (%)	Curing Condition	Cement (kg/m ³)	F.A. (kg/m ³)	C.A. (kg/m ³)	Water (kg/m ³)
1	Water-0	0	0	Water	362	724	1448	181
2	Wrapping-0	0	0	Wrapping	362	724	1448	181
3	Self-curing-0	0	0	Self-curing	362	724	1448	181
4	Water-10WGP	10	0	Water	326	724	1448	181
5	Wrapping-10WGP	10	0	Wrapping	326	724	1448	181
6	Self-curing-10WGP	10	0	Self-curing	326	724	1448	181
7	Water-20WGP	20	0	Water	290	724	1448	181
8	Wrapping-20WGP	20	0	Wrapping	290	724	1448	181
9	Self-curing-20WGP	20	0	Self-curing	290	724	1448	181
10	Water-10RCP	0	10	Water	326	724	1448	181
11	Wrapping-10RCP	0	10	Wrapping	326	724	1448	181
12	Self-curing-10RCP	0	10	Self-curing	326	724	1448	181
13	Water-20RCP	0	20	Water	290	724	1448	181
14	Wrapping-20RCP	0	20	Wrapping	290	724	1448	181
15	Self-curing-20RCP	0	20	Self-curing	290	724	1448	181

WGP: waste glass powder; RCP: recycled concrete powder; FA: fine aggregate; CA: coarse aggregate.

2.7. Testing Methods

The slump test, conducted following ASTM C143 [42] guidelines, evaluates the maneuverability of recently blended concrete by gauging its deformation right after mixing. For each mix in the study, two tests were carried out using a metal mold called a slump cone, and the average of the results was calculated.

To ascertain the compressive strength, three cubes from each concrete mix were tested and the results were averaged. Testing took place at 7 and 28 days under different curing times and conditions. A compression machine with a 2000 KN capacity and 1 KN accuracy is considered standard.

The current research conducted the water absorption (WA) test following ASTM C1585 [43], using three cubes for each concrete mix to determine WA rates, and then averaging the results from all three cubes.

$$WA = \frac{W1 - W2}{W2} \times 100$$
 (2)

The cubes were tested every 7 and 28 days to observe changes as time passed. In the experimental process, the saturated cubes were initially weighed and recorded as W1. After that, the cubes were dried in an oven at 110 °C for 24 h until they reached a uniform dry weight. After this drying period, the cubes were weighed again, and the final weight was recorded as W2. By using Equation (1), it was possible to assess WA traits in the concrete samples in a controlled environment, providing a better understanding of the material's behavior and performance across different time periods.

Assessing the density of concrete, especially in terms of saturated surface dry (SSD) conditions, is essential in comprehending the material's physical properties and its performance in structural uses.

$$p = \frac{\mathsf{m}}{\mathsf{V}} \tag{3}$$

This research focuses on finding the density of concrete by testing three cubic samples, then calculating the average weight and dividing it by their volume.

3. Results and Discussion

- 3.1. Workability
- 3.1.1. Effect of WGP

Figure 4 shows how the workability of fresh concrete is affected by the WGP content when exposed to various curing conditions. The findings show a decline in workability at 10% WGP, followed by a steady increase in workability as the percentage of WGP rises to 20%. This betterment is credited to the higher amount of water in the combination, as shown by the increasing actual water-to-cement ratio with the greater incorporation of WGP particles. This pattern is consistent with the results of [27], indicating a slow improvement in the ease of working with increased levels of WGP. As an example, the workability is 36 mm without any substitution, but decreases to 26 mm with the 10% replacement and then increases to 32 mm with the 20% WGP replacement. The slump values for concrete containing RCP are different. The workability decreases from 36 mm to 20 mm with 10% RCP and decreases more to 16 mm with 20% RCP.



Figure 4. Slump values of concretes containing different levels of WGP and RCP.

3.1.2. Effect of RCP

Figure 4 also demonstrates how incorporating RCP affects the workability of fresh concrete in various curing conditions. Concrete workability involves how smoothly it flows, pumps, and undergoes finishing processes, all of which are essential for construction. It is crucial in achieving proper compaction and ensuring the overall quality of the final structure. The findings showed a small decrease in workability with higher proportions of RCP. A study [44] also found similar results, as they observed that the workability of different RCP mixtures did not show significant changes when monitoring the slump. For instance, the decrease in the workability of standard concrete mixes (M1 and M2) is over two times greater than that seen in the concrete with 20% RCP.

