

## Special Issue

# Sleep in Healthy and Pathological Aging

### Message from the Guest Editors

The present Special Issue is focused on the sleep patterns observable in healthy and pathological aging. Specifically, our aim is to attract research articles concerning the following research topics:

- Sleep pattern changes in healthy and pathological aging;
- Sleep disorders in healthy aging and age-related neurodegenerative diseases;
- Association of sleep features with normal and altered daily functioning in the elderly;
- Role of sleep hallmarks as possible biomarkers for pathological aging;
- Sleep deprivation and sleepiness in older people;
- Neurobiology of dreaming in healthy and pathological aging;
- Treatments of sleep in aging as a possible clinical approach to early stages of Alzheimer's Disease

---

### Guest Editors

Prof. Dr. Luigi De Gennaro

Department of Psychology, Sapienza University of Rome, Roma, Italy

Dr. Maurizio Gorgoni

Department of Psychology, Sapienza University of Rome, 00185 Rome, Italy

---

### Deadline for manuscript submissions

closed (3 August 2021)



## Brain Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.8  
Indexed in PubMed



[mdpi.com/si/63273](https://mdpi.com/si/63273)

*Brain Sciences*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[brainsci@mdpi.com](mailto:brainsci@mdpi.com)

[mdpi.com/journal/  
brainsci](https://mdpi.com/journal/brainsci)





# Brain Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.8  
Indexed in PubMed



[mdpi.com/journal/  
brainsci](https://mdpi.com/journal/brainsci)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

---

### Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA  
15260, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYINDEX, PsycInfo, CAPlus / SciFinder, and other databases.

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 12.9 days after submission; acceptance to publication is undertaken in 2.5 days (median values for papers published in this journal in the first half of 2024).

#### Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.