

## Special Issue

# Recent Advances in Sports Injuries and Physical Rehabilitation

### Message from the Guest Editor

Sports injuries and physical rehabilitation are interrelated. As the number of people participating in sports has increased, interest in these two fields has also increased. Updating the information and guidelines on sports injuries and physical rehabilitation based on the latest research is a persistently important goal in sports medicine. Our Special Issue covers the latest research on sports injuries and physical rehabilitation.

Topics related to sports injuries and physical rehabilitation are welcome. We look forward to the active participation of researchers interested in this topic. We hope that this Special Issue will contribute to the field of sports medicine. Keywords

- sports injuries
- sports rehabilitation
- injury prevention
- rehabilitation training
- rehabilitation treatment
- physical modality
- athletic training
- recovery intervention
- functional recovery

---

### Guest Editor

Dr. Jooyoung Kim

Department of Health Care Exercise, Seowon University, Cheongju 28674, Republic of Korea

---

### Deadline for manuscript submissions

20 February 2025



## Applied Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 5.3



[mdpi.com/si/212710](https://mdpi.com/si/212710)

*Applied Sciences*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
applsci@mdpi.com

[mdpi.com/journal/  
applsci](https://mdpi.com/journal/applsci)





# Applied Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 5.3



[mdpi.com/journal/  
applsci](https://mdpi.com/journal/applsci)



## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

---

### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32,  
20133 Milano, Italy

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), Inspec, CAPIus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering)