

## Supplements

**Table S1.** Search strategies for each database.

	PubMed	Cochrane Library	Scopus	Web of Science
<b>Search terms, combinations</b>	("Zirconium"[Mesh] OR zirconium OR zirconia OR zirconium dioxide OR Y-TZP) AND (translucent OR "monolithic" OR "full anatomical" OR "full contour" OR cubic OR multilayer OR FSZ OR 4Y-TZP OR 5Y-TZP) AND ("computer aided manufacturing" OR milling OR "CAD CAM" OR sintering OR heat OR "Heating"[Mesh] OR heating OR firing OR staining OR infiltrating OR "Color"[Mesh] OR color OR shade OR sandblasting OR airborne-particle abrasion OR glazing OR polishing OR grinding OR aging OR fatigue OR thermocycling OR thermal cycling OR LTD OR "low temperature degradation" OR wear OR abrasion)	([mh Zirconium] OR (zirconium):ti,ab,kw OR (zirconia):ti,ab,kw OR (zirconium dioxide):ti,ab,kw OR (Y-TZP):ti,ab,kw) AND ((translucent):ti,ab,kw OR ("monolithic"):ti,ab,kw OR ("full anatomical"):ti,ab,kw OR ("full contour"):ti,ab,kw OR (cubic):ti,ab,kw OR (multilayer):ti,ab,kw OR (fsz):ti,ab,kw OR (4y-tzp):ti,ab,kw OR (5y-tzp):ti,ab,kw) AND (("computer aided manufacturing"):ti,ab,kw OR (milling):ti,ab,kw OR ("CAD CAM"):ti,ab,kw OR (sintering):ti,ab,kw OR (heat):ti,ab,kw OR [mh Heating] OR (heating):ti,ab,kw OR (firing):ti,ab,kw OR (staining):ti,ab,kw OR (infiltrating):ti,ab,kw OR [mh Color] OR (col*r):ti,ab,kw OR (shade):ti,ab,kw OR (sandblasting):ti,ab,kw OR (airborne-particle abrasion):ti,ab,kw OR (glazing):ti,ab,kw OR (polishing):ti,ab,kw OR (grinding):ti,ab,kw OR (aging):ti,ab,kw OR (fatigue):ti,ab,kw OR (thermocycling):ti,ab,kw OR (thermal cycling):ti,ab,kw OR (LTD):ti,ab,kw OR ("low temperature degradation"):ti,ab,kw OR (wear):ti,ab,kw OR (abrasion):ti,ab,kw)	TITLE-ABS-KEY(zirconia OR "zirconium dioxide" OR y-tzp) AND TITLE-ABS-KEY(translucent OR "monolithic" OR "full anatomical" OR "full contour" OR cubic OR fsz OR 4y-tzp OR 5y-tzp) AND TITLE-ABS-KEY("computer aided manufacturing" OR "CAD CAM" OR sintering OR staining OR color OR shade OR sandblasting OR "airborne-particle abrasion" OR glazing OR polishing OR grinding OR aging OR fatigue OR thermocycling OR ltd OR "low temperature degradation" OR wear OR abrasion)	TS=(zirconia OR "zirconium dioxide" OR y-tzp) AND TS=(translucent OR "monolithic" OR "full anatomical" OR "full contour" OR cubic OR fsz OR 4y-tzp OR 5y-tzp) AND TS=("computer aided manufacturing" OR "CAD CAM" OR sintering OR staining OR colo\$r OR shade OR sandblasting OR "airborne-particle abrasion" OR glazing OR polishing OR grinding OR aging OR fatigue OR thermocycling OR ltd OR "low temperature degradation" OR wear OR abrasion)
<b>Field</b>	All fields	Title, abstract, keywords	Title, abstract, keywords	Topic
<b>Language</b>	English	NA	English	English
<b>Year</b>			2010-2021	2010-2021
<b>Type of publication, source</b>			Article Source type: Journal	Article
<b>Type of area, categories</b>			Subject area: Materials Science, Dentistry, Engineering, Chemical Engineering, Chemistry, Medicine	Research areas: Materials science, Dentistry oral surgery medicine, Engineering, Chemistry, Science technology other topics, Physics, Biophysics, Optics, Electrochemistry, Mechanics, Crystallography, Microscopy, Research experimental medicine

Exclusions

Keywords: Fuel cells, Solid oxide fuel cells  
Source title: Journal of Alloys and Compounds, Computer systems science and engineering, Carbon, Fuel, Integrated Ferroelectrics, Journal of power sources, Canadian Metallurgical Quarterly, Catalysis communications, Catalysis Today, Chinese journal of aeronautics

Web of Science categories: Dentistry oral surgery medicine, Materials science ceramics, Materials science multidisciplinary, Materials science biomaterials, Engineering biomedical, Optics

Source title: Journal of alloys and compounds, Journal of nuclear materials, Journal of power sources, Carbon, Applied clay science

Research areas: Metallurgy metallurgical engineering, Mining mineral processing, Construction building technology, Dermatology, Energy fuels

NA: Not available

Table S2. Risk of bias (quality) assessment tool.

