

Special Issue

Stress, Anxiety, and Depression among Healthcare Workers

Message from the Guest Editors

Healthcare workers are exposed to high levels of workload (before, during and after the COVID-19 pandemic). This leads to affective reactions such as stress, anxiety, and depression, most of the time as adaptative and transient responses. However, relevant proportions of healthcare workers suffer clinically significant mental health problems and especially relevant work-related syndromes such as burnout. Therefore, this Special Issue will cover a wide range of study designs to further the affective impact of professional activity among healthcare workers. In particular, we welcome sound theoretical (systematic reviews or meta-analysis) and/or empirical contributions, from qualitative, quantitative or mixed-methods designs, including observational, interventional (RCT or nonrandomized trials) and assessment studies (e.g., validation of new instruments) that focus on this population.

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