



**Figure S1:** Decision making tree of inclusion and exclusion criteria of players

**Supplementary Table S1: Bayesian correlations between pre-match 1 scores of the dependent variables and players' physical demands in match 1**

	<b>Creatine kinase</b>	<b>Urea</b>	<b>CMJ-Abalakov height</b>	<b>20m sprint time</b>	<b>Leg stiffness</b>	<b>Reactive strength index</b>	<b>FPPA (right)</b>	<b>FPPA (left)</b>	<b>Perceived well-being</b>
<b>Total distance covered</b>	0.335	0.337	-0.102	-0.074	-0.142	0.286	-0.012	-0.430	-0.112
<b>Distance covered at low speed running (&lt;13 km/h)</b>	0.359	0.354	-0.087	-0.039	-0.165	0.260	-0.009	-0.454	-0.119
<b>Distance covered at moderate speed running</b>	0.388	0.273	-0.183	-0.064	-0.198	0.338	-0.116	-0.428	0.042
<b>Distance covered at high- speed running (16-19 km/h)</b>	-0.159	0.107	-0.194	-0.150	0.076	0.352	-0.035	-0.101	-0.042
<b>Distance covered sprinting (&gt;19 km/h)</b>	0.082	0.142	0.095	-0.532	0.272	0.199	0.240	0.024	-0.364
<b>Accelerations</b>	0.584	0.535	0.080	-0.018	-0.180	0.347	-0.003	-0.411	-0.129
<b>Decelerations</b>	0.002	0.052	0.102	0.038	-0.074	0.370	0.079	0.001	0.094
<b>Sprints</b>	-0.030	0.291	0.280	-0.321	0.266	0.365	0.183	0.118	-0.325

Bayesian inference: \*  $BF_{10} > 10$ , \*\*  $BF_{10} > 30$ , \*\*\*  $BF_{10} > 100$

FPPA: frontal plane projection angle; CMJ: countermovement jump

