

## **Supplement**

### **Interview Framework**

#### **Introduction**

Introducing myself, the project, its objectives, and purpose. The meaning and significance of informed consent.

#### **Participation**

##### Living arrangements

- What is your current living situation? (If the interview takes place at the interviewee's home: Who else lives with you?)

##### Mobility outside the home

- How often do you go out of the house? How do you manage transportation? (e.g., parents drive you, with a personal assistant, self-arranged transportation, independent travel)

##### Leisure activities

- What do you do in your free time? (Any activities with friends at home or elsewhere during the day or in the evening)?

##### Financial situation

- How do you manage financially? (e.g., financial support, parental help, paid work, student grant, housing allowance)

#### **Rehabilitation**

##### Daily life support

- How do you feel rehabilitation helps you with everyday tasks?
- Who determines what kind of support you need for daily activities?

##### Rehabilitation planning

- When was the last time you visited a hospital or health center for your rehabilitation plan?
- When was your rehabilitation plan last updated?
- Who was involved in creating the plan?
- Have you had the opportunity to influence its goals? - If multiple forms of therapy are involved, have common goals been set, or has there been a joint meeting?

##### Involvement in planning

- How have you been included in rehabilitation planning? (e.g., setting goals, planning interventions)
- How involved have you been in the decision-making process for your rehabilitation?
- How does being included in the planning affect your rehabilitation and future functionality?

##### Transition to adult rehabilitation

- How have you participated in the transition process from pediatric to adult rehabilitation follow-up?

- What are your expectations for the transition process?
- If the transition has occurred, what was your experience?

### **Experiences with Rehabilitation Services**

Public health care or Kela-funded rehabilitation

- What is your experience with rehabilitation funded and arranged by Kela or public health care?
- If you could change the system, what would you do, and what would it look like?

Future expectations

- How do you see your future from the perspective of rehabilitation?
- What are your hopes for rehabilitation moving forward?

### **Additional Comments**

Would you like to add anything regarding your rehabilitation plan, your transition to adult rehabilitation, or the rehabilitation system in general?

Thank you