

**Table S1.** The sampling location details for the 42 swabbed areas within the exercise facility of interest, including their placement into categorical groupings for the study methodology which aimed to assess multiple types of surfaces of interest.

Sampling Location Details within the Exercise Facility	Locker Room and Showers	Shower Area	Floor of Locker Room and Showers	Surface for Leg Contact	Flat Surface Excludes Floors	Locker Room Bench	Men's Locker Room	Women's Locker Room	Crevice	Handle
Yoga Mat Head Position					+					
Yoga Mat Leg Position				+	+					
Yoga mat back position					+					
Sit-Up Bench Flat Leg Contact				+	+					
Sit-Up Bench Edge Leg Contact									+	
Sit-Up Bench Circular Leg Lock									+	
Leg extension broken seat vinyl				+					+	
Leg extension- leg contact				+	+					
Leg extension- plastic handle										+
Abs machine -Arms					+					
Abs machine- Handles										+
Abs machine- leg surface				+	+					
Leg press- Back support area					+					
Leg press - Seated support				+	+					
Leg press- Handles										+
Incline press- Back					+					
Incline press- Seat					+					
Incline press- Arm					+					
Men's floor Bench A	+		+				+			
Men's floor Bench B	+		+				+			
Men's floor Bench C	+		+				+			
Women floor Bench A	+		+					+		
Women floor Bench B	+		+					+		
Women floor Bench C	+		+					+		
Men's bench locker room A	+				+	+	+			

<b>Sampling Location Details within the Exercise Facility (continued)</b>	Locker Room and Showers	Shower Area	Floor of Locker Room and Showers	Surface for Leg Contact	Flat Surface Excludes Floors	Locker Room Bench	Men's Locker Room	Women's Locker Room	Crevice	Handle
Men's bench locker room B	+				+	+	+			
Men's bench locker room C	+				+	+	+			
Women's locker bench A	+				+	+		+		
Women's locker bench B	+				+	+		+		
Women's locker bench C	+				+	+		+		
Men's shower floor tile A	+	+	+				+			
Men's shower floor tile B	+	+	+				+			
Men's shower floor tile C	+	+	+				+			
Women shower floor tile A	+	+	+					+		
Women shower floor tile B	+	+	+					+		
Women shower floor tile C	+	+	+					+		
Men's shower bench A	+	+			+	+	+			
Men's shower bench B	+	+			+	+	+			
Men's shower bench C	+	+			+	+	+			
Women's shower bench A	+	+			+	+		+		
Women's shower bench B	+	+			+	+		+		
Women's shower bench C	+	+			+	+		+		
<b>Sum of Samples by Category</b>	<b>24</b>	<b>12</b>	<b>12</b>	<b>6</b>	<b>24</b>	<b>12</b>	<b>12</b>	<b>12</b>	<b>3</b>	<b>3</b>

*Note: + indicates the sampling location from the first column was used in the respective category for methodological purposes in this study; whereby many samples fit into two or more categories.*