Reference						
Reviewer						
Date						
Domain	Item	Yes	No	Unclear/ missing	Not applicable	Comments/details
Selection bias	Objectives: Was/were the objective/-s specific?					
	Study population: Were the materials clearly described?					
	Was the control group/-s relevant?					
	Sample size: Was the number of specimens included in the study clearly stated?					
	Was it clear how the sample size was determined (for example by power analysis, according to ISO standard)?					
	Were all groups (within the same test method) equal in sample size?					
	Were the specimens randomly allocated to groups and/or interventions?					
	Assessment of selection bias	Low	High	Moderate		
Performance bias	Were the processing factors clearly described?					
	Were the processing steps performed in a standardized way?					
	Were the processing steps performed in a reproducible way?					
	Where applicable, were all groups treated equally?					

Were the specimens standardized?					
Assessment of performance bias	Low	High	Moderate		

<b>Detection bias</b>					
Were the methods clearly described and reproducible?					
Were standardized methods used?					
Were the outcomes pre-specified and defined?					
Was the statistical method suitable for the purpose?					
Were the statistical results appropriately interpreted?					
Was the significance level pre-defined?					
Assessment of detection bias	Low	High	Moderate		

<b>Attrition bias</b>					
If specimens were excluded: was the number clearly stated?					
If specimens were excluded: was the reason clearly stated?					
Was the dropout and the reason similar between the groups?*					
Was the dropout addressed appropriately?					
Assessment of attrition bias	Low	High	Moderate		

<b>Report bias</b>					
Were the results for each outcome reported and clearly described?					
Were results for each group and the estimated size of the effect and its precision reported?					
Were the results presented in a way that supported and related to the conclusion?					

Were potential confounding factors taken into account in the design and/or in analysis?					
Were sources of potential bias and limitations of the study addressed?					
Assessment of report bias	Low	High	Moderate		

<b>Conflict of interest bias</b>					
Were sources of funding or other support described?					
Have the authors declared that they lack financial or other interests that could affect the outcome?					
Assessment of conflict of interest bias	Low	High	Moderate		

<b>Overall assessment of risk of bias</b>	Low	High	Moderate		
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\*If answer is No, consider if the dropout was addressed appropriately before automatically assessing the domain as High  
The alternative *unclear* is used when the information is not possible to derive from the text.  
The alternative *not applicable* is used when the question is not relevant.

Domain	Low / Moderate / High
Selection bias	
Performance bias	
Detection bias	
Attrition bias	
Report bias	
Conflict of interest bias	
<b>Overall risk of bias</b>	

### Criteria for assessment of domains

Low risk of bias: All applicable items are assessed to be at low risk of bias (assessed as yes), or items assessed as moderate (unclear), in a way that does not substantially lowers confidence in the result.

Moderate risk of bias: Multiple applicable items are assessed as moderate (unclear), or one as high risk (no) in a way that substantially lowers confidence in the result.

High risk of bias: At least one applicable item is assessed as high risk (no), or multiple items assessed as moderate (unclear) in a way that substantially lowers confidence in the result.

Overall risk of bias criteria

Low risk of bias: All domains are assessed to be at low risk of bias.

Moderate risk of bias: At least one domain is assessed as moderate, but no domain as high risk.

High risk of bias: At least one domain is assessed as high risk, or at least four domains as moderate.

**Table S3.** Reasons for exclusion for publications

**Reason for exclusion**

**Unclear zirconia type**

1. Alghazzawi TF, Lemons J, Liu PR, Essig ME, Bartolucci AA, Janowski GM. Influence of low-temperature environmental exposure on the mechanical properties and structural stability of dental zirconia. *J. Prosthodont.* **2012**,21(5),363-9.
2. Amaya-Pajares SP, Ritter AV, Vera Resendiz C, Henson BR, Culp L, Donovan TE. Effect of Finishing and Polishing on the Surface Roughness of Four Ceramic Materials after Occlusal Adjustment. *J. Esthet. Restor. Dent.* **2016**,28,382-396.
3. Attachoo S, Juntavee N. Role of sintered temperature and sintering time on spectral translucence of nano-crystal monolithic zirconia. *J. Clin. Exp. Dent.* **2019**,11,e146-e153.
4. Beuer F, Stimmelmayer M, Gueth JF, Edelhoff D, Naumann M. In vitro performance of full-contour zirconia single crowns. *Dent. Mater.* **2012**,28,449-56.
5. Choi JW, Bae IH, Noh TH, Ju SW, Lee TK, Ahn JS, et al. Wear of primary teeth caused by opposed all-ceramic or stainless steel crowns. *J. Adv. Prosthodont.* **2016**,8,43-52.
6. Chougule KJ, Wadkar AP. An In vitro Comparative Evaluation of Flexural Strength of Monolithic Zirconia after Surface Alteration Utilising Two Different Techniques. *J. Clin. Diagn. Res.* **2017**,11,ZC20-ZC23.
7. Cui X, Shen Z, Wang X. Esthetic appearances of anatomic contour zirconia crowns made by additive wet deposition and subtractive dry milling, A self-controlled clinical trial. *J. Prosthet. Dent.* **2020**,123,442-448.
8. Ebeid K, Wille S, Hamdy A, Salah T, El-Etreby A, Kern M. Effect of changes in sintering parameters on monolithic translucent zirconia. *Dent. Mater.* **2014**,30,e419-24.
9. Bandeira MB, Queiroz IMS, Fernandes SKSC, Freitas A, Özcan M, Martinelli AE, Queiroz JRC. Evaluation of surface roughness of monolithic zirconia after using different polishing kits. *Pesqui. Bras. Odontopediatria Clin. Integr.* **2017**,17(1),e2984.
10. Giti R, Hojati SA. Effect of Varying Thickness and Number of Coloring Liquid Applications on the Color of Anatomic Contour Monolithic Zirconia Ceramics. *J. Dent. (Shiraz).* **2018**,19,311-319.
11. Gwon B, Bae EB, Lee JJ, Cho WT, Bae HY, Choi JW, et al. Wear Characteristics of Dental Ceramic CAD/CAM Materials Opposing Various Dental Composite Resins. *Materials (Basel).* **2019**,12,1839.
12. Hartkamp O, Lohbauer U, Reich S. Antagonist wear by polished zirconia crowns. *Int. J. Comput. Dent.* **2017**,20(3),263-274.
13. Jang YS, Nguyen TDT, Ko YH, Lee DW, Baik BJ, Lee MH, et al. In vitro wear behavior between enamel cusp and three aesthetic restorative materials, Zirconia, porcelain, and composite resin. *J. Adv. Prosthodont.* **2019**,11,7-15.
14. Jin S, Choi JW, Jeong CM, Huh JB, Lee SH, Lee H, et al. Evaluating the Wear of Resin Teeth by Different Opposing Restorative Materials. *Materials (Basel).* **2019**,12,3684.
15. Kelesi M, Kontonasaki E, Kantiranis N, Papadopoulou L, Zorba T, Paraskevopoulos KM, et al. The effect of different aging protocols on the flexural strength and phase transformations of two monolithic zirconia ceramics. *J. Appl. Biomater. Funct. Mater.* **2020**,18,2280800020982677.
16. Kim HK, Kim SH. Effect of the number of coloring liquid applications on the optical properties of monolithic zirconia. *Dent. Mater.* **2014**,30,e229-37.
17. Kim HK, Kim SH. Comparison of the optical properties of pre-colored dental monolithic zirconia ceramics sintered in a conventional furnace versus a microwave oven. *J. Adv. Prosthodont.* **2017**,9,394-401.
18. Kim HK, Kim SH, Lee JB, Ha SR. Effects of surface treatments on the translucency, opalescence, and surface texture of dental monolithic zirconia ceramics. *J. Prosthet. Dent.* **2016**,115,773-9.

