

## Special Issue

# Combining Psychotherapy and Brain Stimulation: A Collaborative Approach

### Message from the Guest Editor

Combining psychotherapy with noninvasive brain stimulation (NIBS) offers a promising and relatively unexplored approach to enhancing psychological health and well-being. Both therapies seem to promote neural plasticity: psychotherapy through new experiences and skills and NIBS via biochemical and neural changes that persist beyond the stimulation session. Together, these interventions could synergize to yield more robust and sustained therapeutic changes. This Special Issue explores the potential of integrating NIBS and psychotherapy as a collaborative approach by covering fundamental research, theoretical frameworks, clinical trials, and practical applications. We invite papers that explore cutting-edge research on the mechanisms driving the possible synergy between NIBS and psychotherapy, the role of neuroplasticity in mediating treatment effects, the impact of NIBS on cognitive and transdiagnostic processes involved in psychotherapy, and the potential for personalized medicine.

---

### Guest Editor

Dr. Alessandra Vergallito  
Independent Researcher, 20133 Milano, Italy

---

### Deadline for manuscript submissions

6 April 2025



## Brain Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.8  
Indexed in PubMed



[mdpi.com/si/217499](https://mdpi.com/si/217499)

*Brain Sciences*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[brainsci@mdpi.com](mailto:brainsci@mdpi.com)

[mdpi.com/journal/  
brainsci](https://mdpi.com/journal/brainsci)





# Brain Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.8  
Indexed in PubMed



[mdpi.com/journal/  
brainsci](https://mdpi.com/journal/brainsci)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

---

### Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA  
15260, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYINDEX, PsycInfo, CAPlus / SciFinder, and other databases.

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 15.6 days after submission; acceptance to publication is undertaken in 1.9 days (median values for papers published in this journal in the second half of 2024).

#### Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.