Special Issue

New Trends and Advances in the Production of Functional Foods

Message from the Guest Editors

Nowadays, society is seeking to consume foods that have beneficial properties for health. This fact is encouraging more and more research to be done on this type of food (Functional Food) to take advantage of the benefits that these foods can bring to humans. For this reason, and because these foods can substantially change lifestyles and improve people's health, for example, by preventing diseases, we are interested in articles that investigate new trends and advances in the production of functional foods. Potential topics include, but are not limited to, the following:

- Production and innovation of new functional products.
- Antioxidant activity of functional foods.
- Phenolic and bioactive compounds in functional foods.
- Aromatic profiles of functional foods.
- Probiotics or similar in functional foods.
- Shelf-life study of functional foods, including sensory analysis.
- Nutrition in functional foods.
- Studies related to health benefits derived from functional foods.

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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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