3.1.3. Effect of Curing Regimes

Figure 4 also demonstrates how the workability of fresh concrete, which includes various amounts of waste powders, is affected by the inclusion of 1% PEG as a self-curing agent. The slump in concrete increased with a higher WGP content and decreased with a higher RCP content. Based on the findings, the impact of PEG-400 on the consistency of traditional concrete mixes is greater compared to mixes with varying amounts of WGP and

RCP. For instance, the drop in the slump for the control concrete (M3) is double the amount seen in the concrete with 10% and 20% RCP.

3.2. Density

3.2.1. Effect of WGP

During this trial, the impact of WGP on the density of concrete in the SSD condition was examined by varying the amounts by 10% and 20%. As with conventional concrete, various WGP ratios were tested in different curing periods, as illustrated in Figure 5. An increase in the percentage of WGP used instead of cement in a concrete mix typically results in a reduction in density. Nevertheless, the decrease is not substantial. This is due to the lower density of WGP compared to cement, which leads to a decrease in the overall density of the mixture when it is used as a substitute. Nonetheless, there are situations where increasing the WGP replacement may result in an increase in density. The higher overall density may be attributed to factors like the type, particle size, and shape of the WGP, which enhance the packing density in the concrete mix. Furthermore, there is a possibility of specific chemical reactions occurring between the WGP and other elements in the concrete mixture, resulting in a more compact product. A higher WGP content can also impact the compaction process, leading to a tighter and denser concrete mix. A recently published investigation [9] has documented comparable findings.



Figure 5. Density of concretes incorporating different contents of WGP and RCP.

3.2.2. Effect of RCP

The present study was carried out to assess how RCP impacts the density of concrete, as illustrated in Figure 5. The impact on the concrete mix density from replacing RCP is comparable to the replacement of WGP. Nevertheless, the drop in the density of concrete with RCP is greater than that of concrete with WGP when compared to control mixes. For instance, the reduction in percentage for the 10% WGP concrete is 0.3%, while, for the 10% RCP concrete, it is 0.5% when compared to the control mixes.

3.2.3. Correlation between Strength and Density

Typically, there is a direct correlation between the concrete density and compressive strength, indicating that denser concrete usually exhibits a greater compressive strength. This happens because denser concrete generally contains fewer empty spaces, leading to enhanced strength. Yet, the connection may not always be straightforward, as variables like the water–cement ratio, aggregate type, and curing conditions can impact the compressive

strength regardless of density. Figure 6 displays a significant correlation ($R^2 = 0.98$) between these two characteristics.



$$y = 0.7499x + 2377.8 \tag{4}$$

Figure 6. Correlation between strength and density of concretes.

3.3. Compressive Strength

3.3.1. Effect of WGP

Figure 7 shows a graphical display of the compressive strength of concrete mixtures with various levels of WGP and RCP replacements, at 7-day and 28-day intervals, using different curing methods. The results indicate that adding WGP results in a lower compressive strength when compared to regular concrete. The compressive strength of concrete was found to change depending on the different mixtures of WGP used, specifically 10% and 20% as replacements. An illustration of this is seen in the compressive strength values of concretes with 10% WGP at 7 and 28 days of curing, which varied from 11.4 to 14.5 MPa and 25.9 to 27.9 MPa, respectively. This indicates the ongoing hydration process leading to a higher compressive strength as the curing time increases. In other studies [29,30], similar findings have also been documented. Usually, concrete containing WGP is suitable for non-structural applications like pavements, precast elements, decorative concrete, etc. Continuing research is necessary in order to fully understand the long-term performance and potential applications of concrete incorporating WGP.

3.3.2. Effect of RCP

The results indicate that adding RCP to concrete causes a decrease in compressive strength when compared to traditional concrete, as demonstrated in Figure 7. Before labeling RCP as eco-friendly, it is important to evaluate its impact on structural integrity, despite the potential benefits in waste reduction. It might be more suitable for non-structural purposes or projects where a high compressive strength is not crucial. Different levels of compressive strength were observed in concrete with varying replacement percentages of RCP at 10% and 20%. For instance, with 10% RCP, concrete strengths ranged from 9.5 to 12.6 MPa at 7 days and from 21.3 to 23.9 MPa at 28 days, showing ongoing hydration and strength gain with longer curing periods. RCP might show irregular properties compared to traditional cement, leading to differences in strength. The decreased compressive strength of concrete when using RCP could be caused by different factors related to hydration and the pozzolanic process. The composition and reactivity of RCP may vary compared to Portland cement, which can affect the hydration process and lead to less strong connections. Furthermore, impurities or contaminants found in recycled materials might hinder the



pozzolanic reaction, reducing the creation of strength-enhancing substances like calcium silicate hydrates (C-S-Hs). This primary factor probably plays a role in the documented decrease in compressive strength in comparison to the control concrete.

