

An supplementary file

A Form for Urbanites Psychological Security Scale by O.Yu. Zotova and L.V. Tarasova

The test consists of 38 statements pertaining to the experience of living in an urban environment. Please indicate your level of agreement with each item on the scale ranging from 1 to 5, where **1 is totally disagree and 5 is totally agree**.

There is no correct or incorrect answer in this test. So, please, do not hesitate over the answer and choose the option that best matches your inner feeling at the moment. If a statement poses a challenge, keep on answering other items and revisit the problematic item later. It is crucial to complete all sections of the assessment in order to facilitate an accurate analysis. The average time to perform the test is 20 minutes.

№	STATEMENT	SCALE				
<p>Please indicate your level of agreement or disagreement with the following statement by placing a circle or other appropriate symbol on the scale provided. 1. Strongly disagree; 2. Disagree; 3. Neither agree nor disagree; 4. Agree; 5. Strongly agree.</p>						
1.	I live in a city where I don't have anyone to turn to when things get tough	1	2	3	4	5
2.	I really like the way my city looks	1	2	3	4	5
3.	I don't have the feeling that I have the power to make changes in my city	1	2	3	4	5
4.	I feel like I'm taken care of by the city government, police, social and medical institutions	1	2	3	4	5
5.	I'm closely tied to this city through family, friends, and colleagues	1	2	3	4	5
6.	I'd say the people around here aren't particularly friendly	1	2	3	4	5
7.	In my city, I feel like I'm putting myself at risk when I take a personal or civic stand	1	2	3	4	5
8.	The city life is so tense that I can't relax	1	2	3	4	5
9.	My concern is that I don't really understand how to tackle urban issues like pollution, crime, and unemployment.	1	2	3	4	5

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10.	I do not see my city as something to be trusted: I can't make plans here, because anything can happen	1	2	3	4	5
11.	I find the city logistics convenient: the transportation network is well developed, and the highways are pretty good.	1	2	3	4	5
12.	I'm ready for the challenges I may face in my city since I rely on my abilities	1	2	3	4	5
13.	My past experience of being a resident of this city gives me confidence in my future	1	2	3	4	5
14.	I make the most of all the chances the city gives me to develop myself.	1	2	3	4	5
15.	By residing in this city, I can satisfy most of my needs	1	2	3	4	5
16.	I do believe in my city, in its potential and prospects	1	2	3	4	5
17.	I have tools (media, social media, hotlines, etc.) for impacting the level of comfort and security in my city	1	2	3	4	5
18.	When I navigate the city, I feel discomfort	1	2	3	4	5
19.	Indeed, there is no person in this city with whom I can share what I think or be myself	1	2	3	4	5
20.	When the unexpected difficulties of metropolitan life occur, I am confident that I can sort them out	1	2	3	4	5
21.	The longer I live in the city, the more often I feel hopelessness, fear of unpredictability and uncertainty	1	2	3	4	5
22.	In the city, I feel capable of choosing my own way of life	1	2	3	4	5
23.	I can easily find someone in my city to open up and confide in.	1	2	3	4	5
24.	In my city there are always people willing to help or support me	1	2	3	4	5
25.	In the city, I feel free to express myself	1	2	3	4	5
26.	I can move around my city with ease	1	2	3	4	5

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27.	I am proud of my city and believe in its dignified future	1	2	3	4	5
28.	I don't know how to act in the face of unexpected situations	1	2	3	4	5
29.	I think I would have achieved more in a city with a more updated and developed environment	1	2	3	4	5
30.	I am well aware of the opportunities that my city has to offer and I know where to find the information that I need quickly	1	2	3	4	5
31.	I feel comfortable and relaxed when I walk around the city	1	2	3	4	5
32.	In my city, I lack opportunities for free development	1	2	3	4	5
33.	I know where to get the medical, educational, and social services I need	1	2	3	4	5
34.	In my city, the pressures of circumstance, the influence of others, or fear constantly affect my choices	1	2	3	4	5
35.	While living in the city, I feel constraints that prevent me from realizing myself	1	2	3	4	5
36.	I manage to achieve my goals pretty easily	1	2	3	4	5
37.	In the city where I live, I will be able to find a job that is a good fit for me	1	2	3	4	5
38.	I'm concerned about my city's environmental health.	1	2	3	4	5