

Special Issue

New Research in Insomnia

Message from the Guest Editor

Insomnia is an important health issue. Many theories have been set forward to explain its development and maintenance. In the same line of thinking, many tools have been used to empirically validate some of these theories. Despite our best efforts, some concepts, such as hyperarousal, consolidation of sleep, and sleep perception remain difficult to circumscribe. In addition, not much is known about the link between night-time and day-time cognitions and emotions. This Special Issue, “New Research in Insomnia”, is timely, as it will feature articles that address how insomnia develops and is maintained through cognitions, emotions and sleep dysregulation. I invite you to submit your latest innovative research on insomnia for this Special Issue.
Dr. Célyne H. Bastien

Guest Editor

Prof. Dr. Célyne Bastien

École de Psychologie and Centre d'Étude des Troubles du Sommeil,
Université Laval, Ste-Foy, QC G1K 7P4, Canada

Deadline for manuscript submissions

closed (15 October 2016)



Brain Sciences

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.8
Indexed in PubMed



mdpi.com/si/6068

Brain Sciences
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

[mdpi.com/journal/
brainsci](https://mdpi.com/journal/brainsci)





Brain Sciences

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.8
Indexed in PubMed



[mdpi.com/journal/
brainsci](https://mdpi.com/journal/brainsci)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA
15260, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYINDEX, PsycInfo, CAPlus / SciFinder, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 12.9 days after submission; acceptance to publication is undertaken in 2.5 days (median values for papers published in this journal in the first half of 2024).

Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.