Figure 7. Compressive strength of concrete containing different contents of WGP and RCP under different curing conditions at different curing times.

3.3.3. Effect of Curing Regimes

Based on the findings shown in Figure 8, the WGP achieved 44%, 45.1%, and 52% of their 28-day strength after 7 days with a 10% ratio for wrapping, self-curing, and water curing, respectively. In 7 days, the strength of control concrete has achieved 63.8%, 75.1%, and 76.8% of its 28-day strength for wrapping, self-curing, and water curing, respectively. The strength improvements of concrete with 20% WGP are 48.3%, 49.7%, and 57.7% for different curing methods: wrapping, self-curing, and water curing. These low values in concretes with WGP may be due to the slower hydration at the start of the strength development compared to control concretes. Wrapping curing resulted in the lowest compressive strength due to incomplete hydration caused by the lack of water availability. Notable is the demonstration of the PEG-400 admixture efficacy at a 1% dosage in the current research to retain water within the concrete for ongoing hydration, resulting in a strength enhancement greater than wrapping but less than water curing. Self-curing agents like PEG-400 contain a polymer that forms hydrogen bonds with water molecules, decreasing the evaporation rate from the concrete surface [7,37,41,44]. Hence, the higher compressive strength seen in mixes with PEG-400, as opposed to those without, is attributed to the presence of water that facilitates ongoing hydration.

3.3.4. Strength Development

Figure 8 reveals that concrete with 10% RCP achieved 44.6%, 45.0%, and 52.7% of its strength gain within 7 days for wrapping, self-curing, and water curing, respectively, by 28 days. The concrete strength increases by 60.7%, 62.0%, and 68.1% when 20% RCP is used in wrapped, self-cured, and water-cured conditions. Figure 5 reveals that the increase in strength is greater for high percentages (20%) of both WGP and RCP compared to lower replacement levels (10%). Water curing is considered the most effective curing condition as it has resulted in the highest compressive strength for all types of concretes—control, WGP, and RCP. The clear distinction between the curing methods occurs since, in water curing, hydration reaches its final stages with little to no remaining cement to be hydrated.

Figure 9 displays the comparative compressive strength of concrete mixes with water, self-curing, and wrapping curing at 28 days, in relation to control mixes. The concrete with

10% WGP displayed the highest relative strength of 71.9% under the water condition, while 71.0% under wrapping and 70.6% under self-curing regimes were also achieved compared to control concretes. The values fell to 51.8%, 48.4%, and 48.2% for 20% WGP concretes in water, with self-curing, and with wrapping curing. Concrete with RCP has exhibited a reduced strength gain compared to concrete with WGP under all curing conditions.



Figure 8. Relative strength gain of concrete mixtures by 28-day curing.



Figure 9. Relative strength gain of concretes compared to control mixtures.

3.4. Water Absorption

3.4.1. Effect of WGP

The findings illustrated in Figure 10 display the water absorption (WA) of concrete with various WGP and RCP levels in various curing conditions at 28 days. One of the key properties of concrete is its absorption characteristic, which can be used, particularly in engineering, as a representative descriptor to reflect and forecast the material's durability [45,46]. In order to ensure sufficient strength, it is crucial for concrete's water absorption (WA) to be between 4–6% under normal pressure [46]. The concrete with 10% WGP consistently shows WA values within the range of 4–6%. Some blends exceed this boundary.

Substituting larger quantities of WGP for Portland cement in concrete causes a rise in WA as a result of the uneven form and porous composition, resulting in additional empty spaces within the concrete. The silica in WGP reacts with water and alkalis in the cement mixture, increasing the water absorption of concrete. Moreover, the surface properties of WGP enhance the WA, while its poor adhesion to cement paste allows for water infiltration. Based on the findings, the WA values for concrete with 10% WGP are 5.8% when cured in water, 6.3% when self-cured, and 6.4% when wrapped for curing. An investigation [36] has reported similar results. The percentages of 6.3%, 6.7%, and 6.9% are observed for water curing, self-curing, and wrapping curing with the 20% WGP replacement.



Figure 10. WA of concrete mixtures.

