



Abstract

## Introduction of the European Regulatory Framework for New Sweeteners and Sweeteness Enhancers and Its Role as a Facilitator or Barrier to Innovation: Results from the SWEET Project <sup>†</sup>

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**Abstract:** There is a growing consumer interest and public health mandate to reduce sugar intake, and an increased iimpetus to innovate in the food sector to develop new and more acceptable sweeteners and sweetness enhancers (S&SEs) as low- or non-calorific replacements for sugar. Within the European context, S&SEs are subject to stringent risk assessment and regulatory framework to permit new S&SEs in the European market. There has been a long-standing debate about the role of regulation in facilitating or slowing down innovation processes. The aim of this study is to examine the S&SE regulation and risk governance framework, with a specific focus on the implementation of the precautionary principle to assess its perceived impact on the food industry's ability to innovate. We conducted six semi-structured interviews with food industry applicants for new and novel S&SE approval. The study results indicate that the legislation is achieving its primary aims of harmonising the approval process, ensuring consumer safety, and contributing to the public health policies of the EU. However, there are several barriers to innovation associated with the regulatory framework, including the application of the precautionary principle and the burden-of-proof requirement facing the industry. The barriers are particularly relevant to small and medium organisations who have limited resources to accommodate these uncertainties. An open dialogue between business operatives and risk assessors would be an important step towards raising this awareness and addressing the uncertainties within the process.

Keywords: non-nutritive sweeteners; sugar-reduction; regulation



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