# **Special Issue**

# Sports Related Foot and Ankle Injuries

## Message from the Guest Editors

This Special Issue aims to address the frequent foot and ankle pathologies due to sporting activities. More and more people practice sports today, and unfortunately, too often without adequate physical preparation. Highlevel athletes, on the other hand, are pushed to ever areater performances by forcing their feet to the limit of safety. As a result, a multitude of injuries are prevented, diagnosed, and treated on a daily basis. We must consider both macro- and micro-traumas, with their risk factors and the diagnostic and therapeutic paths from conservative orthopedic to regenerative and surgical treatment up to rehabilitation and insurance aspects. Various professional figures can therefore contribute to this Special Issue: orthopedists, traumatologists, podiatrists, physiatrists and physiotherapists, sports doctors, athletic trainers, and anyone who can and wants to deepen one of the countless aspects of this relevant challenge to sports injuries of the foot and ankle. Both original research articles and literature reviews are welcome. We look forward to your contribution.

#### **Guest Editors**

Prof. Dr. Massimiliano Leigheb

Prof. Dr. Antonio Mazzotti

Prof. Dr. Elena Manuela Samaila

Deadline for manuscript submissions closed (20 May 2024)



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## Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

#### Editor-in-Chief

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