

Supplementary material S1: Focus group interview schedule

Introduction

- Round of names and pronouns, where you're from, anything else you'd like to share about yourself

Co-facilitators explain a bit about the project, its aims, the purpose of the focus group, and asks if anyone has any questions.

Understanding of Primary Healthcare (PHC)

- What is your understanding of what Primary Healthcare is?
 - *Clarify what we mean by Primary Healthcare – GP/doctor, nurse, health coach, etc. Not specialist or hospital care.*
- Where would you normally access PHC? *School, medical centre, Youth One Stop Shop, Uni, etc.*
- What would be the kinds of things you might go to the doctor/nurse for? *(in general, doesn't need to be specific to being rainbow)*
- What are some of the things you might expect to happen when you go to the doctor/nurse?
 - *Consider the processes of: making an appointment, being in the waiting room, talking to the doctor or nurse, issues with parents, cost, cultural comfort, accessibility. Mention telehealth as well – you might have had online GP appointments, etc.*

Barriers or challenges to access

- In your own or others' experience, what things might make rainbow YP feel nervous or uncomfortable when going to their doctor/nurse? *Remind participants it could be because they have experienced something previously or have heard others talk about their experiences.*
 - *If personally experienced: What impact did these things have on the care you received? (e.g. the effects of being misgendered, assuming you were heterosexual)*
- Have you ever avoided accessing healthcare as a rainbow YP? *If so, why?*
- Have you ever avoided telling your healthcare provider about your sexual orientation, gender or sex characteristics? *If so, why?*
- How important do you think it is for healthcare providers to know about your gender, sexual orientation or sex characteristics?
- What could be done to make you feel more positive/comfortable/confident about accessing PHC?

Positive experiences

- Have you had any particularly positive experiences as a rainbow YP accessing PHC?
 - *If so, can you tell us more about these experiences? What was it about the experience that made it positive?*
- What do you think PHC providers can do to improve rainbow young people's experiences of primary healthcare?
 - *What can change at an individual level? At a system-wide level?*

Closing

- If there's one piece of advice you could give to a healthcare provider who is wanting to make their practice more rainbow-inclusive, what would it be?
- Are there any other thoughts or experiences you'd like to share?
- Closing round: How have you found being part of this group? How are you feeling now?

Co-facilitators let participants know of support available to them.