19. Kim HK, Kim SH, Lee JB, Han JS, Yeo IS. Effect of polishing and glazing on the color and spectral distribution of monolithic zirconia. *J. Adv. Prosthodont.* **2013**,5,296-304.
20. Kim HK, Kim SH, Lee JB, Han JS, Yeo IS, Ha SR. Effect of the amount of thickness reduction on color and translucency of dental monolithic zirconia ceramics. *J. Adv. Prosthodont.* **2016**,8,37-42.
21. Kim SH, Choi YS. Changes in properties of monolithic and conventional zirconia during aging process. *Mech. Mater.* **2019**,138 103159.
22. Lameira DP, Buarque e Silva WA, Andrade e Silva F, De Souza GM. Fracture Strength of Aged Monolithic and Bilayer Zirconia-Based Crowns. *Biomed. Res. Int.* **2015**,2015,418641.
23. Lee WF, Feng SW, Lu YJ, Wu HJ, Peng PW. Effects of two surface finishes on the color of cemented and colored anatomic-contour zirconia crowns. *J. Prosthet. Dent.* **2016**,116,264-8.
24. Guilardi LF, Soares P, Werner A, de Jager N, Pereira GKR, Kleverlaan CJ, Rippe MP, Valandro LF. Fatigue performance of distinct CAD/CAM dental ceramics. *J. Mech. Behav. Biomed. Mater.* **2020**,103,103540.
25. Luanguangrong P, Cook NB, Sabrah AH, Hara AT, Bottino MC. Influence of full-contour zirconia surface roughness on wear of glass-ceramics. *J. Prosthodont.* **2014**,23,198-205.
26. Mohammadi-Bassir M, Babasafari M, Rezvani MB, Jamshidian M. Effect of coarse grinding, overglazing, and 2 polishing systems on the flexural strength, surface roughness, and phase transformation of yttrium-stabilized tetragonal zirconia. *J. Prosthet. Dent.* **2017**,118,658-665.
27. Nam JY, Park MG. Effects of aqueous and acid-based coloring liquids on the hardness of zirconia restorations. *J. Prosthet. Dent.* **2017**,117,662-668.
28. Nam JY, Park MG. Effects of treatment with aqueous and acid-based coloring liquid on the color of zirconia. *J. Prosthet. Dent.* **2019**,121,363.e1-363.e5.
29. Tao Y, Cui X, Zhang D, Shen Z, Tong D, Wang X. The application potential of self-glazed zirconia crowns confirmed by easy grinding and polishing of the enamel-like surface. *Adv. Appl. Ceram.* **2020**,119,297-304.
30. Yin R, Lee MH, Bae TS, Song KY. Effect of finishing condition on fracture strength of monolithic zirconia crowns. *Dent. Mater. J.* **2019**,38,203-210.
31. Zhang YD, Han JM, Zheng G, Lin H, Bai W, Zhao J, et al. Fatigue behaviours of the zirconia dental restorations prepared by two manufacturing methods. *Adv. Appl. Ceram.* **2017**,116,368-75.
32. Ban S ST, Yoshihara K, Takeuchi M, Kawai T, Murakami H, Kono H. Surface properties of dental zirconia after clinical grinding and polishing. *Key Eng. Mater.* **2013**,529,501-6.
33. Elshiyab SH, Nawafleh N, Walsh L, George R. Fracture resistance and survival of implant-supported, zirconia-based hybrid-abutment crowns, Influence of aging and crown structure. *J. Investig. Clin. Dent.* **2018**,9,e12355
34. Elshiyab SH, Nawafleh N, Öchsner A, George R. Fracture resistance of implant- supported monolithic crowns cemented to zirconia hybrid-abutments, zirconia-based crowns vs. lithium disilicate crowns. *J. Adv. Prosthodont.* **2018**,10,65-72.
35. Giti R, Haghdooost S, Ansarifard E. Effect of different coloring techniques and surface treatment methods on the surface roughness of monolithic zirconia. *Dent. Res. J. (Isfahan).* **2020**,17,152-161.
36. Kontos L, Schille C, Schweizer E, Geis-Gerstorfer J. Influence of surface treatment on the wear of solid zirconia. *Acta. Odontol. Scand.* **2013**,71,482-7.
37. Sabrah AH, Cook NB, Luanguangrong P, Hara AT, Bottino MC. Full-contour Y-TZP ceramic surface roughness effect on synthetic hydroxyapatite wear. *Dent. Mater.* **2013**,29,666-73.
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**Not high translucent zirconia**