3.4.2. Effect of RCP

The water absorption values for concrete with varying levels of RCP replacement are greater than those of the control and WGP concrete, as demonstrated in Figure 10. The water-cured concrete with 10% RCP content consistently maintains a WA range of 4–6% [7,46]. Nevertheless, WA can exceed this range in certain mixtures containing 20% RCP under various curing conditions. The higher the quantity of RCP in concrete is, the higher the WA rates increase because of RCP's physical irregularities and porous structure, which make WA easier. Moreover, the leftover cement in RCP stimulates hydration processes, resulting in a higher number of pores in the concrete and elevated water absorption. These observations have implications for enhancing concrete mixtures to address water penetration issues in construction.

The WA results show that adding PEG-400 in concrete reduced the WA compared to traditional wrapping curing. According to sources [41,47,48], the decline in the water absorption of concrete during self-curing suggests a lower porosity level. Using 1% PEG-400 in concrete with waste powders reduced the water absorption compared to the control concrete due to the self-curing method application. Similar findings have been reported in recently published studies [41,49].

3.4.3. Correlation between Strength and WA

The relationship between the concrete compressive strength and water absorption is shown in Figure 11. Nevertheless, there is typically a negative correlation between the compressive strength and water absorption. Concrete with an increased compressive strength usually has a decreased water absorption, showing a more compact, less permeable composition and high durability. On the other hand, concrete that has a lower compressive strength might show a higher WA, indicating it is a more porous and less long-lasting



$$y = -0.1177x + 8.9089 \tag{5}$$

Figure 11. Correlation between strength and WA.

4. Conclusions

Waste materials allow for cost savings and support environmental sustainability by reducing landfill waste and the need for natural resources. This study explores the potential of waste glass and recycled concrete powders as substitutes for some of the Portland cement in construction materials. Both waste powders have a detrimental impact on the engineering properties of concrete. Under identical curing conditions and with the same percentage of replacement, RCP has a greater impact compared to WGP. Although the engineering properties decreased by replacing ordinary Portland cement with these two recycled powders, the findings validate the possibility of effectively utilizing small amounts of these two waste powders by implementing an appropriate curing method for structural purposes. The practicality of incorporating greater amounts of these two waste powders is still feasible and appropriate for low-strength uses like pedestrian walkways with a focus on cost-efficiency. As a result, each application will determine the best replacement level and curing technique. While it is true that recycling concrete and waste glass can lead to some degradation in material properties over multiple cycles, there are ways to mitigate these issues including quality control, a passport for products, blending materials, ongoing research, etc. Overall, despite the difficulties, cautious management and creative solutions can contribute to the continued viability and sustainability of recycled concrete and waste glass as building materials.

- 1. The findings show a decline in workability at 10% WGP, followed by a steady increase in workability as the percentage of WGP rises to 20%; however, the slump values for concrete containing RCP are different. The workability decreases with 10% RCP and decreases more with 20% RCP.
- 2. An increase in the percentage of WGP results in a reduction in density. Nevertheless, the decrease is not substantial. The impact on the concrete mix density from replacing RCP is comparable to the replacement of WGP. Nevertheless, the drop in density of concrete with RCP is greater than that of concrete with WGP. For instance, the reduction in percentage for the 10% WGP concrete is 0.3%, while, for the 10% RCP concrete, it is 0.5% when compared to the control mixes.

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- 3. centages of WGP. The compressive strength of concretes with 10% WGP at 28 days of curing varied from 25.9 to 27.9 MPa under different curing conditions. The compressive strength for concrete with 10% RCP ranged from 9.5 to 12.6 MPa at 7 days and from 21.3 to 23.9 MPa at 28 days, showing ongoing hydration and strength gain with longer curing periods.
- 4. The concrete containing 10% WGP achieved 44%, 45.1%, and 52% of their 28-day strength after 7 days under wrapping, self-curing, and water curing, respectively. This strength gain for concrete with 10% RCP is 44.6%, 45.0%, and 52.7%. Wrapping curing resulted in the lowest compressive strength due to incomplete hydration caused by the lack of water availability. Water curing is considered the most effective curing condition as it has resulted in the highest compressive strength for all types of concretes-control, WGP, and RCP.
- Higher proportions of WGP and RCP resulted in increased water absorption due to 5. their porous nature; however, the acceptable level of 4-6% can be achieved with a 10%WGP and RCP replacement.

Future research work could involve examining the microstructural properties, additional mechanical properties, and durability properties by different replacement percentages of these recycled powders with Portland cement and examining different curing conditions.

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