

Table S1. BMI (kg/m²) cutoff values for overweight among children aged 6 to 11 years in China, categorized by gender and age.

Age (years)	BMI (kg/m ²) cutoff value	
	Boy	Girl
6.0	16.8	16.7
6.5	17.0	16.8
7.0	17.2	16.9
7.5	17.5	17.1
8.0	17.8	17.3
8.5	18.2	17.6
9.0	18.5	17.9
9.5	18.9	18.3
10.0	19.3	18.7
10.5	19.7	19.1
11.0	20.1	19.6
11.5	20.4	20.1

Data were form “Li, H.; Zong, X. N.; Ji, C. Y.; Mi, J., Body mass index cut-offs for overweight and obesity in Chinese children and adolescents aged 2 - 18 years. *Chin J Epidemiol* **2010**, 31 (6), 616-20. (in Chinese)”.