1. Tuncel I, Turp I, Usumez A. Effect of color shading procedures and cyclic loading on the biaxial flexural strength of zirconia. *Niger J Clin. Pract.* **2018**,21,7-12.
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3. Alves LMM, Contreras LPC, Bueno MG, Campos TMB, Bresciani E, Valera MC, et al. The Wear Performance of Glazed and Polished Full Contour Zirconia. *Braz. Dent. J.* **2019**,30,511-8.
4. Amaral M, Villefort RF, Melo RM, Pereira GKR, Zhang Y, Val, et al. Fatigue limit of monolithic Y-TZP three-unit-fixed dental prostheses: Effect of grinding at the gingival zone of the connector. *J. Mech. Behav. Biomed. Mater.* **2017**,72,159-162.
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6. Ban S, Okuda Y, Noda M, Tsuruki J, Kawai T, Kono H. Contamination of dental zirconia before final firing: effects on mechanical properties. *Dent. Mater. J.* **2013**,32,1011-9.
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8. Denry I, Abdelaal M, Dawson DV, Holloway JA, Kelly JR. Effect of crystalline phase assemblage on reliability of 3Y-TZP. *J. Prosthet. Dent.* **2021**,126,238-247.
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12. Hajhamid B, Mohammad Rahimi R, F Bahr D, M De Souza G. Effect of ionizing radiation and chewing simulation on human enamel and zirconia. *J. Prosthodont. Res.* **2021** 24,65,67-72.
13. Hmaidouch R, Müller WD, Lauer HC, Weigl P. Surface roughness of zirconia for full-contour crowns after clinically simulated grinding and polishing. *Int. J. Oral Sci.* **2014**,6,241-6.
14. Ilie N, Stawarczyk B. Quantification of the amount of light passing through zirconia: the effect of material shade, thickness, and curing conditions. *J. Dent.* **2014**,42,684-90.
15. Inokoshi M, Zhang F, De Munck J, Minakuchi S, Naert I, Vleugels J, et al. Influence of sintering conditions on low-temperature degradation of dental zirconia. *Dent. Mater.* **2014**,30,669-78.
16. Jiang L, Liao Y, Wan Q, Li W. Effects of sintering temperature and particle size on the translucency of zirconium dioxide dental ceramic. *J. Mater. Sci. Mater. Med.* **2011**,22,2429-35.
17. Kim MJ, Ahn JS, Kim JH, Kim HY, Kim WC. Effects of the sintering conditions of dental zirconia ceramics on the grain size and translucency. *J. Adv. Prosthodont.* **2013**,5,161-6.
18. Lee KH, Nam KW. A study on the wear characteristics of ZrO<sub>2</sub> monoliths and ZrO<sub>2</sub>/SiC composites. *J Ceram Process Res.* **2018**,19,54-64.

19. Mota YA, Cotes C, Carvalho RF, Machado JPB, Leite FPP, Souza ROA, et al. Monoclinic phase transformation and mechanical durability of zirconia ceramic after fatigue and autoclave aging. *J. Biomed. Mater. Res. B Appl. Biomater.* **2017**,105,1972-1977.
20. Papageorgiou-Kyran A, Kokoti M, Kontonasaki E, Koidis P. Evaluation of color stability of preshaded and liquid-shaded monolithic zirconia. *J. Prosthet. Dent.* **2018**,119,467-472.
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28. Janyavula S, Lawson N, Cakir D, Beck P, Ramp LC, Burgess JO. The wear of polished and glazed zirconia against enamel. *J. Prosthet. Dent.* **2013**,109,22-9.\*
29. Burgess JO, Janyavula S, Lawson NC, Lucas TJ, Cakir D. Enamel Wear Opposing Polished and Aged Zirconia. *Oper. Dent.* **2014**,39,189-94.\*
30. Chong BJ, Thangavel AK, Rolton SB, Guazzato M, Klineberg IJ. Clinical and laboratory surface finishing procedures for zirconia on opposing human enamel wear: A laboratory study. *J. Mech. Behav. Biomed. Mater.* **2015**,50,93-103.\*
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#### Experimental method

1. Amat NF, Muchtar A, Amril MS, Ghazali MJ, Yahaya N. Effect of sintering temperature on the aging resistance and mechanical properties of monolithic zirconia. *J. Mater. Res. Technol.* **2019**,8,1092-101.
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3. Borges MAP, Alves MR, dos Santos HES, dos Anjos MJ, Elias CN. Oral degradation of Y-TZP ceramics. *Ceram Int.* **2019**,45,9955-61.
4. Cha MS, Huh YH, Cho LR, Park CJ. A comparative study of the wear of dental alloys against monolithic zirconia. *J. Prosthet. Dent.* **2020**,123,866-873.

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14. Wei C, Gremillard L. The influence of stresses on ageing kinetics of 3Y- and 4Y- stabilized zirconia. *J. Eur. Ceram. Soc.* **2018**,38,753-60.
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17. Zhang F, Van Meerbeek B, Vleugels J. Importance of tetragonal phase in high-translucent partially stabilized zirconia for dental restorations. *Dent. Mater.* **2020**,36,491-500.

#### **Irrelevant processing factor or intervention**

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